

Buffalo Express



Wednesday, February 9th, 2022

A Belleview Newspaper, Issue #001

An Interview with Mrs. Smith

By Jonah Chung



Q: What is the main reason you wanted to be the co-hostess of battle of the books?

A: I liked learning about new books to read with my kids.

Q: What is your favorite battle of the books book from the list?

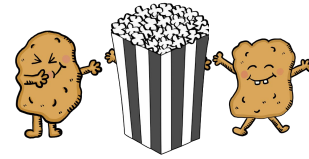
A: My favorite book is Out of my mind by Sharon M. Draper.

Q: Now that the battle of the books is done, what good books would you like to recommend to students in the higher grades?

A: I would recommend <Number the Stars> by Lois Lowry.

Mysterious Munch Choices

Reported By Julian Przylecki



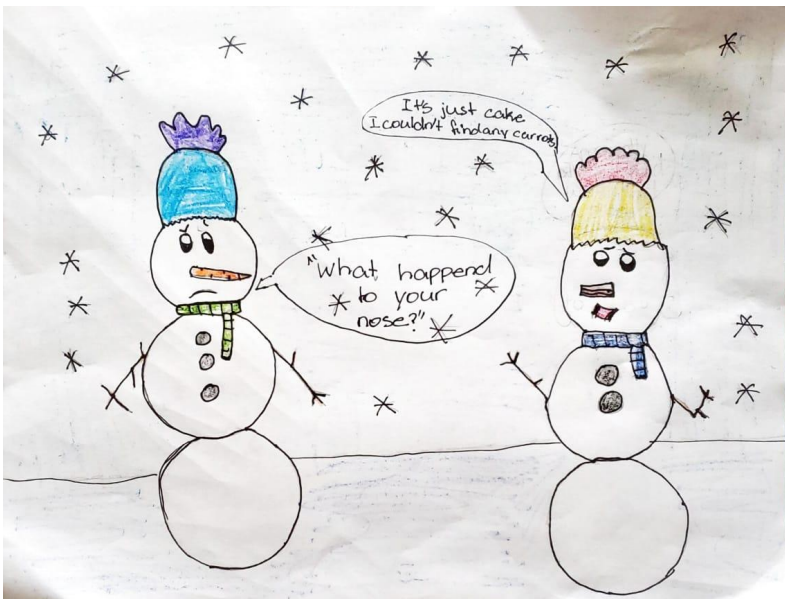
Attention all Belleview students! Your lunch choices are now subject to a switch-a-roo! For instance, On Monday January 24th most Belleview students were surprised to hear that Thursday January 27th's lunch was not the usual orange chicken with glorious Asian rice. It turned out that it was actually **popcorn chicken!**

This new marvelous munch choice has 230 calories, 13g of total fat, 350mg of sodium, 14g of total carbohydrate, 3g of fiber, 1g of sugar and 14g of protein. On the other hand, while orange chicken consists of the same amount of fat, fiber and protein, it has 264 calories, 471mg of sodium, 22g of carbohydrates and 7g of sugar. So, the information that we have tells us that popcorn chicken is overall better for us.

Did you know that popcorn chicken is made from flour, egg, beautiful breading and chicken? yum. This delicious morsel of goodness also contains potassium and iron which are both important minerals that our bodies need to be healthy.

In the future you can visit cherrycreekschools.org then click on the yellow school menus icon to find the weeks lunch choices, and info on their nutritional value.

Did you like your new munch choice or would you prefer orange chicken? Let me know at jprzylecki@cherrycreekschools.org.



By Tanvi Babu

OPINIONS

By Avi Novotny



Over the past few weeks, some football players have been having fun playing football on the playground! Although this does not affect most people, there are pros and cons to the game.

The biggest pro about football is that it is fun and gives good exercise to kids. This is a great way for friends to meet up and do something fun and social.

However sometimes things can result unpleasantly, because of physical actions that occur in the game. At times, there can be tackling and blocking that is fun and part of the game, but can result in not very fun experiences.

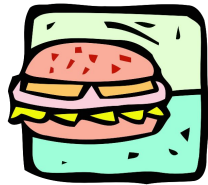
The other thing is that to play the game, players need a fairly wide range. It is unsafe to play on the Blacktop so the solution is to play on the rocks, but a few times other groups might also want to use that space and it may cause conflict. Few times there can be arguments over score or how the game is played. The two sides to this are for fun exercise and friends. The other side is there can be too much physical movement and arguments, disagreements and it takes too much of the recess playground. Fourth graders, let's try to brainstorm and come up with a solution!



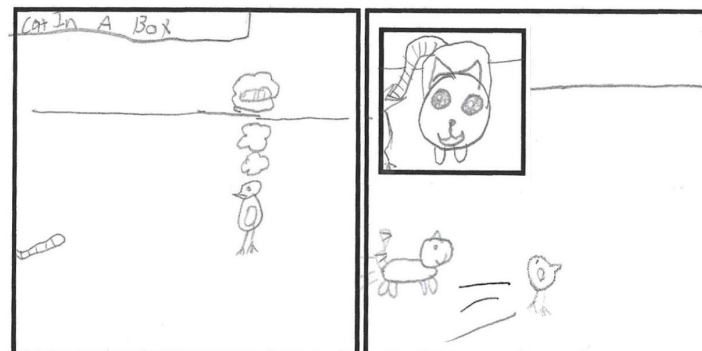
By Mae Rogers

The Mystery Of Burgers

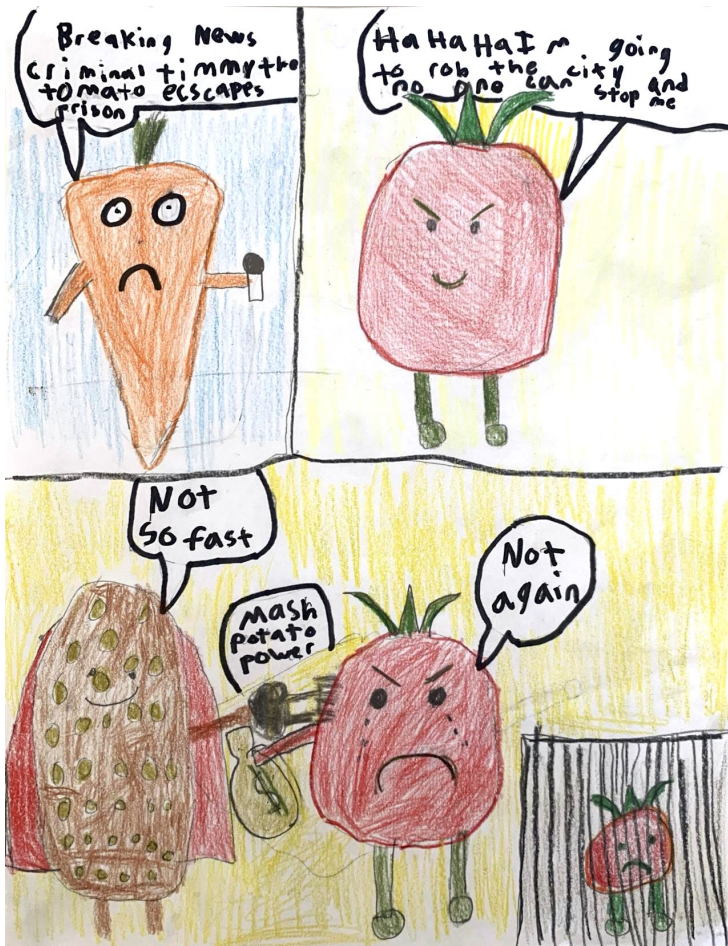
By Avery Holt and Kate Vickery



Do you know what burgers have in them?
You don't? I don't either!
Could it be charcoal?
Could it be beans?
Could it be worms?
You see, this is a mystery!
Where did they come from?
How were they made?
Have you ever thought about it this way?
It could be from underground.
It could be from Area 51.
It could even be from International Space Station!
So
Did you enjoy your burger today?



By Alex Yatrakis



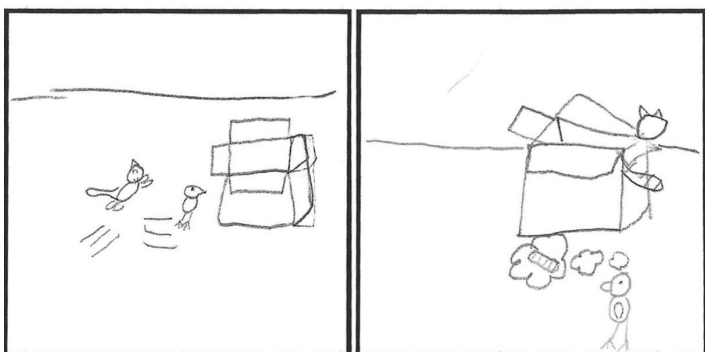
We Want to HEAR FROM YOU!

Have you watched the popularity-gaining movie that everyone has been talking about, *Encanto*? Do you have one or many favorite songs from the movie? Tell us your thoughts and we would love to include in our next Buffalo Express!

- What is your favorite moment in the movie? And why?
- What your favorite song in the movie? And why?

Send your thoughts to

belleviewbuffaloexpress@gmail.com



Illustrated by: Pipen Marie Duanawong

Answer to Riddle : A Whale.

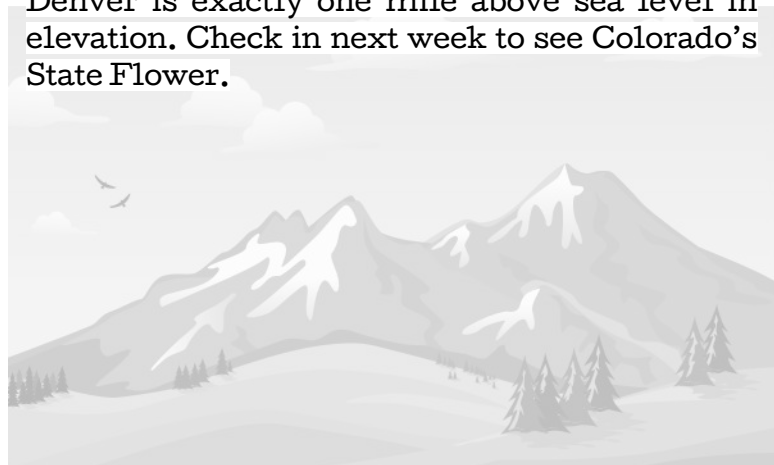
Colorado State Nicknames

By: Sophie Cohen

Every state has symbols. All state symbols are different. My topic for state symbols this week is the Colorado state nickname. I have found a total of eight nicknames for Colorado:

- ★ The Centennial State
- ★ Colorful Colorado
- ★ The Highest State
- ★ The Buffalo Plains State
- ★ The Lead State
- ★ The Silver State
- ★ Gateway to the Rockies
- ★ The Mile-High State

Colorado's main nickname is The Centennial State because statehood (1876) occurred 100 years after the signing of the nation's Declaration of Independence (1776). Colorado is also called Colorful Colorado because of the magnificent scenery of mountains, rivers, and plains. The reason Colorado is called The Highest State is because Colorado is the state with the highest average elevation and its towering mountains. Colorado is also called The Buffalo Plains State because in the past Colorado was covered with plains on which buffalo and bison herds lived and grazed. Colorado is called the Lead state because Colorado used to be an important lead mining state. The Silver State is also one of Colorado's nicknames because it refers to the quantities of silver that have been mined in Colorado. The next nickname is Gateway to the Rockies because of being the starting point for the US side of the Rockies. Last but not least, Colorado's last nickname is The Mile High State because the 13th step of the Capitol Building in Denver is exactly one mile above sea level in elevation. Check in next week to see Colorado's State Flower.



Quote of the Month

“I cannot teach anybody anything.
I can only make them think.”
- Socrates

Riddle

by Tommy Pugh

Question: What has one hole and brings water in and out?
(Please find the answer on page 3)

By Lillian Hwang

By Alexandra Hoyte

Gym Hockey Fun

By Jonah Chung

Some of Belleview students have floor hockey lately and have been enjoying it so much!
The question is: why do we like this sport so much? Well, it helps running, arm strength, and teamwork. On the other hand, it creates tension, boasting, and shoving. Luckily, Mr. Holmes solves these problems with strategies and rules. He uses the warning, penalty, and out system to ensure a fair game yet with a lot of fun. So, are you enjoying floor hockey? I personally think it is awesome! But it's up to you to decide your opinion.



THANK YOU
For Joining Buffalo Express Team!
For any question or query, please send to bellevuebuffaloexpress@gmail.com

Sign-ups By Position



Sign-ups By Grade

