



**CAREER AND COLLEGE**  
 Gifted Services  
 Excellence in Education

Onslow County Schools

# AIG Focus

**Monthly Goal: Student sets high standards and challenging goals for himself/herself.**

## Goal Setting

Learning to set goals is an important part of growing up and learning responsibility for children. From building confidence to teaching perseverance, helping kids set goals is key for achieving success both inside the classroom and out.

### Types of Goals Your Child Should be Setting

- **Grade-based goals:** These goals should be realistic, measurable, and achievable.
- **Habit-based goals:** These goals support grade-based goals, working hand-in-hand to accomplish a bigger goal.

### Helping Your Child Achieve Goals

- **Start with short-term goals.** Short-term goals will help your child see and appreciate what he or she is able to accomplish.
- **Shift into long-term goals.** These goals allow your child to see what can be accomplished with ongoing focus and determination.

### Evaluating and Achieving Goals

- **Revisit and readjust.** Revisiting your child's goals helps determine if there are any problems, if more help is needed, or if additional steps need to be added.
- **Offer positive affirmations and encouragement.** It's important to help your son or daughter remain committed to his or her goals, and words of encouragement go a long way.
- **Set new goals when they have been achieved.** This will encourage your child to continue thinking about the next goal he or she can work toward.

Setting goals with your child helps to teach perseverance, build confidence, and demonstrate what can be accomplished with hard work.

To read more about goal setting and to see goal examples, read "[Types of Goals Your Child Should be Setting \(and Why They're Important for Success\)](#)" from Oxford Learning.

## Director's Discussion

As we move into October this can be a time when some kids are finding their footing, others may be looking for something more, and still others may be needing a little extra support. The great thing about setting goals is they keep us always forward focused. Perhaps the best thing we can do for our kids (and ourself) is to set and share our goals. Sharing goals helps our kids know that we too are learning and growing. Additionally, our kids often are the best accountability partners we can ever find. Afterall, they do not let us get away with forgetting our own homework.

During the school year our AIG specialists ask each identified student to share their goals (academic, social, athletic, etc.) as well as to self-assess on some of the criteria from NC Portrait of a Graduate. Ask you child (or the AIG specialist) what your child has shared. Sometimes it is interesting to see what kids say and share at school versus at home.

If there are some learning goals that you would like to see your child work toward, please do reach out to your AIG specialist and see what plans we can all make to help make them come to reality.

Dr. Michael Elder

Director, College and Career Readiness

## A note from your specialist...

### Academic Blueprints

Your child has been diligently working on their academic blueprints. This educational plan is designed to guide your child, their teacher, parents, and the gifted services specialist throughout their educational journey. A PowerPoint presentation explaining the blueprint process has been posted on Remind. Sixth-grade students will be bringing home their blueprints. Please review the blueprint with your child, sign it, and return it. If you would like to discuss the blueprint further, there will be an opportunity to schedule a conference with me. The link for scheduling will be sent home with the blue-

print and also posted on Remind.

### North Carolina School of Science and Math (NCSSM)

NCSSM will be visiting our schools this month for 8th grade students! The visit to DMS is scheduled for October 24th, and the visit to NBMS is on October 22nd. Please note that the parent event will be held on Thursday, October 24th, from 5:00-6:30 PM at the district office in FEPD 1.

### DMS Field Trips

Attention 7th and 8th-grade DMS parents: Please be on the lookout for permission

slips for upcoming college visits in November!

### Southwest Middle School

Megan Hall (6/7) and Martha Caulder (8) will be serving identified students. We look forward to learning and growing with your child.

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 DMS Remind Code: @cc3e6c  
 NBMS Remind Code: @8cgbcf  
 SWMS Remind Code: @96de8c

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