



Manhasset High School

Counseling Department

September 2024 – Reminders and Announcements

WELCOME BACK

We are excited to welcome you for the new school year! These reminder items are intended to help you note important information and plan ahead. There is something for everyone....read on!

ALL HIGH SCHOOL STUDENTS

Schedule Changes

All schedule change requests **MUST be submitted using the Schedule Change Request Form**. The form is available on the secondary school website, <https://ss.manhassetsschools.org/academics/counseling-high-school/forms>

Please note: the counselors will reach out to you to discuss schedule requests. They will review your form and contact you when the review is complete and the change has been made, if possible/permissible. **Please follow your current schedule until you are notified of an approved schedule change.**

Naviance

All GPA's will soon be updated and should match your June 2024 transcript. ACT/SAT scores will also be updated, so please let us know if any of your scores are not showing.

Please Note: 9th grade students will learn more about their Naviance accounts when they meet individually with their counselors. Naviance account is accessible on the Classlink Launchpad.

5 Tips for a Successful School Year! Check out this quick, helpful article~

SENIORS

12th Grade Information Night: Please make every effort to attend.

Date: Tuesday, Sep 10, 2024

Time: 7:00 P.M.

Location: Shelter Rock Elementary School Auditorium

The agenda for this presentation will include the processing of college application material. ***You will receive a packet at the 12th Grade Information Night with your appointment date/time for your senior conference AND important senior paperwork. Please read it in its ENTIRETY and adhere to the deadlines to return paperwork to the HS Counseling Office.***

Class Visits: The counselors will be visiting senior English classes September 11-13 to review various aspects of the college application process. We will review how to link your Common Application and Naviance accounts. For those of you who wish to get a jump start, you may complete the linking process now. Instructions for doing so can be found on the high school counseling webpage [HERE](#).

Letters of Recommendation: Seniors should be in touch with their teachers who agreed to write letters of recommendation for college. The process for sending letters to colleges will be covered during class visits as well as during the 12th grade Information Night.

Financial Aid Night

Date: Wednesday, September 25th

Time: 7:00 P.M.

Location: Shelter Rock Elementary School Auditorium

[How to Fill Out the FAFSA](#): helpful resource!

Counselor Appointments: Counselor appointments are currently being scheduled for each senior. Your appointment slip, indicating the date and time, will be **included with your packet distributed at 12th Grade Information Night**. If the scheduled time does not work for you, please call the Counseling Office to schedule a different date/time. ***You will receive a packet at the 12th Grade Information Night with important senior paperwork. Please read it in its ENTIRETY and adhere to the deadlines to return paperwork to the HS Counseling Office.***

Standardized Testing: If you will be testing this fall, be sure to register as soon as possible. Also, if you are testing, and will be applying to any school(s) under their Early Action or Early Decision options, be sure to contact the admissions office to determine if scores from the October ACT or the November SAT test dates will be reviewed as part of your application. If you have any concerns, we will address them during the class visits indicated above.

SENIORS AND JUNIORS

College Representative Visits: Colleges/universities have scheduled information sessions exclusive to Manhasset students. Juniors and Seniors may attend the fairs with an approved pass, please print and have signed PRIOR to the event: [COLLEGE REP VISIT PASS](#)
Please [CLICK HERE](#) for the scheduled visits (this list is updated regularly)

College Fairs

Various Colleges/universities will be participating in college fairs exclusive to Manhasset students. Juniors and Seniors may attend the fairs with an approved pass, please print and have signed PRIOR to the event: [COLLEGE FAIR PASS](#)
Please [CLICK HERE](#) for a list of participating institutions (this list is updated regularly)

Nassau Counselors Association College Expo:

Pre-Register for this event will be included in a later email. Students should pre-register to ensure that they receive an exclusive barcode that they can use to provide prospective schools with their contact information! [DETAILS](#)

Date: October 1st

Time: 5:00-8:00 PM.

Location: Adelphi University, Garden City

National Association for College Admission Counseling (NACAC) College Fairs

Fairs will be held virtually and in person in certain cities for the Fall 2024 sessions. Please visit the following link for more information and to register: [NACAC FAIRS](#)

The “SET” List: If you’ll be making any campus visits during the coming school year, be sure to check out our “SET” list. Members of the Class of 2024 have volunteered to meet you, schedules permitting, if you are making a campus visit. The list of schools will be updated on our web page, so take a look and see your counselor for the contact information of the attending student.

Military Recruitment: In accordance with the Every Student Succeeds Act (ESSA), each local educational agency is required to provide military recruiters access to the name, address and telephone number of each 11th and 12th grade student. If you do not wish to have your child's information provided, **you have the opportunity to "opt out"**. Should you choose to do so, please complete the [Military Opt-Out form](#) available on the HS Counseling website. Return completed forms to the HS Counseling Office *as soon as possible*.

JUNIORS

Individualized Test Schedule: As you prepare to start the year, please be sure to give consideration to your individual standardized testing plan for the coming year. Become familiar with Test and Registration dates for the SAT and ACT taking note of strict registration deadlines:

ACT: <https://www.act.org/content/act/en/products-and-services/the-act/registration.html>

SAT: <https://satsuite.collegeboard.org/sat/registration>

Free Test Prep: Both the **College Board** and **ACT** now offer FREE test prep opportunities to all students. The College Board has partnered with [Khan Academy](#) and the ACT is working with [Kaplan](#). We encourage you to take advantage of all FREE materials.

☀ Additionally, Manhasset students have access to **FREE** test prep on **Method Learning**, through your Castle Learning account. Method Learning prep is available for both the SAT or ACT.

11th Grade Student/Parent/Guardian Night

Date: November 6th

Time: 7:00 PM.

Location: Shelter Rock Elementary School Auditorium

JUNIORS AND SOPHOMORES

PSAT

The PSAT will be administered on *Saturday, October 26th*. Letters will be sent to all 10th and 11th grade students in the next two weeks outlining the registration process. Students who have been approved to receive testing accommodations, from the College Board, will receive approved accommodations for this test.

SOPHOMORES

10th Grade Information Night

Date: Tuesday, February 11, 2024

Time: 7:00 PM.

Location: Shelter Rock Elementary School Auditorium

Looking Ahead: In February, you will be invited to take the Pre-ACT, which will be administered in March 2025. By taking both the PSAT and Pre-ACT, you will begin to get an idea as to which of the exams you prefer.

FRESHMEN

Counselor assignments for the Class of 2028 are available on your schedule. Generally, assignments follow an alphabetic breakdown:

Mrs. Marcy Fogel (<i>A-C</i>)	marcy_fogel@manhassetsschools.org	(516)267-7619
Mrs. Jennifer Landman (<i>D-G</i>)	jlandman@manhassetsschools.org	(516)267-7616
Mrs. Lori Margulies (<i>H-Li</i>)	lori_margulies@manhassetsschools.org	(516)267-7632
Mrs. Kristen Ruthkowski (<i>Lo-Ph</i>)	kristen_ruthkowski@manhassetsschools.org	(516)267-7624
Ms. Kimberly Cosenza (<i>Po-St</i>)	kcosenza@manhassetsschools.org	(516)267-7620
Mrs. Danielle Cerulli (<i>Su-Z</i>)	danielle_cerulli@manhassetsschools.org	(516)267-7615

9th Grade Information Night

After a brief PowerPoint presentation in the auditorium, you will have an opportunity to meet your child's counselor and to review our 9th Grade Orientation Guide. We look forward to having you join us.

Date: Thursday, October 17th

Time: 7:00 PM.

Location: Shelter Rock Elementary School Auditorium

ALL MIDDLE SCHOOL STUDENTS

7th Grade Student/Counselor Meetings

Our Middle School Counselors will begin to meet with 7th grade students on September 16th during free or elective periods. These appointments will be made for your child and he/she/they will receive a pass in their first period class to come to the Middle School Counseling Center. These are a way for the counselors to get to know your children and check in to see how the first weeks of middle school are going.

8th Grade Parent Night

Date: Wednesday, February 26, 2025

Time: 7:00 PM.

Location: TBA

The Wellness Learning Center: Students can access the Middle School Wellness Learning Center during a Transitions Class or Study Hall period with their peers to choose a tranquil environment where they can learn about, engage in and practice wellbeing strategies. Students will have the opportunity to attend small group programs and in this space throughout the year. In addition, 7th graders can access this space in the morning just prior to first period if they wish to participate in quiet morning relaxation practices.

Keep in mind that the Wellness Learning Center is meant to be a place of tranquility. Students are expected to behave with the utmost respect as it is a privilege to have the ability to spend time in this beautiful space.

10 Life Skills for Middle Schoolers: The term 'Life Skills' refers to the skills you need to take care of yourself and make the most out of life. And it's never too early to start helping your child develop these skills. Middle school is a great time to start as your adolescent starts to crave more independence and responsibility. Read this article: [10 Life Skills You Should Start Working on With Your Middle Schooler Today \(parentingteensandtweens.com\)](http://parentingteensandtweens.com)

The counselors would like to extend a warm welcome to all students and parents.

We wish you a wonderful school year!