Week Date	Week 1 August 5	Week 2 August 12	Week 3 August 19	Week 4 August 26
FCS SSS STANDARD		Reflective Learning Strategies	Reflective Learning Strategies	HS - Reflective Learning Strategies
RETHINKED DOMAIN		Awareness of Self & Others	Self-Management	HS - Awareness of Self & Others
RETHINKED AREA		Learning Skills	Focus	HS - Growth Mindset
к		<u>Learning with Our Senses</u>	<u>Following Instructions</u>	
1st		Whole Body Listening	Hocus Pocus: Focus!	SSS PRE-INVENTORY ELEMENTARY AND MIDDLE SCHOOLS
2nd		How We Learn	The Focus Toolbox	
3rd		My Best Brain	Improving My Focus	
4th	INTRODUCTION LESSON STUDENT SUCCESS SKILLS Introduction Week Slides	Remember This!	Keep Focused	
5th		<u>Let's CREATE</u>	Focus at School!	SSS Inventory Instructions
6th		ASK Quality Questions	Focus at Home	
7th		Attention to Learning	Focus With Active Listening	
8th		My Study Skills	<u>Visualize Your Success</u>	
9th		Getting Organized	Overcoming Distractions	Challenge Accepted
10th		Study Strategies	Staying Focused	Effort Is Key
11th		Nourishing a Positive Mindset	Self-Care for Focus	Growing from Setbacks
12th		<u>Lifelong Learning</u>	Following Instructions	Your Growth Is My Growth

	Week 5 September 2	Week 6 September 9	Week 7 September 16	Week 8 September 23
FCS SSS STANDARD		ES & MS - Reflective Learning Strategies	Sense of Belonging	Sense of Belonging
RETHINKED DOMAIN		ES & MS - Awareness of Self & Others	Social Skills	Social Skills
RETHINKED AREA		ES & MS – Growth Mindset	Friendship	Relationships
К		<u>I'm Growing!</u>	Exploring Friendships	People We Meet
1st		Marvelous Mistakes	<u>Let's Be Friends</u>	Kindness Kaleidoscope
2nd		Mistake Masterpieces	Filling Buckets	Making Friends at School
3rd	SHORT WEEK	My Curious Mind	Be a Friend	Thoughtful Communication
4th	SSS PRE-INVENTORY ALL SCHOOLS	Trying My Best	Friendship is	Respecting Your Neighborhood
5th	SSS Inventory Instructions	Beyond Boredom!	COOL Communication	<u>Character Counts</u>
6th		What's in a Mindset?	Supportive Friendships	Collaborative Relationships
7th		Growing from Feedback	Peer Pressure	Needs and Relationships
8th		A Good Mistake	Honesty in Friendships	Peer Pressure in Relationships
9th			Quality Friendship	Healthy Social Groups
10th		SSS PRE-INVENTORY HIGH SCHOOL	Friendship Boundaries	Reciprocity and Relationships
11th		SSS Inventory Instructions	<u>Healthy Friendships</u>	Shifting Relationships
12th			Lasting Friendships	Building Healthy Relationships

	Week 9 September 30	Week 10 October 7	Week 11 October 14	Week 12 October 21
FCS SSS STANDARD	Sense of Belonging	Sense of Belonging	SHORT WEEK NO LESSONS	Self-Management
RETHINKED DOMAIN	Social Awareness	Social Awareness		Self-Management
RETHINKED TOPIC	Support Systems	Social Contributions		Resilience
К	<u>Ask Kindly</u>	I Can Help!		Get It Done!
1st	My Family, My Support	<u>I Spy a Helper</u>		<u>Helpful Thoughts</u>
2nd	Help at School	I Can Help My Family		Accepting Challenges
3rd	Asking For Help	Acts of Kindness		Support in Challenges
4th	Who Do You Turn To?	Making School a Better Place		Persistence Strategies
5th	Be a Bud	Kind is Cool		Practicing Resilience
6th	My Support System	Passions to Contribute		Building Resilience
7th	Building a Support System	Aligning Social Contributions		Recognizing Agency
8th	Access Support	Community Contributions		Connect to Your Values
9th	Supporting Emotional Needs	Passion to CARE		Strength from Support
10th	<u>Learning From Support Systems</u>	Make A Difference		Focus on the Big Picture
11th	Giving Support	Take Action, Make a Difference		Growing Resilience
12th	Supporting Your Goals	<u>Changemakers</u>		Overcoming Challenges

	Week 13 October 28	Week 14 November 4	Week 15 November 11	Week 16 November 18
FCS SSS STANDARD	Self-Management	Self-Management	Self-Management	Self-Management
RETHINKED DOMAIN	Self-Management	Social Awareness	Self-Management	Self-Management
RETHINKED TOPIC	Self-Control	Actions and Consequences	Stress Management	Goal Setting
К	Breathe In, Breathe Out	<u>Fix Your Mistake</u>	My Recipe for Happiness	Say the Goal
1st	Wait for It!	What Could Happen?	<u>Feelings Booster</u>	Steps to the Goal
2nd	Take 5!	STOP Then Decide	My Stress Thermometer	<u>Set a Goal</u>
3rd	Keep Calm!	STOP Before You Say It	Feelings, Thoughts, and Behaviors	Make a Plan
4th	<u>Freeze!</u>	THINK and Be Honest	Making Changes	Planning for Success
5th	Stop. Think. Decide	Choices and Consequences	You Can Change It!	Reach Your Goals
6th	Managing Stress	Actions and Consequences	Making Stress Work for You	S.M.A.R.T Goals
7th	Goals With Self-Control	<u>Intent v. Impact</u>	Negative Thinking	Setting Academic Goals
8th	<u>Let's Delay</u>	Setting New Patterns	Find The Funny	<u>Plan S.M.A.R.T</u>
9th	<u>Take Control</u>	Decisions, Decisions, Decisions	Facing Your Fears	Work the Plan
10th	<u>Developing Healthy Habits</u>	Online Consequences	Got Stress?	Make a Comeback
11th	Self-Control and Resilience	The Long and Short of it	Balancing Stress	Persevere Towards the Goal
12th	In the Driver's Seat	Decision Making	Be Your Own CEO	Grow Your Goal

	Break November 25	Week 17 December 2	Week 18 December 9	Week 19 December 16	
FCS SSS STANDARD		Self-Management	Self-Awareness	ES & MS - Social Competence	
RETHINKED DOMAIN		Self-Management	Self-Care	ES & MS - Awareness of Self & Others	
RETHINKED TOPIC		Time Management*	Self-Efficacy	Values	
К			Mistakes Are a Part of Learning	My Family	
1st			<u>Believe!</u>	Being Together	
2nd	NO LESSONS		You Can Do It!	Spot Our Family Values	
3rd			Belief Builders	Understanding Family Values	
4th		*Time Management lessons for all	Believe It!	My Values, My Choices	
5th		levels are found in the SSS Hub	<u>I Believe in Me</u>	Our School's Values	
6th			Time Management Lessons HERE	Believe to Achieve	My Personal Values
7th		The lessons are NOT in the RethinkEd	<u>Learn with Self-Efficacy</u>	Values in the Media	
8th		platform	Find Your Fan Club	Reflecting on Values	
9th			Let Go of Limiting Beliefs		
10th			Belief to Reach a Goal	Final Exams	
11th			Collective Goals	No SSS Lessons	
12th			Build Your Self-Efficacy		