



Washington State eliminated the reduced-price co-pay for all students participating in the School Breakfast Program and for students in grades K–3 for the National School Lunch Program (NSLP). **Now, all students eligible for reduced-price meals in public schools operating the NSLP can participate at no cost!**

The prices below are for the non-participating students 2024/25 School year.

HHES- Breakfast \$1.85                      HHES Lunch \$3.35

HMS Breakfast \$2:05                      HMS Lunch \$3.75

HHS Breakfast \$2.35                      HHS Lunch \$3.90

Adult/ Guest Lunch \$5.00

**1 GREAT TRAY**

**A healthy lunch consists of five components:**

- Milk**
- Fruit**
- Vegetable**
- Grain**
- Protein**

Grains

Choose Whole Grains

Protein

Choose Lean Meats, Low-Fat Cheese, Yogurt, Peanut Butter, Beans & Eggs

Milk

Choose Fat-Free or Low-Fat Milk

Fruits

Varieties Offered Daily

Vegetables

Varieties Offered Daily

Eat Smart! Make choices from all five food groups daily!

Students are **REQUIRED** to choose 3 of the 5 components with at least 1 fruit or vegetable to make a lunch.

**There will still be a charge for a la carte items such as Flavored Waters, Granola bars, Entrée only etc.**

If you have any question

Please call:

Joshua BrownSilva DDS/Chef

Dining Service at 360-448-6481