



September 2024



Welcome Back Jaguars



St. Charles Parish Public Schools
School Issue 1

Upcoming EVENTS

Principal's Message

Ahoy Jaguar Family,

We're making waves with a fantastic start to the 2024-2025 school year here at R. J. Vial Elementary! We're grateful for your support as we navigate the new school year and help our students dive into their new routines and adventures. Your encouragement has been like a lighthouse guiding us through, making our transition smooth and successful.

Just as the ocean currents keep us connected, so does our commitment to clear communication. You'll hear from us regularly through weekly Blackboard Connect calls, emails, text messages, and School Status updates. Don't miss out on the treasure trove of information—visit our website and follow us on Facebook and Instagram, to stay up-to-date with all of our seafaring news.

At R.J. Vial Elementary, we are dedicated to creating a sea of positivity where every student can flourish. Our nurturing and family-like atmosphere is what makes R. J. Vial a true coral reef of excellence!

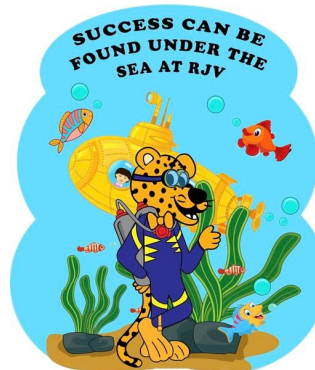
Thank you for being an essential part of our school's voyage!

Dream it - Believe it - Achieve it!

Christina Mullins
Principal



Follow us:
Instagram @rjvialelementaryschool
Facebook @rjvialelementaryschool



Monday, September 16th
9:00am Student of the Year Applications are due
Fall Fundraiser Kick-off
3:50pm—5:00pm All-State Choir Rehearsal

Tuesday, September 17th
Yearbook Picture Day
School Uniforms are to be worn

Wednesday, September 18th
Professional Learning Day
No School for Students

Thursday, September 19th
3:50pm—5:00pm All-State Choir Rehearsal

Friday, September 20th
2:00pm Room Parent Meeting
Snowball Truck—\$3.00

Monday, September 23th
3rd Grade Talented Theater attend Artsperience
3:50pm—5:00pm All State Choir Recording

Wednesday, September 25th
3rd Grade Art Club

Thursday, September 26th
4th and 5th Grade Art Club
3rd Grade Talented Theater
Student field trip to the LPAC

Monday, September 30th
Student of the Year Interviews

Monday, September 30th
Fall Fundraiser ends—All money must be receive by noon in order for students to be eligible for prizes.

MAKE A SPLASH!

Under the Sea at RJV



Lifetouch

Picture Day is Coming!

¡Ya llega el Día de la Foto!

Tuesday, September 17, 2024
R J Vial Elementary School



How it works:



Pre-order today on
mylifetouch.com
using your Student ID or
Picture Day ID:
EVT79P6BV



Students are
photographed on
Picture Day



Orders will be sent home
with your student after
Picture Day

Cómo funciona: Encarga de manera anticipada en mylifetouch.com usando tu ID de estudiante o la ID del Día de la Foto. Los estudiantes son fotografiados el Día de la Foto. Los pedidos serán enviados a tu casa con tu estudiante después del Día de la Foto.

Questions? Contact our Help Center at lifetouch.com/support-us. Select K-12 School Photography for assistance.
¿Preguntas? Comunícate con nuestro Centro de Ayuda en lifetouch.com/support-us. Selecciona Fotografía Escolar K-12 para recibir asistencia.

F24PFEFUS © 2024 Shutterstock, LLC

R.J. Vial Elementary Vision, Mission, Values and Beliefs

VISION

All stakeholders at R. J. Vial Elementary School work collaboratively to equip each student with the knowledge, motivation, and skills to become academically, emotionally, and socially ready for the future.

MISSION

The mission of R. J. Vial Elementary School is to provide high quality educational opportunities for all students.

VALUES/BELIEFS

1. Education is our top priority.
2. Communication and collaboration between school, home, and community increase student achievement and engagement.
3. Students and staff members engage in rigorous and relevant learning opportunities.
4. Effective collaboration among teachers provides high-quality instruction that allows students and teachers to achieve at greater levels.



Asbestos Hazard Response Act Management Plan

Notice: In 1986 all asbestos materials were identified in all school buildings. A management plan was developed for each school as per the Asbestos Hazard Emergency Response Act (AHERA). The management plan is located in a binder in the main office of each school. The binders are available for review upon request.

Since the plan was developed, most of the asbestos has been removed. In a few buildings, some tile still remains that contains asbestos. All of the schools meet the health requirements that pertain to the regulation. If you have questions concerning this topic, please contact Kevin Barney, Director of Physical Plant Maintenance at 985-331-3600 between the hours of 7:00a.m. and 4:00p.m.

August Students of the Month

The R. J. Vial students of the month are chosen based upon qualities including character, leadership, and citizenship. Students of the month must demonstrate an effort to learn subjects to the best of his or her ability, be prepared for class, and participate in class. R. J. Vial students of the month demonstrate excellent behavior in and out of the classroom, are well-mannered, and are respectful to both peers and teachers.



3rd Grade: Peydon Comardelle

4th Grade: Kasen Mendoza

5th Grade: Cam Griffin



R. J. Vial Employee of the Month

Faculty and staff at R. J. Vial Elementary nominated Mrs. Misty Schaubhut for Employee of the Month!

Here are just some of the reasons she was nominated:

“Mrs. Misty Schaubhut shines as a beacon of positivity and support. Like a friendly dolphin greeting every student with a splash of enthusiasm, Ms. Schaubhut’s cheerful demeanor and can-do attitude make waves of difference in our school community. Her infectious optimism and dedication ensure that every student has the best chance to thrive and succeed here at R.J. Vial.”

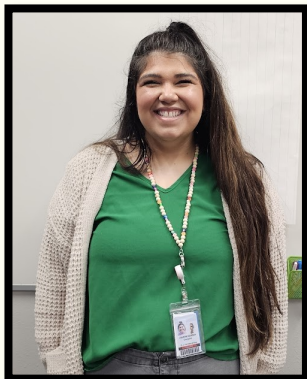


Congratulations!

New Employee SPOTLIGHT

Welcome to RJV!!

Jasmine Barbay



Counselor

Kristen Crutti



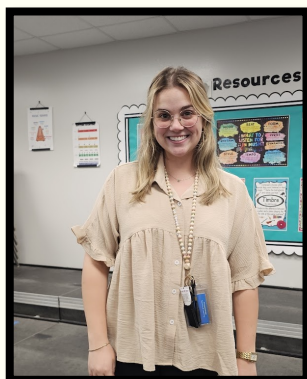
P.E. Permanent Sub

Lauren Gauley



4th Grade ELA & Social Studies Teacher

Lee Ann Hovis



Choir Resident Teacher

Prudence Spooner



3rd Grade Math & Science Teacher

Ryan Weber



Custodian

Megan West



Talented Theater Teacher

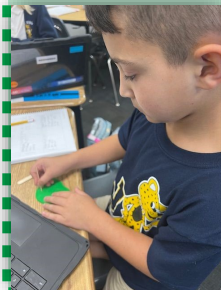
3rd Grade

Third grade has gotten off to a great start! Our newest Jaguars are working hard and having fun! We are reading Cajun Folktales in ELA. We are learning about elements of the Cajun Culture through our reading. We are also exploring the rabbit (Lapin) as a trickster. We have been learning about story elements: character, setting, problem, solution, and theme. In math, students are learning about multiplication and division.



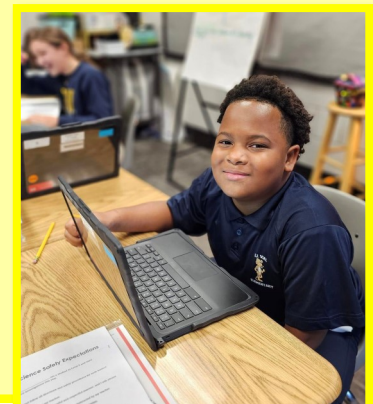
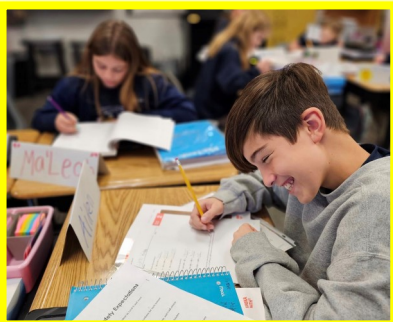
4TH GRADE

Our fourth graders are diving deep into Math and Science! In Math, students are learning about multiplicative comparisons, place value, and number forms. In Science, students are discovering what the Grand Canyon rock layers reveal.



5TH GRADE

In ELA, students are diving into *The Birchbark House* analyzing character development. Students are traveling back in time in Social Studies learning about The Medieval World. In Science, the students are exploring the phenomenon question, "Why did the Statue of Liberty change color?" In Module 1, Place Value Concepts for Multiplication and Division with Whole Numbers, students are focusing on the place value system, performing operations with multi-digit whole numbers. Students will engage in learning to fluently multiply multi-digit whole numbers and divide up to a 4 digit number by a 2 digit number.



ART NEWS



We are discovering "Success Under the Sea" as we began using oil pastels and construction paper crayons to create beautiful and colorful jellyfish. Lines and Forms were two important elements used to create the jellyfish. Students discussed the difference between geometric and organic lines. We were also learning that the "head" of the jellyfish is in the form of a cone, the bubbles were spheres, and the tentacles were organic lines.

Students have an extra opportunity to participate in Art Club once a month. Students are selected based on previous participation, while also maintaining balance amongst the homeroom classes, to form blend of 20 students from each grade level. If your child is interested, please sign the permission slip and return to school.

Thank you for allowing me the opportunity to share my love of art with your children! I am looking forward to "diving into" more art projects.



physical education

As the school year begins, all students will complete the Fitnessgram in physical education class. The major purpose of the Fitnessgram is to provide your student with personal information regarding his or her fitness level. Those results will place the student in the healthy fitness zone or let the student know that he or she has a need for improvement.

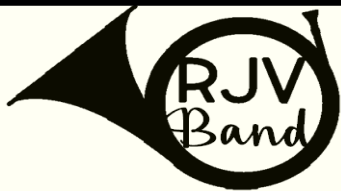


LIBRARY

The Library is open! Students will come to the library with their class, during morning meeting, afternoon circle, or independent reading to check out books. Each student will be allowed to check out up to **3** books a week unless they owe library materials to the RJV library or any other SCPPS library. A notice will be sent home with any outstanding balances. Please remind your child to use library etiquette and take care of their books. Students will be responsible for any library books lost or damaged.

Students can access the library catalog Follett Destiny Discover through Clever. Login using your google username and password. Through the library, students can view Worldbook online (sign in through Google or rjvial, jaguars), Pebble Go Next (Rjvial, Jaguars), Flipster magazines, MackinVia, (rjvial, jaguars) and Gale Resources (no sign in), Lightbox (rjvstudent, jaguars).


Have a great year and submerge yourself in a good book!



The R.J. Vial Bands are getting back into the swing of things and are ready to work on becoming wonderful musicians!



Jaguar CHOR

Choir Notes 

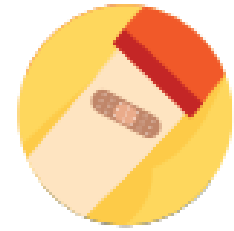
It looks like a very promising year for the R. J. Vial Jaguar Choir! Our Choir students are simply amazing! Ms. Hovis and I have plenty of things planned to make this year's performances extra special, and can't wait to see where our musical journey takes us.





Flu:

A Guide for Parents



Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold and usually comes on suddenly. Each year flu causes millions of illnesses, hundreds of thousands of hospitalizations, and tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that between 2010 - 2020, between 6,000 and 27,000 children younger than 5 years old have been hospitalized from flu each year in the U.S. Flu vaccine is safe and helps protect children from flu.

What parents should know

How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years old and children of any age with certain long-term health problems are at increased risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with flu will not have a fever.

Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for most children.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at higher risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at higher risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant people should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination during pregnancy can protect the baby from flu for several months after birth.
- Flu viruses are constantly changing so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Are flu vaccines safe?

Flu vaccines have an excellent safety record. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- A flu vaccine can keep you and your child from getting sick. When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce risk of getting sick with flu by about 40 to 60%.
- Flu vaccines can keep your child from being hospitalized for flu in the pediatric intensive care unit. One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.
- Flu vaccine can be life saving in children.

A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with higher risk medical conditions



and by nearly two-thirds among children without medical conditions.

- **Flu vaccination also may make your illness milder if you do get sick.**
- **Getting yourself and your child vaccinated also can protect others** who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

If your child is sick

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a long-term health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years old – especially those younger than 2 years – and children of any age with certain long-term health problems (including asthma or any lung disease, heart disease, diabetes and disorders of the brain or nervous system), are at higher risk of serious flu complications. Because children at higher risk of serious flu complications can benefit from early antiviral treatment of flu, parents of such children should contact their child's doctor if they develop flu symptoms.

What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:

- Fast breathing or trouble breathing
- Bluish lips or face
- Ribs pulling in with each breath
- Chest pain

- Severe muscle pain (child refuses to walk)
- Dehydration (no urine for 8 hours, dry mouth, no tears when crying)
- Not alert or interacting when awake
- Seizures
- Fever above 104°F
- In children less than 12 weeks, any fever
- Fever or cough that improve but then return or worsen
- Worsening of chronic medical conditions



This list is not all inclusive. Please consult your medical provider for any other symptom that is severe or concerning.

Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first two days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at higher risk of serious flu complications who get flu symptoms. Antivirals can be given to most children and pregnant people.

How long can a sick person spread flu to others?

People with flu may be able to infect others from one day before getting sick to up to five to seven days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

When can my child go back to school after having flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C)* or higher.

*Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number can vary depending on factors such as the method of measurement and the age of the person.

For more information, visit www.cdc.gov/flu/protect/children.htm or call 800-CDC-INFO



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

St. Charles Parish Public Schools
ELEMENTARY MENUS
SEPTEMBER 2024

This institution is an equal opportunity provider and employer.
 Menus are subject to change.

**SEPTEMBER IS
 BETTER BREAKFAST MONTH**

Breakfast is considered the most important meal of the day. Eating a regular morning meal helps control weight and can guide us towards eating healthier meals regularly throughout the day. Consuming a well-balanced breakfast in the morning gives our bodies energy to get our day started the right way.
Kids who have a healthy meal before school starts consistently perform and behave better at school.
 NATIONALDAYCALENDAR.COM

Monday, September 2 LABOR DAY NO SCHOOL	Tuesday, September 3 Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Roasted Chicken Loaded Mashed Potatoes Steamed Corn WW Roll Apple Wedges	Wednesday, September 4 Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Beef Vegetable Soup Grilled Cheese Sandwich Garden Salad Banana Brownie	Thursday, September 5 Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Beef Dippers Macaroni & Cheese Broccoli Florets Baked Beans Pineapple Tidbits	Friday, September 6 Breakfast Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Chicken Filet Sandwich Crinkle Cut Fries Lettuce/Tomato/Pickle Fresh Orange Wedges
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Available Daily

With all meals
 Low Fat White Milk
 Fat Free Flavored Milk

Cold Lunch Choice

Monday: Sun butter Sandwich
 Tuesday: Charley Box
 Weds.: Deli Sandwich
 Thursday: Entrée Salad
 Friday: Sun butter Sandwich

Monday, September 9 Breakfast Confetti Pancakes Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Red Beans w/Steamed Rice Seasoned Mustard Greens Steamed Carrots Cornbread Sliced Peaches	Tuesday, September 10 Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Nachos w/Golden Queso Steamed Corn Refried Beans Taco Salad Cup, Salsa Apple Wedges	Wednesday, September 11 Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Salisbury Steak & Gravy Mashed Potatoes Broccoli Florets Dinner Roll Banana, Cookie	Thursday, September 12 Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Turkey Stew Steamed Rice Carrot Soufflé Steamed Cabbage Strawberry Cup	Friday, September 13 Breakfast Fresh Donut Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Fresh Hot Pizza Marinara Sauce Garden Salad Fresh Orange Wedges
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9/11/2001 ♦ We Remember

Avast, me hearties!
 It's International Talk Like a Pirate Day!
 September 19
ARRRRR!

Monday, September 16 Breakfast Pancake on a Stick Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Popcorn Chicken Mashed Potatoes w/Gravy Cal Blend Veggies Cinnamon Apple Slices	Tuesday, September 17 Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Fish Sticks Macaroni & Cheese Green Beans Cucumber & Tomato Salad Pears	Wednesday, September 18 NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	Thursday, September 19 Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Chicken/Sausage Jambalaya Broccoli Florets Steamed Carrots Pineapple Tidbits WW Roll	Friday, September 20 Breakfast Scrambled Eggs w/Toast Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Hamburger/Cheeseburger Crinkle Cut Fries Lettuce/Tomato/Pickle Baked Beans Orange Wedges
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YOU ASKED FOR IT, YOU'VE GOT IT!



THE NEW BREAKFAST PIZZA THAT WAS TASTE-TESTED AND APPROVED AT OUR MINI-FOOD SHOWS HELD LAST SCHOOL YEAR IS ON THE MENU FOR YOU NOW. ENJOY!!

Monday, September 23 Breakfast Breakfast Pizza Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Chicken Tenders Waffles w/Syrup Green Beans Steamed Carrots Pears	Tuesday, September 24 Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Orange Chicken Fried Rice Asian Chopped Salad Edamame Beans Tropical Fruit	Wednesday, September 25 Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Turkey & Sausage Gumbo Steamed Rice Potato Salad Cucumber/Tomato Salad Banana	Thursday, September 26 Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Spaghetti & Meat Sauce Italian Salad Broccoli Florets Garlic Bread Pineapple Tidbits Jell-O w/Topping	Friday, September 27 Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Mini Corn Dogs Tater Tots Baby Carrots w/Ranch Dip Orange Wedges
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STACKED AGAINST US.

The average American takes in at least 50% more sodium than the recommended maximum. But don't just blame the salt shaker at home: 75% of the sodium you eat probably comes from restaurant food and processed grocery store food - like chips, pizza, soup, and even bread!

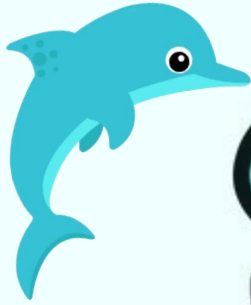


EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!

NEW MENU ITEM

TOTCHOS are a combination of tater tots and nachos. We top our crispy tots with taco filling and golden cheese sauce. The best of both worlds!





September 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 LABOR DAY No School!	3	4 Robotic 3:50pm-5:00pm	5	6	7
8	9 Robotic 3:50pm-5:00pm 4H / Cloverbud 3:50pm-5:00pm	10 All-State Choir Rehearsal 3:50pm-5:00pm	11 Robotic 3:50pm-5:00pm All-State Choir Rehearsal 3:50pm-5:00pm	12	13	14
15 *Student of the Year Applications are due by 9:00am on 9/16/24.	16 Fall Fundraiser Kickoff All-State Choir Rehearsal 3:50pm-5:00pm	17 Picture Day	18 NO SCHOOL PROFESSIONAL LEARNING DAY	19 All-State Choir Rehearsal 3:50pm-5:00pm	20 Snowball Sale \$3.00	21
22	23 3rd Grade Talented Theater Artsperience All-State Choir Recording 3:50pm-5:00pm	24	25 3rd Grade Art Club	26 3rd Grade Talented Theater Field Trip 4th & 5th Art Club	27	28
29	30					



Under the Sea at RJV!

