



Eaglecrest High School

2024-2025

5100 South Picadilly St.
Centennial, Colorado 80015
720.886.1000

***“AN EXEMPLARY LEARNING COMMUNITY PREPARING
EACH AND EVERY STUDENT FOR COLLEGE AND CAREER SUCCESS”***

Administration

Gwen Hansen-Vigil, Principal
Tanya Bond, Assistant Principal
Sean Darids, Assistant Principal
Kelly Helm, Assistant Principal
Autumn Sereno, Assistant Principal
Brittney Blechar, Campus Administrator
Melissa Laferrara, Michelle Whittet - Assistant to the Principal, Activities Directors
Heather Nelsen, Vince Orlando, Assistant to the Principal, Athletic Directors

THIS 2024-2025 STUDENT HANDBOOK BELONGS TO:

Name: _____

Address: _____

Phone #: _____ Email: _____

In case of emergency, please notify:

Name: _____ Phone #: _____

The information in this book was the best available at press time. Watch for additional information and changes.



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TABLE OF CONTENTS

Welcome.....	3
School Colors/Mascot	3
Bell Schedule	4
A/B Calendar	5
1st Floor Map	6
2nd Floor Map	7
3rd Floor Map	8
Eaglecrest Chants	9
Fight Song.....	9
What is a Raptor	9
Raptor Nation.....	9
Countdown.....	9
Yell	9
Party.....	9
Keep That Raptor Spirit Up.....	9
Student Leadership 2024-2025.....	10
Student Information	10
Eaglecrest High School Positive Behavior, Conduct, and Discipline.....	10
Attendance Policies	10
Excused Absences (CCSD Board Policy JH)	11
Teacher/School-Sponsored Advance Notice of Absence.....	11
Tardy Policy.....	11
Bicycles and Skateboards.....	12
Bookkeeping Office and Powerschool Fees/Fines	12
Building Access.....	12
Building Hours.....	12
Cafeteria	12
Closed Campus Policy.....	13
District Bus Rules.....	13
Dress Code	13
Electronic Devices and Cell Phones	14
Hallway Policies	15
ID Cards/Electronic ID Cards.....	15
Illness During School Hours/Medical Emergencies	15
Library.....	16
Lockers	16
Lost and Found	16
Loitering	16
Medication.....	16
Messages and Gifts	17
Parking.....	17
Pledge of Allegiance (House Bill 03-136).....	18
Reporting Suspicious Activity/Safe2tell.....	18
Snow Days and Storm/Emergency Schedule Information.....	18
Video Surveillance Cameras.....	19
Visitor Policy	20
Academic Policies	20
Academic Integrity	20
Advanced Placement Grades	20
Certificate Programs	20
School Counseling Services	20
Credits and Core Class Requirements	21
Credits Earned Outside of the Cherry Creek School District.....	21

Computer Academy	21
Concurrent Enrollment Courses.....	21
Final Exams	21
Finals Schedule	22
Grading Scale.....	22
Grade Updates.....	22
Grade Weighting	22
Graduation Distinctions	23
Graduation Ceremony Requirements	23
Graduation Competency Requirements for 2024	23
Minimum Units of Credit Needed to Graduate	23
Homework.....	24
Honor Cord Requirements	24
Independent Study.....	24
Honor Roll	24
Make-Up Work	24
Pass/Fail and Audit Policy.....	25
PowerSchool.....	25
Schedule Repairs.....	25
Summer School	25
Technology.....	25
Test Dates.....	26
Testing Center.....	26
Textbooks.....	27
Transcripts	27
Withdrawal From School.....	27
Discipline.....	27
Discipline.....	27
District Discipline Policies	27
Notification of Nondiscrimination.....	28
Activities.....	28
Involvement is the Key to Your Academic Success at Eaglecrest.....	28
Forming a New Club	28
Approval of Programs, Events, and Projects	29
Fundraising	29
Non-Curriculum Related Student Organizations.....	29
Policies Regarding Distribution of Non-Curricular Materials and School Related Publications	29
Athletics	30
Athletic Fees	30
Athletic Forms.....	30
Centennial League Schools.....	30
Eligibility.....	30
General Rules.....	30
Seasonal Sports.....	31
Athletic Code Violations	31
Disciplinary Procedures and Athletic Sanctions.....	31
Safety Information	32
Safety Information.....	32
School Safety-Codes & Conditions.....	32
Shelter-In-Place Drills	32
School Resource Officer	32

WELCOME

Welcome to the 2024-2025 school year at Eaglecrest High School, Home of the Raptors! We look forward to the opportunities and challenges we will face together in our pursuit of academic excellence.

Eaglecrest High School's goal is to be an exemplary learning community that prepares each and every student for college success. With that in mind, this student handbook is provided to you so you may organize your daily academic and extracurricular activities.

The expectations, policies, and procedures contained in this handbook are designed to establish a positive school climate and to promote your success at Eaglecrest High School. It is important that you take the time to familiarize yourself with the information provided in this handbook as it provides direction and purpose for the students, staff, and parents within the Raptor community.

We look forward to the 2024-2025 school year with great enthusiasm and wish you a rewarding and productive experience.

Sincerely,



Gwen Hansen-Vigil
Principal

SCHOOL COLORS

Red and Black



MASCOT

Raptor





EAGLECREST HIGH SCHOOL

Welcome to the Nest Raptors!

BLOCK SCHEDULE

<u>CLASS</u>	<u>REGULAR SCHEDULE</u> (M, T, R, F)	<u>ADVISORY SCHEDULE</u> (WEDNESDAY)
PERIOD 1A/1B	8:20 - 9:54	8:20 - 9:43
ADVISORY	————	9:50 - 10:30
PERIOD 2A/2B	10:01 - 11:35	10:37 - 12:00
PERIOD 3A/3B	11:42 - 1:49	12:07 - 2:00
1ST LUNCH	11:42 - 12:15	12:07 - 12:37
2ND LUNCH	1:16 - 1:49	1:30 - 2:00
PERIOD 4A/4B	1:56 - 3:30	2:07 - 3:30

Revised 4/26/24

AUGUST 2024						
S	M	T	W	T	F	S
				1	2	3
4	T	T	T	T	T	10
11				14	15	16
18	19	20	21	22	23	24
25	26	27	28	29	30	31



JANUARY 2025						
S	M	T	W	T	F	S
			X	X	X	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	X	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER 2024						
S	M	T	W	T	F	S
1	X	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Daily Schedule (M, T, R, F)	
Period 1A/1B	8:20 - 9:54
Period 2A/2B	10:01 - 11:35
Period 3A/3B	11:42 - 1:49
1st Lunch	11:42 - 12:15
2nd Lunch	1:16 - 1:49
Period 4A/3B	1:56 - 3:30

FEBRUARY 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	X	18	19	20	21	22
23	24	25	26	27	28	

OCTOBER 2024						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	CCR	10	11	12
13	X	X	X	X	X	19
20	21	22	23	24	25	26
27	28	29	30	31		

Advisory Day Schedule (WED.)	
Period 1A/1B	8:20 - 9:43
ADVISORY	9:50 - 10:30
Period 2A/2B	10:37 - 12:00
Period 3A/3B	12:07 - 2:00
1st Lunch	12:07 - 12:37
2nd Lunch	1:30 - 2:00
Period 4A/4B	2:07 - 3:30

MARCH 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	X	X	X	X	X	22
23	24	25	26	27	28	29
30	31					

NOVEMBER 2024						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	X	X	30

X	No Classes
T	Teacher Work Day (No Classes)
	First/Last day of semester
•	Non-Contact Day (No Classes)
	A-Day Classes, 1A - 4A
	B-Day Classes, 1B - 4B
	Phase-in Days
♣	Back-to-School Night, 8/30
CCR	College & Career Readiness Day
	Potential PSAT 8/9, PSAT 10, SAT & CMAS (11) Testing Dates
AP	AP Testing, Week of 5/6 & 5/13
F	Final Exams
♦	Final Exam Make-Up (by appt. only)
GRAD	Graduation, Class of 2025

APRIL 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	F	F	F	♦	21
22	X	X	X	X	X	28
29	X	X				

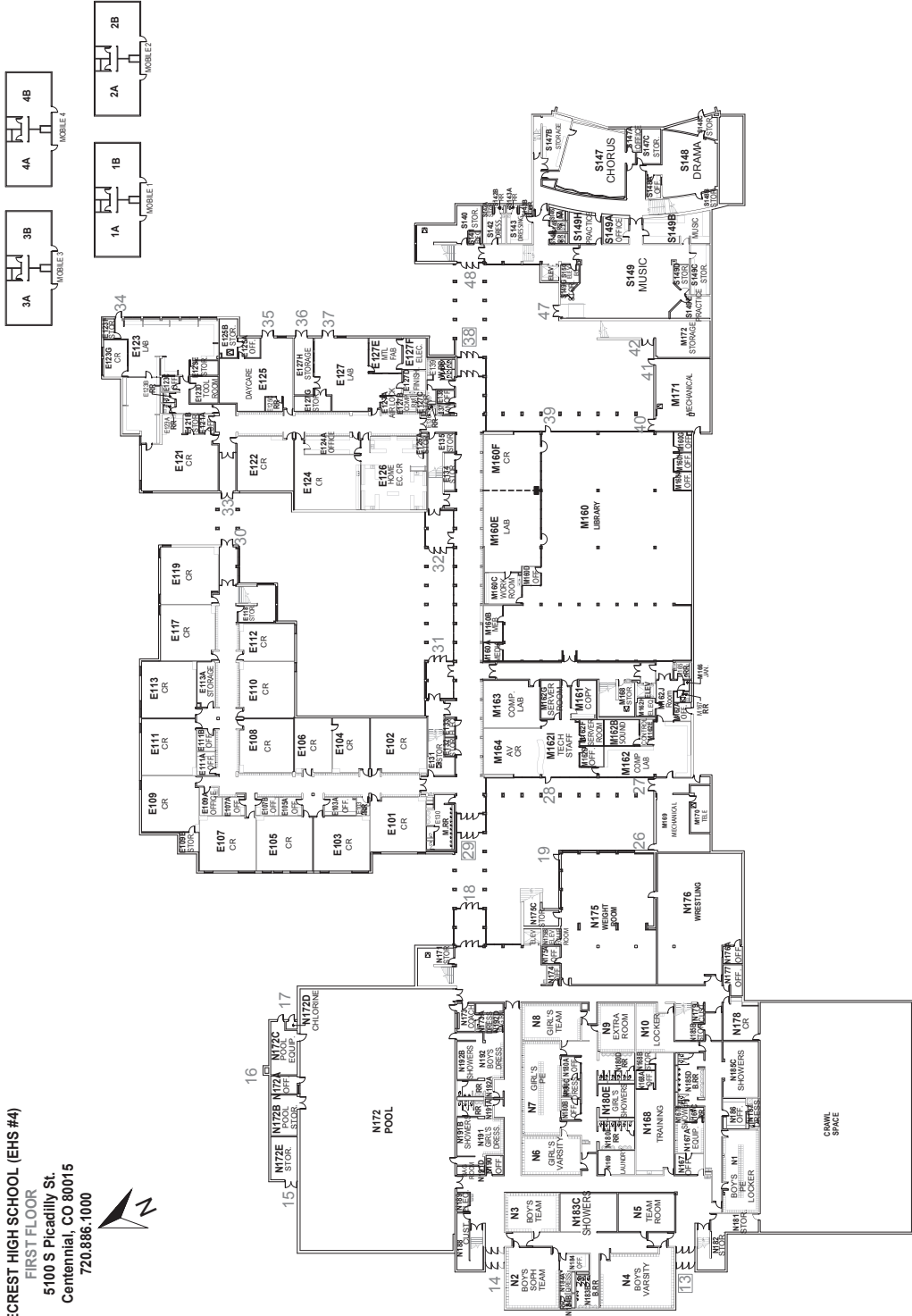
Sem. I Finals: 12/17-1A/2A/3A 12/18-4A/1B 12/19-2B/3B/4B

MAY 2025						
S	M	T	W	T	F	S
				1	2	3
AP▶	5	6	7	8	9	10
AP▶	12	13	14	15	16	17
18	F	F	F	GRAD	♦	24
25	X	27	28	29	30	31

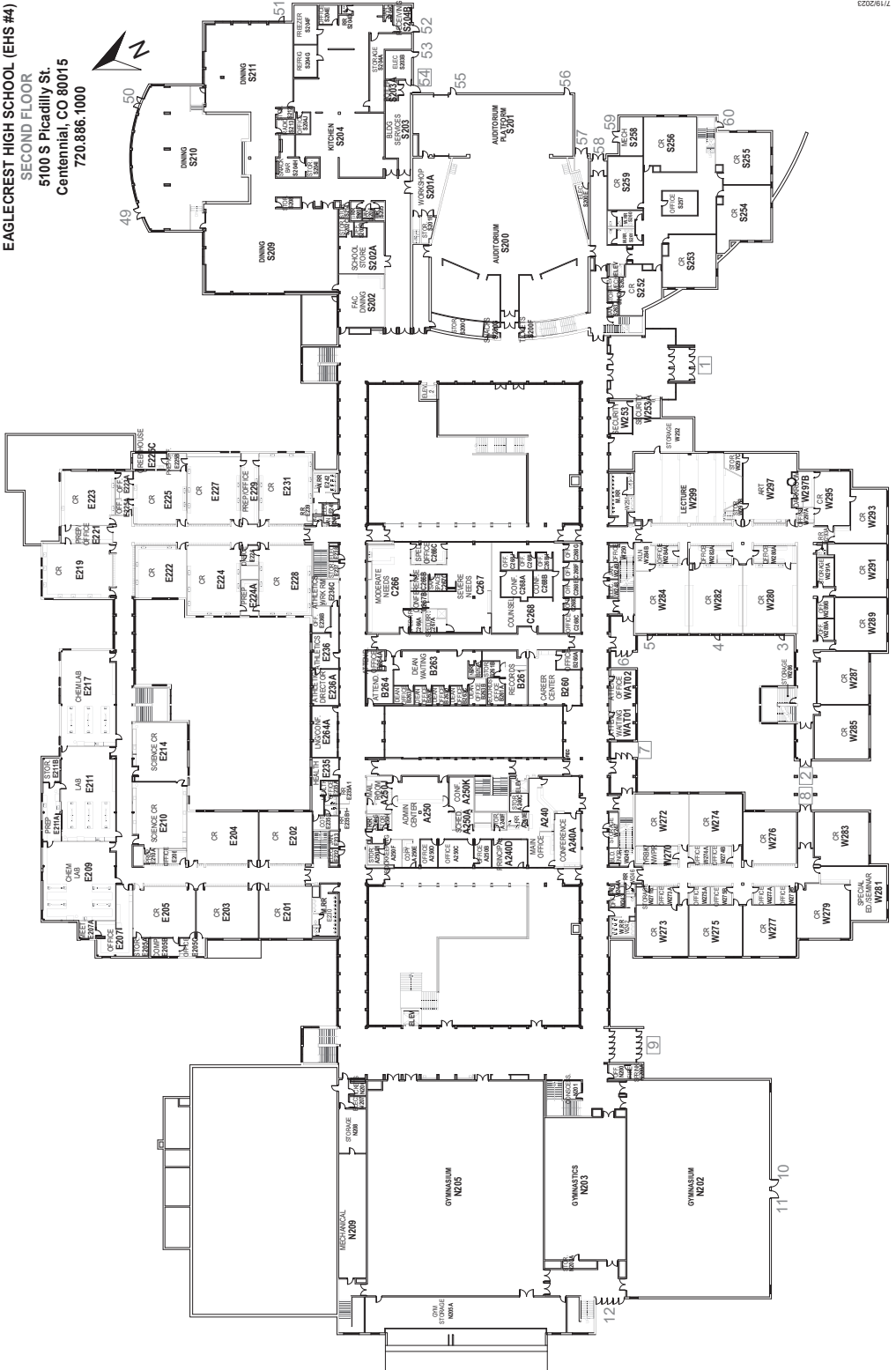
Sem. 2 Finals: 5/19-4B/3B/2B 5/20-1B/4A/3A 5/21-2A/1A

*as of 4/26/24

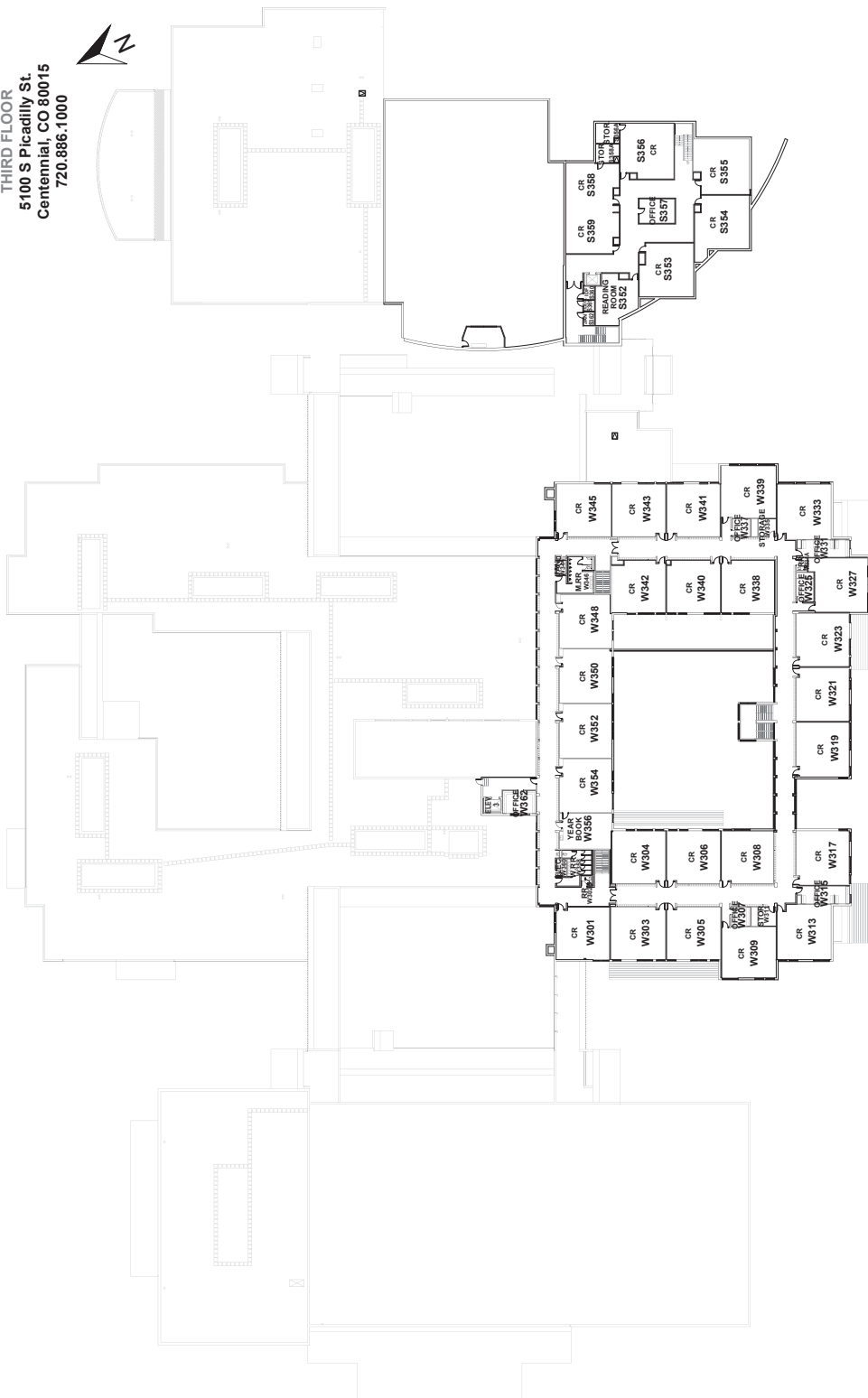
EAGLECREST HIGH SCHOOL (EHS #4)
FIRST FLOOR
 5100 S Picadilly St.
 Centennial, CO 80015
 720.886.1000



EAGLECREST HIGH SCHOOL (EHS #4)
SECOND FLOOR
5100 S Picadilly St.
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720.886.1000



EAGLECREST HIGH SCHOOL (EHS #4)
 THIRD FLOOR
 5100 S Picadilly St.
 Centennial, CO 80015
 720.886.1000



EAGLECREST CHANTS

FIGHT SONG

Stand up, stand up and cheer for Eaglecrest
Fight on Raptors show them we're the best!
Onward with spirit, pride and loyalty
Red, black and silver fight for victory.
At every battle we will conquer all.
Raptors will rule the sky.
We will show we're better than the rest.
So, shout out the battle cry for Eaglecrest!
Go! Raptors go!

WHAT IS A RAPTOR?

Chant Leader: Eaglecrest!!!!
Student Section: What?!!!
Chant Leader: I said... Eaglecrest!!!
Student Section: What?!!
Chant Leader: What is a raptor?!!!
All: A Raptor is what a Buffalo ain't,
what a wolf wanna be,
what a cougar can't,
what the bears like,
what the blazers love,
what you know you can't get enough of
Whoot x10
Clap twice

RAPTOR NATION

Rap-tor Na-tion
We are Eaglecrest
EHS....
EHS...
(x2)

COUNTDOWN

Chant Leader: Hey Raptors!
Student Section: Say what?
Chant Leader: Introduce yourselves!
Student Section: No way!
Chant Leader: Introduce yourselves!
Student Section: Okay!
All: 10, 9, 8,7,6 Eaglecrest don't play no tricks
5,4,3,2,1 Eaglecrest is number one
Go Raptors
Go Raptors
Go Go
Go Raptors

YELL

All
Y-E-L-L
Y-E-L-L
Everybody yell: GO RAPTORS!
GO RAPTORS!
Y-E-L-L
Y-E-L-L
Everybody yell: GO RAPTORS!
GO RAPTORS!

PARTY

Chant Leader: P-A-R-T-Y
Party, Party's on outside
Where is the party?
The party's over here!
Student Section: P-A-R-T-Y
Party, Party's on outside
Where is the party?
The party's over here (2x)

KEEP THAT RAPTOR SPIRIT UP

All Keep keep keep it up!
Keep that Raptor spirit Up!
Keep keep keep it up!
Keep that Raptor spirit Up!
Pump pump pump it up!
Pump that Raptor spirit Up!
Pump pump pump it up!
Pump that Raptor spirit Up!
Let's go go, let's fight fight, let's win win
Let's go, fight, win!
Let's go go, let's fight fight, let's win win
Let's go, fight, win!

STUDENT LEADERSHIP 2024-2025

<p><u>Student Body Officers</u></p> <p>Student Body President: Jayda Ward</p> <p>Student Body Vice President: Yannis Lokako</p> <p>Director of Philanthropy: John Krug III</p> <p>Directors of Communications: Luke Forbes, Kwesi Obeng, Jaiden Patel</p> <p>Secretary: Haley Steffy</p> <p>Senior Class President: Meagan Jimenez</p> <p>Junior Class President: Carlee Jackson</p> <p>Sophomore Class President: Paige Johnson</p>	<p><u>Senior Class of 2025</u></p> <p>Class Representatives: Meagan Jimenez, Arianna Monticue, Chukwuemeka Onwuegbu, Sophie Raimer, Jack Randels, Arsema Taffese</p> <p><u>Junior Class of 2026</u></p> <p>Class Representatives: Glory-Agnes Adjai, Brooklyn Burke, Rowan Constantine, Cathleen Hagny, Kaileia Hill, Amy Intriago, Carlee Jackson, Christian Palumbo, Mikayla Reilly, Eliana Santos, Layla Saulsberry, Brandon Shelly, Gregory White</p> <p><u>Sophomore Class of 2027</u></p> <p>Class Representatives: Elizabeth Andrusyszyn, Josiah Asibbey, Robel Eyob, JayAnthony Green, Mikas Luksevicius, Biram Ndiaye, Analay Orona, Keegan Wiezorek, Parker Wiley, Giselle Zepeda</p>
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STUDENT INFORMATION

EAGLECREST HIGH SCHOOL POSITIVE BEHAVIOR, CONDUCT, AND DISCIPLINE

Eaglecrest High School seeks to maintain an environment that is conducive to learning, protective of the safety and welfare of students and staff, and free from unnecessary disruption. Students are expected to pursue the educational program and to behave in such a way that their presence does not detract from their own education or the education of others. Students shall treat teachers, administrators, district employees, visitors and fellow students with dignity and respect, and shall behave in such a manner that their presence does not detract from a productive educational environment. The following guidelines are designed to ensure a positive environment. Students are expected to:

- **Respect:** Respect one another as they wish to be respected
- **Achievement:** Achieve to the best of their ability
- **Pride:** Take pride in themselves and their surroundings
- **Teamwork:** Work cooperatively with others
- **Oppportunity:** Take advantage of all educational opportunities
- **Responsibility:** Act responsibly at all times

Students are encouraged to seek out teachers, counselors, administrators, deans or staff members to help them with academic achievement, concerns or any situation that warrants problem solving.

Any student who cannot maintain their behavior and causes a disruption in the classroom, on school grounds, on school vehicles, or at school activities or events shall meet with the student's dean to develop a remedial discipline plan.

Disorderly student behavior will be addressed in a manner that allows others to learn in an atmosphere that is safe, conducive to the learning process, and free from unnecessary disruptions.

Any deviation from acceptable school behavior, which is serious enough to warrant disciplinary action, may result in a student's suspension and/or expulsion from classes in accordance with School Board Policies.

ATTENDANCE POLICIES

Attendance Phone Numbers: 720-886-1259 (A-L) OR 720-886-1261 (M-Z)

At Eaglecrest, consistent attendance and promptness are an expectation. Accurate contact information that will allow us to reach a parent/guardian during the school day is required. You must update your information online at www.my.cherrycreekschools.org to update or provide additional phone numbers.

If a student is unable to attend school because of an illness or doctor's appointment, a parent or legal guardian must do the following:

1. Call the Attendance Office or use the attendance form on the Eaglecrest website under the 'Parents' heading at the top of the page, if your child is going to be absent from school due to illness or a doctor's appointment. Your timely contact is essential in our response to excuse absences. When calling or using the attendance form, please leave:
 - a. Student's name, spelling of the last name.
 - b. Reason for the absence, otherwise student will not be excused. If not comfortable leaving the reason, you may call the dean's office, 720-886-1030.
 - c. Parent/Guardian name,
 - d. Phone number where you can be reached.

2. **For early dismissal**, you may call 720-886-1259 (A-L) or 720-886-1261 (M-Z) **at least 2 hours prior to dismissal**, if possible, OR send a note with your student to the Attendance Office in the morning before school begins to obtain a pass for early dismissal. If the student is already at school, please call and leave a message on the voice mail.
3. In the event a student becomes ill at school and needs to go home, they must either:
 - a. Report to the clinic, and the nurse will phone a parent/guardian and obtain permission.
 - b. Have a parent/guardian call and give permission to the Attendance Office with the time the student is leaving.
 - c. **Students who leave campus without following the above procedure may be marked "unexcused."**
4. Absences need to be excused within **48 hours**. Any request to excuse an absence after 48 requires dean's approval.
5. In the event of a situation in which the student is supervised temporarily by an adult other than the parents, the parent should notify the Attendance Office in writing, providing the name, address, and phone number of the supervising adult.

PLEASE NOTE:

- **Parents may not excuse their students from class to do independent classwork/homework or study for an exam. Parents may not excuse a student from a class to meet with a teacher from another class.**
- **Students who are excused must be off school grounds during an excused absence.**
- **Attendance, grades, and behavior can be reviewed at any time by our deans to determine if students have earned privileges such as attending school dances, sporting events, theatrical performances, or any school-sponsored activity. Seniors are notified that poor attendance, grades, and behavior can adversely affect participation in senior graduation week activities.**

ALL STUDENTS

It is important for Eaglecrest to have accurate contact information that will allow us to reach a parent/guardian during the school day. To update or provide additional phone numbers, you must update your information online at www.my.cherrycreekschools.org.

EXCUSED ABSENCES (CCSD BOARD POLICY JH)

Legally excused absences are defined by state law and by Cherry Creek School District Policy. A summary outlining excused absences is as follows:

1. A student who is temporarily ill, injured, or whose absence is approved by the administrator of the school of attendance.
2. A student who is absent for an extended period due to physical, mental, or emotional disability.
3. A student to whom a current age and school certificate work permit has been issued pursuant to the "Colorado Youth Employment Opportunity Act of 1971."
4. A student who is in the custody of the court or law enforcement authorities.
5. A student who is pursuing a work-study program under the supervision of a public school.
6. A student who is being instructed at home or under an established system of home study approved by the State Board of Education.

NOTE: According to Colorado State Law Eaglecrest High School can only accept absences that meet the above criteria.

The district may require suitable proof regarding the above exceptions, including written statements from medical sources. If a student in an out-of-home placement (as that term is defined by C.R.S.22-32-138 (l) (e)), is absent due to court appearances and participation in court-ordered activities, such absences shall be excused. The students' assigned social worker shall verify the student's absence was for a court appearance or court-ordered activity.

TEACHER/SCHOOL-SPONSORED ADVANCE NOTICE OF ABSENCE:

Advisors, activity sponsors, or classroom teachers who have had their field trip approved by their department coordinator and the administrator in charge will complete an Advanced Notice of Absence Form, listing all students who will attend field trip activities. These school-sponsored absences are considered an excused absence

TARDY POLICY

All students must establish punctual attendance in each class to ensure the maximum learning opportunity each period of each day. In addition to the disruptive nature, students arriving tardy increase the detrimental effect on the rights of non-tardy students to an uninterrupted learning environment. Any student arriving tardy to class will receive a 30-minute study hall from a tardy station. Students arriving more than 10 minutes late will receive 60 minutes of study hall. Students who miss their 30 or 60-minute study hall will be reassigned a 94-minute study hall. If a 94-minute study hall is missed, consequences may include Saturday school and in-school suspension in AAIC.

Note: The law requires the local Board of Education to designate an attendance officer for the district to enforce the provisions of the compulsory attendance law, counsel students and parents, investigate the causes of nonattendance, and reports findings to the Board.

BICYCLES AND SKATEBOARDS

Bicycles must be parked and locked in the bike racks in front of the Administration area or on the East side of the building only. Bicycles are not to be parked or secured to fences, poles, or any other object on campus except racks specifically designed for that purpose. The chain or lock securing a bicycle to another object will be cut, and the bicycle will be impounded until the owner agrees to park their bike in the racks provided or agrees not to ride their bike to school. Under no circumstances are bicycles or skateboards to be stored inside the school building during the school day or while participating in extracurricular activities. Students are not to ride bicycles on pedestrian walkways. Failure to comply may result in disciplinary consequences and involvement of the legal authorities. The Aurora City Municipal Code makes it illegal to skateboard on property where "No skateboarding" signs are posted. Skateboards must be secured in lockers in front of the Athletics entrance on the East side of the building.

BOOKKEEPING OFFICE AND POWERSCHOOL FEES/FINES

Bookkeeping Phone Number 720-886-1025

Bookkeeping email: droets2@cherrycreekschools.org

The Eaglecrest High School bookkeeping office is open for payments during school hours.

- Checks that are returned for NSF (non-sufficient funds) must be replaced with a cash or credit card payment.
- We issue receipts for all payments. Please retain these for proof of payment.
- All fees and fines can be paid online at cherrycreekschools.org/Eaglecrest. Cherry Creek School District does charge a service fee for all payments made online via electronic check or credit/debit card.
- We accept payments of cash, card, or personal checks at the office.
- We accept Visa, Mastercard, Discover, and all debit cards.

BUILDING ACCESS

With the exception of the Main Entrance and Student Entrance (south upper courtyard), all exterior doors are kept locked during the school day. Community members and visitors are required to enter Eaglecrest High School through the South main doors during the day. All visitors must report to the Security Office upon entering the building. All students shall leave the campus prior to 3:45pm, unless under the direct supervision of an adult or in a school sponsored activity. Students should arrange for pick up prior to 3:40pm.

Breakfast is available for students beginning at 7:45am. Students wishing to have breakfast must access the cafeteria entrance on the east side of the building.

BUILDING HOURS

Eaglecrest is open to students from 8:00 am until 3:45 pm on regularly scheduled school days. The building is open at other times as scheduled by the Activities/Athletics Offices. Unsupervised students are not allowed in the building after 3:45 pm.

CAFETERIA

In order to provide an acceptable environment in which every student may eat their lunch, it is necessary that everyone who uses the school cafeteria respect the rights of each member of the student body. The following guidelines govern the use of the cafeteria and its facilities. Violation of these guidelines will be reported to the Dean's Office. Restriction may be placed on the use of the facility for a period of time.

The following are not to be considered the only areas of violation, but do represent areas of major concern:

1. Students are to follow any request or instruction made or given by any person in legitimate authority, including cafeteria staff, regarding behavior in the cafeteria.
2. Each student is to clean up any food or drink that is spilled on the table to the best of their ability.
3. Throwing of food and/or drink for any reason is considered unacceptable behavior and is grounds for suspension from school and for the automatic restriction of a student's privilege to eat in the cafeteria/courtyard.
4. Food or drink is to be consumed in the cafeteria or south upper/lower courtyard only. No food or drink is to be consumed in the hallways or in the front area by the main entrance. Opened food/beverage containers may not be carried through the hallways.
5. The tables in the upper/lower courtyard or other areas that are left messy may become restricted eating areas for students.
6. Complaints about the quality of food and/or service are to be filed with the cafeteria manager and not with the personnel hired to serve food.
7. Students eating in the upper/lower courtyards are expected to clean up any food/beverage that is spilled on the table to the best of their ability. All trash is to be placed in a trash can before leaving the area.
8. Students must avoid spills or other damage to the microwaves available for student use. Any damage to school property will be repaired by the district and billed to the appropriate students, in addition to other possible disciplinary consequences for vandalism.

Prices for 2024-25 school year can be found at: <https://www.cherrycreekschools.org/Page/4035>

CLOSED CAMPUS POLICY

The campus is closed to freshmen and sophomore students. Freshmen and sophomores will be given the appropriate disciplinary consequences for violating this rule. Juniors and seniors are permitted to leave campus during their resource/study periods. It is a student's responsibility to return to campus on time for their next scheduled class or obligation.

DISTRICT BUS RULES

Students are only permitted to ride the bus as designated by the Cherry Creek School District Department of Transportation. The following rules, developed by the District Transportation Department, are enforced on all District vehicles to assure the safety of students. Please refer to Cherry Creek School District Board Policy JICC for more information.

1. You **must** have your Eaglecrest student RFID card to ride a District school bus
2. Follow the bus driver's directions the first time they are given
3. Be in your seat whenever the bus door is closed
4. Keep hands, feet, books, and objects to yourself.
5. No fighting and/or horseplay
6. No weapons or facsimiles, including laser pointers and pens
7. No swearing, rude gestures, cruel teasing or put downs
8. Use classroom voices on the bus
9. Do not throw anything off the bus or have any part of your body outside of the bus
10. Do not smoke, chew tobacco, eat or drink while on the bus
11. Do not bring anything alive or dangerous (e.g., glass containers, sharp objects) on the bus
12. No skateboards or roller blades allowed on the bus

INFRACTIONS OF THE RULES WILL RESULT IN DISCIPLINARY ACTIONS WHICH MAY INCLUDE SUSPENSION OF BUS PRIVILEGES.

District procedures require the administrator or designees to take appropriate disciplinary action (ranging from assigned seating to suspension of bus privileges) depending on the seriousness of the problem. Students are expected to behave appropriately at bus stops as well as on the bus. Students who are picked up or dropped off at other district schools must stay in the designated area and follow all school rules. If parents have any questions about District Bus Rules or disciplinary procedures, they should call their student's Dean, 720-8876-1040, or the District Transportation Department at 720-554-5667.

DRESS CODE

Philosophy

Eaglecrest High School's student dress code supports equitable educational access. This policy is written in a manner that does not perpetuate stereotypes. To ensure effective and equitable enforcement of this dress code, school staff shall enforce the dress code consistently and in a manner that does not lead to marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size.

Values:

- Allow students to wear religious attire without fear of discipline or discrimination.
- Allow students to wear clothing that expresses their self-identified gender.
- Prevent students from wearing clothing or accessories that interfere with the operation of the school, disrupt the educational process, invade the rights of others, or create a reasonably foreseeable risk of such interference or invasion of rights.
 - Students should dress in such a way that teachers are not burdened with the additional and often uncomfortable topic of dress code enforcement.
 - All students should be able to engage comfortably in the educational environment without fear of or actual unnecessary discipline or body shaming.
 - Student dress code enforcement should not result in unnecessary barriers to school attendance.
 - All students and staff should understand that they are responsible for managing their own personal "distractions" without regulating individual student's clothing/self-expression.
 - Staff will work towards a fair and consistent implementation of this policy.

Eaglecrest High School expects that all students will dress in a way that is appropriate for the school day or for any school sponsored event. Student dress choices should respect the intent of Eaglecrest High School and the Cherry Creek School District to sustain a community that is inclusive of a diverse range of identities. The primary responsibility for a student's attire resides with the student and their parent(s) or guardian(s). The school district is responsible for seeing that student attire does not interfere with health or safety of any student, that student attire does not contribute to a hostile or intimidating atmosphere for any student, and that dress code enforcement does not reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size. Restrictions to the way a student dresses is necessary to support the overall educational goals of the school, thus are explained within this dress code policy. A representation of students, parents, staff, and administration developed the following standards:

1. Basic Principles:

- Certain body parts must be covered for all students at all times. Clothes must be worn in a way such that genitals, buttocks, breasts, nipples, and navels are fully covered with opaque fabric. All items listed in the "must wear" category below must meet this basic principle.
- A reasonable cleanliness of person and apparel is expected as a matter of health and wellness.

2. Students Must Wear:

- A shirt with fabric in the front, back, and on the sides under the arms)
- Pants/jeans or the equivalent (for example, a skirt, sweatpants, leggings, a dress, or shorts) which should be worn at or above the hips
- Shoes

Courses that include attire as part of the curriculum (for example, professionalism, public speaking, and job readiness) may include assignment-specific dress, but should not focus on covering bodies in a particular way or promoting culturally specific attire. Activity-specific shoes requirements are permitted (for example, athletic shoes for PE).

3. Students Cannot Wear:

- Clothing or accessories that contain violent language or images
- Clothing or accessories that contain images or language depicting drugs/alcohol or any illegal item or activity
- Clothing or accessories that contain hate speech, profanity, or pornography
- Clothing or accessories that contain images or language that creates a hostile or intimidating environment based on any protected class or consistently marginalized group.
- Clothing that reveals visible undergarments (visible waistbands and visible straps are allowed as long as this is done in a way that does not violate Section 1 above)
- Swimsuits (except as required in class or athletic practice)
- Accessories that could be considered dangerous or could be used as a weapon.
- Apparel that endangers the student (clothing that poses a risk while participating in classroom activities, such as pottery or science labs, and accessories such as chains, spikes, or jewelry that could be detrimental to safety and welfare of students, staff, or other persons)
- Items that may be interpreted as representing unauthorized groups (bandanas, logos, symbols, and/or language)

ELECTRONIC DEVICES AND CELL PHONES

By setting clear guidelines and expectations for cell phone/personal device usage, Eaglecrest High School aims to create a positive and productive academic atmosphere for each and every student. These expectations will promote and support the student learning experience to:

- Minimize Classroom Distractions
- Foster Face-to-Face Communication
- Encourage Active Participation in Students' Learning
- Support Academic Honesty
- Promote Digital Citizenship

Policy Statement: At Eaglecrest High School, we believe in creating a positive learning environment that fosters academic growth, effective communication, and responsible digital citizenship by limiting the use of cell phones/personal devices for non-academic purposes in classrooms. The policy for supporting the appropriate usage of cell phones/personal devices in all academic and non-academic environments (bathrooms) is as follows :

- Students will store and place cell phones/personal devices in a designated location determined by the classroom teacher
- Cell phones/personal devices can be used when expressly directed by a teacher solely for educational purposes

If a student violates the school or teacher's expectations, the following process will be followed:

- Teacher follows the communicated classroom expectations and guidelines
- Conversation with student and parent/guardian
- If necessary, refer to the Dean's office

- 1st Incident:** When a cell phone/personal device is confiscated, the student can pick up the cell phone/personal device in the Dean's Office. He/she will be assigned a 30-minute academic study period.
- 2nd Incident:** When a cell phone/personal device is confiscated, a parent can pick up the electronic device/cell phone in the Dean's Office. The student will be assigned a 90-minute academic study period.
- 3rd Incident:** When a cell phone/personal device is confiscated, a parent can pick up the electronic device/cell phone in the Dean's Office. He/ she will be assigned a Saturday School.
- 4th incident:** When a cell phone/personal device is confiscated, a parent can pick up the electronic device/ cell phone in the Dean's office. He/ she will be assigned an ISS (AAIC).

NOTE: Eaglecrest High School is not responsible for cell phones/electronic devices that are stolen or lost.

HALLWAY POLICIES

The hallways in the academic area need to be quiet and orderly during class hours to enhance the learning environment. Students are to use the hallways as pathways and not a destination. Students are not permitted in the hallways during the No Fry Zone, the first and last 10 minutes of class.

1. Students' behavior and language are to be acceptable and compatible with the desired learning environment. Students must have a hall pass while in the hallways during an academic period.
2. Romantic and physical demonstration of affection such as kissing, hugging, etc., are not acceptable hallway behavior.
3. Sitting or standing in the hallways in a way that blocks traffic flow and interferes with academic pursuits in classrooms will not be permitted.
4. Food is to be consumed in the cafeteria and upper/lower courtyards only. Food and drink are prohibited in all of the hallways and classrooms. Only unopened food and drink may be stored in a student's locker and taken to the cafeteria to be eaten.
5. Only clear water bottles/containers with a lid are allowed in the hallways and classrooms.
6. Any open food or drink items will be confiscated and disposed of if found in the hallways or classrooms.
7. Sports equipment and balls will not be permitted in any hallway.
8. Students with a study period will be required to be in the appropriate locations (Library, Café, MPC, Courtyard)

ID CARDS/ELECTRONIC ID CARDS

All students are required to carry a Student Identification Card with them while in the building. The I.D. card will be required to receive the following services:

1. Checking out books in the Library, checking out materials, and using computers
2. Using computers in the Media Productions Center
3. Admission to all regular athletic events
4. Checking in at Tardy Stations
5. Picking up a yearbook
6. Voting in school elections
7. Attending dances
8. Other identified school events
9. Accessing district transportation services (all students must present their student I.D. to ride a CCSD bus)

Students can access an electronic version of their student ID by downloading the Eaglecrest app on the Apple or Google Play store.

All students must produce/surrender the identification card when requested by any faculty, staff, or security personnel. Failure to carry an identification card, or refusal to produce the identification card, or to surrender the card may result in disciplinary action. The cost of replacement I.D. cards is \$5, payable to the Bookkeeper. Replacement I.D. cards may be obtained in the Security Office. Replacement cards may be obtained in the security office by the main doors during school hours.

ILLNESS DURING SCHOOL HOURS/MEDICAL EMERGENCIES

Illness During School Hours

A registered nurse is on duty during the school day. Services relating to general health problems, acute illness, and emergency first aid are available to all students and employees. Students who become ill during the school day should report to the nurse. The nurse will evaluate the nature of the problem and assist the student in contacting parents/guardians for transportation home if the nurse determines this is the best course of action. Only those people whom parents/guardians have designated may take a student home from school. Parents should ensure that reliable people are listed in PowerSchool. It is a District Policy that a sick student cannot be transported by another student except a sibling. The nurse will also notify the Attendance Office to excuse classes missed. If students do not follow this procedure and go home due to illness, their absence will be considered unexcused.

Medical Emergencies

In the event of a medical emergency, all decisions as to treatment, destination, and hospitals will be made by the Emergency Response Team. It is critical that parents/guardians provide accurate contact information through the district check-in forms process as this is the only means the clinic has to locate parent's/guardian's contact information during a medical emergency. Any changes to contact information must be submitted by the parents/guardians via the online system.

LIBRARY

Library Phone Number: 720-886-1095

Hours: 8:00 AM – 3:45 PM Monday – Friday

Library website: <https://bit.ly/EaglecrestLibrary>

The nationally award-winning Eaglecrest Library is a welcoming academic environment available for students to access before school, after school, and during study periods. Library staff, including certified teacher-librarians, are available to support students in choosing and locating books for pleasure and academic reading, as well as in helping students with all aspects of the research process.

Student Resources and Services

The library has over 10,000 fiction and non-fiction print books and access to over 23,000 eBooks and audiobooks via the CCSD Sora app from OverDrive. We welcome all student requests. Please complete a book request form found at the circulation desk. From our library's website students can access academic research resources through a variety of online databases.

Students must have their Eaglecrest ID to enter the library. Students must have their Eaglecrest ID for book or item checkout. Books are due back to the library four weeks after checkout date, but may be renewed if needed for longer. Students may check out up to five books at a time. Inter-library loan is available; please see a member of the library staff to have books transferred to EHS from other district libraries.

Other resources available for students to use in the library include desktop computers and a student work area that includes a printer/copier/scanner, stapler, and three-hole punch. Students may also check out materials like colored pencils, markers, glue sticks, tape, and scissors from the circulation desk with an ID.

LOCKERS

Lockers are an option made available for student use for the school year. Students accepting usage of the lockers must also accept the related responsibilities, including keeping the assigned locker clean both inside and out and paying for any damage to the locker. The student will be issued a \$25.00 fine if the locker is not cleaned out at the end of the school year. Lockers are school property and are under the control of the Cherry Creek School District. Eaglecrest High School assumes no responsibility for lost or stolen property or money kept in lockers and reserves the right, consistent with state law, to search lockers when necessary to ensure safety and enforce school and District policies.

LOST AND FOUND

Lost and Found items, including ID cards, wallets, keys, jewelry, etc., are taken to the security office at the school's main entrance. Unclaimed items will be donated after two weeks. This will also include items found in lockers of withdrawn students and at the end of the school year after locker cleanout.

LOITERING

Students are not permitted to loiter in the hallways, back/front parking lots, on athletic fields, perimeters of campus, or in cars. Loitering within 1000 yards of the school is not permitted. This area includes the surrounding neighborhoods immediately adjacent to Eaglecrest High School. Any questions regarding appropriate areas should be directed to the deans or security. Students are expected to be on campus only during the time periods designated within their academic/extracurricular activities schedule. Students found loitering in undesignated areas will be assigned disciplinary consequences.

MEDICATION

High School students have the privilege of taking their own medications during the school day.

1. **Students carrying their own medication may bring a one day supply with them each day.** Medications must be carried in the original packaging that identifies the content, dose, and frequency it may be taken. Prescription medication must be in a pharmacy container that includes the name of the medication, dose, time, and student's name. **Under no circumstances should students share their medication with other students. If they do so, they will be subject to disciplinary action.**
2. **Clinic administration of medication provides for accountability that regular doses are received or allow students who regularly use medication to store it at school so it is available.** A permission form must be completed and signed by the parent and physician before the nurse may administer medication to a student. This is for both prescribed and over-the-counter medication.
3. To be given occasional over-the-counter (OTC) medication in the clinic, the OTC form found on the district check-in forms must be completed and submitted online. We strongly encourage students to bring their own OTC medications (while following the district guidelines). This minimizes interruptions to valuable class instructional time.

Controlled Substances

Please be aware that controlled medications present a greater than usual risk of becoming habit forming or being used illegally. Controlled medications are under the jurisdiction of the Federal Drug Enforcement Agency. Some examples of common controlled medications include: Ritalin, Dexedrine, tranquilizers, muscle relaxants, phenobarbital, and pain medication containing codeine.

Homeopathic Medications

Homeopathic medications are treated as a prescription medication, requiring a physician's authorization as well as permission from the Cherry Creek Medical Advisory Board. Both authorizations must be in place before homeopathic medications can be administered by the school nurse.

Under no circumstances should students share their medications with other students. They will be subject to disciplinary action.

MESSAGES AND GIFTS

Only emergency messages will be delivered to a student. An emergency is an accident, illness, or serious family problem. If information about transportation, doctor appointments, house keys, etc., is available after your child leaves for school, please instruct them to check with you during the day for an update. We cannot accept deliveries for students. Items like food delivery services, flowers, balloons, stuffed animals, cookie bouquets, etc., should be sent to the student's home rather than the school. The Main Office staff will not sign for or accept these items. Forgotten items delivered by parents will be kept in the Main Office until the student picks them up.

PARKING

Only juniors and seniors are allowed to park on campus. All EHS student fines need to be paid in full. Student vehicles must be registered for authorized parking on campus. Non-registered vehicles parking on campus or cars in areas other than those designated as student parking are subject to ticketing and towing at the owner's expense.

Driving and parking on campus is a privilege, not a right. This privilege can be revoked if the student fails to operate the vehicle in accordance with state law and school rules. The privilege of parking on EHS school property is extended in exchange for granting consent to the school administration to search the vehicle without warning when the administration has reason to believe that the items contained in the vehicle threaten the general safety of students and staff. To park a vehicle on school property, consent must be given to seize potentially dangerous items to protect the common good. Parking permits may be purchased in the Security Office for **\$50 per vehicle**. Even though a student pays a parking fee, the school is not responsible for loss or damage that may occur in the parking lot. The parking fee only allows the student to park on campus. Please read and review the following EHS Parking Policies and Consequences for the 2024-2025 school year.

The parking lots are off-limits to loitering during school hours. Additionally, students must follow Colorado Law (SB-036/April 2005) pertaining to drivers under 21, including:

1. *No passengers under age 21, until the driver holds a valid driver's license for at least six months (siblings and passengers with medical emergencies excepted.)*
2. *At most, one passenger under the age of 21 until the driver holds a valid driver's license, for at least one year (siblings and passengers with medical emergencies excepted.)*
3. *No more than one passenger in the front seat of a vehicle driven by a person under 17, and the number of passengers in the seat must not exceed the number of seatbelts. All passengers must wear seatbelts.*

The policies and consequences outlined will be strictly enforced by the EHS Security Team.

Students who park on the EHS campus must have a valid EHS parking permit.

1. Students must park in the designated student parking spaces **ONLY**. There is no student parking in the faculty parking area. Students found parking in the staff lot will be assessed a \$30 fine. Student parking is in the northwest lot in front of the building and the back parking lot outside the bus loop.
2. Students cannot park in handicapped spaces or fire lanes.
3. A \$25 fine will be assessed if the permit is not returned at the end of the school year. The same parking permits will not be used the following school year.
4. **Students interested in parking at Eaglecrest High School must have a valid driver's license, current vehicle registration, and current proof of insurance to complete an application form and return it to EHS Security. Students will also need to attend a meeting or view a 10-minute parking video prior to purchasing a parking permit.**

5. The following parking policy will be enforced for those students who do not have a parking permit and park illegally:
- 1st offense - The car will be ticketed, and a \$30 fine will be assessed to the student.
 - 2nd offense - The car will be ticketed, a \$30 fine will be assessed, and the student's name will be forwarded to the deans.
 - 3rd offense - The car will be ticketed, a \$30 fine will be assessed to the student, and the car may be towed at the owner's expense.

The following parking policy will be enforced for those students with a valid parking permit who park illegally or do not abide by the above-stated rules.

- 1st offense - The car will be ticketed, and a \$30 fine will be assessed to the student.
- 2nd offense - The car will be ticketed, and an additional \$30 fine will be assessed.
- 3rd offense - The car will be ticketed, a \$30 fine will be assessed, and the student's name will be forwarded to the deans.
- Additional offenses - The car may be towed at the owner's expense.

Students may not park in reserved parking spaces at any time. Student vehicles will continue to be ticketed, fines assessed, and the vehicle may be towed at the owner's expense for any infraction, as noted above. For any questions or concerns, don't hesitate to contact the EHS Security office at 720-886-1043.

CCSD Board Policy JQ-1

In order to generate revenue for the improvement and maintenance of parking areas and grounds, parking fees will be assessed at senior high school campuses.

The fees will be collected at the time of student registration or shortly thereafter. Parking fees paid by students may be refunded if requested within the timeline set by senior high schools.

The number of permits issued at each school campus will be limited to the number of parking spaces available. Each school will establish permit eligibility and priority for its students in accordance with individual parking lot capacities.

Parking fee rates will be established by the Board of Education and implemented beginning in the 1993-94 school year

Adopted: September 13, 1993, LEGAL REFS: C.R.S.22-32-117 C.R.S. 22-45-104

Note: Parking fee refunds must be requested from EHS Security within 30 days of purchase. No refund will be given after 30 days.

PLEDGE OF ALLEGIANCE (HOUSE BILL 03-136)

- (2) (a) *"The teacher and students in each classroom in each public high school in the state of Colorado shall recite aloud the Pledge of Allegiance to the flag of the United States of America when the school conducts its daily announcements. If a public high school does not conduct daily announcements, then the teacher and student in each classroom in the public high school shall, on a daily basis, recite aloud the Pledge of Allegiance to the flag of the United States of America."*
- (2) (b) *"Nothing in this subsection (2) shall be construed to require a teacher or a student to recite the Pledge of Allegiance described in paragraph (a) of this subsection (2) if the teacher or student objects to the recitation of the Pledge on religious grounds. A student shall be exempt from reciting the Pledge of Allegiance if a parent or guardian of the student objects in writing to the recitation of the Pledge on any grounds and files the objection with the principal of the school."*
- (2) (c) *"Nothing in this subsection (2) shall be construed to require students and teachers who are not United States citizens and are attending or teaching school in the state of Colorado to recite the Pledge of Allegiance described in paragraph (a) of this subsection."*

Any student or staff member who chooses not to recite the Pledge will be asked to remain respectful and quiet during the Pledge.

REPORTING SUSPICIOUS ACTIVITY/SAFE2TELL

Safe2Tell number is 1-877-542-7233 website: www.safe2tell.org

The Cherry Creek School District provides an opportunity for students, parents, and community members to provide information regarding the illegal or inappropriate activity occurring at Eaglecrest High School or involving one of our students. The opportunity to remain anonymous exists with each message. All information will be held in confidence. As with all disciplinary investigations at Eaglecrest, the rights of the accused will be upheld.

SNOW DAYS AND STORM/EMERGENCY SCHEDULE INFORMATION

Should inclement weather or emergency situations result in the closing of District schools or in an adjustment to school start or dismissal times, the information will be posted on the District web site, recorded on our hotlines and conveyed to a number of radio and TV stations for broadcasting.

Website

Any weather-related schedule changes will be posted to a link on the District's website: <http://www.cherrycreekschools.org> by 5:00 am. You may want to bookmark this address for easy access.

Television Channels

KWGN-2 KCNC-4 KMGH-7 KUSA-9 DVR-FOX 31

FM Radio

KJMN-92.1 KBCO-97.3 KYGO-98.5 KKHK-99.5 KOSI-101.1 KCKL-105.1 KBPI-106.7

AM Radio

KHOW-630 KGB-760 KOA-850

School Closure

When early morning weather and road conditions are deemed hazardous, especially for school bus transportation, the District will announce closure of schools on local radio and television stations or you may call the District Weather Line at 720-554-4701.

- All activities scheduled in district facilities will be cancelled.
- In-district sports events and team practices will be postponed.
- If a league event is scheduled in the district, the event will be postponed.
- If the event is scheduled to be played in another district, the host district determines whether it is postponed.

Delayed Start

When early morning conditions are not deemed serious enough to close school, but are likely to cause delays, school bus pick up times and school start times may be delayed. This information is available on the District Weather Line at 720-554-4701. The delayed start schedule for schools is as follows:

- High Schools: Bus pick up and school starting times will be delayed by 90 minutes.
- Endeavor: Delayed 90 minutes
- I-Team Ranch: Delayed 90 minutes
- Expulsion: Normal Schedule
- Facility shuttles are cancelled

Early Dismissal

If serious storm conditions or other emergency situations develop during the day, the District will monitor the situations and advise affected schools and the Transportation Service as soon as possible of a decision to dismiss school early. Parents are encouraged to stay tuned to local radio and television stations or watch the EHS website for updated information. Please be sure your contact information is up-to-date in PowerSchool in the event of any ConnectEd messages.

Late Dismissal

In case of dangerous weather warnings or other emergency situations, a school may hold students past their dismissal time for safety reasons.

School Closure

In the event of a snow day or a cancellation, the next school day will resume as the next scheduled block day. All students will report to their first class as scheduled.

Important: Parents are encouraged to formulate plans for their child(ren) in the event of an emergency. Arrangements should be made for their child(ren) to go to a neighbor's house, or have access to their home and directions for contacting a parent. In no case will a child be released to a person without proper identification and clearance from the school.

VIDEO SURVEILLANCE CAMERAS

USE OF VIDEO CAMERAS TO MONITOR STUDENT BEHAVIOR POLICY (JICA). The Board of Education recognizes the District's continuing responsibility to maintain and improve discipline and to promote the health, welfare, and safety of its staff and students. After having weighed carefully and balanced the rights of privacy of students with the District's duty to promote discipline health, welfare, and safety of staff and students, the Board supports the use of video cameras on its transportation vehicles and in District schools. Video cameras may be used to monitor student behavior in school facilities, [on school property,] and on school vehicles transporting students to and from school. Students in violation of conduct rules shall be subject to disciplinary action in accordance with established Board policy and regulations governing student conduct and discipline. The District shall comply with all applicable state and federal laws related to video recordings when such recordings are considered for retention as part of the student's behavioral record as determined by the District and in accordance with law. Video surveillance shall be used only to promote the order, safety and security of students, staff and property. Proposed: January 11,1999 Adopted: February, 8 1999 Effective: February 8, 1999 Legal Refs: 20 U.S.C. 1232g (Family Educational Rights and Privacy Act of 1974) 42 U.S.C. 1201 et seq. Americans with Disabilities Act 34 C.F.R. 99.1 et seq. (regulations)

VISITOR POLICY

Only adult visitors may be on campus during the school day. Visitors must check in with security, show proper identification and indicate the reason for being at school. Visitors must wear a name tag at all times. Out-of-town guests, friends of students, relatives, best friends, etc., cannot visit between the hours of 7:30 am and 3:30 pm. Any unauthorized visitors will be escorted by security to the Security Office, where they will fill out a trespassing notification form and could be issued a trespassing ticket by the Arapahoe County Sheriff's Office. While school is in session, alumni may visit the school during school hours but must schedule appointments with the staff to visit classrooms or offices and follow established visitor check-in procedures.

The school's main entrance is located at the south end of the building. Visitors may park in any available spot at the south end of the parking lot. Security personnel will be available at the office located just inside the entrance to check in visitors. Please remember that you will be asked to provide a driver's license or picture ID when you sign in.

ACADEMIC POLICIES

ACADEMIC INTEGRITY

Plagiarism and cheating will result in failure of the assignment and possibly failure of an entire course of work. In addition, the student will receive disciplinary consequences. All incidents will be reported to parents, and disciplinary consequences will be assigned. Please refer to the Cherry Creek School District Discipline Policy JICDA.

- 1st Incident: Conference with teacher, communication with parent/guardian, and consequence which could include an In-School Detention.
- 2nd Incident: Communication with parent/guardian and 3 days OSS.
- 3rd Incident: Communication with parent/guardian and 5 days OSS.

ADVANCED PLACEMENT GRADES

Advanced Placement grades reflect classroom performance for the entire year. Scores on the Advanced Placement examination reflect test performance only and are not computed into the grade for the course. Grades will not be changed if scores of 4 or 5 are earned on the examination; however, often high scores will earn college credit and an advanced standing as determined by the individual college or university.

CERTIFICATE PROGRAMS

- **Global Studies Program**

The Global Studies Program is designed for students who wish to add a more global perspective to their high school education. The program is recommended for the highly motivated student who seeks a wide exposure to international themes and cultures while preparing for admission to a competitive college or university program. See your counselor for more information.

- **Journalism Arts Certificate Program**

The Journalism Arts Certificate is a program unique to Eaglecrest. This program is for students interested in pursuing a career in journalism, photography, public relations, business, graphic design, and more. Students who specialize in this area receive both a Journalism Arts Certificate and an Honors cord by completing a minimum of two honors/AP English courses, Journalism, and 2 years in Yearbook, Newspaper, or Video Broadcast. Students must also take elective courses specific to gaining knowledge and insight useful in a productions class. At the end of the program, students submit an online portfolio. Students also have the ability to participate in summer workshops, state and national conventions, and state and national contests.

- **Sci-Tech Certificate Program**

The Eaglecrest Sci-Tech program is a college preparatory program for students who will pursue degrees in science, technology, engineering, and/or mathematics (STEM). The program requires students to complete an above average course load which allows the student to specialize in an area of academic interest. In order for a student to complete the overall program requirements, they must also complete an advanced level capstone project that reflects original thought, demonstrates the application of core concepts, demonstrates an understanding of the relationship between core academic STEM areas, and meets the elevated expectations of faculty advisors and professionals from related STEM industries. Upon completion of the program, Sci-Tech students are well prepared to succeed in a variety of post-secondary educational environments.

SCHOOL COUNSELING SERVICES

The Eaglecrest High School Counseling program, in partnership with other educators, parents/guardians, and community stakeholders, provides intentional, student-centered support to meet the varying academic, post-secondary, and social emotional needs of all students. We collaborate to identify barriers and implement solutions that promote equitable outcomes for students and engage the entire school community. It is our vision that every student will acquire the skills necessary to live a healthy, responsible, and productive life.

CREDITS AND CORE CLASS REQUIREMENTS

9th grade: 7.25 credits

11th grade: 6.0 credits

10th grade: 7.0 credits

12th grade: 5.5 credits

In addition to the credit requirements for each class all students will be expected to enroll in a minimum of 4 academic core units every year in CCSD. **Seniors are expected to enroll in 4 academic core units or a minimum of 3 AP/IB courses.** Any consideration of a waiver of this expectation will be approved on an individual basis by the principal or administrative designee. Academic Waiver Requests must be submitted on form IKF-1-E.

****Student athletes who have completed a season of athletics may be granted a one-time waiver of 0.5 of the required 1.5 units of physical education. This waiver does not reduce the total number of units required for graduation. Medical/Physical Education Waiver Requests must be made through the Counseling office.**

CREDITS EARNED OUTSIDE OF THE CHERRY CREEK SCHOOL DISTRICT

A maximum of 2.0 credits earned outside the Cherry Creek School District can be applied toward graduation. This includes correspondence credit and/or summer school credit earned in another school district. Students wishing to earn credits outside the Cherry Creek School District must have these requests approved by the student's counselor. This policy does NOT apply to transfer students or to students whose class has already graduated. Additional questions should be directed to the Counseling department.

COMPUTER ACADEMY

PLATO Computer Academy is an online computer program that allows students an opportunity to recover credit in a class that the student has previously failed. As this credit retrieval opportunity is a privilege, it is important that students use their time in Computer Academy efficiently or they may be dropped from the program. Students will earn an "S" for Satisfactory or "US" for Unsatisfactory. Computer Academy courses are not NCAA approved. Eaglecrest has limited spots available in this program and offers only certain classes. Students should see their counselor for more information.

CONCURRENT ENROLLMENT COURSES

Approved courses offer college credit through Community College of Aurora, CU Succeed and Arapahoe Community College. A placement test and application are required. Please see the Eaglecrest Course Guide for more information.

FINAL EXAMS

At the end of each semester, three days are devoted to final exams. All students are expected to take final exams.

No early finals will be given. If a student is unable to take the final on the scheduled day or on the planned make-up date they will receive an Incomplete grade.

- At the end of first semester teachers and students should arrange a time to administer the make-up exam to the student.
- At the end of second semester the teacher will give a copy of the make-up final to the Main Office staff. The student needs to call the school to set a time to take the exam. When the student has completed the test, the teacher will grade the exam at their earliest convenience and process a grade change form with the Records Office.



FINALS SCHEDULE

<u>1ST SEMESTER:</u>	<u>2ND SEMESTER:</u>
<u>Tuesday, December 17, 2024</u> Period 1A 8:20 - 9:50 am Period 2A 10:00 - 11:30 am Period 3A 11:40- 1:10 pm	<u>Monday, May 19, 2025</u> Period 4B 8:20 – 9:50 am Period 3B 10:00 – 11:30 am Period 2B 11:40 – 1:10 pm
<u>Wednesday, December 18, 2024</u> Period 4A 8:20 - 9:50 am Period 1B 10:00 - 11:30 am Period 2B 11:40 - 1:10 pm	<u>Tuesday, May 20, 2025</u> Period 1B 8:20 – 9:50 am Period 4A 10:00 – 11:30 am Period 3A 10:40 – 1:10 pm
<u>Thursday, December 19, 2024</u> Period 3B 8:20 - 9:50 am Period 4B 10:00 - 11:30 am	<u>Wednesday, May 21, 2025</u> Period 2A 8:20 – 9:50 am Period 1A 10:00 – 11:30 am
<u>Friday, December 20, 2024</u> Make-up exams by appointment only - no busses	<u>Friday, May 23, 2025</u> Make-up exams by appointment only - no busses

GRADING SCALE

A	90 - 100%
B	80 - 89%
C	70 - 79%
D	60 - 69%
F	Below 60%
WP	Withdrawn Passing
WF	Withdrawn Failing
I	Incomplete
S	Satisfactory (Pass)
US	Unsatisfactory (Fail)

Historical grade reports will be mailed home at the end of each semester. **At any time throughout the school year, parents and students can check academic progress and attendance history on PowerSchool.** Grades will be updated every three weeks on PowerSchool. Please feel free to contact teachers about academic progress in individual classes and counselors to discuss overall academic achievement. If an Incomplete is given, it is considered an 'F' for eligibility and GPA until the Incomplete is changed to a letter grade. The change must occur within 9 weeks. If not, the grade changes to an 'F' permanently.

GRADE UPDATES

Eaglecrest High School uses the PowerSchool database program. Parents and students have web-based access to their student's grades, attendance, and assignments via a secure password. Late work will be updated as time permits in the teacher's schedule.

GRADE WEIGHTING

The Cherry Creek School District transcript reflects both weighted and unweighted grade point averages. Weighted grades are given in those courses designated as either Honors or Advanced Placement. The difference between weighted and unweighted grades in terms of grade point value is as follows:

<u>Unweighted</u>	<u>Weighted</u>
A	4 grade points
B	3 grade points
C	2 grade points
D	1 grade point
F	0 grade point
A	5 grade points
B	4 grade points
C	3 grade points
D	1 grade point
F	0 grade point

GRADUATION DISTINCTIONS

Students have multiple opportunities to earn distinctions for graduation. Only regalia associated with distinctions earned at Eaglecrest High School may be worn during the graduation ceremony. Students who meet the requirements for an Excellence Medal may wear this at the graduation ceremony. Students who meet the requirements for AVID, Sci-Tech, Honors Diploma, and/or who have a cumulative GPA of 3.5 or higher will earn a cord that can be worn at the graduation ceremony. For additional graduation distinctions, please contact the Activities Office.

GRADUATION CEREMONY REQUIREMENTS

In order to participate in the Eaglecrest High School graduation ceremony students must:

1. Complete all graduation requirements
2. Attend the spring graduation meeting, with a parent/guardian
3. Attend the required graduation rehearsals
4. Clear all fees/fines

Any junior who is considering early graduation must confer with their counselor no later than December of their junior year to start a multi-step formalized process.

Attendance, grades, and behavior can be reviewed at any time by our deans to determine if students have earned privileges such as attending any school dance, sporting event, theatrical performance or any school sponsored activity. Seniors are put on notice that poor attendance, poor grades, and/or poor behavior can adversely affect participation in all senior activities which include, but are not limited to prom, sporting events (home or away), exit assembly, and Graduation.

In pursuit of its mission to ensure that all students reach their learning potential, the Board of Education recognizes that high school shall be generally considered as a 4 year course of study. Therefore, graduation requirements are based on units of credit earned in grades nine through twelve. A unit of credit is defined as the amount of credit given for the successful completion of a course, which meets the required hours of instruction as defined in state law.

In order to prepare students for a successful post-secondary educational and work experience, the Board of Education strongly encourages students to participate in a rigorous academic core curriculum consisting of 4 years of English, 4 years of mathematics, 4 years of science, 4 years of social studies, and at least 2 years of a World Language, as recommended by the Colorado Commission on Higher Education for admission to 4 year public colleges and universities in Colorado.

GRADUATION COMPETENCY REQUIREMENTS FOR 2024

According to the Colorado Department of Education, in addition to the minimum required credits, every student must demonstrate college and career preparedness in both English and mathematics to earn a high school diploma. The Cherry Creek School District offers a menu of options for students to demonstrate their learning and preparation. Students are encouraged to discuss and regularly monitor these options with their family, counselor, and teachers.

Please visit the Cherry Creek School District website for more information: <https://www.cherrycreekschools.org/Page/4122>

MINIMUM UNITS OF CREDIT NEEDED TO GRADUATE

A minimum of 22 units of credit shall be necessary for high school graduation. In addition to the 16.5 required units, all other credits shall be considered as electives and may be selected from the entire curricular offerings. Minimum credit requirements in various areas shall be as follows:

<u>Subject Area</u>	<u>Credits</u>
English*	4.0
Social Studies*	3.0
(U.S. History)	(1.0)
(Government)	(0.5)
Math*	3.0
Science*	3.0
World Language	0.0
Practical/Fine Arts/CTE	1.5
P.E.	1.5
Health	0.5
Electives	5.5
<u>Total minimum credits</u>	<u>22.0</u>

*Academic core subjects

HOMEWORK

CCSD Board Policy IKE states, "It is recognized that all learning cannot be accomplished within the limited amount of time allotted for classroom instruction. Therefore, homework is routinely assigned to students in the Cherry Creek Schools."

Homework is an important part of high school courses. Teachers assign homework for various reasons including reinforcing classroom lessons, checking for understanding of material presented in class, internalizing key concepts with practice and providing opportunities for creativity and preparing for proficiency exams. With Eaglecrest's alternating block schedule, **students are encouraged to complete homework on the night it is assigned.**

The Honors Diploma Program is an individualized program which provides structure and support for high-achieving students to prepare for college success. The program is designed to provide a well-rounded high school experience including Honors and Advanced Placement courses, extra-curricular activities, community service involvement, and extended learning opportunities. The goal of these components is to provide a variety of learning experiences to challenge and engage students during their high school years.

HONOR CORD REQUIREMENTS

Semesters Required For Honor Cord Eligibility	8 semesters
Cumulative GPA Requirement	Minimum 3.5
GPA within the Department Classes Taken During High School	Minimum 3.5
Other Requirements	Determined by individual Honor Society, such as enrollment in Honors and Advanced Placement courses

Rationale: Eaglecrest offers honors programs and honor societies for students who excel academically and seek an enriched and challenging learning environment. Graduates who fulfill the requirements are eligible to wear honor cords, which are provided by the school and departments. The requirements for graduating with an honor cord are different for each society, and there is a minimum expectation of academic achievement in order to receive an honor cord for graduation. The GPA requirements are to ensure that all graduates receiving an honor cord are truly the definition of "graduating with academic honors."

Definitions:

- GPA requirement is a minimum
- Individual Honor Societies may choose a higher GPA for eligibility
- Eligibility is tabulated after 7 semesters of high school: however, no cord will be given to a student who is not in good standing to complete the eighth semester

INDEPENDENT STUDY

A student wishing to pursue a course of study not available in the regular curriculum should see a counselor for specific information. The process involves a content area teacher and requires administration approval. Independent Study petition applications are due the third week of the first semester for year-long and first semester courses and the third week of the second semester for second semester courses. NCAA does not accept Independent Study courses for college eligibility.

HONOR ROLL

The Honor Roll will recognize students with GPAs in the following categories each semester:

4.0 & Above 3.75 - 3.99 3.5 - 3.74

MAKE-UP WORK

Assignments are frequently made ahead of time so that when students are absent from school, even for several days, they can keep up with work satisfactorily until they return. In case of a short absence, students can usually call responsible classmates to get their homework assignments. With a block schedule, students are encouraged to see their teachers for make-up work on the day they return, whether the missed classes meet that day or not.

Make-up work should be submitted within a period of time no longer than the time missed from school. For example, if a student has an excused/unexcused absence from a Monday class and learns of the assignment in class on Wednesday, the make-up work is due at the beginning of the next class session, in this case, a Friday. Students or parents can request make-up work for emergency or planned and approved absences of two days or longer by emailing their teachers.

Arrangements to collect homework assignments can be made when a student is absent for 3 or more days. Contact the Counseling Office at 720-886-1175. Parents will be asked for an email address, as much of the work can be sent electronically. Any hardcopy homework collected will be available in the Counseling Office for pick-up the afternoon of the following school day. Parents are asked to make their own arrangements to pick-up books from their student's locker.

PASS/FAIL AND AUDIT POLICY

Eaglecrest High School has a Pass/Fail and Audit policy. Students who believe one of these grading options is best for them should speak with their counselor for more information. Administrative approval is required. Students are responsible for understanding the policies of colleges or universities to which they may apply regarding courses taken Pass/Fail. Student athletes are also responsible for understanding NCAA Eligibility regulations and the Colorado High School Activities Association (CHSAA) regarding courses taken Pass/Fail and their eligibility.

POWERSCHOOL

PowerSchool is a real-time web based student information system. Parents and students have access to grades, attendance records and other school-related information. PowerSchool is available online at my.cherrycreekschools.org. Students and parents can receive their personalized login information from the Media Productions Center (MPC). A valid picture ID is required.

SCHEDULE REPAIRS

The master schedule is designed based on the requests students make during registration. In the event that a requested course is full or conflicts with another course, alternate requests will be used. Changes will not be made to schedules **unless** one of the following repairs are needed:

1. An incomplete schedule resulting from the closure of a requested course
2. An incomplete schedule that does not include a sufficient number of credits
3. An incomplete schedule that does not include sufficient core classes (4 academic classes or 3 AP courses)
4. A schedule that places the student in the wrong level of a course
5. A schedule that doesn't include a course(s) required for graduation (seniors only)

SUMMER SCHOOL

Courses taken for credit after the ninth-grade year in an approved summer school program will be recorded on the student's permanent transcript, and grades and credits received will apply toward graduation. Courses taken in the summer prior to 9th grade will appear on the students transcripts, but no credit will be awarded.

TECHNOLOGY

Guidelines

Because electronic information is so volatile and easily reproduced, respect for the work of others is especially important in computer environments. Likewise, respect for and care of computer equipment is essential to provide working access for all. Plagiarism, invasion of privacy, unauthorized access, copyright violations, damaging, modifying or attempting to modify computer files, systems, records, or facilities are grounds for disciplinary action and possible legal action.

The use of the internet at EHS is for the support of curricular goals and objectives. This does not include playing games, downloading music, or participating in chat rooms. Violation of district or school rules may result in loss of computer use privileges.

General Information

Each student is provided with a district-issued computer upon check-in and is expected to bring it to school each day, fully charged. The computer is the student's responsibility as long as they attend Cherry Creek Schools. The student is responsible for any loss or damage to the computer. Information on policies and fines can be found on the district website under Programs and Services > Information Systems and Technology > Student Device FAQ.

Access to electronic network resources is available to students and staff through the use of the Cherry Creek School District Network (CCSD Net). CCSD Net is a Wide Area Network that connects all Cherry Creek Schools and provides access to electronic networked resources including the internet. Access to CCSD Net offers a vast array of educational resources to both students and staff. The goal in providing this service is to promote educational excellence and student achievement in the schools by facilitating resource sharing, innovation, and communication.

The smooth operation of the network relies upon the proper conduct of the users who must adhere to strict guidelines. Basic guidelines are provided here to increase awareness of the responsibilities users assume. If a user violates any of these provisions, their account could be terminated and future access may be denied. Possible disciplinary action may result. If possible criminal activity is discovered, the proper authorities will be notified. Disciplinary action for students will be in accordance with existing discipline policies and may include suspension and/or expulsion. Marking "Yes" on the Internet and Network Resources and Acceptable Use Waiver during online check-in indicates the student and parent/guardian completing check-in have read the terms and conditions carefully, understand(s) their significance, and agrees to fully comply with them.

Network Information and Etiquette

Access to network resources, including the Internet, is a privilege requiring student and parent signatures on an Acceptable Use Agreement and provided under the following terms:

Usage Regulation

1. Use of CCSD Net must be in support of the educational objectives of the Cherry Creek School District. Transmission of any material in violation of any federal or state law or regulation is prohibited. Use for commercial activities is prohibited unless prior written consent from the Cherry Creek School District has been granted.
2. Cherry Creek School District does not represent or warrant that the functions of the system will meet any specific requirements or that it will be error free or uninterrupted; nor shall it be liable for any direct or indirect, incidental, or consequential damages (including lost data and information) sustained or incurred in connection with the use, operation or inability to use the system.
3. CCSD uses Securify for internet safety and web filtering. All internet browsing activity is filtered at home just like at school. Securify is a CIPA (Children's Internet Protection Act) compliant internet filter. The internet filtering is based upon age of the student. It is acknowledged that not all student access to the internet can or will be supervised, however any action by a user that is determined by Cherry Creek School District to constitute an inappropriate use of CCSD Net or to improperly restrict or inhibit other members from using CCSD Net is strictly prohibited and may result in termination of privileges and/or disciplinary action. The user specifically agrees not to access, submit, publish, display or print over CCSD Net any defamatory, inaccurate, abusive, obscene, profane, sexually oriented, threatening, racially offensive or illegal material. The user further agrees to use CCSD Net in accordance with all copyright laws. Copying, saving or redistributing copyrighted material is not allowed and users should assume material is copyrighted unless explicitly noted.
4. Cherry Creek School District does not and cannot control internet content or access thereto, some of which may be deemed offensive by some, therefore the school district shall not be responsible for any material or information accessed on the internet by any user and shall not be responsible for the impact or effect of the information on the user. Use of any information obtained via CCSD Net is at your own risk. Cherry Creek School District specifically denies any responsibility for the accuracy or quality of information obtained through CCSD Net, and it exercises no control whatsoever over the content of the information residing on or passing through the system. Products or services may not be purchased through CCSD Net. Files stored on district servers, electronic mail and use of CCSD Net are not private, and may be subject to inspection and/or monitoring.
5. Vandalism shall result in cancellation of privileges. Vandalism includes any malicious attempt to harm, destroy or alter data on CCSD Net. Any attempt to access restricted data will result in termination of privileges and/or disciplinary action. CCSD Net administrators reserve the right to monitor any and all activity on the system.

TEST DATES

PSAT National Merit Scholarship Qualifying Test

Test Date

October 9, 2024

All ACT tests are given at Eaglecrest. Registration information for ACT & SAT I or SAT Subject exams are available in the EHS College and Career Center or online at www.act.org and www.collegeboard.com, respectively.

TESTING CENTER

The Testing Center is available to students to make-up exams or do exam retakes. It is located in Room S366 in the South Wing. The Testing Center is open daily from 8:30 am – 4:00 pm. Students will be required to show a photo ID to take a test. There are no cell phones, iPods, or any electronic devices allowed in the Testing Center. Any cell phone use or visibility of a cell phone in the Testing Center may result in a "Zero" on the student's exam.

TEXTBOOKS

Textbooks are issued to students and are the responsibility of the student. Students must have a valid EHS ID in order to check-out textbooks. It is suggested that students make a note of their book numbers upon receiving them in order to ensure that the book in their possession is the correct one. Textbooks are checked out by semester and year. Textbooks are due the day the class concludes. Chosen readings are books, such as novels, that a teacher has assigned to the student's class. Due dates for chosen readings will be set-up the teacher. It is the students' responsibility to return all books in a timely manner. If textbooks are not returned by the end of the school year, a replacement fee will be assessed. Replacement fees are paid at the bookkeeper's office.

Bookroom Phone Number 720-886-1196

The Eaglecrest High School Bookroom is open during school lunch hours.

- Textbooks are issued to students and are the responsibility of the student. Students must have a valid EHS ID in order to check out textbooks.
- The student may write their name in the front of the textbook.
- Textbooks are checked out by semester and year. All books are due the day the class concludes and should be returned to the Bookroom in a timely manner.
- Novels may be assigned to individual classes and are the responsibility of the student to be returned to the Bookroom at the completion of the unit.
- If textbooks/novels are not returned at the end of the school year, the full replacement value of the book will be assessed in Powerschool fees. Fees for books will be removed upon return of the book in good condition or the student may pay the replacement value fee on Powerschool.
- If a textbook/novel is returned in poor condition the full replacement value of the book will be assessed in Powerschool fees.

TRANSCRIPTS

Unofficial transcripts will be mailed home at the close of each semester with letter grades used to indicate the quality of level of academic achievement.

To request official school transcripts, complete a Transcript Request Form in the College and Career Center. There is a charge of \$5 for each official transcript request. Unofficial transcripts can also be obtained from the College and Career Center free of charge.

WITHDRAWAL FROM SCHOOL

When a student needs to withdraw from school, the student and parent must initiate this process by contacting the Registrar in the Records Office at 720-886-1190. Please allow at least one to two hours for withdrawing a student because the student will need to go to every class for a withdrawal grade. All textbooks, materials, athletic equipment, technology, and student ID will need to be turned in.

DISCIPLINE

DISCIPLINE

Students are assigned a Dean of Students who will handle discipline or attendance problems. We expect students to share in the responsibility for maintaining a safe, orderly and clean place to learn. Deans are available to provide support to and intervention with students who have specific complaints about behavior problems with other students. Eaglecrest High School personnel will make reasonable attempts to inform parents of a violation of school rules. A parent conference will be necessary for readmission following an out-of-school suspension, depending upon each individual situation and/or the discretion of the dean. Parents may request a conference with their student's dean at any time by calling the dean's office.

DISTRICT DISCIPLINE POLICIES

Please take time to review the following district and school policies in detail and contact your dean with any questions. Full policies can be reviewed at www.cherrycreekschools.org (click on About us, Board of Education, Board Policies in the upper right corner, and select J. Students. Select JICDA for full policies about Student Conduct and Discipline)

As a safe learning community, we hold our students accountable to a high standard of student conduct. Appropriate consequences including, but not limited to, suspension and/or expulsion will be enforced for every student committing any of the following infractions:

1. Causing or attempting to cause damage to school property or stealing or attempting to steal school property of value.
2. Causing or attempting to cause damage to private property or stealing or attempting to steal private property.
3. Commission of any act which if committed by an adult would be robbery or assault as defined by state law. Expulsion shall be mandatory in accordance with state law except for commission of third degree assault.
4. Violation of criminal law which has an immediate effect on the school or on the general safety or welfare of students or staff.
5. Violation of District policy or building regulations.

6. Violation of the District's policy on dangerous weapons in the schools. Expulsion shall be mandatory for carrying, bringing, using, or possessing a dangerous weapon without the authorization of the school or school district, in accordance with state law.
7. Violation of the District's alcohol use/drug abuse policy. Expulsion shall be mandatory for sale of drugs or controlled substances, in accordance with state law.
8. Violation of the District's policy on smoking, vaping, and use of tobacco.
9. Violation of the District's policy on sexual harassment.
10. Throwing objects, unless part of a supervised school activity, that can cause bodily injury or damage property.
11. Directing profanity, vulgar language, obscene gestures toward other students, school personnel, or visitors to the school.
12. Engaging in verbal abuse, i.e., name calling, ethnic or racial slurs or derogatory statements addressed publicly to others that precipitate disruption of the school program or incite violence.
13. Committing extortion, coercion or, blackmail, i.e., obtaining money or other objects of value from an unwilling person or forcing an individual to act through the use of force or threat of force.
14. Lying or giving false information either verbally or in writing to a school employee.
15. Scholastic dishonesty which includes but is not limited to cheating on a test, plagiarism or unauthorized collaboration with another person, in preparing written work.
16. Continued willful disobedience or open and persistent defiance of proper authority, including deliberate refusal to obey a member of the school staff.
17. Repeated interference with the school's ability to provide educational opportunities to other students.
18. Behavior on or off school property which is detrimental to the welfare, safety, or morals of other students or school personnel.

NOTIFICATION OF NONDISCRIMINATION

Cherry Creek School District No. 5 ("District") does not discriminate on the basis of race, color, national origin, sex, age, sexual orientation, or disability in admission to its programs, services, or activities, in access to them, in treatment of individuals, or in any aspect of their operations. Eaglecrest High School does not discriminate in enrollment or access to any of its available programs. The lack of English language skills shall not be a barrier to admission or participation in District activities and programs. The District also does not discriminate in its hiring or employment practices.

This notice is provided as required by Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990. Questions, complaints, or requests for additional information regarding these laws may be forwarded to the designated compliance coordinator, Ms. Stephanie Davies, Equity Compliance Officer and Associate Legal Counsel, 4700 S. Yosemite St., Greenwood Village, CO 80111, telephone 720.554.4471, or directly to the U.S. Department of Education, Office for Civil Rights, Region VIII, Federal Office Building North, 1244 Speer Blvd., Suite 310, Denver, CO 80204.[SD1]

ACTIVITIES

INVOLVEMENT IS THE KEY TO YOUR ACADEMIC SUCCESS AT EAGLECREST

As an Eaglecrest Raptor you are encouraged to get involved in the numerous clubs and activities that are available for you to pursue your interests, talents, and passions. Eaglecrest's staff currently sponsors 50 clubs.

Research indicates that students who feel a connection to their school and who get involved in extracurricular activities will be more successful academically, as well as, socially. Our clubs and activities promote leadership opportunities, school and community service opportunities, and the ability to make new friendships with peers and adults. Skills, knowledge, and traits for success are developed through involvement in clubs that will enhance students' potential for success throughout their four years of high school and beyond. In addition, college and university admission requirements look for individuals who have developed talents, service, skills, and leadership through involvement in extracurricular clubs and activities.

It is truly amazing to see the dedication of our students and staff who get involved and the difference they make in their own lives and the lives of others. Please stop by the Activities Office or go online to the club information page for a complete list of clubs and contact information

FORMING A NEW CLUB

Because becoming involved and connected to Eaglecrest is so important, there are always opportunities for new clubs to be formed. To start a new club:

1. An Eaglecrest staff member must be willing to sponsor the club.
2. A "New Club Request" form must be filled out by the Eaglecrest staff member and returned to the Activities Office. The Activities Director will then meet with the sponsor and interested students in order to approve the new club. The proposer will meet with the Activities Director and new clubs will be taken into consideration if they meet school and District guidelines.
3. A minimum of ten students must participate in the new club.
4. The club should meet a minimum of 25 hours during the school year.

APPROVAL OF PROGRAMS, EVENTS, AND PROJECTS

The following procedures must be followed in order to put on any school-wide event. All forms must be filled out and returned to the Activities Office at least three weeks prior to an event.

1. The staff member responsible for the event must discuss the event with the Activities Director three weeks prior to the event.
2. If there is a need for security, a Request for Security Form must be filled out by an Eaglecrest staff member. Request for Security forms are available in the Activities Office.
3. A Building Usage Request must be filled out online by an Eaglecrest staff member (please do not ask students to request building space).
4. After the requests have been filled out and submitted to the Activities Office, the Activities Director will advise the sponsor of approval or disapproval of the event.

FUNDRAISING

All fundraising requests must be made through the Activities Office at least two (2) weeks prior to the fundraising event. Please follow the appropriate procedures below:

1. Complete the online fundraising request form.
2. After the fundraising request has been approved by the Activities Director, fill out a Building Usage Request form if use of the building is necessary.
3. Please do not solicit funds directly from staff. An approved flier may be put in staff boxes.
4. If you are selling food, you must first get approval from Food Services and the Activities Director.

NON-CURRICULUM RELATED STUDENT ORGANIZATIONS

Students are permitted to initiate non-curriculum-related organizations. Students may conduct meetings, consistent with Cherry Creek School District Board Policy JJAB, on school premises only during non-instructional time so that meetings do not interfere with the orderly conduct of the educational activities of the school. Meetings of non-curricular student groups must be scheduled, organized, and conducted within the guidelines established by this policy and accompanying regulations. Prior approval must be obtained through the Activities Director for non-curriculum-related organizations and meetings. All necessary information and guidelines are available in the Activities Office.

POLICIES REGARDING DISTRIBUTION OF NON-CURRICULAR MATERIALS AND SCHOOL RELATED PUBLICATIONS

Flyers, Ads, and Promotions

Poster Approval Guidelines

All posters advertising events/fundraisers/etc. must have the activities approval stamp prior to being displayed anywhere in the building. This includes the hallways, gymnasiums, cafeteria, and classrooms.

Regarding Eaglecrest Sponsored Events

1. Posters must be neat, professional looking, and have appropriate language.
2. Posters must have proper time, place, location, contact person, and proper spelling.
3. Posters must be removed by the sponsoring group following the event.
4. Posters may not be put on any stairwells, windows, display cases, or painted walls.

Regarding Non-Eaglecrest Sponsored Events

Any communications not directly related to Eaglecrest sponsored activities must be approved through the Activities Office. Non-school sponsored posters may not be posted in the school without prior approval from the Activities Office.

*The only non-school sponsored posters that are typically approved are those advertising events of the schools in our feeder area. We do not advertise for private athletic clubs, dance studios, religious institutions, or any other types of private company events.

Approved Poster Locations

Approved locations within the building for displaying posters, flyers, and other advertisements and promotions are as follows:

1. Approved bulletin boards throughout the building. Do not cover or tape other flyers/posters.

ATHLETICS

ATHLETIC FEES

A student is required to pay a \$90 (subject to change) participation fee for **each** season of their competition. This fee is due prior to the beginning of **each** season.

ATHLETIC FORMS

Athletes must have all forms signed prior to practice. Forms can be obtained online from the EHS home page.

<http://eaglecrest.cherrycreekschools.org> The necessary forms are located on the "Athletics" site at eaglecrest.ccsdathletics.org.

Forms Include:

- CCSD Student-Athlete/Parent Concussion
- Responsibility & Acknowledgement Agreement
- Athletic Registration
- Transportation Awareness/Site Management Consent & Release.
- Participation Agreement
- Athletic Emergency Information
- CCSD Spectator Code of Conduct

All participants must provide clearance from the bookkeeper's office concerning unpaid fines. This information must be returned to the Athletic Office before an athletic clearance sheet is given to the coach.

CENTENNIAL LEAGUE SCHOOLS

Arapahoe Grandview Cherokee Trail

Overland Cherry Creek Smoky Hill

Eaglecrest Mullen

All sports schedules are available at: www.centennialleagueco.org. Directions to each school are available in the Interscholastic Athletic/Activity Handbook, or online at www.CHSAA.org.

ELIGIBILITY

Every athlete will have their academic performance monitored on a weekly basis during the sport(s) season(s). 'D' or 'F' grades will be pulled from PowerSchool by the Athletics Office. If an athlete has two failing grades on Friday, that athlete will be declared ineligible to represent Eaglecrest High School in any interscholastic competition or scrimmage the following week Monday - Saturday. It is mandatory for an athlete with two 'Ds' or one or more 'Fs' to attend Athletic Study Hall. Additional information may be obtained by requesting a copy of the Cherry Creek School District/ CHSAA Handbook from the Athletic Office.

GENERAL RULES

To be eligible to represent Eaglecrest High School in any interscholastic activity (athletic and/or non-athletic), you must:

1. Be considered by your principal as a representative of your school's standards of conduct and sportsmanship and be an undergraduate of your high school.
2. Be carrying a minimum of five classes. You cannot be failing at the time of participation more than one class.
3. Have carried a minimum of 5 classes and not failed more than the equivalent of one class the previous semester.
4. Be cleared as eligible by the Athletic Office.

NOTE: Make-up work shall NOT be permitted after the close of the semester for the purpose of becoming eligible. A grade of incomplete shall be considered the same as a failure when determining eligibility. Scholastic eligibility may be regained by attending summer school. A student attending summer school must be enrolled in classes from the same academic discipline where the student is deficient. Example: If a student failed math during the school year and is a 1/2 credit shy of eligibility, the student must take a math course in summer school as opposed to a physical education class. Scholastic eligibility may be regained after the regain dates as determined by CHSAA for each sport.

SEASONAL SPORTS

Eaglecrest offers a comprehensive athletic program. Intra-school athletic competition is available in the following sports:

Fall

Boys' Cross Country
Boys' Golf
Boys' Soccer
Boys' Tennis
Cheerleading
Football
Flag Football

Girls' Cross Country
Girls' Gymnastics (@ CCHS and Overland)
Girls' Field Hockey (@ SHHS)
Softball
Dance
Girls' Volleyball
Unified Sports

Winter

Boys' Basketball
Cheerleading
Girls' Basketball
Girls' Wrestling
Unified Sports

Girls' Swimming
Dance
Boys' Wrestling
Ice Hockey (@ CCHS)
Unified Basketball

Spring

Baseball
Boys' Lacrosse
Boys' Track
Boys' Swimming (@ SHHS)
Boys' Volleyball
Unified Track

Girls' Golf
Girls' Lacrosse
Girls' Soccer
Girls' Tennis
Girls' Track

ATHLETIC CODE VIOLATIONS

(POLICY JJI AND REGULATION JJI-R)

Students participating in the Cherry Creek School District interscholastic athletic programs will be subject to sanctions for violation of the District's Athletic Code. Consequently, any instance of the following will result in disciplinary action, including, but not limited to, temporary or permanent suspension from interscholastic athletic programs:

1. Use, possession, sale, exchange, or distribution of alcohol, tobacco, marijuana, or other illegal drugs, including, but not limited to, anabolic steroids, counterfeit drugs, or drug paraphernalia.
2. Continued willful disobedience or open and persistent defiance of authority.
3. Willful destruction or defacing of school property.
4. Behavior which is detrimental to the welfare, safety or morals of other people or school personnel.
5. Conviction of any criminal offense in the municipal, county, or district courts other than minor traffic violations.

DISCIPLINARY PROCEDURES AND ATHLETIC SANCTIONS

Students determined to be in violation of any of the foregoing conduct violations shall be subject to appropriate athletic disciplinary sanctions. The determination to impose sanctions and the nature of the sanctions imposed shall be made by the principal or his or her designee. Any student athlete alleged to have violated the Athletic Code will be given notice and due process in accordance with policy JJI and its accompanying regulation, JJI-R. Sanctions which may be imposed include, but are not limited to, the following, depending on severity and circumstances:

1. Consultation with the coach, so they are aware of the violation for disciplinary action.
2. Suspension from participation in a specific number of athletic events.
3. Suspension from the athletic team for the remainder of the season.
4. Denial of the opportunity to obtain school awards in the sport in which the student was participating when the violation of rules occurred (athletic awards require not only participation, but also completion of the season in good standing).
5. Suspension from athletic competition for the remainder of the school year and/or extending into succeeding school years.

SAFETY INFORMATION

SAFETY INFORMATION

Evacuation Drills

Evacuation drill procedures are posted in each classroom and throughout the building. Students are to exit the building in a quiet, orderly manner. Upon leaving the building, students must remain with their class and proceed to the designated area. Students should return to the building in the same manner and route in which they left. Falsifying information or sounding alarms is a severe offense and will result in suspension from school and possible legal action.

SCHOOL SAFETY-CODES & CONDITIONS

Normal Conditions

- Normal awareness and security
- Normal supervision and entrances
- Normal educational programs
- Normal dismissal
- Code Green

Security Alert Conditions

- Increased awareness and security
- Increased supervision of entrance
- Normal dismissal
- Police on-site to provide additional support and communications as appropriate

Secure Perimeter Conditions

- All students and staff outside the building will be returned to the building
- All exterior doors will be closed and locked
- Access in/out of the building controlled by staff and/or public safety officers and limited to authorized individuals
- Normal educational programs continue as possible
- Police will be on-site to provide additional support and communications as appropriate
- Controlled dismissal
- Code Yellow

Lockdown Condition

- No student, parent, or staff access in/out of the building - **NO EXCEPTIONS**
- All students and staff outside the building - taken to a safe location
- All exterior doors closed and locked
- All interior doors closed and locked
- Students and staff in individual classrooms or centralized locations, as appropriate.
- Normal educational programs suspended
- Police on-site to provide additional support and communications as appropriate
- No dismissal
- Code Red

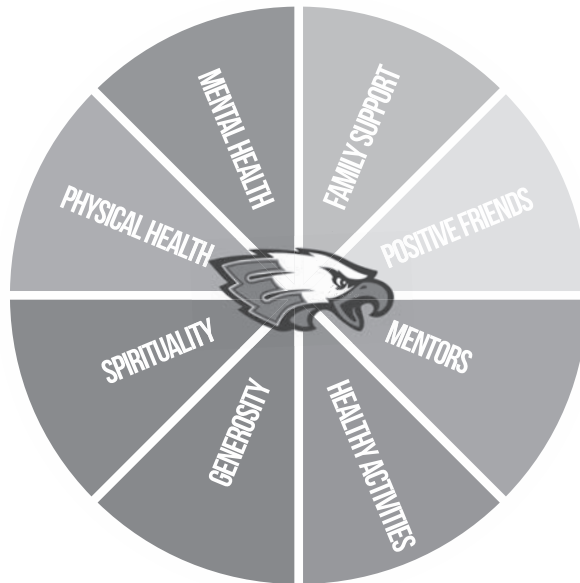
SHELTER-IN-PLACE DRILLS

Shelter-in-Place drill procedures are posted in each classroom. In the event of a drill or actual severe weather event, proceed in an orderly manner to the designated area. Remember to keep your head down, knees drawn up, and cover the back of your head with your hands.

SCHOOL RESOURCE OFFICER

As a result of a joint project with the Arapahoe County Sheriff's Office, three School Resource Officers have been assigned to work with the faculty, staff, and community members to ensure a safe school environment. The officers are available during the school day to answer questions and work with students in matters requiring police intervention.

WHAT ARE YOUR SOURCES OF STRENGTH?



We Are Sources of Strength

We are a group of diverse **students and adults** from many different corners and cultures of our school and community. We believe that life has ups and downs, that all of us will go through good times and tough times. Our mission is to ensure that during the rough times no one gets so overwhelmed or hopeless that they want to give up.

Our mission is to **spread Hope, Help, and Strength** into every corner of our community.

Our mission is to help students and staff turn to their strengths and their supports that are all around. We are **Connectors** to Help and Strength.

Our mission recognizes that our voice has great power and we use it to **BREAK the SILENCE** when someone is struggling, and to connect them to the help they need and deserve.

We **Spread Hope** by focusing on stories of strength, rather than on stories of trauma. We know our most powerful impact comes from our personal actions, conversations, and messages that use our music, our art, our writing, our activities, our social media, our culture, and our voice. This gives life to our efforts.



JULY

"The only way to enjoy anything in this life is to earn it first." – Ginger Rogers

JUNE 2024						
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PRIORITY THIS WEEK:



29 MONDAY

30 TUESDAY

31 WEDNESDAY

1	THURSDAY	

2	FRIDAY	

3	SATURDAY	

4	SUNDAY	

AUGUST

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure." – Colin Powell

JULY 2024
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 21 22 23 24 25 26 27
 28 29 30 31

AUGUST 2024
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SEPTEMBER 2024
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 29 30

PRIORITY THIS WEEK:



5 MONDAY

6 TUESDAY

7 WEDNESDAY

8 THURSDAY

9 FRIDAY

10 SATURDAY

11 SUNDAY

AUGUST

"It is difficult to say what is impossible, for the dream of yesterday is the hope of today and the reality of tomorrow." – Robert H. Goddard

JULY 2024						
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AUGUST 2024						
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SEPTEMBER 2024						
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PRIORITY THIS WEEK:



12 MONDAY

13 TUESDAY

14 WEDNESDAY

15 THURSDAY

16 FRIDAY

17 SATURDAY

18 SUNDAY

AUGUST

"Don't wait for extraordinary opportunities.
Seize common occasions and make them
great." – Orison Swett Marden

JULY 2024						
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AUGUST 2024						
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SEPTEMBER 2024						
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PRIORITY THIS WEEK:



19 MONDAY

20 TUESDAY

21 WEDNESDAY

22 THURSDAY	

23 FRIDAY	

24 SATURDAY	

25 SUNDAY	

AUGUST

"The more I traveled, the more I realized that fear makes strangers of people who should be friends." – Shirley MacLaine

JULY 2024
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AUGUST 2024
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SEPTEMBER 2024
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PRIORITY THIS WEEK:



26 MONDAY

27 TUESDAY

28 WEDNESDAY

29 THURSDAY	

30 FRIDAY	

31 SATURDAY	

1 SUNDAY	

SEPTEMBER

"The mind is not a vessel to be filled but
a fire to be kindled." – Plutarch

AUGUST 2024
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SEPTEMBER 2024
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OCTOBER 2024
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27 28 29 30 31

PRIORITY THIS WEEK:



2 MONDAY

Labor Day

3 TUESDAY

4 WEDNESDAY

5 THURSDAY

6 FRIDAY

7 SATURDAY

8 SUNDAY

SEPTEMBER

"Go confidently in the direction of your dreams. Live the life you have imagined." – Henry David Thoreau

AUGUST 2024						
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SEPTEMBER 2024						
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OCTOBER 2024						
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PRIORITY THIS WEEK:



9 MONDAY

10 TUESDAY

11 WEDNESDAY

Patriot Day

12 THURSDAY

13 FRIDAY

14 SATURDAY

15 SUNDAY

Mawlid al-Nabi begins at sundown

SEPTEMBER

"Nothing in life is to be feared. It is only to be understood." – Marie Curie

AUGUST 2024						
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SEPTEMBER 2024						
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OCTOBER 2024						
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PRIORITY THIS WEEK:



16 MONDAY

17 TUESDAY

18 WEDNESDAY

[illegible][illegible][illegible][illegible]

First day of autumn

SEPTEMBER

"Small opportunities are often the beginning of great enterprises." – Demosthenes

AUGUST 2024						
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SEPTEMBER 2024						
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OCTOBER 2024						
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PRIORITY THIS WEEK:



23 MONDAY

24 TUESDAY

25 WEDNESDAY

26 THURSDAY

27 FRIDAY

28 SATURDAY

29 SUNDAY

OCTOBER

"Luck is what happens when preparation meets opportunity." – Elmer Letterman

SEPTEMBER 2024						
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OCTOBER 2024						
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NOVEMBER 2024						
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PRIORITY THIS WEEK:



30 MONDAY

1 TUESDAY

2 WEDNESDAY

Rosh Hashanah begins at sundown

3 THURSDAY

4 FRIDAY

5 SATURDAY

6 SUNDAY

OCTOBER

"Your future depends on many things,
but mostly on you." – Frank Tyger

SEPTEMBER 2024						
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OCTOBER 2024						
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NOVEMBER 2024						
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PRIORITY THIS WEEK:



7 MONDAY

8 TUESDAY

9 WEDNESDAY

10 THURSDAY

11 FRIDAY

Yom Kippur begins at sundown

12 SATURDAY

13 SUNDAY

OCTOBER

"I am the master of my fate; I am the captain of my soul." – William Ernest Henley

SEPTEMBER 2024						
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OCTOBER 2024						
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NOVEMBER 2024						
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PRIORITY THIS WEEK:



14 MONDAY

Columbus Day

15 TUESDAY

16 WEDNESDAY

17 THURSDAY

18 FRIDAY

19 SATURDAY

20 SUNDAY

OCTOBER

"Life isn't a matter of milestones but of moments." – Rose Kennedy

SEPTEMBER 2024						
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OCTOBER 2024						
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NOVEMBER 2024						
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PRIORITY THIS WEEK:



21 MONDAY

22 TUESDAY

23 WEDNESDAY

24 THURSDAY

25 FRIDAY

26 SATURDAY

27 SUNDAY

OCTOBER

"I can accept failure; everyone fails at something.
But I can't accept not trying." – Michael Jordan

SEPTEMBER 2024						
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OCTOBER 2024						
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NOVEMBER 2024						
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PRIORITY THIS WEEK:



28 MONDAY

29 TUESDAY

30 WEDNESDAY

31 THURSDAY	<i>Halloween</i>

1 FRIDAY	

2 SATURDAY	

3 SUNDAY	<i>Standard time begins</i>

NOVEMBER

"From what we get, we can make a living; what we give, however, makes a life." – Arthur Ashe

OCTOBER 2024
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NOVEMBER 2024
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DECEMBER 2024
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29 30 31

PRIORITY THIS WEEK:



4 MONDAY

5 TUESDAY

Election Day

6 WEDNESDAY

7 THURSDAY

8 FRIDAY

9 SATURDAY

10 SUNDAY

NOVEMBER

"A bird does not sing because it has an answer; it sings because it has a song." – Maya Angelou

OCTOBER 2024
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NOVEMBER 2024
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DECEMBER 2024
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PRIORITY THIS WEEK:



11 MONDAY

Veterans Day

12 TUESDAY

13 WEDNESDAY

14 THURSDAY

15 FRIDAY

16 SATURDAY

17 SUNDAY

NOVEMBER

"Nurture your mind with great thoughts, for you will never go any higher than you think." – Benjamin Disraeli

OCTOBER 2024						
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NOVEMBER 2024						
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DECEMBER 2024						
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PRIORITY THIS WEEK:



18 MONDAY

19 TUESDAY

20 WEDNESDAY

21 THURSDAY

22 FRIDAY

23 SATURDAY

24 SUNDAY

NOVEMBER

"In the confrontation between the stream and the rock, the stream always wins – not through strength but by perseverance." – H. Jackson Brown Jr.

OCTOBER 2024
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NOVEMBER 2024
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DECEMBER 2024
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29 30 31

PRIORITY THIS WEEK:



25 MONDAY

26 TUESDAY

27 WEDNESDAY

28 THURSDAY	Thanksgiving

29 FRIDAY	

30 SATURDAY	

1 SUNDAY	

DECEMBER

"There is no witness so terrible, no accuser so powerful as conscience which dwells within us." – Sophocles

NOVEMBER 2024						
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DECEMBER 2024						
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JANUARY 2025						
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PRIORITY THIS WEEK:



2 MONDAY

3 TUESDAY

4 WEDNESDAY

5 THURSDAY

6 FRIDAY

7 SATURDAY

8 SUNDAY

DECEMBER

"Without discipline, there is no life at all." – Katharine Hepburn

NOVEMBER 2024						
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DECEMBER 2024						
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JANUARY 2025						
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31						

PRIORITY THIS WEEK:



9 MONDAY

10 TUESDAY

11 WEDNESDAY

12 THURSDAY

13 FRIDAY

14 SATURDAY

15 SUNDAY

DECEMBER

"Truth is generally the best vindication
against slander." – Abraham Lincoln

NOVEMBER 2024						
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DECEMBER 2024						
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
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29	30	31				

JANUARY 2025						
S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

PRIORITY THIS WEEK:



16 MONDAY

17 TUESDAY

18 WEDNESDAY

19 THURSDAY

20 FRIDAY

21 SATURDAY

First day of winter

22 SUNDAY

DECEMBER

"Character – the willingness to accept responsibility for one's own life – is the source from which self-respect springs." – Joan Didion

NOVEMBER 2024						
S	M	T	W	T	F	S
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3	4	5	6	7	8	9
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24	25	26	27	28	29	30

DECEMBER 2024						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY 2025						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

PRIORITY THIS WEEK:



23 MONDAY

24 TUESDAY

25 WEDNESDAY

Christmas
Hanukkah begins at sundown

26 THURSDAY	<i>Kwanzaa begins</i>

27 FRIDAY	

28 SATURDAY	

29 SUNDAY	

JANUARY

"The only limit to our realization of tomorrow will be our doubts of today." – Franklin D. Roosevelt

DECEMBER 2024						
S	M	T	W	T	F	S
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22	23	24	25	26	27	28
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JANUARY 2025						
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FEBRUARY 2025						
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23	24	25	26	27	28	

PRIORITY THIS WEEK:



30 MONDAY

31 TUESDAY

1 WEDNESDAY

New Year's Day

2 THURSDAY

3 FRIDAY

4 SATURDAY

5 SUNDAY

JANUARY

"Don't be afraid to give up the good to go for the great." – John D. Rockefeller

DECEMBER 2024						
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JANUARY 2025						
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FEBRUARY 2025						
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23	24	25	26	27	28	

PRIORITY THIS WEEK:



6 MONDAY

7 TUESDAY

8 WEDNESDAY

9	THURSDAY	

10	FRIDAY	

11	SATURDAY	

12	SUNDAY	

JANUARY

"The poor man is not he who is without a cent,
but he who is without a dream." – Harry Kemp

DECEMBER 2024						
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JANUARY 2025						
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FEBRUARY 2025						
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PRIORITY THIS WEEK:



13 MONDAY

14 TUESDAY

15 WEDNESDAY

16 THURSDAY

17 FRIDAY

18 SATURDAY

19 SUNDAY

JANUARY

"Optimism is essential to achievement, and it is also the foundation of courage and of true progress." – Nicholas Murray Butler

DECEMBER 2024						
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22	23	24	25	26	27	28
29	30	31				

JANUARY 2025						
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FEBRUARY 2025						
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23	24	25	26	27	28	

PRIORITY THIS WEEK:



20 MONDAY

Martin Luther King Jr. Day

21 TUESDAY

22 WEDNESDAY

23 THURSDAY

24 FRIDAY

25 SATURDAY

26 SUNDAY

JANUARY

"Above all, challenge yourself. You may well surprise yourself at what strengths you have, what you can accomplish." – Cecile M. Springer

DECEMBER 2024						
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15	16	17	18	19	20	21
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JANUARY 2025						
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26	27	28	29	30	31	

FEBRUARY 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	

PRIORITY THIS WEEK:



27 MONDAY

28 TUESDAY

29 WEDNESDAY

Lunar New Year

30 THURSDAY

31 FRIDAY

1 SATURDAY

2 SUNDAY

Groundhog Day

FEBRUARY

"If there is to be any peace, it will come through being, not having." – Henry Miller

JANUARY 2025						
S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
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FEBRUARY 2025						
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MARCH 2025						
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23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



3 MONDAY

4 TUESDAY

5 WEDNESDAY

6	THURSDAY	

7	FRIDAY	

8	SATURDAY	

9	SUNDAY	

FEBRUARY

"Ability is what you are capable of doing.
Motivation determines what you do. Attitude
determines how well you do it." – Lou Holtz

JANUARY 2025
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

FEBRUARY 2025
S M T W T F S
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9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28

MARCH 2025
S M T W T F S
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2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

PRIORITY THIS WEEK:



10 MONDAY

11 TUESDAY

12 WEDNESDAY

Lincoln's Birthday

[illegible][illegible]

Valentine's Day

[illegible][illegible]

FEBRUARY

"Success isn't about how much money you make. It's about the difference you make in people's lives." – Michelle Obama

JANUARY 2025						
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FEBRUARY 2025						
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MARCH 2025						
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23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



17 MONDAY

Presidents' Day

18 TUESDAY

19 WEDNESDAY

20 THURSDAY	

21 FRIDAY	

22 SATURDAY	Washington's Birthday

23 SUNDAY	

FEBRUARY

"No one can make you feel inferior without your consent." – Eleanor Roosevelt

JANUARY 2025						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



24 MONDAY

25 TUESDAY

26 WEDNESDAY

27 THURSDAY

28 FRIDAY

Ramadan begins at sundown

1 SATURDAY

2 SUNDAY

MARCH

"I have found that if you love life, life will love you back." – Arthur Rubinstein

FEBRUARY 2025						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH 2025						
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30	31					

APRIL 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



3 MONDAY

4 TUESDAY

5 WEDNESDAY

Ash Wednesday

6	THURSDAY	

7	FRIDAY	

8	SATURDAY	

9	SUNDAY	Daylight saving time begins

MARCH

"Failure is only a temporary change in direction to set you straight for your next success." – Denis Waitley

FEBRUARY 2025
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 2 3 4 5 6 7 8
 9 10 11 12 13 14 15
 16 17 18 19 20 21 22
 23 24 25 26 27 28

MARCH 2025
 S M T W T F S
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 2 3 4 5 6 7 8
 9 10 11 12 13 14 15
 16 17 18 19 20 21 22
 23 24 25 26 27 28 29
 30 31

APRIL 2025
 S M T W T F S
 1 2 3 4 5
 6 7 8 9 10 11 12
 13 14 15 16 17 18 19
 20 21 22 23 24 25 26
 27 28 29 30

PRIORITY THIS WEEK:



10 MONDAY

11 TUESDAY

12 WEDNESDAY

13 THURSDAY

14 FRIDAY

15 SATURDAY

16 SUNDAY

MARCH

"The pessimist sees difficulty in every opportunity. The optimist sees opportunity in every difficulty." – Winston Churchill

FEBRUARY 2025
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9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28

MARCH 2025
S M T W T F S
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2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

APRIL 2025
S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30

PRIORITY THIS WEEK:



17 MONDAY

St. Patrick's Day

18 TUESDAY

19 WEDNESDAY

20 THURSDAY	<i>First day of spring</i>

21 FRIDAY	

22 SATURDAY	

23 SUNDAY	

MARCH

"The difficulties and struggles of today are the price we must pay for the accomplishments and victories of tomorrow." – William J.H. Boetcker

FEBRUARY 2025
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 9 10 11 12 13 14 15
 16 17 18 19 20 21 22
 23 24 25 26 27 28

MARCH 2025
 S M T W T F S
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 9 10 11 12 13 14 15
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 23 24 25 26 27 28 29
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APRIL 2025
 S M T W T F S
 1 2 3 4 5
 6 7 8 9 10 11 12
 13 14 15 16 17 18 19
 20 21 22 23 24 25 26
 27 28 29 30

PRIORITY THIS WEEK:



24 MONDAY

25 TUESDAY

26 WEDNESDAY

	27 THURSDAY	<i>Laylat al-Qadr begins at sundown</i>

	28 FRIDAY	

	29 SATURDAY	

	30 SUNDAY	<i>Eid al-Fitr begins at sundown</i>

APRIL

"The only way to discover the limits of the possible is to go beyond them into the impossible." – Arthur C. Clarke

MARCH 2025						
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30	31					

APRIL 2025						
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MAY 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



31 MONDAY

1 TUESDAY

April Fools' Day

2 WEDNESDAY

3 THURSDAY

4 FRIDAY

5 SATURDAY

6 SUNDAY

APRIL

"The ladder of success is best climbed by stepping on the rungs of opportunity." – Ayn Rand

MARCH 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2025						
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27	28	29	30			

MAY 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



7 MONDAY

8 TUESDAY

9 WEDNESDAY

10 THURSDAY

11 FRIDAY

12 SATURDAY

Passover begins at sundown

13 SUNDAY

Palm Sunday

APRIL

"Things turn out the best for the people who make the best of the way things turn out." – John Wooden

MARCH 2025						
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APRIL 2025						
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MAY 2025						
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23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



14 MONDAY

15 TUESDAY

16 WEDNESDAY

APRIL

"Failures are divided into two classes – those who thought and never did, and those who did and never thought." – John Charles Salak

MARCH 2025						
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23	24	25	26	27	28	29
30	31					

APRIL 2025						
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19	20	21	22	23	24	25
26	27	28	29	30		

MAY 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



21 MONDAY

22 TUESDAY

Earth Day

23 WEDNESDAY

24 THURSDAY

25 FRIDAY

26 SATURDAY

27 SUNDAY

APRIL

"If you think you can, you can. And if you think you can't, you're right." – Mary Kay Ash

MARCH 2025						
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30	31					

APRIL 2025						
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MAY 2025						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PRIORITY THIS WEEK:



28 MONDAY

29 TUESDAY

30 WEDNESDAY

1	THURSDAY	

2	FRIDAY	

3	SATURDAY	

4	SUNDAY	

MAY

"There is no way to peace; peace is the way." – A.J. Muste

APRIL 2025
 S M T W T F S
 1 2 3 4 5
 6 7 8 9 10 11 12
 13 14 15 16 17 18 19
 20 21 22 23 24 25 26
 27 28 29 30

MAY 2025
 S M T W T F S
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 4 5 6 7 8 9 10
 11 12 13 14 15 16 17
 18 19 20 21 22 23 24
 25 26 27 28 29 30 31

JUNE 2025
 S M T W T F S
 1 2 3 4 5 6 7
 8 9 10 11 12 13 14
 15 16 17 18 19 20 21
 22 23 24 25 26 27 28
 29 30

PRIORITY THIS WEEK:



5 MONDAY

Cinco de Mayo

6 TUESDAY

7 WEDNESDAY

8 THURSDAY

9 FRIDAY

10 SATURDAY

11 SUNDAY

Mother's Day

"Only those who dare to fail greatly can ever achieve greatly." – Robert F. Kennedy

APRIL 2025						
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27	28	29	30			

MAY 2025						
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUNE 2025						
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

PRIORITY THIS WEEK:



12 MONDAY

13 TUESDAY

14 WEDNESDAY

15 THURSDAY

16 FRIDAY

17 SATURDAY

18 SUNDAY

MAY

"One of the secrets of life is to make steppingstones out of stumbling blocks." – Jack Penn

APRIL 2025
 S M T W T F S
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 6 7 8 9 10 11 12
 13 14 15 16 17 18 19
 20 21 22 23 24 25 26
 27 28 29 30

MAY 2025
 S M T W T F S
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 4 5 6 7 8 9 10
 11 12 13 14 15 16 17
 18 19 20 21 22 23 24
 25 26 27 28 29 30 31

JUNE 2025
 S M T W T F S
 1 2 3 4 5 6 7
 8 9 10 11 12 13 14
 15 16 17 18 19 20 21
 22 23 24 25 26 27 28
 29 30

PRIORITY THIS WEEK:



19 MONDAY

20 TUESDAY

21 WEDNESDAY

22 THURSDAY

23 FRIDAY

24 SATURDAY

25 SUNDAY

MAY

"It's easy to make a buck. It's a lot tougher to make a difference." – Tom Brokaw

APRIL 2025
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 6 7 8 9 10 11 12
 13 14 15 16 17 18 19
 20 21 22 23 24 25 26
 27 28 29 30

MAY 2025
 S M T W T F S
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 4 5 6 7 8 9 10
 11 12 13 14 15 16 17
 18 19 20 21 22 23 24
 25 26 27 28 29 30 31

JUNE 2025
 S M T W T F S
 1 2 3 4 5 6 7
 8 9 10 11 12 13 14
 15 16 17 18 19 20 21
 22 23 24 25 26 27 28
 29 30

PRIORITY THIS WEEK:



26 MONDAY

Memorial Day

27 TUESDAY

28 WEDNESDAY

29 THURSDAY	

30 FRIDAY	

31 SATURDAY	

1 SUNDAY	

JUNE 2025

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
26	27	28	29
2	3	4	5
9	10	11	12
16	17	18	19Juneteenth
23	24	25	26Muharram begins at sundown
30			

FRIDAY	SATURDAY	SUNDAY	NOTES
30	31	1	
Eid al-Adha begins at sundown	6	7	8
13	Flag Day	14	Father's Day
15		15	
First day of summer	20	21	22
27	28	29	

JULY 2025

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
30	1	2	3
7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	31

FRIDAY	SATURDAY	SUNDAY	NOTES
<i>Independence Day</i> 4	5	6	
11	12	13	
18	19	20	
25	26	27	
1	2	3	

AUGUST 2025

★ GOALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
28	29	30	31
4	5	6	7
11	12	13	14
18	19	20	21
25	26	27	28

[illegible]

LANGUAGE ARTS *parts of speech*

NOUN	A WORD THAT NAMES A PERSON, PLACE, THING, QUALITY, ACT, OR FEELING.
-------------	---

Common nouns are general and do not refer to a specific person, location, or object.

→ *Examples:* man, city, tonight, honesty, happiness

Proper nouns are capitalized and refer to a particular person, place, or thing.

→ *Examples:* Reggie, Market Square Arena, Saturday

PRONOUN	A WORD THAT TAKES THE PLACE OF A NOUN.
----------------	--

Nominative Case Pronouns replace the subject of a sentence or clause.

→ *Examples:* *She* took the bus to visit Aunt Jane.

We are looking forward to visiting Oregon.

Objective Case Pronouns receive a verb's action or follow a preposition.

→ *Examples:* Please give *me* the papers.

Timothy's outstanding service earned *him* the award.

Possessive Case Pronouns show ownership or possession.

→ *Examples:* The cougar escaped from *its* cage.

Their car slid off the icy road.

VERB	A WORD THAT EXPRESSES ACTION OR A STATE OF BEING. IT ALSO INDICATES THE TIME OF ACTION OR STATE OF BEING. A VERB HAS DIFFERENT FORMS DEPENDING ON ITS NUMBER, PERSON, VOICE, TENSE, AND MOOD.
-------------	---

Number indicates whether a verb is singular or plural.

The verb and its subject must agree in number.

→ *Examples:* One dog barks. Two dogs bark.

Person indicates whether the subject of the verb is 1st, 2nd, or 3rd person and whether the subject is singular or plural.

Verbs usually have a different form only in *third person singular of the present tense*.

→ <i>Examples:</i>	<i>Singular</i>	<i>Plural</i>
1 st Person:	I stop.	We stop.
2 nd Person:	You stop.	You stop.
3 rd Person:	He/She/It stops.	They stop.

Voice indicates whether the subject is the doer or the receiver of the action verb.

→ *Examples:* Cathy wrote the letter. (active voice)

The letter was written by Cathy. (passive voice)

Tense indicates when the action or state of being is taking place.

→ *Examples:* We *need* the information now. (present)

Reggie *shot* the ball. (past)

You *will enjoy* the school play. (future)

ADVERB	A WORD THAT DESCRIBES OR MODIFIES A VERB, AN ADJECTIVE, OR ANOTHER ADVERB. AN ADVERB TELLS HOW, WHEN, WHERE, WHY, HOW OFTEN, AND HOW MUCH.
---------------	--

→ *Examples:* The ball rolled *slowly* around the rim.

Soccer scores are reported *daily* in the newspaper.

ADJECTIVE	A WORD THAT DESCRIBES OR MODIFIES NOUNS AND PRONOUNS. ADJECTIVES SPECIFY COLOR, SIZE, NUMBER, AND THE LIKE.
------------------	---

→ *Examples:* red, large, three, gigantic, miniature

Adjectives have three forms: **positive**, **comparative**, and **superlative**.

The **positive** form describes a noun or pronoun without comparing it to anything else.

→ *Example:* My apple pie is *good*.

The **comparative** form compares two things.

→ *Example:* Aunt Betty's apple pie is *better* than mine.

The **superlative** form compares three or more things.

Example: Mom's apple pie is the *best* of all!

PREPOSITION	A WORD (OR GROUP OF WORDS) THAT SHOWS HOW A NOUN OR PRONOUN RELATES TO ANOTHER WORD IN A SENTENCE.
--------------------	--

→ *Examples:* The man walked *into* the gym.

The horse leaped *over* the fence.

Their team won the meet *in spite of* several players being injured.

CONJUNCTION	A WORD THAT CONNECTS INDIVIDUAL WORDS OR GROUPS OF WORDS.
--------------------	---

Coordinating conjunctions connect a word to a word, a clause to a clause, or a phrase to a phrase. The sentence elements joined by a coordinating conjunction must be equal. Common coordinating conjunctions are: *and*, *but*, *or*, *nor*, *for*, *yet*, *so*.

Coordinating conjunctions used in pairs are called **correlative conjunctions**. Common correlative conjunctions are: *either*, *or*; *neither*, *nor*; *not only*, *but also*; *both*, *and*; *whether*, *or*.

→ *Examples:* *Both* raccoons *and* squirrels frequently invade our bird feeders.

Neither Mary Ann *nor* Julie will be able to go with you.

Subordinating conjunctions connect and show the relationship between two clauses that are not equally important. Common subordinate conjunctions are: *until*, *unless*, *since*, *where*, *before*, *as*, *if*, *when*, *although*, *after*, *because*, *while*, *as long as*, *as if*, *though*, *whereas*.

→ *Examples:* *Until* you decide to study, your grades won't improve.

If I hadn't already made plans, I would have enjoyed going to the mall with you.

INTERJECTION	A WORD THAT IS USED IN A SENTENCE TO COMMUNICATE STRONG EMOTION OR SURPRISE. PUNCTUATION IS USED TO SEPARATE AN INTERJECTION FROM THE REST OF THE SENTENCE.
---------------------	---

→ *Examples:* *Hooray!* We finally scored a touchdown.

Oh, no! I forgot the picnic basket.

Yes! Her gymnastic routine was perfect.

Ah, we finally get to stop and rest.

LANGUAGE ARTS *sentence structure & spelling rules*

SENTENCE STRUCTURE

A **complete sentence** must express a complete thought and must have a subject and a verb.

→ *Example:* He lost the game.

A **sentence fragment** results from a *missing* subject, verb or complete thought.

→ *Example:* Because he was lost.



THERE ARE FOUR TYPES OF SENTENCES: SIMPLE, COMPOUND, COMPLEX, OR COMPOUND-COMPLEX

1

A **simple sentence** consists of one main clause. It expresses one main thought and has one subject and one verb. A simple sentence may contain a compound subject, a compound verb, or both.

→ *Examples:* We enjoyed the concert.

Amy and Scott were married yesterday. (compound subject: Amy and Scott)

Ben is leaving work and going home. (compound verb: leaving and going)

2

A **compound sentence** contains two or more main clauses (in *italics*) connected by a conjunction, a semicolon, or a comma with a conjunction.

→ *Examples:* *Collecting fossils is fun*, but *I think identifying fossils is difficult*. (conjunction)

Andy's suit looks new; *it just got back from the cleaners*. (semicolon)

Erin came home for Easter, and *Courtney went to Florida*. (comma/conjunction)

3

A **complex sentence** has one main clause (in *italics*) and one or more subordinate clauses (underlined).

→ *Examples:* *Dad says* that good grades are the result of diligent studying. (main clause, one independent clause)

Diligent studying is difficult, because I have to work several hours before I can start studying. (main clause, two dependent clauses)

4

A **compound-complex sentence** has two or more main clauses (in *italics*) and one or more subordinate clauses (underlined).

→ *Examples:* Because the school bus broke down, *the team rode in a van*, and *the cheerleaders rode in cars*.

Unless my eyes are deceiving me, *Kristi is on that runaway horse*, and *Dale is behind her*.

SPELLING RULES

Write *i* before *e* except after *c*, or when sounded like *a* as in *weigh* and *eight*.

→ *Exceptions:* seize, weird, either, leisure, neither

When the *ie/ei* combination is not pronounced *ee*, it is usually spelled *ei*.

→ *Examples:* reign, weigh, neighbor

→ *Exceptions:* friend, view, mischief, fiery

When a multi-syllable word ends in a consonant preceded by one vowel, the accent is on the last syllable and the suffix begins with a vowel — the same rule holds true when you double the final consonant.

→ *Examples:* prefer = preferred | allot = allotted | control = controlling

If a word ends with a silent *e*, drop the *e* before adding a suffix that begins with a vowel.

→ *Examples:* use = using | like = liking | state = stating | love = loving

When the suffix begins with a consonant, do not drop the *e*.

→ *Examples:* use = useful | state = statement | nine = ninety

→ *Exceptions:* argument, judgment, truly, ninth

When *y* is the last letter in a word and the *y* is preceded by a consonant, change the *y* to *i* before adding any suffix except those beginning with *i*.

→ *Examples:* lady = ladies | try = tries | happy = happiness | ply = pliable | fly = flying

LANGUAGE ARTS *the writing process*

WRITING VARIABLES

BEFORE BEGINNING ANY ASSIGNMENT, IT WILL HELP YOU TO FOCUS AND REMAIN CONSISTENT IN STYLE IF YOU CONSIDER THE FOLLOWING VARIABLES.

Audience

For whom am I writing? A letter written to your ten-year-old sister will be much different in vocabulary, subject, content, format, and sentence complexity than one written to your senator.

Topic

About what subject should I write? If possible, choose a subject that interests you. Research your subject well.

Purpose

Why am I writing? Have a clear purpose in mind before starting your paper. Are you writing to entertain, instruct, inform, or persuade? Keeping your purpose in mind as you write will result in a paper that is focused and consistent.

Voice

What point of view or “voice” will I use? Writers sometimes write from the point of view of another person rather than from their own point of view. This can add variety and help you see your subject in a new way. Make sure your “voice” remains consistent.

Format

What form will my writing take? Different forms of writing, such as letters, diaries, reports, essays, research papers, etc., have specific requirements. Decide on the form your writing will take, and then make sure you know the requirements for that form of writing.

PLANNING AND WRITING AN ESSAY OR COMPOSITION

- {1} Select a general subject area that interests you.
- {2} Make a list of your thoughts and ideas about the subject.
- {3} Use your list to help focus on a specific topic within the subject area.
- {4} Decide what you want to say about the topic, and write an introductory statement that reflects this purpose.
- {5} Make a list of details to support your statement.
- {6} Arrange the list of details into an outline.
- {7} Do any reading and research necessary to provide additional support for specific areas of your outline. Keep a careful list of all of your sources for your bibliography.
- {8} Write a first draft.
- {9} Revise your first draft, making sure that:
 - {a} The introduction includes a clear statement of purpose.
 - {b} Each paragraph begins with some link to the preceding paragraph.
 - {c} Every statement is supported or illustrated.
 - {d} The concluding paragraph ties all of the important points together, leaving the reader with a clear understanding of the meaning of the essay or composition.
 - {e} Words are used and spelled correctly.
 - {f} Punctuation is correct.
- {10} Read your revised paper aloud to check how it sounds.
- {11} Proofread your revised paper two times: once for spelling, punctuation, and word usage, and again for meaning and effectiveness.



SCIENCE *Periodic table of the elements*

GROUP	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	IA	IIA	IIIB	IVB	VB	VIB	VII	VIII	VIII	VIII	IB	IIB	IIIA	IVA	VA	VIA	VIIA	VIIIA
1	H hydrogen 1.008																	He helium 4.003
2	Li lithium 6.941(2)	Be beryllium 9.012															F fluorine 19.00	Ne neon 20.18
3	Na sodium 22.99	Mg magnesium 24.31															Cl chlorine 35.45	Ar argon 39.95
4	K potassium 39.10	Ca calcium 40.08	Sc scandium 44.96	Ti titanium 47.87	V vanadium 50.94	Cr chromium 52.00	Mn manganese 54.94	Fe iron 55.85	Co cobalt 58.93	Ni nickel 58.69	Cu copper 63.55	Zn zinc 65.38(2)	Ga gallium 69.72	Ge germanium 72.63	As arsenic 74.92	Se selenium 78.97	Br bromine 79.90	Kr krypton 83.80
5	Rb rubidium 85.47	Sr strontium 87.62	Y yttrium 88.91	Zr zirconium 91.22	Nb niobium 92.91	Mo molybdenum 95.95	Tc technetium (97)	Ru ruthenium 101.1	Rh rhodium 102.9	Pd palladium 106.4	Ag silver 107.9	Cd cadmium 112.4	In indium 114.8	Sn tin 118.7	Sb antimony 121.8	Te tellurium 127.6	I iodine 126.9	Xe xenon 131.3
6	Cs cesium 132.9	Ba barium 137.3	Lanthanoids					Re rhenium 186.2	Os osmium 190.2	Ir iridium 192.2	Au gold 197.0	Hg mercury 200.6	Tl thallium 204.4	Pb lead 207.2	Bi bismuth 209.0	Po polonium (209)	At astatine (210)	Rn radon (222)
7	Fr francium (223)	Ra radium (226)	Actinoids					Bh bohrium (270)	Hs hassium (269)	Mt meitnerium (277)	Ds darmstadtium (281)	Cn copernicium (285)	Nh nihonium (286)	Fl flerovium (289)	Mc moscovium (290)	Lv livermorium (293)	Ts tennessine (294)	Og oganeson (294)

57	La lanthanum 138.90547	58	Ce cerium 140.116	59	Pr praseodymium 140.907	60	Nd neodymium 144.242	61	Pm promethium (145)	62	Sm samarium 150.36	63	Eu europium 151.964	64	Gd gadolinium 157.25	65	Tb terbium 158.92535	66	Dy dysprosium 162.500	67	Ho holmium 164.93033	68	Er erbium 167.259	69	Tm thulium 168.93422	70	Yb ytterbium 173.054	71	Lu lutetium 174.9668
89	Ac actinium (227)	90	Th thorium 232.0377	91	Pa protactinium 231.03688	92	U uranium 238.02891	93	Np neptunium (237)	94	Pu plutonium (244)	95	Am americium (243)	96	Cm curium (247)	97	Bk berkelium (247)	98	Cf californium (251)	99	Es einsteinium (252)	100	Fm fermium (257)	101	Md mendelevium (258)	102	No nobelium (259)	103	Lr lawrencium (262)

Source: The International Union of Pure and Applied Chemistry (IUPAC), Encyclopaedia Britannica, and others.

* IUPAC conventional atomic weights; standard atomic weights are given in parentheses for elements expressed in intervals; see IUPAC for an explanation and values. ** Numbering system adopted by IUPAC. *** Numbering system widely used from the mid-20th century.
() indicates the mass number of the longest-lived isotope.

Updated 9.2022

SCIENCE *physics laws & formulas*

Mass Density

$$\text{mass density} = \frac{\text{mass}}{\text{volume}}$$

Speed

$$\text{average speed} = \frac{\text{distance covered}}{\text{elapsed time}}$$

Acceleration

$$a = \frac{\Delta v}{\Delta t} \quad \text{or} \quad \frac{v_F - v_I}{t_F - t_I}$$

(a=average acceleration; v=velocity; t=time; v_F =final velocity; v_I =initial velocity; t_F =final time; t_I =initial time)

Law of Universal Gravitation

$$F = G \frac{m_1 m_2}{d^2}$$

(F=force of attraction; m_1 and m_2 =the masses of the two bodies; d=distance between the centers of m_1 and m_2 ; G=gravitational constant)

Work Done by a Force

$$\text{work} = (\text{force})(\text{distance})$$

Power

$$\text{power} = \frac{\text{work}}{\text{time}} \quad (\text{see above formula for work})$$

Kinetic Energy

$$KE = \frac{mv^2}{2}$$

(KE=kinetic energy; m=mass; v=velocity)

Specific Heat

$$Q = cm\Delta t$$

(Q=quantity of heat; c=specific heat; m=mass; Δt =change in temperature)

Electric Current - Strength

$$I = \frac{Q}{t}$$

(I=the current strength; Q=quantity of charge; t=time)

Momentum

$$\text{momentum} = (\text{mass})(\text{velocity})$$

Mass-Energy Equivalence

$$E = mc^2$$

(E=the energy [measured in ergs] equivalent to a mass m [measured in grams]; c=speed of light [measured in centimeters per second])

Power Expended in an Electric Appliance

$$P = IV$$

(P=power in watts; I=current; V=voltage)

Newton's Second Law of Motion

$$\text{force} = (\text{mass})(\text{acceleration})$$

Torque

$$T = FR$$

(T=torque; F=force; R=radius)

Boyle's Law when temperature constant:

$$p_1 V_1 = p_2 V_2$$

(p_1 =original pressure; p_2 =new pressure; V_1 =original volume; V_2 =new volume)

Wave Motion

$$V = n\lambda$$

(V=wave velocity; n=wave frequency; λ =wavelength)

Illumination on a Surface Perpendicular to the Luminous Flux

$$E = \frac{I}{r^2}$$

(E=illumination; I=intensity of the source; r=distance from source to surface perpendicular to the beam)

Focal Length of Mirrors and Lenses

$$\frac{1}{f} = \frac{1}{d_o} + \frac{1}{d_i}$$

(f=focal length; d_o =object distance; d_i =image distance)

Images in Mirrors and Lenses

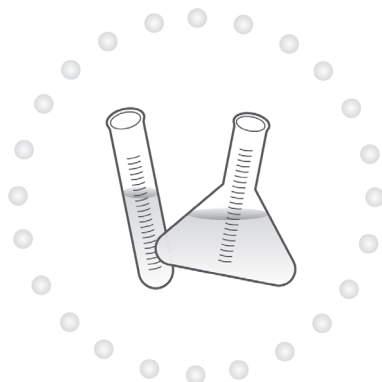
$$\frac{h_i}{h_o} = \frac{d_i}{d_o}$$

(h_i =image height; h_o =object height; d_i =image distance; d_o =object distance)

Ohm's Law

$$I = \frac{V}{R}$$

(I=strength of the current flowing in a conductor; V=the potential difference applied to its ends; R=its resistance)



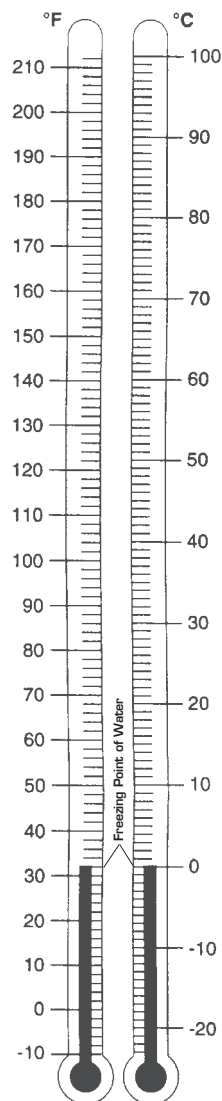
SCIENCE *unit conversions*

ENGLISH TO METRIC CONVERSIONS

<i>To Convert→</i>	<i>Multiply By→</i>	<i>To Find→</i>
AREA		
square inches	6.45	square centimeters
square feet	0.09	square meters
square miles	2.59	square kilometers
acres	0.40	hectares
LENGTH		
inches	2.54	centimeters
feet	0.30	meters
yards	0.91	meters
miles	1.61	kilometers
MASS AND WEIGHT		
ounces	28.5	grams
pounds	0.45	kilograms
pounds-force	4.45	newtons
short tons	0.91	metric tons
VOLUME		
cubic inches	16.39	cubic centimeters
cubic feet	0.03	cubic meters
quarts	0.95	liters
gallons	3.79	liters

METRIC TO ENGLISH CONVERSIONS

<i>To Convert→</i>	<i>Multiply By→</i>	<i>To Find→</i>
AREA		
square centimeters	0.16	square inches
square meters	10.76	square feet
square kilometers	0.39	square miles
hectares	2.47	acres
LENGTH		
centimeters	0.39	inches
meters	3.28	feet
meters	1.09	yards
kilometers	0.62	miles
MASS AND WEIGHT		
grams	0.04	ounces
kilograms	2.20	pounds
metric tons	1.10	short tons
newtons	0.23	pound force
VOLUME		
cubic centimeters	0.06	cubic inches
cubic meters	35.31	cubic feet
liters	1.06	quarts
liters	0.26	gallons



TEMPERATURE

Fahrenheit to Celsius:
 subtract 32,
 then multiply by 5
 and divide by 9.

Celsius to Fahrenheit:
 multiply by 9,
 divide by 5,
 then add 32.

SCIENCE *weights & measures & formulas*

WEIGHTS AND MEASURES

ENGLISH

Area

1 square foot (ft ²)	144 square inches (in ²)
1 square yard (yd ²)	9 square feet
1 acre	43,560 square feet
1 square mile (mi ²)	640 acres

Capacity

1 cup (c)	8 fluid ounces (fl oz)
1 pint (pt)	2 cups
1 quart (qt)	2 pints
1 quart	4 cups
1 gallon (gal)	4 quarts

Length

1 foot (ft)	12 inches (in)
1 yard (yd)	36 inches
1 yard	3 feet
1 mile (mi)	5,280 feet
1 mile	1,760 yards

Time

1 minute (min)	60 seconds (s)
1 hour (h)	60 minutes
1 day (d)	24 hours
1 week (wk)	7 days
1 year (yr)	12 months (mo)
1 year	52 weeks
1 year	365 days
1 century (c)	100 years

Weight

1 pound (lb)	16 ounces (oz)
1 short ton (T)	2,000 pounds

FORMULAS

Perimeter of a rectangle	$P = 2(l + w)$
Perimeter of a square	$P = 4s$
Perimeter of a regular polygon	$P = ns$ (n = number of sides)
Area of a rectangle	$A = lw$
Area of a square	$A = s^2$
Area of a parallelogram	$A = bh$
Area of a triangle	$A = \frac{1}{2}bh$
Area of a trapezoid	$A = \frac{1}{2}h(b_1 + b_2)$
Area of a circle	$A = \pi r^2$
Circumference of a circle	$C = \pi d$, or $2\pi r$
Volume of a rectangular prism	$V = lwh$
Volume of any prism	$V = Bh$
Volume of a cylinder	$V = \pi r^2 h$
Volume of a pyramid	$V = \frac{1}{3}Bh$
Volume of a cone	$V = \frac{1}{3}\pi r^2 h$
Surface area of a cylinder	$SA = 2\pi r^2 + 2\pi rh$
Pythagorean Theorem	$a^2 + b^2 = c^2$ (sides of a right triangle)

Simple interest	$I = prt$
Distance	$d = rt$

METRIC

Area

1 sq centimeter (cm ²)	100 sq millimeters (mm ²)
1 sq meter (m ²)	10,000 sq centimeters
1 hectare (ha)	10,000 square meters
1 sq kilometer (km ²)	1,000,000 sq meters

Capacity

1 milliliter (ml)	.001 liter (L)
1 centiliter (cl)	.01 liter
1 deciliter (dl)	.1 liter
1 dekaliter (dal)	10 liters
1 hectoliter (hl)	100 liters
1 kiloliter (kl)	1,000 liters

Length

1 millimeter (mm)	.001 meter (m)
1 centimeter (cm)	.01 meter
1 decimeter (dm)	.1 meter
1 dekameter (dam)	10 meters
1 hectometer (hm)	100 meters
1 kilometer (km)	1,000 meters

Mass/Weight

1 milligram (mg)	.001 gram (g)
1 centigram (cg)	.01 gram
1 decigram (dg)	.1 gram
1 dekagram (dag)	10 grams
1 hectogram (hg)	100 grams
1 kilogram (kg)	1,000 grams
1 metric ton (t)	1,000 kilograms

FORMULA KEY

A	= area
b	= base, length of any side of a plane figure
B	= area of base
d	= diameter
h	= height, perpendicular distance from the furthest point of the figure to the extended base
l	= length
P	= perimeter
r	= radius
s	= side
sa	= surface area
V	= volume
w	= width

I	= interest, p = principal, r = rate, t = time
d	= distance, r = rate, t = time

MATHEMATICS *squares & square roots*

SQUARES & SQUARE ROOTS

N	N ²	\sqrt{N}
1	1	1.00
2	4	1.41
3	9	1.73
4	16	2.00
5	25	2.24
6	36	2.45
7	49	2.65
8	64	2.83
9	81	3.00
10	100	3.16
11	121	3.32
12	144	3.46
13	169	3.61
14	196	3.74
15	225	3.87
16	256	4.00
17	289	4.12
18	324	4.24
19	361	4.36
20	400	4.47
21	441	4.58
22	484	4.69
23	529	4.80
24	576	4.90
25	625	5.00
26	676	5.10
27	729	5.20
28	784	5.29
29	841	5.39
30	900	5.48
31	961	5.57
32	1,024	5.66
33	1,089	5.74
34	1,156	5.83
35	1,225	5.92
36	1,296	6.00
37	1,369	6.08
38	1,444	6.16
39	1,521	6.24
40	1,600	6.32
41	1,681	6.40
42	1,764	6.48
43	1,849	6.56
44	1,936	6.63
45	2,025	6.71
46	2,116	6.78
47	2,209	6.86
48	2,304	6.93
49	2,401	7.00
50	2,500	7.07

N	N ²	\sqrt{N}
51	2,601	7.14
52	2,704	7.21
53	2,809	7.28
54	2,916	7.35
55	3,025	7.42
56	3,136	7.48
57	3,249	7.55
58	3,364	7.62
59	3,481	7.68
60	3,600	7.75
61	3,721	7.81
62	3,844	7.87
63	3,969	7.94
64	4,096	8.00
65	4,225	8.06
66	4,356	8.12
67	4,489	8.19
68	4,624	8.25
69	4,761	8.31
70	4,900	8.37
71	5,041	8.43
72	5,184	8.49
73	5,329	8.54
74	5,476	8.60
75	5,625	8.66
76	5,776	8.72
77	5,929	8.77
78	6,084	8.83
79	6,241	8.89
80	6,400	8.94
81	6,561	9.00
82	6,724	9.06
83	6,889	9.11
84	7,056	9.17
85	7,225	9.22
86	7,396	9.27
87	7,569	9.33
88	7,744	9.38
89	7,921	9.43
90	8,100	9.49
91	8,281	9.54
92	8,464	9.59
93	8,649	9.64
94	8,836	9.70
95	9,025	9.75
96	9,216	9.80
97	9,409	9.85
98	9,604	9.90
99	9,801	9.95
100	10,000	10.00

N	N ²	\sqrt{N}
101	10,201	10.05
102	10,404	10.10
103	10,609	10.15
104	10,816	10.20
105	11,025	10.25
106	11,236	10.30
107	11,449	10.34
108	11,664	10.39
109	11,881	10.44
110	12,100	10.49
111	12,321	10.54
112	12,544	10.58
113	12,769	10.63
114	12,996	10.68
115	13,225	10.72
116	13,456	10.77
117	13,689	10.82
118	13,924	10.86
119	14,161	10.91
120	14,400	10.95
121	14,641	11.00
122	14,884	11.05
123	15,129	11.09
124	15,376	11.14
125	15,625	11.18
126	15,876	11.22
127	16,129	11.27
128	16,384	11.31
129	16,641	11.36
130	16,900	11.40
131	17,161	11.45
132	17,424	11.49
133	17,689	11.53
134	17,956	11.58
135	18,225	11.62
136	18,496	11.66
137	18,769	11.70
138	19,044	11.75
139	19,321	11.79
140	19,600	11.83
141	19,881	11.87
142	20,164	11.92
143	20,449	11.96
144	20,736	12.00
145	21,025	12.04
146	21,316	12.08
147	21,609	12.12
148	21,904	12.17
149	22,201	12.21
150	22,500	12.25

MATHEMATICS *fractions & percentages & multiplication table*

FRACTIONS AND PERCENTAGES

1	=	1.0	=	100%
3/4	=	0.75	=	75%
2/3	=	0.667	=	66.7%
1/2	=	0.5	=	50%
1/3	=	0.333	=	33.3%
1/4	=	0.25	=	25%
1/5	=	0.2	=	20%
1/6	=	0.167	=	16.7%
1/7	=	0.142	=	14.2%
1/8	=	0.125	=	12.5%
1/9	=	0.111	=	11.1%
1/10	=	0.1	=	10%
1/11	=	0.091	=	9.1%
1/12	=	0.083	=	8.3%

WORKING WITH FRACTIONS

The top number of a fraction is called the **numerator**.

The bottom number of a fraction is called the **denominator**.



To multiply:

$$\frac{1}{2} \times \frac{3}{4} = \frac{1 \times 3}{2 \times 4} = \frac{3}{8}$$

To divide, multiply the first fraction with the reciprocal of the other:

$$\frac{2}{3} \div \frac{1}{6} = \frac{2}{3} \times \frac{6}{1} = \frac{12}{3} = 4$$

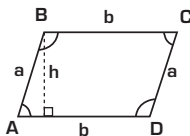
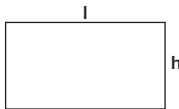
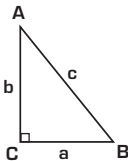
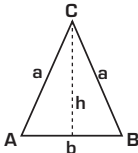
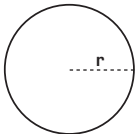
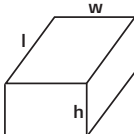
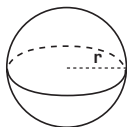
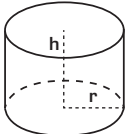
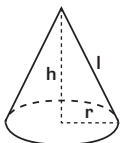

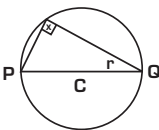
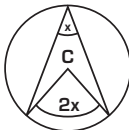
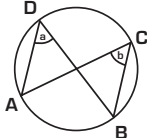
To add or subtract, first find the common denominator:

$$\frac{1}{3} + \frac{2}{5} = \frac{(1 \times 5)}{3 \times 5} + \frac{(2 \times 3)}{5 \times 3} = \frac{5}{15} + \frac{6}{15} = \frac{11}{15}$$

MULTIPLICATION TABLE

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
2	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	40
3	3	6	9	12	15	18	21	24	27	30	33	36	39	42	45	48	51	54	57	60
4	4	8	12	16	20	24	28	32	36	40	44	48	52	56	60	64	68	72	76	80
5	5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90	95	100
6	6	12	18	24	30	36	42	48	54	60	66	72	78	84	90	96	102	108	114	120
7	7	14	21	28	35	42	49	56	63	70	77	84	91	98	105	112	119	126	133	140
8	8	16	24	32	40	48	56	64	72	80	88	96	104	112	120	128	136	144	152	160
9	9	18	27	36	45	54	63	72	81	90	99	108	117	126	135	144	153	162	171	180
10	10	20	30	40	50	60	70	80	90	100	110	120	130	140	150	160	170	180	190	200
11	11	22	33	44	55	66	77	88	99	110	121	132	143	154	165	176	187	198	209	220
12	12	24	36	48	60	72	84	96	108	120	132	144	156	168	180	192	204	216	228	240
13	13	26	39	52	65	78	91	104	117	130	143	156	169	182	195	208	221	234	247	260
14	14	28	42	56	70	84	98	112	126	140	154	168	182	196	210	224	238	252	266	280
15	15	30	45	60	75	90	105	120	135	150	165	180	195	210	225	240	255	270	285	300
16	16	32	48	64	80	96	112	128	144	160	176	192	208	224	240	256	272	288	304	320
17	17	34	51	68	85	102	119	136	153	170	187	204	221	238	255	272	289	306	323	340
18	18	36	54	72	90	108	126	144	162	180	198	216	234	252	270	288	306	324	342	360
19	19	38	57	76	95	114	133	152	171	190	209	228	247	266	285	304	323	342	361	380
20	20	40	60	80	100	120	140	160	180	200	220	240	260	280	300	320	340	360	380	400

MATHEMATICS *area & volume*

<div>PARALLELOGRAM</div> <div></div> <div>Area of ABCD = bh</div>	<div>RECTANGLE</div> <div></div> <div>Perimeter = $2(l + h)$ Area = $l \times h$</div>	<div>RIGHT TRIANGLE</div> <div></div> <div>Area = $ab/2$ $c^2 = a^2 + b^2$ (Pythagorean Theorem)</div>			
<div>ISOSCELES TRIANGLE</div> <div></div> <div>Area = $bh/2$</div>	<div>CIRCLE</div> <div></div> <div>Circumference of a circle = $2\pi r$ Area of a circle = πr^2</div>	<div>RECTANGULAR PRISM</div> <div></div> <div>Surface area of a prism = $2(wl + lh + wh)$ Volume of a prism = $l \times w \times h$</div>			
<div>SPHERE</div> <div></div> <div>Surface area of a sphere = $4\pi r^2$ Volume of a sphere = $4\pi r^3/3$</div>	<div>CYLINDER</div> <div></div> <div>Surface area of a cylinder = $2\pi rh + 2\pi r^2$ Volume of a cylinder = $\pi r^2 h$</div>	<div>CONE</div> <div></div> <div>Surface area of a cone = $\pi r l + \pi r^2$ (l=slant height) Volume of a cone = $\pi r^2 h/3$</div>	<div>PYRAMID</div> <div></div> <div>Surface area of a pyramid = $B + \text{Lateral Area}$ (Lateral area= sum of triangular faces) Volume of a pyramid = $Bh/3$ (B = area of base)</div>		
<div>CIRCLE THEOREMS</div> <div></div> <div>$\angle x = 90^\circ$ (PQ is the diameter)</div>				<div></div> <div>C is the center of the circle</div>	<div></div> <div>$\angle a = \angle b$ (Both angles intercept arc AB)</div>

MATHEMATICS *trigonometry*

TRIGONOMETRIC RATIOS

$$\begin{aligned}\sin(A+B) &= \sin A \cos B + \cos A \sin B \\ \sin(A-B) &= \sin A \cos B - \cos A \sin B \\ \cos(A+B) &= \cos A \cos B - \sin A \sin B \\ \cos(A-B) &= \cos A \cos B + \sin A \sin B\end{aligned}$$

$$\tan(A+B) = \frac{\tan A + \tan B}{1 - \tan A \tan B}$$

$$\tan(A-B) = \frac{\tan A - \tan B}{1 + \tan A \tan B}$$

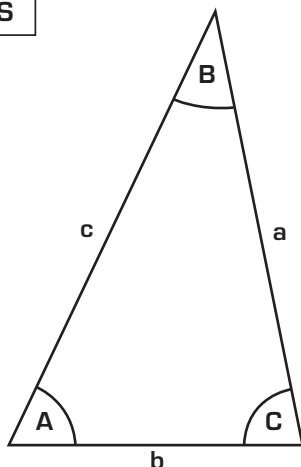
$$\tan \theta = \frac{\sin \theta}{\cos \theta}$$

$$\sin^2 \theta + \cos^2 \theta = 1$$

$$\cos^2 \theta - \sin^2 \theta = \cos 2\theta$$

$$\tan^2 \theta + 1 = \sec^2 \theta$$

$$\cot^2 \theta + 1 = \csc^2 \theta$$



TRIGONOMETRIC RATIOS

Law of Sines

$$\frac{a}{\sin A} = \frac{b}{\sin B} = \frac{c}{\sin C}$$

Law of Cosines

$$a^2 = b^2 + c^2 - 2bc(\cos A)$$

$$b^2 = a^2 + c^2 - 2ac(\cos B)$$

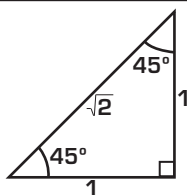
$$c^2 = a^2 + b^2 - 2ab(\cos C)$$

Law of Tangents

$$\frac{a-b}{a+b} = \frac{\tan 1/2(A-B)}{\tan 1/2(A+B)}$$

$$\frac{b-c}{b+c} = \frac{\tan 1/2(B-C)}{\tan 1/2(B+C)}$$

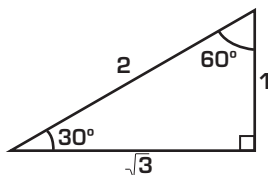
$$\frac{c-a}{c+a} = \frac{\tan 1/2(C-A)}{\tan 1/2(C+A)}$$



$$\sin 45^\circ = \frac{1}{\sqrt{2}}$$

$$\cos 45^\circ = \frac{1}{\sqrt{2}}$$

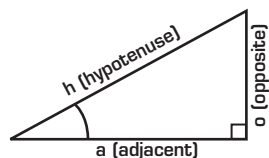
$$\tan 45^\circ = 1$$



$$\sin 30^\circ = \frac{1}{2} \quad \sin 60^\circ = \frac{\sqrt{3}}{2}$$

$$\cos 30^\circ = \frac{\sqrt{3}}{2} \quad \cos 60^\circ = \frac{1}{2}$$

$$\tan 30^\circ = \frac{1}{\sqrt{3}} \quad \tan 60^\circ = \sqrt{3}$$



$$\sin \theta = \frac{o \text{ (opposite)}}{h \text{ (hypotenuse)}} = \frac{1}{\csc \theta}$$

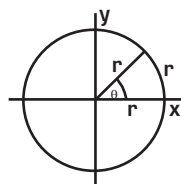
$$\cos \theta = \frac{a \text{ (adjacent)}}{h \text{ (hypotenuse)}} = \frac{1}{\sec \theta}$$

$$\tan \theta = \frac{o \text{ (opposite)}}{a \text{ (adjacent)}} = \frac{1}{\cot \theta}$$

VALUES OF TRIGONOMETRIC RATIOS

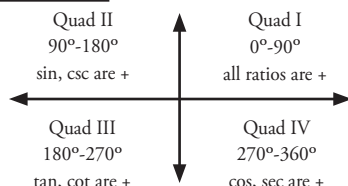
θ	0	$\pi/2$	π	$3\pi/2$	2π
$\sin \theta$	0	1	0	-1	0
$\cos \theta$	1	0	-1	0	1
$\tan \theta$ (\sin/\cos)	0	∞	0	$-\infty$	0
$\sec \theta$ ($1/\cos$)	1	∞	-1	∞	1
$\csc \theta$ ($1/\sin$)	∞	1	∞	-1	∞
$\cot \theta$ ($1/\tan$)	∞	0	$-\infty$	0	∞

note: ∞ denotes undefined or infinite



$$\begin{aligned}\theta &= 1 \text{ radian} \\ \pi \text{ radians} &= 180^\circ \\ 2\pi \text{ radians} &= 360^\circ\end{aligned}$$

QUADRANTS



CIVICS *Bill of Rights*

AMENDMENT I

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

AMENDMENT II

A well regulated militia, being necessary to the security of a free state, the right of the people to keep and bear arms, shall not be infringed.

AMENDMENT III

No soldier shall, in time of peace be quartered in any house, without the consent of the owner, nor in time of war, but in a manner to be prescribed by law.

AMENDMENT IV

The right of the people to be secure in their persons, houses, papers and effects, against unreasonable searches and seizures, shall not be violated, and no warrants shall issue, but upon probable cause, supported by oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.

AMENDMENT V

No person shall be held to answer for a capital, or otherwise infamous crime, unless on a presentment or indictment of a grand jury, except in cases arising in the land or naval forces, or in the militia, when in actual service in time of war or public danger; nor shall any person be subject for the same offense to be twice put in jeopardy of life or limb; nor shall be compelled in any criminal case to be a witness against himself, nor be deprived of life, liberty, or property, without due process of law; nor shall private property be taken for public use, without just compensation.

AMENDMENT VI

In all criminal prosecutions, the accused shall enjoy the right to a speedy and public trial, by an impartial jury of the state and district wherein the crime shall have been committed, which district shall have been previously ascertained by law, and to be informed of the nature and cause of the accusation; to be confronted with the witnesses against him; to have compulsory process for obtaining witnesses in his favor, and to have the assistance of counsel for his defense.

AMENDMENT VII

In suits at common law, where the value in controversy shall exceed twenty dollars, the right of trial by jury shall be preserved, and no fact tried by a jury, shall be otherwise re-examined in any court of the United States, than according to the rules of the common law.

AMENDMENT VIII

Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted.

AMENDMENT IX

The enumeration in the Constitution, of certain rights, shall not be construed to deny or disparage others retained by the people.

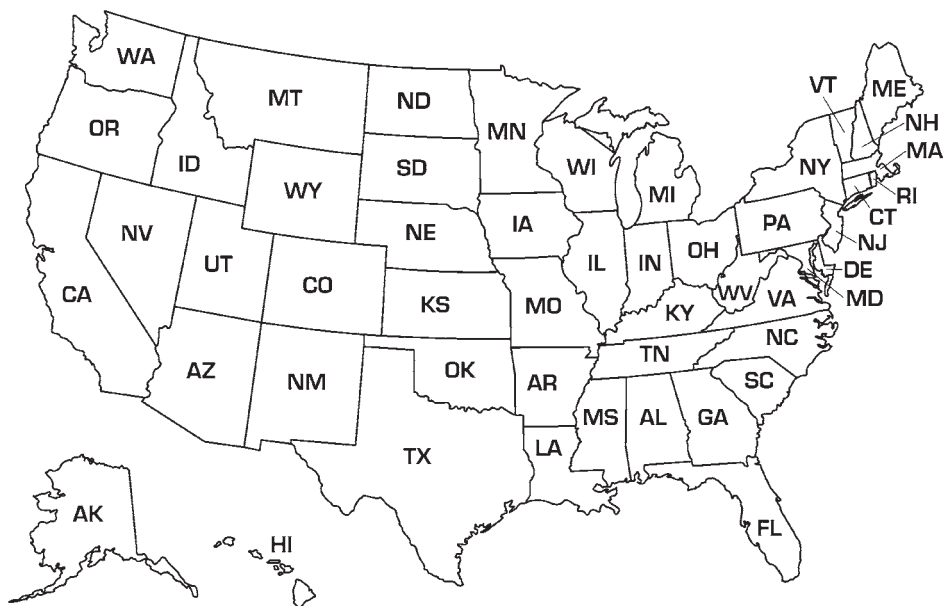
AMENDMENT X

The powers not delegated to the United States by the Constitution, nor prohibited by it to the states, are reserved to the states respectively, or to the people.

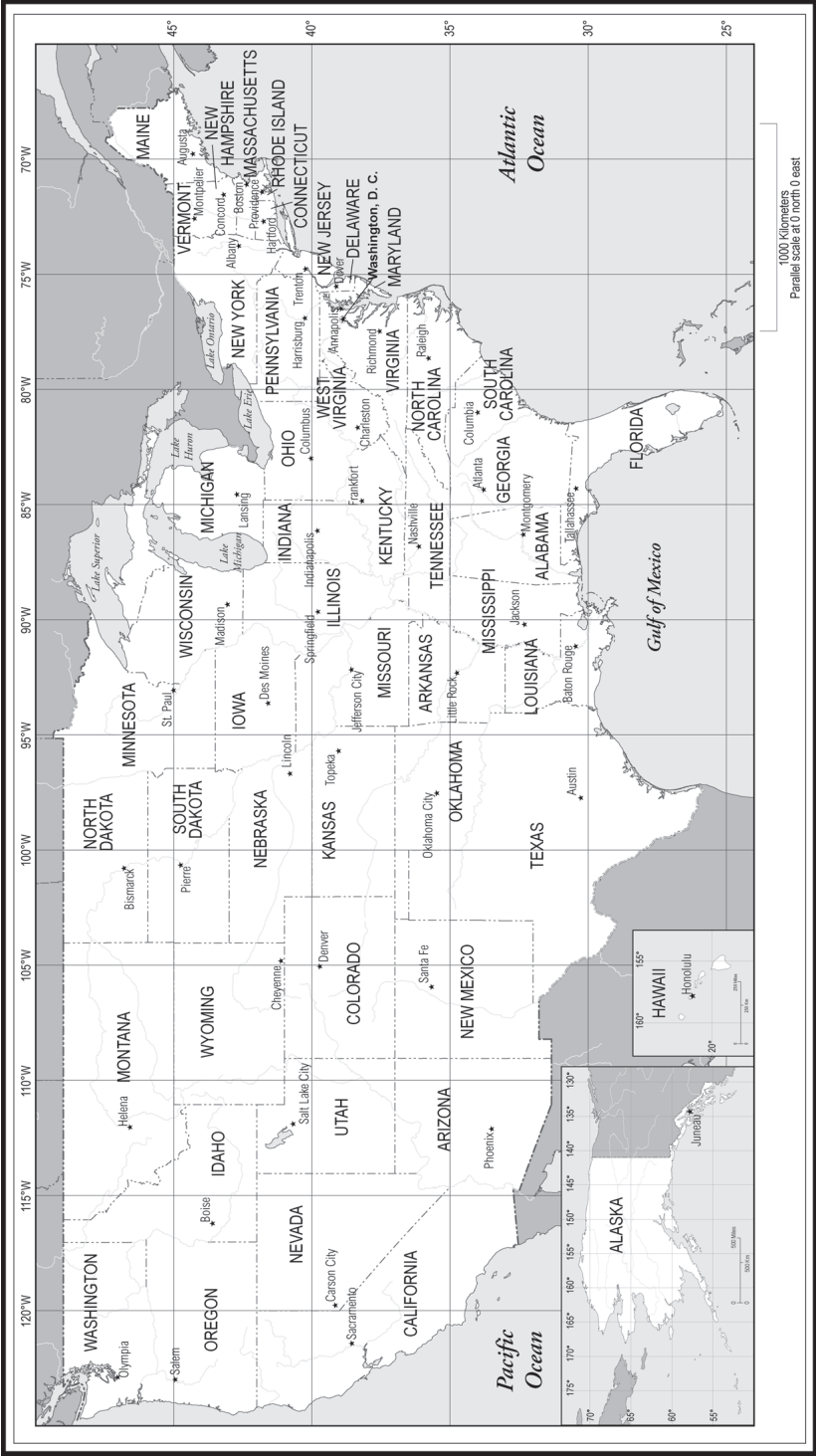


GEOGRAPHY *states & state capitals*

{AL}	Alabama-----	Montgomery	{MT}	Montana-----	Helena
{AK}	Alaska-----	Juneau	{NE}	Nebraska-----	Lincoln
{AZ}	Arizona-----	Phoenix	{NV}	Nevada-----	Carson City
{AR}	Arkansas-----	Little Rock	{NH}	New Hampshire-----	Concord
{CA}	California-----	Sacramento	{NJ}	New Jersey-----	Trenton
{CO}	Colorado-----	Denver	{NM}	New Mexico-----	Santa Fe
{CT}	Connecticut-----	Hartford	{NY}	New York-----	Albany
{DE}	Delaware-----	Dover	{NC}	North Carolina-----	Raleigh
{FL}	Florida-----	Tallahassee	{ND}	North Dakota-----	Bismarck
{GA}	Georgia-----	Atlanta	{OH}	Ohio-----	Columbus
{HI}	Hawaii-----	Honolulu	{OK}	Oklahoma-----	Oklahoma City
{ID}	Idaho-----	Boise	{OR}	Oregon-----	Salem
{IL}	Illinois-----	Springfield	{PA}	Pennsylvania-----	Harrisburg
{IN}	Indiana-----	Indianapolis	{RI}	Rhode Island-----	Providence
{IA}	Iowa-----	Des Moines	{SC}	South Carolina-----	Columbia
{KS}	Kansas-----	Topeka	{SD}	South Dakota-----	Pierre
{KY}	Kentucky-----	Frankfort	{TN}	Tennessee-----	Nashville
{LA}	Louisiana-----	Baton Rouge	{TX}	Texas-----	Austin
{ME}	Maine-----	Augusta	{UT}	Utah-----	Salt Lake City
{MD}	Maryland-----	Annapolis	{VT}	Vermont-----	Montpelier
{MA}	Massachusetts-----	Boston	{VA}	Virginia-----	Richmond
{MI}	Michigan-----	Lansing	{WA}	Washington-----	Olympia
{MN}	Minnesota-----	St. Paul	{WV}	West Virginia-----	Charleston
{MS}	Mississippi-----	Jackson	{WI}	Wisconsin-----	Madison
{MO}	Missouri-----	Jefferson City	{WY}	Wyoming-----	Cheyenne



GEOGRAPHY *United States map with longitude & latitude*



TIME-BLOCK SCHEDULE *first & second semester*

FIRST SEMESTER

_____ DAYS

Period	Subject	Teacher	Room

_____ DAYS

Period	Subject	Teacher	Room

SECOND SEMESTER

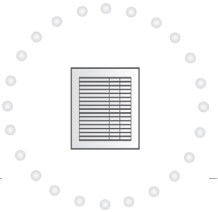
_____ DAYS

Period	Subject	Teacher	Room

_____ DAYS

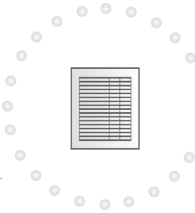
Period	Subject	Teacher	Room

NOTES



Lined area for notes, consisting of multiple horizontal lines.

NOTES



Lined area for taking notes, consisting of multiple horizontal lines.