#### This is an equal opportunity provider. Menus are subject to change.

## **Elementary Lunch Menu** December 2024

Lunch includes your choice of milk & a trip through the

Daily Lunch Entrée Choices: Hand-wrapped Bean & Cheese Burrito (v) Breaded Chicken Burger Sunbutter & Jelly Sandwich + String Cheese (v) (v) Indicates vegetarian entrée item which may contain eggs

salad bar featuring a variety of fruits & vegetables.				
Monday  O  A. Crispy Chicken Tenders B. Kickin' Nuggets (v) with Baked Fries & Wheat Roll	Tuesday  O3  Chicken & Vegetable  Dumplings with Teriyaki  Glaze & Green Beans	Wednesday  04  Belgian Waffle with Strawberry Compote & Cheese Omelet (v)	Thursday 05 Cheese Pizza Slice (v)	Friday  06  Scratch-made!  A. Butter Chicken  B. Butter Chickpeas (v) with Warm Flatbread
<b>09</b> Gluten Free Teriyaki Chicken with Brown Rice & Steamed Green Beans	Black Bean & Cheese Empanada (v) with Corn & Salsa	Mac 'n Cheese (v) with Steamed Broccoli & Wheat Roll	Mozzarella-stuffed Breadsticks (v) with Marinara Dipping Sauce	A. Crispy Fish Nuggets B. Kickin' Nuggets (v) with Baked Fries & Wheat Roll
A. Roasted Chicken Leg B. Kickin' Nuggets (v) with Mashed Potatoes & Wheat Roll	Nachos! 17 A. Seasoned Beef & Beans B. Black Beans (v) with Cheddar Cheese & WG Tortilla Chips	WG Pancakes with Strawberry Compote & Omelet (v)	French Bread Cheese Pizza (v)	20 Chef's Choice
<b>Winter Break</b> No School	<b>24 Winter Break</b> No School	<b>25</b> <b>Winter Break</b> No School	<b>26 Winter Break</b> No School	<b>27 Winter Break</b> No School

**Winter Break** No School

Winter Break No School

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Salad Bars will offer local butternut squash from Imperial's Garden in Wapato, WA every Thursday!



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LEAN & GREEN days feature a new meatless entree!



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# Elementary Breakfast Menu December 2024

Breakfast Locations: Ardmore, Clyde Hill, Enatai, Lake Hills, Newport Heights, Phantom Lake, Sherwood Forest, Spiritridge & Stevenson

Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

#### Monday

Mini Cinnamon Rolls

#### **Tuesday**

Fresh Baked French Toast (v)

## Wednesday

Whole Grain Bagel with Cream Cheese (v)

## Thursday

Pancake Wrapped Turkey Sausage

#### **Friday**

Cheesy Italian Bagel (v)

Offered Daily: Kid's Choice - Select 1-2 items from Low-fat (Gelatin-free) Yogurt, Whole Grain Blueberry Muffin, Assorted Whole Grain Cereals (WG Cheerios, Gluten-Free Cinnamon Chex, WG Cinnamon Toast Crunch), and Whole Grain Bunny Crackers

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your Application for Free or Reduced Priced Meals today!

Available at <u>www.bsd405.org/freeandreduced</u>
Applications must be renewed annually.

#### How to Pay for Meals:

Nutrition Services uses **PayPams** for online payments. Go to: <a href="https://paypams.com">https://paypams.com</a> for more information.

There is a \$2.95 fee per family for credit card payments. **NEW!** PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.

#### We're Hiring Kitchen Assistants!

- · Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <a href="https://bsd405.tedk12.com/hire">https://bsd405.tedk12.com/hire</a>