



Parent Education

Have you ever had a difficult time talking to your teen about mental health and sexual health? In partnership with the Wellbeing Center, the Planned Parenthood Los Angeles Promotoras Comunitarias are here to help! We'll give you the tools to have these discussions in a way that's comfortable for both you and your teen.

TOPICS

DATE

- | | |
|---|----------|
| 1. Family Communication about sexual health | 01/14/25 |
| 2. Domestic Violence | 01/28/25 |
| 3. Stress Management | 02/11/25 |



Verdugo High School
Room 140



Tuesdays: 10:00 am - 11:30 am



For more information, please contact
Ms. Duran at (818) 951-5462

