



## Health Office Guidelines

The goal of the health office is to keep children in school as much as possible to support student academic growth. However, there are times when students need to stay home to prevent exposure or the spread of illness to other children. The following are some helpful guidelines when determining whether a child is too ill to attend school.

- Temperature of 100.4 degrees or higher. Students must be fever free for 24 hours without the use of fever reducing medications before they can return
- Vomiting or diarrhea. Students need to stay home until 24 hours after last episode
- Chicken pox. Students can return when the blisters have dried into scabs
- Head lice. Students can return after one treatment and there are no live lice. Health Office staff will check upon return to school and 7-10 days later to ensure no eggs have hatched
- Pinkeye. Students are no longer excluded from school for pinkeye per MDH guidelines
- Impetigo. Student may return 24 hours after treatment has been initiated and sores are drying/improving
- Strep throat. Students may return 12 hours after antibiotic treatment begins and the student is without fever. Students without symptoms, regardless of a positive throat culture, do not need to be excluded from school
- Any suspicious rash
- Students recovering from an illness will need a note from home if they are to stay indoors during recess. If students must stay in for longer than a couple days, due to a medical problem, they must have a doctor's note