Olympic High School

THE TOBCH

Student-Led Newsletter: Where Tomorrow's Leaders Speak Today



MEET YOUR STUDENT BOARD MEMBER CRYSTAL OCHOA

BY JARED GALLEGOS

SSENTIALS

Meet Crystal Ochoa, a 12th grader at Olympic High School who was chosen as the 2024-2025 Student Board Member for MDUSD. Each year, a Student Board Member is selected to enhance communications and collaboration between the Governing Board and the student body and teach students the importance of civic involvement.

Crystal Ochoa was the perfect candidate

for this role. She has attended schools within MDUSD for nine years, including Cambridge Elementary and Mt. Diablo High School (MDHS). She transferred to Olympic in the 2023-24 school year after falling behind on credits at MDHS. Once she began attending

Olympic, she excelled in all her classes. That is when her teachers and administrators began encouraging her to apply for the Student Board Member position. At the time, there were several applicants from various schools that had been asked to attend an in-person interview. Crystal attended the interview with Laura Juranek, the Superintendent's Executive Assistant. Crystal said the whole process is a new and eye-opening experience and that she formerly had not done anything like it. She was looking forward to the chance of being a part of the student board and was initially doubtful in being chosen out of the group of her peers.

But, while she was camping with her family over the summer, she received a phone call from Ms. Lyon telling her that she was selected as the representative. She was shocked and felt happy that she was selected. As the Student Board Member, Crystal has had the chance to lead focus groups with other schools in the district and see what she can change and improve to make the greatest impact. She also must

respond to emails sent to her about improvement requests and complaints. Twice a month she must report to the District office for meetings with the school board where they discuss feedback she has received from focus groups and vote on items that are requesting approval. In our interview, Crystal said she

enjoys being able to chat with students hearing how they actually feel about school, and enjoys the opportunity to meet new people. She said the most difficult part of her new role is putting herself out in the public eye because she was used to being a private person and now she is everywhere; people know who she is. As the Student Board Member, she said she hopes to make changes that will last and benefit students. In the future, she wants to be a barber or a social worker who can advocate for those who need help because she understands the struggle certain people go through.

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THE HISTORY OF HALLOWEEN

BY YARETZI DELGADO

Halloween, celebrated on October 31st, has its origins in ancient Celtic traditions, particularly the festival of Samhain, which was celebrated mostly in central Europe. This festival marked the end of the harvest season and the beginning of winter, a time when the Celts believed the boundary between the living and the dead blurred. During the festival, they would light bonfires and wear costumes. This practice was meant to protect themselves from the ghosts they believed would return to earth on this night.

About 1200 years ago, as Christianity spread around the world, the church attempted to replace the pagan festivals with Christian holidays and Pope Gregory III designated November 1st as All Hallow's Day also known as All Saints' Day, a time to honor saints. The day before All Saints' Day is considered All Hallows' Eve, eventually becoming Hallowen. Despite the church's efforts, many of the old Samhain traditions continued. People continued to dress in costumes and light bonfires, blending these customs with new Christian practices.

In the 19th century, Halloween began to transform in the United States, mostly due to the influx of Irish and Scottish immigrants. They brought with them traditions like carving turnips (which later became pumpkins) and "using" later became modern trick-or-treating.

Today, Halloween is celebrated with activities such as dressing up in costumes, trick-or-treating, and enjoying spooky decorations and festivities. From a tradition where people impersonated the spirits, or the souls of the dead, and received offerings on their behalf, Halloween has become a time for fun and creativity, with people of all ages participating in the celebration.

Click the image bekow to learn more about the history of Halloween!



IMAGE SOURCE: GOOGLE IMAGES

Why Columbus Day has Lost Its Shine

By Elijah Shillingford

The Federal Holiday, Columbus Day, has been one of the most inconsistently celebrated U.S. holidays. Columbus Day originated as a holiday in the United States, to celebrate the anniversary of Christopher Columbus's arrival in the Americas in 1942; it is observed on the second Monday of October. Since it is a Federal holiday, federal employees get a paid day off. This holiday was created to mark the beginning of recorded history in America and opened relations between the Americas and the rest of the world. However, Columbus Day seems to be fading as a widely observed holiday in recent decades because Native American advocates and others argue that Christopher Columbus isn't an appropriate person to celebrate.

People really started to learn about Christopher Columbus's cruelty and the harm he caused to indigenous populations in the second half of the 20th century. Historians began to take a closer look at what he did and the stories from people who witnessed it, especially the writings of Bartolomé de las Casas, who detailed the terrible things Columbus and his men did to Native Americans. Columbus's main goal was to find wealth and take over new lands. Even though indigenous people had lived in the Americas long before he arrived, Columbus was focused on getting riches, no matter who was in his way. He and his men mistreated the natives, using slavery and violence to get what they wanted. They also forced the indigenous people to convert to Christianity and unknowingly brought diseases that wiped out entire communities. Because of this, many Americans believe Columbus shouldn't be celebrated.

Recently, Native American groups and other critics have been pushing to change the holiday, pointing to Columbus's mistreatment of natives and the impact of European settlement. Some states like Alaska, Iowa, Michigan, and Oregon, along with cities like Seattle, San Antonio, Houston, and Boston, have started recognizing Indigenous Peoples' Day instead. However, it has not been made official or a permanent public holiday everywhere.

So, when you look at it, our views on Columbus Day have really shifted over the years. It used to be a big deal, celebrating exploration and discovery, but now people are more aware of the things Christopher Columbus did and how they affected indigenous communities. More and more places are moving towards celebrating Indigenous Peoples' Day instead, showing that the discussion around this holiday is still ongoing. Whether Columbus Day sticks around or not, this change highlights a growing awareness of history and the importance of honoring the stories of the people who were here long before Columbus showed up.

BY HEIDI CAMPOS

The Day of the Dead is a holiday traditionally celebrated The first week of November, depending on the locality. The multiday holiday involves family and friends gathering to pay respect and to remember friends and family members who have died.

Traditions Celebrated During the Weeks

October 27th October 28th October 29th October 30th

The day pets return to visit their late owners, People put out treats and their favorite toys.

We remember the lost souls, by lighting a white candle and leaving a white flower out.

We dedicate the day to the abandoned and forgotten souls. A white candle and a glass of water are placed on the altar. The water is so the deceased's thirst

goes away and the

candle lights their

dark pathways.

Another candle is lit, another glass of water, and a piece of bread is placed. Dedicated to those who left without eating in a tragic way or a fatal accident.





October 31th

This night we remember our ancestors and children who were never baptized, also known as children in limbo. A glass of water, a piece of bread, and a piece of fruit are placed on the altar.

November 1st

Known as All Saint's Day. We remember children who passed. We place sweet treats and toys on the altar.

November 2nd

The Day of the Faithfully departed. This is the day all deceased adults are believed to visit their loved ones. The deceased's favorite foods, drinks and objects are placed on the alter.





BREAST CANCER AWARENESS MONTH

BY ARA REZA

October 1 marks the first day of Breast Cancer Awareness month. Breast Cancer Awareness Month or BCAM is an annual international health campaign that is funded by several major breast cancer charities. It was founded in 1985 by the American Cancer Society and the pharmaceutical division of Imperial Chemical Industries. The original intent of the campaign was to promote mammography as an important way to catch and prevent breast cancer. A mammography is an x-ray imaging method used to examine the breasts for the early detection of cancer and other breast diseases. Data shows 99% of people with early-stage breast cancer were alive five years after diagnosis. This means that if you catch it early enough, it is treatable. However, treatable does not mean curable. Every year more research is being done to help prevent and cure breast cancer, and BCAM is a great opportunity to give support to different charities and overall bring more awareness to the topic.

What can you do?

- Donate by mail/phone
- Individual Fundraisers
- Rep the Spirit!
- Share the word
- Buy from <u>NBCF</u>

- Do your research on the topic
- Learn what steps you can take to protect yourself

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On average, 7.6 million unwanted pets are sent to shelters in the US every year. Out of these animals, about 3.9 million of them are dogs. Every year approximately 1.2 million dogs are euthanized due to the lack of space animal shelter in Southern New Mexico has come up with quite an interesting solution. Dogs can be sent to shelters for many different reasons, but the majority of the time, it is the owners' fault for not knowing how to properly care for their furry friends. This is where the non-profit charity Deming Animal Guardians comes in. In 2023, four shelter dogs who were scheduled to be put down were brought into the Southern New Mexico Correctional Facility. They were paired up with two inmates each and the results were phenomenal on "both sides of the leash".

The inmates who signed up for the program were taught about proper grooming, dog first over. Slowly but surely, more and more nonaid, how to potty train, and participated in a couple of classes a week where they were guided in teaching the dog boundaries and basic commands. Some of these included 'stay', 'sit', and 'fetch'. During the program, the inmates and the dogs lived together 24/7.

One inmate wrote, "I am changed by this experience...I believe these men will go home more prepared for the world by finally owning up to being responsible, rather than careless, with another life." Having the responsibility in shelters. Overflowing shelters have been a and privilege of caring for another living being problem in the US for a while, and one no-kill gives these inmates discipline, empathy, and patience that they can utilize in all aspects of their lives.

> Not only does the program help the inmates, but it also provides a chance for abandoned dogs to have a shot at a good life again. Most of the dogs that were put into the program had been at high risk for euthanization, but after training with the inmates, they are ready to be adopted out into the real world. In fact, so many of these dogs showed such great progress that many of their inmate partners decided to officially adopt them.

> We owe man's best friend the courtesy of a comfortable, happy life that will not be cut short because of things the dog has no control profit, no-kill animal shelters and programs are popping up as people start to realize this. To learn more follow the link below!



A Paws-itively Epic Journey Home

BY JARED GALLEGOS

In early June, a couple from Salinas, California lost their beloved cat Rayne Beau (pronounced rainbow) on a camping trip in Yellowstone National Park. Rayne Beau was lost when he was suddenly startled and ran off. On the way out of the park, owner Susanne Anguianos saw a double rainbow. She was feeling discouraged about leaving the cat behind but thought this was a clear sign her cat would be okay. 60 days later, in early August, they received a message from Petwatch, a pet microchip service, informing them that their cat Rayne Beau was at a Shelter in Roseville, CA; a woman in Roseville found Rayne Beau and took him to the local shelter. Since Rayne Beau is microchipped they were able to identify the owner. The Anguianos were reunited with their cat who traveled a long way. The larger question: how exactly did Rayne Beau travel across two states, 900 miles, from Yellowstone National Park in Wyoming, all the way to Roseville California? They shared their story hoping someone may come forward with details; they also urge pet owners to get their pets microchipped. According to *The Guardian*, "An estimated 10m dogs and cats are lost or stolen in the US every year, according to the American Veterinary Medical Association. Only one in 50 cats in shelters return to

their owners, but with a microchip, nearly two out of five are reunited with their families."

Click the image of Rain

Beau to see more about

his journey.



Ares God of War

BY QUINCY HILL

In Ancient Greek Mythology, there are 12 gods, one of which is the God of War named Ares. Ares is the son of Zeus, the king of all Gods, and Hera, the goddess of marriage and family.

Ares was said to have a troubled relationship with his mother and father because they were embarrassed by him. It was known that Ares cheated on his wife and took the enemy's side during the Trojan War.

He had several love affairs, but his most famous one was with Aphrodite, the goddess of love. Together, they had several children, like Phobos and Deimos who often went with him into battle. Their secret romance didn't stay hidden for long, though. Aphrodite's husband, Hephaestus, eventually found out and trapped them in a net, exposing them to the other gods and embarrassing them in front of everyone.

He was involved in many battles and developed the necessary features to become the god of war or the spirit of fighting as some call him.

He was often illustrated as being impulsive and quick to become angry; both of which were reasons he lost some of his battles. Ares wasn't just about the destruction and chaos of war; he also represented the bravery and strength that come with fighting. He was all about the wild, aggressive side of battle, but that energy was sometimes necessary to defend his people or conquer the enemy.

Even though he was a big deal in mythology, Ares didn't

Even though he was a big deal in mythology, Ares didn't have a huge fanbase in ancient Greece—most people preferred gods who stood for peace and order.

Click the image to learn more about Ares, The God of War.



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HALLOWEEN AROUND THE BAY

Click any image to learn more!

By Ashley Sanchez



Halloween Bash - Small World Park 2551 Harbor St, Pittsburg 12 pm - 5 pm, Saturday, October 26

There will be a Halloween
Parade held at 2pm. They will
have many activities for kids
and families such as trick or
treating and LIVE
entertainment.



Trick-or-Treat - Baldwin Park 2790A Parkside Circle 4:30 - 6:30 pm, Friday, October 25

This event is held for families that are looking for something to do for Halloween.



FAMILY HALLOWEEN DAY -RANDALL MUSEUM 199 Museum Way, San Francisco 10 am – 2 pm, Saturday, October 19

There will be many activities for kids and families of all ages. There will be games, live music, pumpkin patch and many more activities to enjoy with your family.



BOO AT THE ZOO - OAKLAND ZOO 9777 Golf Links Rd, Oakland
10 am - 4 pm, Friday, October 25 - 27
Go to the Oakland Zoo dressed up!!
They will be holding a self-guided scavenger hunt. They are also holding an in person contest. It is held in the Wildlife Theatre in the Wayne & Gladys Valley Children's Zoo at 12pm.



HAUNTED HOUSE PARTY
GRATITUDE LOUNGE
1655 Willow Pass Rd, Concord
7 pm - Close, Saturday, October 26
Come dressed up to enjoy some dancing
and music by some local DJs. They will also
be having a costume contest so come
dressed to impress!!!



TRAILER

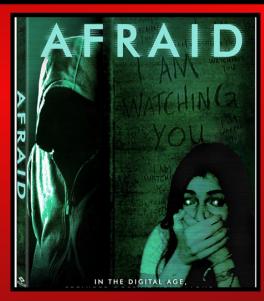
SCARY MOVIES TO WATCH ON HALLOWEEN

BY YARETZI DELGADO



"IT" RATED R

RELEASED ON SEPTEMBER 8, 2017, THE MOVIE IS BASED ON STEPHEN KING'S 1986 NOVEL. THE STORY FOLLOWS A GROUP OF KIDS IN DERRY, MAINE, WHO CONFRONT AN EVIL ENTITY, PENNY WISE THE CLOWN, THAT PREYS ON CHILDREN EVERY 27 YEARS. THE FILM WAS PRAISED FOR ITS PERFORMANCES AND BALANCE OF HORROR WITH COMING-OF-AGE ELEMENTS.



"AFRAID" PG-13

RELEASED ON OCTOBER 2,2018, ITS PLOT REVOLVES AROUND A COUPLE, JASON AND SARAH, WHO DECIDE TO SPEND A WEEKEND IN A REMOTE CABIN. HOWEVER, THEIR PEACEFUL GETAWAY TURNS INTO A NIGHTMARE WHEN THEY REALIZE THEY ARE BEING WATCHED BY HIDDEN CAMERAS. THE MOVIE EXPLORES THEMES OF PARANOIA, PRIVACY INVASION, AND THE PSYCHOLOGICAL TERROR OF BEING CONSTANTLY MONITORED.



"SMILE" - RATED R

RELEASED ON NOVEMBER 4, 2022, IT IS A
PSYCHOLOGICAL THRILLER ABOUT A YOUNG
WOMAN NAMED EMMA WHO BECOMES OBSESSED
WITH A MYSTERIOUS SMILEY FACE EMOJI,
UNCOVERING DARK SECRETS AND FACING A WEB
OF DECEPTION THAT THREATENS HER SANITY.



"THE CONJURING" - RATED R

RELEASED ON JULY 19, 2013, THE MOVIE IS A SUPERNATURAL HORROR FILM BASED ON THE TRUE STORY OF PARANORMAL INVESTIGATORS ED AND LORRAINE WARREN, WHO HELP THE PERRON FAMILY DEAL WITH A DARK PRESENCE IN THEIR FARMHOUSE. THE WARRENS UNCOVER THE HOUSE'S HISTORY AND CONFRONT MALEVOLENT SPIRITS TO SAVE THE FAMILY.

STUDENTS & STATISTICS HALLOWEEN EDITION

WE SENT OUT A SURVEY TO ALL OLYMPIC STUDENTS: HERE ARE THE RESULTS!

BY ARA REZA

- **HALLOWEEN**
- 64.4% OF STUDENTS CARVE PUMPKINS
- 92.3% OF STUDENTS LIKE HORROR MOVIES
- 12.8% OF STUDENTS ARE SCARED OF HORROR STORIES
- 53.8% OF STUDENTS DISLIKE PUMPKIN SPICE FLAVORING
- 79.5% OF STUDENTS DISLIKE CANDY CORN
- 74.4% OF STUDENTS PREFER HAUNTED HOUSES OVER PUMPKIN PATCHES
- 74.4% OF STUDENTS SAY IT IS ACCEPTABLE TO PUT UP HALLOWEEN **DECORATIONS BEFORE OCTOBER**
- 59% of STUDENTS CELEBRATE DIA DE LOS MUERTOS

- 61.5% OF STUDENTS DRESS UP FOR THE TOP 3 HALLOWEEN ACTIVITIES: THIS YEAR ARE
 - HAUNTED HOUSES (28.2%)
 - SCARY MOVIES (28.1%)
 - TRICK OR TREATING (20.5%)
 - THE TOP 3 HORROR MOVIES ARE:
 - HALLOWEEN (15.4%)
 - FRIDAY THE 13TH (15.4%)
 - SCREAM (12.8%)
 - Some of the Most Popular **COSTUMES:**
 - Jasmine & Aladdin (56.4%)
 - BATMAN (59%)
 - SKELETON (64.1%)



Mock Election Results

To encourage students to become active voters once they are old enough to cast a ballot, Olympic High School participated in the 2024 California Student Mock Election on October 3, 2024. Here are the results:

BY ARA REZA, ASHLEY SANCHEZ, YARETZI DELGADO

PRESIDENT & VICE PRESIDENT De la Cruz/ Garcia 16

Trump/ Vance 41
Harris/ Walz 64
Kennedy/Shanahan 3
Oliver / Maat 2
Stein / Ware 1

US SENATE

Steve Garvey Adam B. Schiff 50 56 140 students
voted.
Will our students
reflect the will of
California
Voters?

PROP. 2: Authorizes bonds for public school and community college facilities. Legislative Statute.

NO: 13 **YES:** 117

PROP. 3: Constitutional right to marriage. Legislative constitutional amendment.

NO: 31 **YES:** 95

PROP. 4: Authorizes bonds for safe drinking water, wildlife prevention, and protecting communities and natural lands from climate risks. Legislative statue.

NO: 14 YES: 121

PROP. 5: Allows local bonds for affordable housing and public infrastructure with 55% voter approval. Legislative constitutional amendment.

NO: 15 **YES:** 117

PROP. 6: Eliminates constitutional provision allowing involuntary servitude for incarcerated persons. Legislative constitutional amendment.

NO: 51 **YES:** 75

PROP. 32: Raises minimum wage. Initiative statute.

NO: 13 **YES:** 108

PROP. 33: Expands local governments' authority to enact rent control on residential property. Initiative statute.

NO: 43 **YES:** 79

PROP. 34: Restricts spending of prescription drug revenues by certain health care providers. Initiatives statute.

NO: 36 **YES:** 85 **PROP. 35:** Provides permanent funding for medi-cal health care services. Initiative statute.

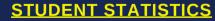
NO: 18 **YES**: 120

PROP. 36: Allows felony charges and increases sentences for certain drug and theft crimes. Initiative statue.

NO: 42 **YES**: 95

DID YOU KNOW

OHS students have participated in differemt Mock Elections since 1992, accurately predicting the U.S. presidential winner in every election except in 2016.





- 5.1% OF STUDENTS POLLED ARE FOLLOWING THE ELECTION
- 38.5% OF STUDENTS POLLED BELIEVE THAT WHO IS IN OFFICE IS RELEVANT TO THEM
- 33.3% OF STUDENTS POLLED PLAN ON VOTING WHEN THEY TURN 18



A Daily Dose of Observances



This month is packed with national and global observances, where each day is dedicated to celebrating someone or something! From honoring everyday objects to appreciating the little joys in life, these recognitions give us the perfect excuse to smile, take a break from routine, and engage in fun activities! Whether you're looking to add some humor to your day or learn about people to celebrate across the country, this calendar will bring a daily dose of amusement and joy!

BY HEIDI CAMPOS



INSTRUCTIONS

FALL RECIPES

INGREDIENTS

- 1/2 CUP STRONG HOT COFFEE OR 2 SHOTS ESPRESSO
- 2 CUPS MILK OF CHOICE, DAIRY OR NON-DAIRY
- 2 TABLESPOONS PUMPKIN PUREE, OR MORE TO TASTE
- 1 TABLESPOON SUGAR OR MAPLE SYRUP, OR MORE TO **TASTE**
- 1 TABLESPOON VANILLA **EXTRACT**
- 1/2 TEASPOON PUMPKIN PIE SPICE, PLUS MORE FOR **SERVING**
- WHIPPED CREAM, OPTIONAL FOR SERVING



Step 1-Add milk, pumpkin puree,

and sugar to a saucepan over medium heat. Slowly heat the milk until hot, but do not boil.

Step 2-Remove the saucepan from the heat and whisk in the vanilla. pumpkin pie spice, and the coffee or espresso. Taste and adjust with more sugar or spices.

Step 3-Divide the mixture between two muas.

Step 4-Top with whipped cream and a sprinkle of pumpkin pie spice.

INGREDIENTS

- All purpose flour, for surface of baking sheet
- 1 (8-oz.) tube crescent rolls
- 1 (12-oz.) package mini cocktail wieners
- 4 tbsp. melted unsalted butter coarse salt

PIGS IN A BLANKET



INSTRUCTIONS

Step 1-Preheat oven to 375°. On a lightly floured surface, unroll crescent sheets and tear where perforated. Cut each triangle into 3 smaller triangles.

Step 2-Place 1 cocktail wiener on thick side of each triangle, then gently roll to thinner side.

Step 3-Transfer to a medium baking sheet. Brush with butter and sprinkle with salt.

Step 4-Bake pigs in a blanket until golden, 12 to 15 minutes.

INGREDIENTS

- 1 (15-oz.) container Ricotto Cheese
- 1 (16-OZ.) pkg. of shredded Mozzarella cheese
- 1 (5-oz.) grated Parmesan cheese
- 1 egg, beaten
- 1 lb ground beef
- 1 (24 to 26-oz.) jar spaghetti sauce
- 1 cup beef broth or water
- 12 uncooked lasagna noodles

LASAGNA



INSTRUCTIONS

Preheat oven to 375°F

Mix Ricotta cheese and egg in bowl. Stir in 3 cups Mozzarella cheese and 3/4 cup Parmesan cheese. Keep extra Mozzarella and Parmesan cheeses

Brown ground beef over medium heat until not pink. Drain. Season with salt and pepper, to taste. Stir in spaghetti sauce and beef broth. Spread 1-1/2 cups meat sauce in bottom of 13 x 9-inch glass baking dish. Top with 3 noodles lengthwise, place 4th noodle crosswise, breaking to fit. Layer heaping 1 cup of the meat sauce and 1/2 of the Ricotta mixture. Repeat layers once. Top with remaining 4 noodles and remaining meat sauce

Cover with aluminum foil. Bake in 375°F oven until noodles are tender and sauce is bubbly, about 50 minutes. Remove foil. Sprinkle with reserved cheeses. Bake uncovered until cheese is melted, about 10 minutes. Let stand, loosely covered, 15 minutes before serving.

Credit Crusipers BY ARA REZA BY ARA REZA

- Luis Barrera
 Villalobos
- Edgar Caal Xona
- Jeronimo Choc
- Julian De Jesus Espejo Ceron
- Denis Guzman
 Deleon
- Edgar Mundo Zepeda
- Milder Salgado Argenal
- Danilo Tot Mucu
- Jose Xol Cac
- William Knight
- Aldrich John Candasa
- Erik Ruiz
- Alvaro Zavala
- Keiri Lovos Recinos
- Jazmin Ayala
- Crystal Ochoa
 Gonzalez
- Sergio Max Tiul
- Isaiah Torres-Chavez
- David Rodriguez
- Dominique King

- Nicolas Garcia
 Casillas
- Lily Perez
- Ara Reza
- Emma-Marie McCall
- Brealene Sarria
- Edin Dayler Ico Morente
- Sofia Martinez
- Brianna Gonzalea
- Ernesto Ramirez
 Diaz
- Gianni Basler
- Yarizet Cano Torres
- Luis Avalos Lopez
- Mason Dantono
- Jonathan Jaimes
 Quiebras
- Gaspar Sanchez
 Caba
- Apollo Bernal
- Ezequiel Echeverria
 Gutierrez
- Jaylen Dunkley-Wagner
- Santino Esquivel
- Emigdio Moran Villa
- GiovanniGianquento

- Jezzibelle Morel
- Guilherme Pedroza
- Jose Ruvalcaba
 Carbajal
- Leslie Sanchez
 Sanchez
- Elisa Febo
- Alan Maciel Horacio Arceo
- Mariana Arzate
 Valladolid
- Kaylee Galvin
- Alexis Ayala Rodriguez
- Eren Gomez
- Aurora Lopez-Robles
- Marcello Canas
- Niyah Braggs
- Rosa Ceja Martinez
- Omar Perez Ruiz Jr.
- Xavier Lopez
- Angelysse Ochoa





Horacio Arceo Mariana Arzate Valladolid Luis Avalos Lopez **Jazmin Ayala Alexis Ayala Rodriguez** Luis Barrera Villalobos Gianni Basler **Apollo Bernal Niyah Braggs Edgar Caal Xona** Marcello Canas Aldrich John Candasa **Yarizet Cano Torres** Rosa Ceia Martinez Jeronimo Choc **Mason Dantono Jaylen Dunkley-Wagner Ezequiel Echeverria Gutierrez** Julian De Jesus Espejo Ceron Santino Esquivel Elisa Febo **Kaylee Galvin** Nicolas Garcia Casillas Giovanni Gianquento **Eren Gomez** Brianna Gonzalez **Denis Guzman Deleon Edin Dayler Ico Morente Jonathan Jaimes Quiebras**

William Knight **Xavier Lopez Aurora Lopez-Robles Keiri Lovos Recinos** Alan Maciel Sofia Martinez Sergio Max Tiul Emma-Marie McCall **Emigdio Moran Villa** Jezzibelle Morel Edgar Mundo Zepeda **Angelysse Ochoa** Crystal Ochoa Gonzalez Guilherme Pedroza **Lily Perez** Omar Perez Ruiz JR. **Ernesto Ramirez Diaz** Ara Reza **David Rodriquez Erick Ruiz** Jose Ruvalcaba Carbajal Milder Salgado Argenal Gaspar Sanchez Caba Leslie Sanchez Sanchez **Brealene Sarria** Isaiah Torres-Chavez **Danilo Tot Mucu** Jose Xol Cac Alvaro Zavala

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Dominique King



Since its debut in 1975, Olympic Continuation High School has been flying solo without a mascot to rally behind. But last year, the excitement kicked off when students and staff teamed up to brainstorm the perfect symbol for the school's spirit, culture, and values. After some lively discussions, three top contenders made the cut: Pegasus, Unicorn, and Phoenix. But that wasn't all—the brainstorming continued, and after more creative suggestions from students, staff, and the community, a final survey added Lions, Torch, and Owls to the mix. In the end, the fiery Phoenix soared to victory, winning 40.5% of the student vote!

Click the link to order: **OLY SWAG**