



# December 2024

6-8



# Lunch IROQUOIS



NYS Apples  
NYS Spaghetti,  
Butternut and  
Acorn squash

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn Chicken Over Rice  Peas 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	3 Tostitos Nachos Grande Sour Cream & Salsa  Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Macaroni & Cheese  Green Beans 1/2 Steamed Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 Loaded Tater Tots Taco Meat & Cheese  Broccoli 1/2c NYS Spaghetti Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Mozzarella Sticks Dipping Sauce on Side  1c Romaine Lettuce = 1/2c Fresh Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Chicken Patty On WG Roll  Mixed Vegetables 1/2c Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Taco In a Bag Sour Cream & Salsa Lettuce & Cheese  Sliced Cucumbers 1/2c Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 Cheeseburger On WG Roll  Steamed Carrots 3/4c Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	12 General Tso's Chicken Over Rice  Fresh Carrots 1/2c NYS Butternut Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Shaved Steak Sub  Baked Beans 1/2c 1c Romaine Lettuce = 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Chicken Tenders Dipping Sauce on Side  Steamed Carrots 3/4c Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17 Taco Lettuce & Cheese Sour Cream & Salsa  Steamed Corn 1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	18 Oven Roasted Chicken Roasted Potatoes  Broccoli 1/2c Baked Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	19 Grilled Cheese Sandwich  Bell Pepper slices 1/2c NYS Acorn Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Ugly Sweater Day Spaghetti and Meatballs **Jolly** Sidekick Frozen Fruit juice = 1/2c  1c Romaine Lettuce = 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
25	24	25	26	27
30				

**NYS LOCAL FOODS**  
\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Eden Valley Growers  
Assorted Varieties of Apples  
Eden Valley Growers  
Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

**The Following Entrees Served Daily:**  
  
6" Subs and Wraps (2M2G)  
  
Salads Made to Order (Includes Flatbread) 2M2G  
  
Peanut Butter & Jelly Sandwich (2M2G)  
  
Fruit & Yogurt Parfait w/Flatbread(2M2G)  
  
Cheese or Pepperoni Pizza (2M2G)

**Offered daily with all School Lunches:**  
  
Fresh or Prepared Fruit (Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)  
  
NY State 8oz 1% or Skim White Milk  
Fat Free Chocolate Milk

If your son/daughter has a particular food allergy, please contact the food service office @ (716)652-3000/7701

Student \$3.15  
Adult \$5.10



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