School Nurse Information for Parents

Hello! I am Megan Hopkins, BSN, RN, School Nurse at Seaside Elementary School. I have 20 years of nursing experience & this is my 7th year as the School Nurse at SSE! Horry County Schools has full time licensed nurses in each school to enhance the educational process by addressing the physical, mental, emotional, and social health needs of students. If you have questions or concerns about your child's health or school nursing services, please contact me. It is important for parents to report any illness or condition that your child has that may require medical support during the school day.

Reminders:

- 1. Please send, fax, or email a copy of your child's current immunization record to the school nurse if your child is <u>new</u> to this school or district. If your child attended the child development program last year, then we may need an updated immunization record for kindergarten. The school nurse will be reviewing records & contacting parents for non-compliant immunization records. Parents have 30 days from the start of school to submit immunization records.
- 2. Please call or email the school nurse prior to a parent bringing in any prescription or over the counter medications to ensure compliance with the HCS medication policy. HCS medication forms are required for the school nurse to administer any medications. The medication policy & forms can be obtained from the school nurse or the HCS Student Health Services webpage.
- 3. Please send a complete change of clothes to school or keep in your child's book bag in case of an accident. Juice/milk spills, bloody noses, muddy puddles, and restroom accidents can soil clothing of students at any age. Having a change of clothes at school can reduce the amount of instructional time missed for the student and reduce time missed from work and busy schedule for parents. Please make sure the change of clothes is appropriate for the season.
- 4. The school nurse will call the parent if your child presents with the following condition(s):

Fever greater than 100.4 degrees, more than 1 episode of vomiting, more than 2 episodes of diarrhea, any head injury with cause for concern, injury with any pain/swelling/deformity, live lice, or other serious conditions that warrant immediate parent notification.

- 5. The school nurse may send a note home to the parent to notify you of a visit that does not require immediate notification. A call is not made for every visit to the health office, such as minor injuries or illnesses that are resolved.
- 6. Please do not send children to school sick. Children who have vomited or have diarrhea should remain home until vomiting/diarrhea free, able to eat and drink without recurring episodes of vomiting/diarrhea and feel well enough to participate in school. Children with fever of 100.4°F or greater should remain home until they are fever free without the use of fever reducing medication for 24 hours. School nurses cannot excuse absences for students who are sent to school sick.

I look forward to meeting your child's healthcare needs this school year!

Megan Hopkins, BSN, RN

Office Phone: (843) 650-3490

School Fax: (843) 357-3837

Email:

mhopkins002@horrycountyschools.net

