



December 2024

4 & 5



Lunch IROQUOIS



NYS Apples
NYS Spaghetti,
Butternut and
Acorn squash

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn Chicken Over Rice ----- Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	3 Tostitos Nachos Grande Sour Cream & Salsa Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Macaroni & Cheese Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 Loaded Tater Tots Taco Meat & Cheese Broccoli 1/2c NYS Spaghetti Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Mozzarella Sticks Dipping Sauce on Side 1c Romaine Lettuce = 1/2c Fresh Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Chicken Patty On WG Roll Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Taco In a Bag Sour Cream & Salsa Lettuce & Cheese Sliced Cucumbers 1/2c Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 Cheeseburger On WG Roll Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	12 General Tso's Chicken Over Rice Fresh Carrots 1/2c NYS Butternut Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Shaved Steak Sub Baked Beans 1/2c 1c Romaine Lettuce = 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Chicken Tenders Dipping Sauce on Side Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	17 Taco Lettuce & Cheese Sour Cream & Salsa Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	18 Chicken Nuggets Roasted Potatoes Broccoli 1/2c Baked Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	19 Grilled Cheese Sandwich Bell Pepper slices 1/2c NYS Acorn Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Ugly Sweater Day Spaghetti and Meatballs **Jolly** Sidekick Frozen Fruit juice = 1/2c 1c Romaine Lettuce = 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
25	24	25	26	27
30				

NYS LOCAL FOODS

*Upstate Farms

Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait w/Flatbread(2M2G)

Cheese or Pepperoni Pizza (2M2G)

Offered daily with all School Lunches:

Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)

NY State 8oz 1% or Skim White Milk
Fat Free Chocolate Milk

If your son/daughter has a particular food allergy, please contact the food service office @ (716)652-3000/7701

Student K-4 \$2.85
Student 5-12 \$3.15