

Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i>			
The district will promote healthy food and beverage choices for all students.	Yes	Food and beverage marketing material in cafeterias promote healthy food and beverage choices.	
Children and adolescents should participate in at least 60 minutes of physical activity each day.	Partially	Elementary students receive from 30- 45 minutes of recess each day; by excluding Physical Education classes from this requirement the goal is not met.	
The established goal is to offer other suitable opportunities to students to engage in health promoting activities.	Yes	Additional sports opportunities are being offered at the middle and high school level as well as school gyms are open after school hours to area sports clubs.	
Additional Goal(s) Add more rows as needed			

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Questions, contact: jessie.coffey@nebraska.gov

Nebraska Department of Education, Office of Coordinated Student Support Services

Adapted from the Let's Eat Healthy Program resources

