

SAN JOSE UNIFIED SCHOOL DISTRICT - NOVEMBER LUNCH MENU- MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Spicy Chicken Burger Nachos-Super w/Chips (V) Nachos - Beans & Cheese (V) Slice of Cheese Pizza</p>	<p>5</p> <p>Beef Burger Sesame Chicken Salad (V) Grillers Prime Veggie Burger (V) Bean & Cheese Burrito</p>	<p>6</p> <p>Sweet & Sour Chicken over Rice Chicken Caesar Wrap (V) Sweet & Sour Veggie Nuggets over Rice (V) -PB&J Sandwich (V) Slice of Cheese Pizza</p>	<p>7</p> <p>Taco Day (Beef, Chicken or Turkey) Chicken Corndog (V) Italian Dunkers (V) Southwest Veggie Salad</p>	<p>8</p> <p>Spicy Chicken Burger Popcorn Chicken Mashed Potato Bowl (V) Veggie Nugget Mashed Potato Bowl offered with Artisan Dinner Roll (V) Slice of Cheese Pizza</p>
<p>11</p> <p>NO SCHOOL! VETERANS DAY HOLIDAY</p>	<p>12</p> <p>Spicy Chicken Burger Chicken Corndog (V) Grillers Prime Veggie Burger (V) Italian Dunkers</p>	<p>13</p> <p>Beef - Rib B' Que Sandwich MSHS Salad - Chicken Caesar Salad w/Roll Salad - Veggie Nugget Caesar Salad w/Rol I (V) Slice of Cheese Pizza</p>	<p>14</p> <p>Spicy Chicken Tenders w/Pretzels Jumbo Beef Hot Dog Chicken & Cheese Quesadilla (V) Cheese Quesadilla</p>	<p>November 1 and November 15</p> <p>Spicy Chicken Burger Parfait - Just Peachy Yogurt Parfait (V) Slice of Cheese Pizza</p>
<p>18</p> <p>Spicy Chicken Burger Nachos-Super w/Chips (V) Nachos - Beans & Cheese (V) Slice of Cheese Pizza</p>	<p>19</p> <p>Beef Burger Sesame Chicken Salad (V) Grillers Prime Veggie Burger (V) Bean & Cheese Burrito</p>	<p>20</p> <p>Sweet & Sour Chicken over Rice Chicken Caesar Wrap (V) Sweet & Sour Veggie Nuggets over Rice (V) PB&J Sandwich (V) Slice of Cheese Pizza</p>	<p>21</p> <p>Taco Day (Beef, Chicken or Turkey) Chicken Corndog (V) Italian Dunkers (V) Southwest Veggie Salad</p>	<p>22</p> <p>Spicy Chicken Burger Turkey Gravy with Mashed Potatoes and a Roll (V) Veggie Nugget Mashed Potato Bowl and a Roll (V) Slice of Cheese Pizza</p>
<p>25</p> <p>Nachos-Super w/Chips (V) Nachos - Beans & Cheese (V) Slice of Cheese Pizza (V) PB&J Sandwich</p>	<p>26</p> <p>Spicy Chicken Burger Chicken Corndog (V) Grillers Prime Veggie Burger (V) Italian Dunkers</p>	<p>27</p> <p>NO SCHOOL!</p>	<p>28</p> <p>HAPPY THANKSGIVING</p>	<p>29</p> <p>NO SCHOOL!</p>

Select your favorite entrée and seasonal fruit/veggie daily. Low-fat or fat-free milk is offered with all meals. All breads are rich in whole grains. (v)=no meat, poultry, or seafood. Menu subject to change. This institution is an equal opportunity provider. Please join us at our Student Nutrition Advisory Meeting on November 14 at 4pm at 855 Lenzen Ave