

School Counseling Dept. Newsletter

Practice
GRATITUDE



Welcome MPTCS Village!

In this November edition of our Newsletter, we are thrilled to showcase the incredible efforts of the School Counseling Department in supporting our scholars social-emotionally. Throughout October, we explored the significance of RESPECT and the issue of School Violence, emphasizing that our schools are a BULLY FREE ZONE! Our dedicated School Counselors and School Social Workers have been equipping students with strategies to enhance their self-awareness, social awareness, and responsible decision-making skills. Additionally, we celebrated Red Ribbon Week to raise awareness about the effects of drugs and substances on our communities. Students made a pledge to lead a DRUG FREE life, and we urge our village to keep these conversations going beyond October.

As we move into November, it's a time to express gratitude and kindness. We are immensely thankful for our students and all staff members. Our staff consistently goes above and beyond to create an excellent learning environment, and our students make it all worthwhile. The collective efforts we put in truly make an impact, and I am grateful to be on this journey with team members who genuinely care about improving the lives of children in the great city of Newark. Thank you for being part of our journey to ***Prepare Students for Life's Challenges & Opportunities!***

Wishing you a month ahead filled with gratitude!

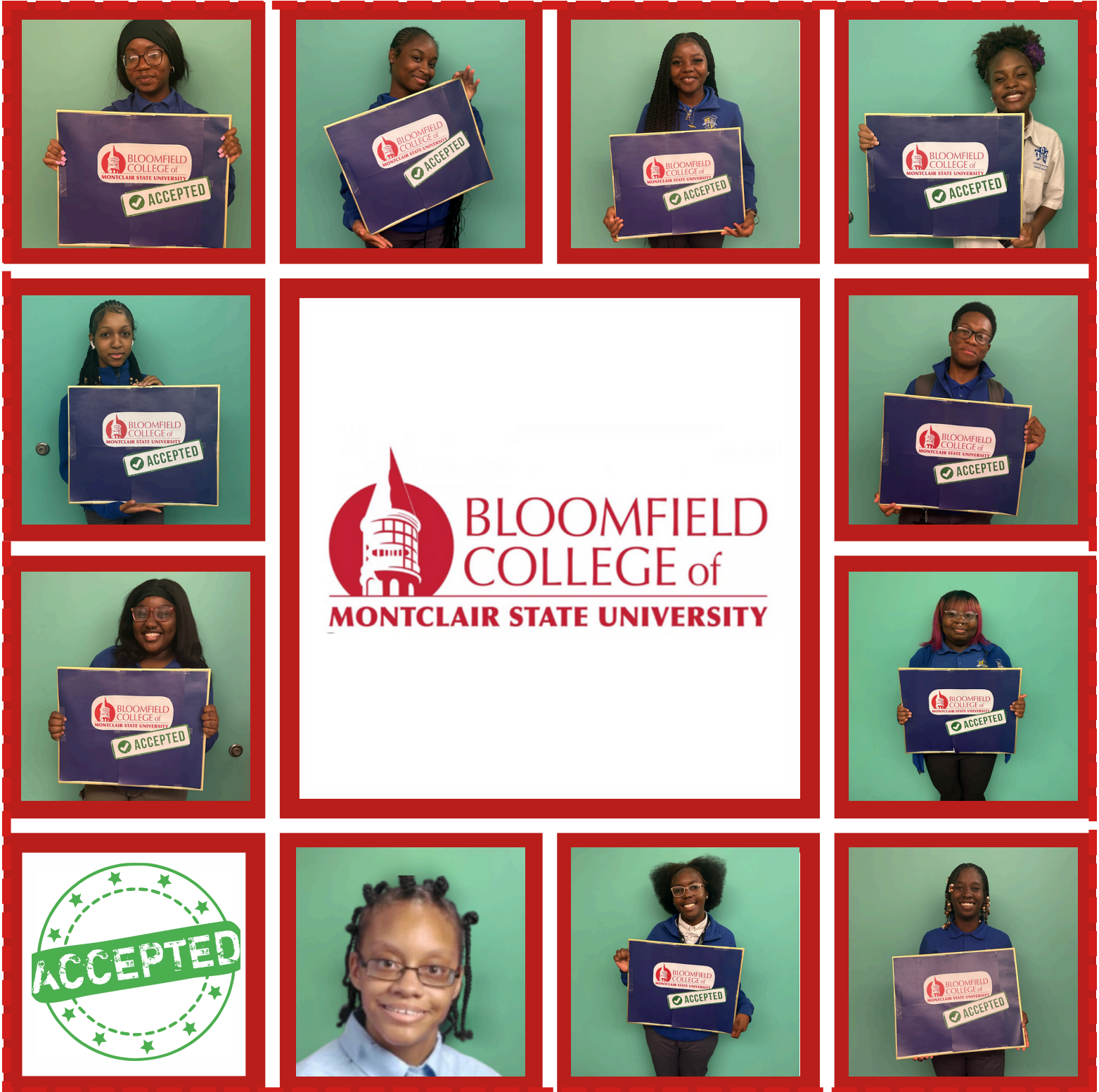
Ms. Jean-Louis
Dept. Chair of Guidance / School Counseling





Instant Decision Day

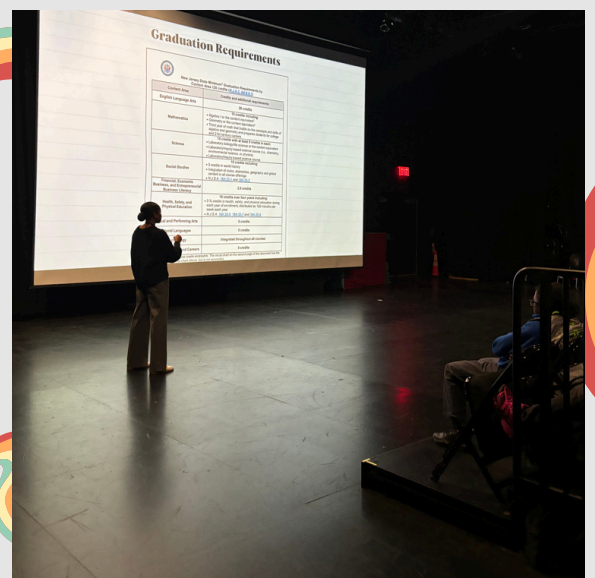
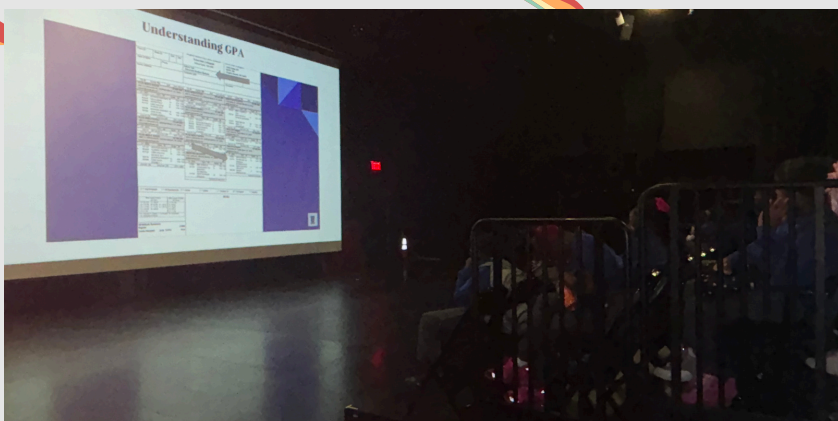
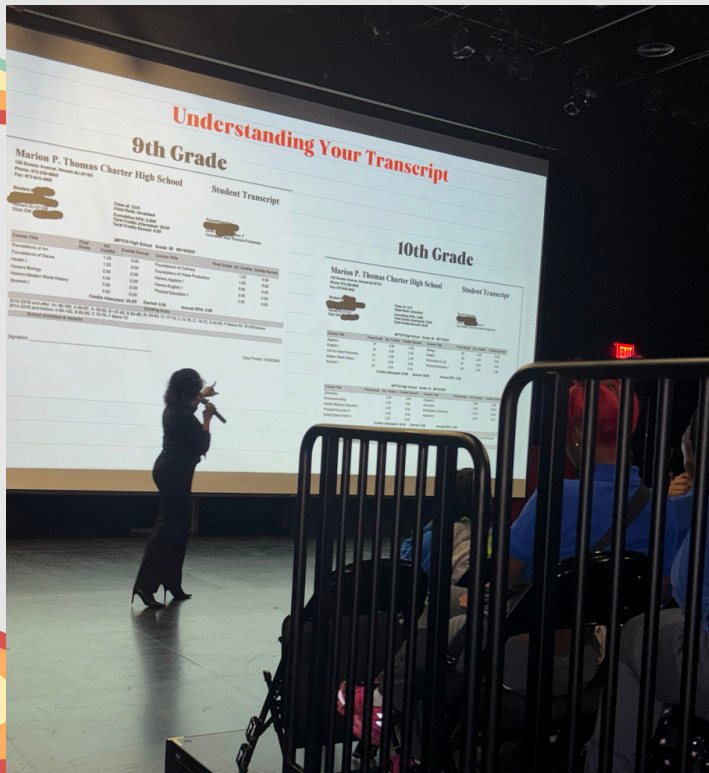
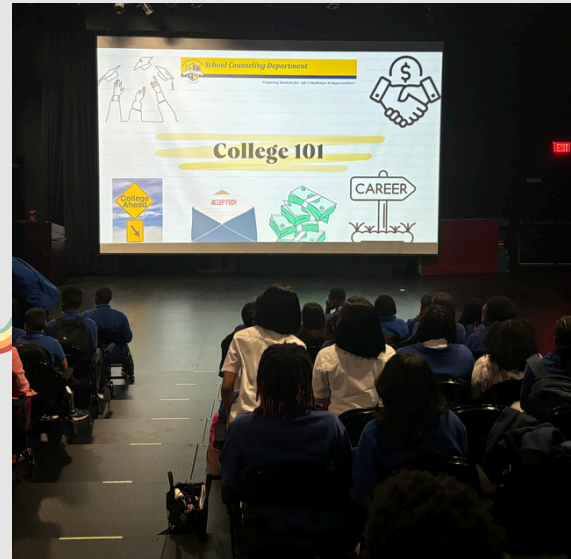
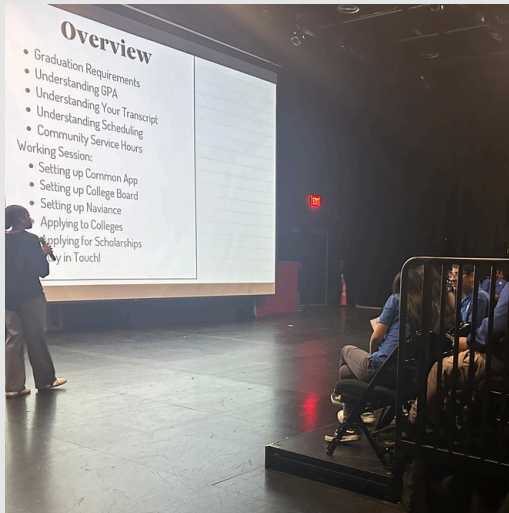
10/21/24



Eleven of our students received INSTANT acceptance to Bloomfield College of Montclair State University, each awarded an incredible \$20,000 for four years!

College 101 Workshops

Our 9th & 10th Grade students learning how to understand their transcript, GPA, the college admission process, scheduling and more! We are getting ready for college & beyond!



William Paterson University Visits MPTCHS!



Delaware State University Tour



Rowan University Tour



High School - School Counselor Corner

Mrs. Fredericks



- HS - School Counselor
- 973-621-0060 x 5155
- Last Names (A-Gi)



Shout out to the Senior class council for leading and working together as a team in getting things done for the senior class.

Shout out to Principal Snipes in recognition of Principal Appreciation Month. Thank you for being our fearless and an outspoken Leader who is always willing to roll up your sleeves.



Shout out to Ms. Young for always being a team player.



High School - School Counselor Corner

Ms. Young

Shout Outs!



Shout out to Mrs. Fredericks (HS) for being a a great counselor!



Shout out to Arielle Nicholls for always putting a smile on my face!



Shout out to Ms. Bell (HS) for being a team player!



PAC - School Social Worker Corner

Shout Outs!

Ms. Palmer




- School Social Worker
- apalmer@mptcs.org




**HAPPY PRINCIPAL
APPRECIATION
MONTH!**

**Shout out to Principal
Nickerson!**



**Shout out to All of my
PAC Tigers for
participating in the
informative
workshops for the
month of October!**



**Shout out to the CST and
Climate and Culture Team,
Mrs. DiNardo, Ms. Romano,
Ms. Bierenfeld, Ms. Brown,
and Mr. Pinckney for all of
your support this month.**



Be the "I" in KIND



PAC School Social Worker's Corner

Highlights from The Week of Respect



**Can't Take BACK
your words**



**We wear Blue to stand
against Bullying**



Thankful Wednesdays!



**Scholars Participating in the
Week of Respect Workshops**



PAC'S PRINCIPAL'S CORNER

PRESENTS:

PARENT WORKSHOP ON DRUG AND ALCOHOL PREVENTION

A graphic of a white notepad with a spiral binding at the top, pinned to a background of colorful horizontal stripes. The notepad contains handwritten text and icons.

Where?
 An icon of a person wearing a headset, representing a virtual meeting or Zoom session.

When?
Wednesday
Oct. 24th
5:30pm
-7:00pm

Why?
**LEARN ABOUT
YOUTH DRUG
AND ALCOHOL
PREVENTION**

How?
 A square QR code that, when scanned, likely leads to the workshop registration page.

**DRUG
FREE
ZONE**

 Two hands made of words like 'stop', 'abuse', 'drug', and 'STOP' are positioned on either side of the notepad.

November Parent Workshop

Thursday, November 21, 2024

5:30pm-7:00pm

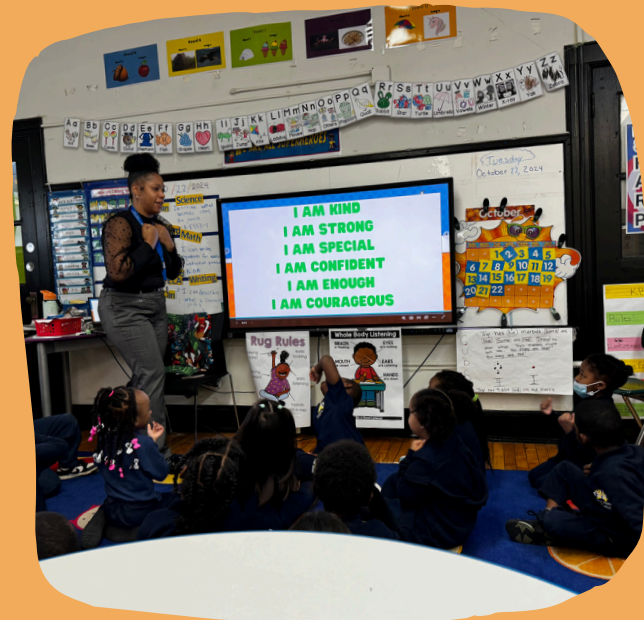
Topic - Creating Boundaries & Hygiene Awareness

Scan Here to Join



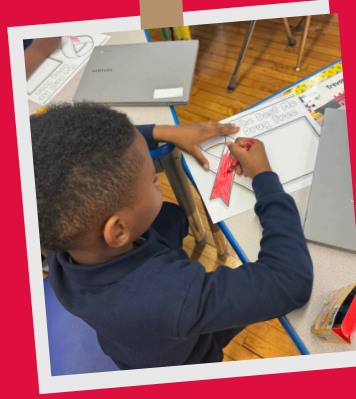
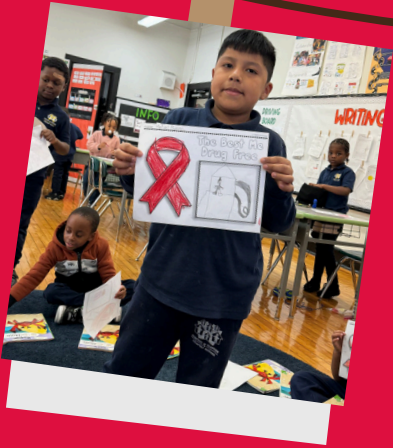
PAC School Social Worker's Corner

Highlights from School Violence Awareness Week



PAC School Social Worker's Corner

Highlights from Red Ribbon Week




RED RIBBON WEEK* OCT. 23-31 • WWW.REDRIBBON.ORG

STEAM - School Counselor Corner




• School Social Worker
• lmontes-valdez@mptcs.org



Shout Out to Principal Silvestre for being the best principal and always supporting our scholars and staff!



Shout Out to our SCHOLARS, you all did amazing with SEL workshops this month. Thank you for listening and participating.

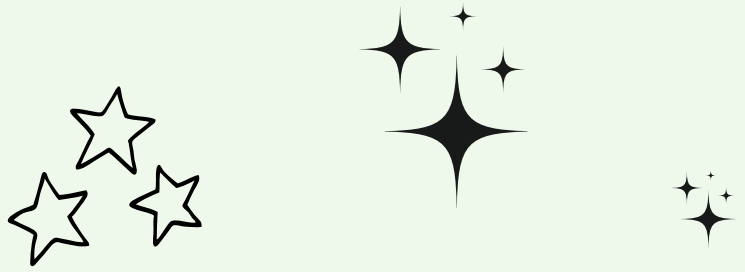


Shout Out to Ms. Robinson (STEAM CST Social Worker), thank you for collaborating with me for SEL workshops. Your support does not go unnoticed.

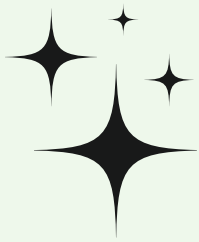
STEAM School Social Worker's Corner

Highlights from Red Ribbon Week





Be the "I" in KIND



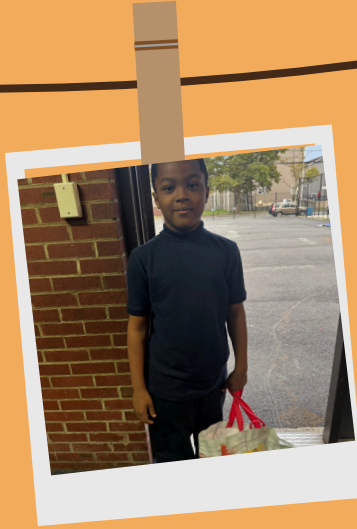
STEAM School Social Worker's Corner

Highlights from School Violence Awareness Week



STEAM School Social Worker's Corner

Highlights from The Week of Respect



RESPECT

RESPECT

High School - School Social Worker Corner



School Counseling Department

Preparing Students for Life's Challenges & Opportunities!

MS. BELL



HELLO

Welcome back scholars! I'm Ms. Bell and I'll be the new School Social Worker for the 2024-2025 school year. This will be my 1st year at MPTCS High School. I'm looking forward to working and getting to know all scholars, and parents!

FUN FACTS

My Favorite Color is Blue
I enjoy interior decorating and event planning.

BOOK AN APPT



CONTACT ME



pbell1@mptcs.org

973.621.0060 ext. 5101

High School Social Worker's Corner Highlights from School Violence Awareness Month!

Kindness
= MATTERS =

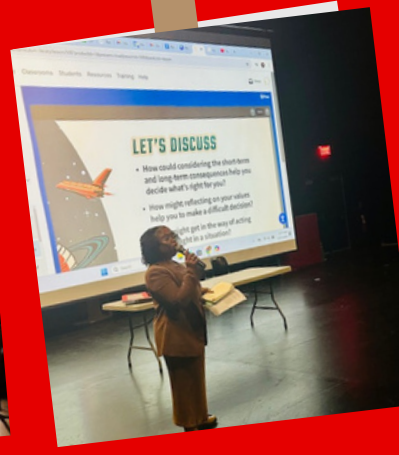
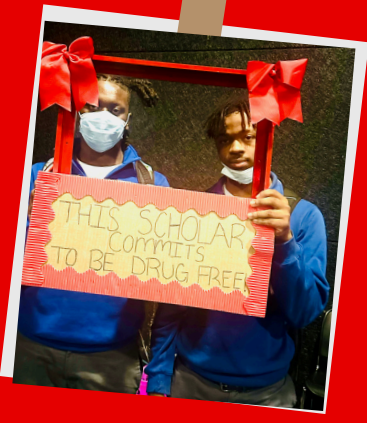


Be the "I" in KIND



High School Social Worker's Corner Highlights from Red Ribbon Week!

Don't be
AFRAID
to SAY no



SAY NO TO DRUGS!



High School Social Worker's Corner



Red Ribbon Week!

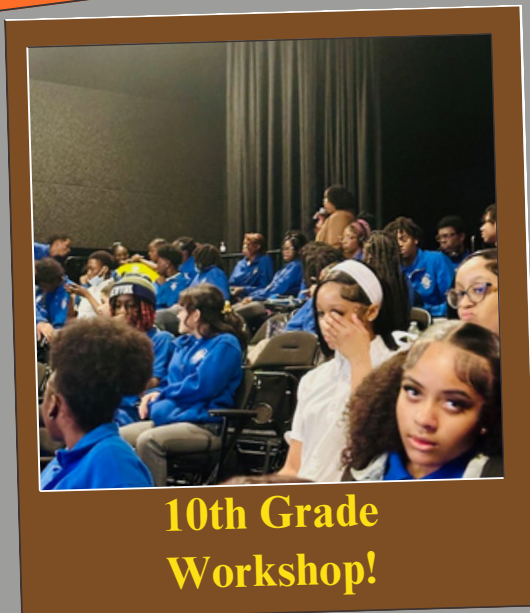


School Violence Awareness Month!

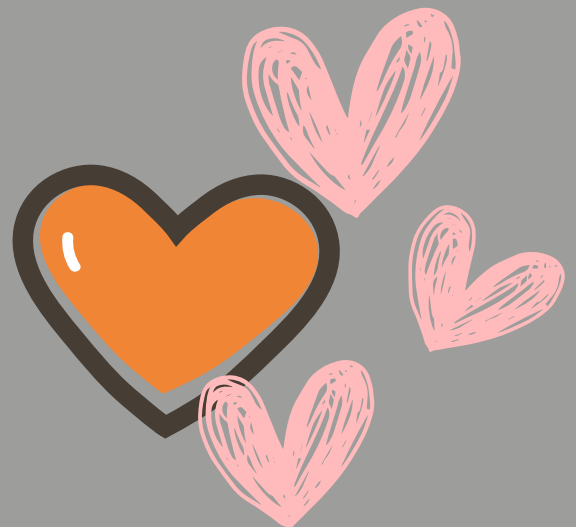


BE THE "I" IN KIND!

Be Kind.



10th Grade Workshop!





School Counseling Department

Preparing Students for Life's Challenges & Opportunities!



Stay Connected!



Ms. Jean-Louis

Dept. Chair of Guidance/ School Counseling



vjeanlouis@mptcs.org

Location: High School / Central Office

Mrs. Fredericks

School Counselor
9th - 12th (A-Gi)



kthomas1@mptcs.org

Location: High School

Ms. Young

School Counselor
9th - 12th (N-Z)



byoung@mptcs.org

Location: High School

Ms. Bell

School Social Worker
9th - 12th



pbell1@mptcs.org

Location: High School

Ms. Montes-Valdez

School Social Worker
PreK - 8



lmontes-valdez@mptcs.org

Location: STEAM Academy

Ms. Palmer

School Social Worker
PreK - 8



apalmer@mptcs.org

Location: PAC Academy