SALT LAKE COMMUNITY SCHOOLS WINTER 2025 CLASS CATALOG

Registration Opens December 1st, 2024 Classes Begin the Week of Janaury 13th, 2025

No Classes Jan. 20th and Feb. 17th, 2025

For Class Details and the Most Up-to-Date Information Visit: https://commedclasses.slcschools.org

Edición en Español: https://commedclasses.slcschools.org

SALT LAKE CITY SCHOOL DISTRICT SALT LAKE COMMUNITY SCHOOLS 440 EAST 100 SOUTH SALT LAKE CITY, UTAH 84111



SALT LAKE SCHOOL DISTRICT COMMUNITY SCHOOLS:

HIGH SCHOOL	East Community School	Highland Community School	West Community School
ADDRESS	840 S. 1300 E., 84102	2166 S. 1700 E., 84106	241 N. 300 W., 84103
HOURS	M-Th, 2 PM to 8 PM	M-Th, 2 PM to 8 PM	M-Th, 2 PM to 8 PM
PHONE	801-584-2902	801-481-4891	801-578-8377
EMAIL	eastce@slcschools.org	highlandce@slcschools.org	westce@slcschools.org
SUPERVISOR	Madeline Sepulveda		Brian O'Neal

WAYS TO REGISTER:

ONLINE - https://commedclassesapp.slcschools.org

The fastest, easiest way to register! Pay securely online through SQUARE. Your credit card statement will show payment made to SLC-CE.

PHONE - Call the Community School where the class is held. *Phone payments processed through SQUARE. Please call during registration hours,*

Monday - Thursday from 2:00 pm to 8:00 pm

POLICIES:

REFUNDS:

You may receive a full refund if you notify the school where the class is held at least one business/working day before the class starts. You may receive a refund for half of the tuition after the first class starts and before the second class begins. Material fees cannot be refunded once the class starts. If Community Education cancels a class, patrons will receive a full refund. If you pay by credit card, your card will be refunded, minus the card fee. Refunds for checks are issued after the check has cleared.

CANCELLATION:

Sign up early! A class may be canceled if people wait to register until the last minute.

PLEASE NOTE:

Fees listed are tuition and materials where applicable unless otherwise noted. Additional supplies or materials may be needed. There is a \$20.00 charge for returned checks.

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EAST COMMUNITY SCHOOL

OFFICE HOURS: 2:00 - 8:00, M-Th PHONE: 801-584-2901 EMAIL: eastce@slcschools.org ADDRESS: 840 S. 1300 E. Salt Lake City, UT 84102

NO CLASSES: Jan. 20 & Feb. 17

REGISTER FOR CLASSES:

https://commedclassesapp. slcschools.org

ART

POTTERY: HAND AND WHEEL

DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	05:30 PM - 08:00 PM
PLACE:	East
COST:	\$150 (+\$50 materials fee)
AGE:	18 and up
INSTRUCTOR:	Chris Marcotte

Explore a variety of wheel thrown and hand built pottery techniques. Utilize a selection of demonstrations tailored to the desires and abilities of the class to create functional and/ or sculptural objects. Aspects of the ceramic process from making to glazing and firing will be discussed. Emphasis on improving skill and craftsmanship. Includes one block of clay.

POTTERY: HAND BUILDING

DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	05:30 PM - 08:00 PM
PLACE:	East
COST:	\$150 (+\$50 materials fee)
AGE:	18 and up
INSTRUCTOR:	Chris Marcotte

Learn how to use tools and techniques to create architectural and artistic forms out of clay. Create plates, vases and cups with slab. Positive and negative sculpture, low-poly representation and more. Learn hand building techniques and then try them on your own project. Includes one block of clay.

WATERCOLOR PAINTING (BEGINNING)

DATE:	Jan. 13 to Mar. 03	
DAY:	Μ	
TIME:	07:00 PM - 08:30 PM	
PLACE:	East	
COST:	\$80 (+\$5 materials fee)	
AGE:	18 and up	
INSTRUCTOR:	Linda Moffit	
Learn traditional watercolor techniques;		

including basics in color, washes, shadows and glazing. Lots of support and instruction. A fun beginning class. Materials list will be emailed.

WATERCOLOR PAINTING (INTERMEDIATE)

DATE:	Jan. 13 to Mar. 03
DAY:	М
TIME:	06:30 PM - 08:30 PM
PLACE:	East
COST:	\$80 (+\$5 materials fee)
AGE:	18 and up
INSTRUCTOR:	Linda Moffit

This course is designed for students with previous experience in Linda Moffitt's Beginning Watercolor class. Enjoy learning more advanced techniques. There will be lessons on composition, color theory and class demonstrations. Students will receive one-on-one input. Pre-requisite: Linda Moffitt's Beginning Watercolor class

DANCE

ALL THINGS SWING

DATE:	Jan. 16 to Feb. 20
DAY:	Th
TIME:	07:45 PM - 08:30 PM
PLACE:	East
COST:	\$60
AGE:	10 and up
INSTRUCTOR:	Margene Anderson
Hit the dance floor	with confidence and style
at upcoming parties	s, weddings, cruises, and
social dance events	s. Learn basic swing dance
patterns plus lead, t	follow, styling, and tech-
nique. Classes are	taught by a master teacher
with over 30 years	of professional teaching
experience. Singles	s welcome!

BALLET	
DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	06:00 PM - 07:30 PM
PLACE:	East
COST:	\$65
AGE:	18 and up
	Maura Habnenberger

INSTRUCTOR: Maura Hahnenberger Improve your basic ballet technique and increase flexibility and strengthen your arms, legs and core. Barre and center work will be combined to give a great ballet workout in a relaxed environment. Whether you are an experienced dancer looking to improve technique, or want to try ballet for the first time, this class is right for you! Open to all levels of experience.

BALLROOM AND LATIN DANCE

DATE:	Jan. 16 to Feb. 20
DAY:	Th
TIME:	07:00 PM - 07:45 PM
PLACE:	East
COST:	\$60
AGE:	10 and up
INSTRUCTOR:	Margene Anderson

Make it a date night and have more fun at upcoming parties, weddings, cruises, and social dance events. Learn easy, basic patterns in a variety of social dances plus lead, follow, styling, and technique. Taught by a master teacher with over 30 years of professional teaching experience. Singles welcome!

BEGINNING INTERNATIONAL FOLK DANCE

DATE:	Jan. 15 to Jan. 29
DAY:	W
TIME:	05:30 PM - 07:00 PM
PLACE:	East
COST:	\$35
AGE:	All
	Adrian Duiz

INSTRUCTOR: Adrian Ruiz Come take a 3 hour workshop over 2 days of beginning international folk dancing. Learn Israeli, Russian, German, and other Eastern European dances. Taught by Adrian Ruiz, Director of the Narodna International Dancers. Partners not required.

SALSA AND BACHATA DANCE

DATE:	Jan. 16 to Feb. 20
DAY:	Th
TIME:	06:15 PM - 07:00 PM
PLACE:	East
COST:	\$60
AGE:	10 and up
INSTRUCTOR:	Margene Anderson

Hit the dance floor with confidence and style at upcoming parties, weddings, cruises and social dance events. Learn basic salsa/bachata patterns plus lead, follow, styling, and technique. Classes are taught by a master teacher with over 30 years of professional teaching experience. Singles welcome!

WERQ: DANCE FITNESS

DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	05:00 PM - 06:00 PM
PLACE:	East
COST:	\$50
AGE:	18 and up
INSTRUCTOR:	Cat Mounier
	a shall a fluina i a a sall a sha sa a su sa

WERQ is a wildly addictive cardio dance workout built on zero judgment and good vibes only. It's based on trendy pop and hip-hop music. The mission of WERQ is to have a fun workout with great sweat and a supportive community. It's a highly inclusive class: all ages, genders, and levels of expertise (or no expertise at all) in dance are welcome!

FAMILY/PARENTING

HEARING AIDS: WHAT THEY CAN & CAN'T DO

DATE:	Jan. 15 to Feb. 05
DAY:	W
TIME:	06:00 PM - 07:00 PM
PLACE:	East
COST:	\$50
AGE:	18 and up
INSTRUCTOR:	Chelle Wyatt

There are several misconceptions about hearing aids. Hearing aids have limits but there are options too. Let's talk about technology, accessibility, and accommodation.

LANGUAGES

ENGLISH AS A SECOND LANGUAGE/ESL

DATE:	Jan. 13 to Mar. 06
DAY:	Т
TIME:	05:00 PM - 07:00 PM
PLACE:	East
COST:	\$9 (per class, or \$70
	for 8 classes)
AGE:	All
	0

INSTRUCTOR: Saquiba Mahamood Learn the alphabet, euphonics, consonants, vowels, and prepositions of the English language, as well as days of the week, months, directions, seasons, weather, and daily routine verbs. Make your vocabulary rich with words to run your daily routine! The instructor uses a variety of instructional methods including visual presentation, hands-on learning, music, and more.

ITALIAN (BEGINNING)

	- /
DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	05:45 PM - 06:45 PM
PLACE:	East
COST:	\$62
AGE:	18 and up
INSTRUCTOR:	Tatyana Davis
Learn numbers, al	phabet, basic vocabulary,
basic conversation	, grammar and beginning
reading.	

RUSSIAN (BEGINNING)

Jan. 15 to Mar. 05		
W		
07:00 PM - 08:30 PM		
East		
\$69		
18 and up		
R. Adrian Ruiz		
Learn the alphabet, basic vocabulary, and		
basic rules governing case endings, basic		
conversations, rules of grammar, etc.		

SPANISH (BEGINNING)

DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	06:45 PM - 08:15 PM
PLACE:	East
COST:	\$69
AGE:	18 and up
INSTRUCTOR:	Tatyana Davis

Learn numbers, alphabet, basic vocabulary, basic conversation, grammar, and beginning reading. 10 student minimum. Pre-registration appreciated.

SPANISH (ADVANCED BEGINNING)

DATE:	Jan. 15 to Mar. 05
DAY:	W
TIME:	06:45 PM - 08:15 PM
PLACE:	East
COST:	\$69
AGE:	18 and up
INSTRUCTOR:	Tatyana Davis
Requires some kno	wledge of using verbs in
present tense and s	some basic vocabulary.
Continue basic con	versation, grammar and
reading. 10 student	minimum. Pre-registration
appreciated.	

MARTIAL ARTS

AIKIDO

DATE:	Jan. 13 to Mar. 05
DAY:	M/W
TIME:	07:00 PM - 08:15 PM
PLACE:	East
COST:	\$65
AGE:	18 and up
	Dentenda Oeldetein

INSTRUCTOR: Benjamin Goldstein Aikido is a modern martial art that stresses positioning, redirection of an attacker's force, and calmness for effective conflict resolution. Students will learn aikido techniques to defend against a variety of attacks, typically working in partners. Wear comfortable clothes that you can move in, long pants and sleeves are recommended. Expect moderate anaerobic exercise and safe, close contact with your training partners. We study the Kokikai style created by Shuji Maruyama Sensei.

RECREATION/SPORTS

PILATES: BEGINNING MAT		
DATE:	Jan. 15 to Mar. 05	
Day:	W	
TIME:	06:45 PM - 07:45 PM	
PLACE:	East	
COST:	\$75	
AGE:	18 and up	
INSTRUCTOR:	Kirsten Dodge	

This Pilates mat class focuses on strengthening and lengthening your entire body, with an emphasis on building core stability and strength. Participants will come to understand the 5-basic principles of STOTT PILATES ®, which help improve mind-body connection, posture, and balance. The class is well-suited for people new to Pilates and those who want to improve their practice by enhancing their mind-body connection. Bring a yoga-type mat and a small towel (hand towel) to class.

YOGA	
DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	07:00 PM - 08:00 F
PLACE:	East

COST:

AGE:

PM - 08:00 PM East \$60 18 and up INSTRUCTOR: Jeanne Mace

This unique class encourages flexibility, strength, and a sense of deep, peaceful ease in body, mind and spirit. All levels welcome. Bring a yoga mat and wear comfortable clothing.

YOGA: FOR LESS FLEXIBLE BODIES

DATE:	Jan. 13 to Mar. 03	
DAY:	Μ	
TIME:	07:00 PM - 08:00 PM	
PLACE:	East	
COST:	\$60	
AGE:	18 and up	
INSTRUCTOR:	Jeanne Mace	
This slower paced	yoga class is all about	
taking time in easier poses (no handstands		
or pretzels!) to slov	vly open tight muscles in a	
comfortable environment. Recommended for		
those who wish to gently increase strength,		
range of motion, and flexibility. No prior yoga		
experience is nece	ssary. Bring your mat.	

YOGA: KUNDALINI MEDITATION & GONG **RFI AXATION**

DATE:	Jan. 15 to Feb. 19
DAY:	W
TIME:	05:30 PM - 06:30 PM
PLACE:	East
COST:	\$65
AGE:	18 and up
INSTRUCTOR:	Raj Giandeep

Kundalini Yoga is known as the yoga of awareness. It is a journey, practice and science that connects you with your deepest Self, your Soul. We incorporate ancient yogic technologies including yoga postures, meditation, pranayama (breath work) & mantra, to improve the quality of our lives; It is a self liberation! These tools will empower you to cultivate compassion and stability even during life's most challenging circumstances.

HIGHLAND COMMUNITY SCHOOL

OFFICE HOURS: 2:00 - 8:00, M-Th PHONE: 801-481-4891 EMAIL: highlandce@slcschools.org ADDRESS: 2166 S. 1700 E. Salt Lake City, UT 84106

NO CLASSES: Jan. 20 & Feb. 17

REGISTER FOR CLASSES:

https://commedclassesapp. slcschools.org

REGISTER FOR ED2GO ONLINE CLASSES:

https://ed2go.com/highlandce



DRAWING FOR THE ABSOLUTE BEGINNER Ongoing

Chad Walker

DATE: PLACE: COST:

Online \$115 (fee paid via ed2go.com/highlandce)



INSTRUCTOR:

You'll become intimately familiar with paper types, drawing styles, rendering techniques, and the basic principles of perspective, layout, design, lighting, volume, and space. If you have an interest in learning what it's like to draw or would love to increase your current knowledge in the field of art and illustrating, then this course aims to fulfill all of your needs. To learn more and register for this class, visit www.ed2go.com/highlandce

COMPUTERS

CREATING WEB PAGES

DATE:	
PLACE:	
COST:	

ONLINE Ongoing Online \$129 (fee paid via ed2go.com/highlandce)

INSTRUCTOR: Alan Simpson Create and post your very own website using HTML. You will learn the best strategies for planning the content, structure, and layout of your website as well as creating pages with neatly formatted text, building links between the pages, and more! This course will also cover search engine optimization and powerful no-cost or low-cost web marketing strategies. To learn more and register for this class, visit www.ed2go.com/highlandce

GETTING STARTED WITH GOOGLE WORKSPACE

DATE: PLACE: COST:

Ongoing ONLINE Online \$149 (fee paid via ed2go.com/highlandce) Brad Semp

INSTRUCTOR:

More and more businesses are switching to Google Workspace for their business documents and communications. Are you ready? In this course, you will get experience with nine great Google apps for business and personal use, including Gmail, Docs, Sheets, and Slides, and learn how they all work together in a seamless suite.

To learn more and register for this class, visit www.ed2go.com/highlandce

INTRODUCTION TO PHOTOSHOP CC

DATE: PLACE: COST:

Ongoing Online ONLINE \$129 (fee paid via ed2go.com/highlandce) **Beverly Richards Schulz**

Photoshop Creative Cloud has many impressive new features, and you will encounter many throughout this Photoshop course. You will be editing your own photographs to get rid of dust and scratches, fix the color, and correct image exposure. As you explore the fundamentals of Adobe Photoshop, you will learn how to colorize parts of an image and create simple digital paintings. You will master techniques for switching the backgrounds on images and removing wrinkles and blemishes from photos. just like they do in magazines.

To learn more and register for this class, visit www.ed2go.com/highlandce

Ongoing

INTRODUCTION TO PROGRAMMING

DATE:	
PLACE:	
COST:	

Online ONLINE \$129 (fee paid via ed2go.com/highlandce) **Richard Blum**

INSTRUCTOR:

In this course, you'll learn to use Just BASIC, a free Windows programming language, to create stand-alone applications for professional or personal use. By the end of the course, you'll have the skills and confidence you need to program in BASIC and design your own custom applications for home, school, or work. To learn more and register for this class, visit www.ed2go.com/highlandce

MICROSOFT OFFICE 2019 VALUE SUITE

DATE: PLACE: COST:

Ongoing Online ONLINE \$390 (fee paid via ed2go.com/highlandce) Wallace Wang

INSTRUCTOR: Each course within the Microsoft Office 2019 Value Suite will introduce you to the basic features and functionality of Microsoft's 2019 software. Course includes Introduction to Microsoft Word, Excel, PowerPoint, and Office 365. To learn more and register for this class, visit www.ed2go.com/highlandce

DANCE

INTRODUCTORY BELLY DANCE

DATE:	Jan. 16 to Mar. 06
DAY:	Th
TIME:	06:30 PM - 07:30 PM
PLACE:	Highland
COST:	\$70
AGE:	18 and up
INSTRUCTOR:	Jennifer Long-Pratt

Learn basic belly dance technique and fundamentals in this introductory belly dance series. We will break down moves, practice technique drills, and put them together in fun combinations. This class welcomes new beginners as well as those with previous experience. Wear clothing you can move and stretch in--we will do a short warm-up before each class.

ENRICHMENT

BEGINNIERS GUIDE TO GETTING PUBLISHED D.

DATE:	Ongoing
PLACE:	Online
COST:	\$129 (fee paid via
	adQara aana/hiahla

ed2go.com/highlandce) INSTRUCTOR: LeeAnne Krusemark Your success in the writing game will be determined by the amount of credibility publishers attach to you and your work. This course will teach you how to give yourself the kind of credibility you need to succeed. This course will provide you with instant access to critical information most other writers don't discover for years and will walk you through every step of the publishing process. If you really want to be a writer, this course will give you all the tools you need to get published.

To learn more and register for this class, visit www.ed2go.com/highlandce

ONLINE



INSTRUCTOR:

BLOGGING AND PODCASTING FOR BEGINNERS

DATE:	Ongoing
PLACE:	Online
COST:	\$125 (fee pa



INSTRUCTOR:

Richard Mansfield Blogging and Podcasting for Beginners will teach you how to plan and create your very own blog and podcast. Through hands-on exercises, you will discover the benefits of using free web tools like Blogger, WordPress, Audacity, and YouTube. You will find that creating a blog and podcast is much easier than you ever imagined.

To learn more and register for this class, visit www.ed2go.com/highlandce

FLORAL DESIGN (WINTER)

DATE:	Feb. 18 to Mar. 04
DAY:	Т
TIME:	05:30 PM - 07:00 PM
PLACE:	Highland
COST:	\$75 (+\$150 material fee)
AGE:	18 and up
INSTRUCTOR:	Pamela Olson, Native
	Flower Company

Join Pamela Olson of Native Flower Company in this three-part floral design workshop. Each week participants will learn floral design fundamentals and tips. Pamela will demonstrate making an arrangement, after which participants will create their own beautiful design to take home. You'll be working with the season's very best blooms and textures, including locally-grown flowers, berries and branches. All vessels, flowers and materials will be provided.

INTRODUCTION TO INTERIOR DESIGN

DATE:	Ongoing	\frown
PLACE:	Online	ONLINE
COST:	\$129 (fee paid via	\smile
	ed2go.com/highlan	dce)

Sarah Smallwood

INSTRUCTOR:

Interior design takes training as well as talent, and these lessons will give you the know-how you need to design a room from floor to ceiling. You'll delve into color theory, industry trends, spatial arrangements, floor plans, traditional and modern interior design ideas, and other basics. In addition, you'll explore a range of careers in interior design and get insider tips for entering this exciting field.

To learn more and register for this class, visit www.ed2go.com/highlandce

KNITTING & CROCHET

	•··
DATE:	Jan. 15 to Mar. 05
DAY:	W
TIME:	05:30 PM - 08:00 PM
PLACE:	Highland
COST:	\$70
AGE:	18 and up
INSTRUCTOR:	Jill Astin & Melanie Mi

Jill Astin & Melanie Mimms INS Learn how to complete knitting or crochet patterns. Take your skills to the next level whether you are a beginner or an intermediate knitter. Please bring 1- skein of yarn #4 worsted weight, light plain color preferred, 1 pair size 8 knitting needles, 1 size H/8 crochet hook to the first night of class. Beginners kits with these materials will be available to purchase the first night of class for \$10.00. Patterns are available.

Ongoing

\$129 (fee paid via

Online

ONLINE

UI/UX DESIGN

DATE: PLACE: COST:

ed2go.com/highlandce) INSTRUCTOR: **David Karlins**

User interface (UI) and user experience (UX) design have emerged as the framing approach to all digital design, including websites, apps and other devices and one of the most valuable skills in today's digital design environment. This course provides a concentrated but substantial introduction to every key element in UI/UX design.

To learn more and register for this class, visit www.ed2go.com/highlandce

WELDING (TUES.)

DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	05:30 PM - 08:00 PM
PLACE:	Highland
COST:	\$225 (+\$15 lab fee)
AGE:	18 and up
INSTRUCTOR:	Ted Condie

Learn welding safety, use of metal shop tools, and basic fundamentals for creating small projects, such as yard art, tables, fire pits, etc. Several different welding processes are taught. Must provide own metal. Shop tools and equipment are provided. NO SHORTS, NO OPEN TOE SHOES.

WELDING (WED.)	
DATE:	Jan. 15 to Mar. 05
DAY:	W
TIME:	05:30 PM - 08:00 PM
PLACE:	Highland
COST:	\$225 (+\$15 lab fee)
AGE:	18 and up
INSTRUCTOR:	Ted Condie

Learn welding safety, use of metal shop tools, and basic fundamentals for creating small projects, such as yard art, tables, fire pits, etc. Several different welding processes are taught. Must provide own metal. Shop tools and equipment are provided. NO SHORTS, NO OPEN TOE SHOES.

FINANCIAL

HOME BUYING 101

DATE:	Jan. 21
DAY:	Т
TIME:	06:00 PM - 08:00 PM
PLACE:	Highland
COST:	\$5
AGE:	18 and up
INSTRUCTOR	l eslie Neebling

INSTRUCTOR: Leslie Neebling Buy right the first time by learning the steps of home buying, including the role of real estate agents, mortgage lenders, credit and interest rates, as well as down payment programs, closing costs and loan programs. Leslie has been a licensed REALTOR and real estate consultant for over 17 years. She is associated with Coldwell Banker Residential Brokerage-Sugarhouse.

HOME SELLING

DATE:	Jan. 28
DAY:	Т
TIME:	06:00 PM - 07:30 PM
PLACE:	Highland
COST:	\$5
AGE:	18 and up
INSTRUCTOR:	Leslie Neebling

Selling a home, either on your own or with a real estate agent isn't as simple as it seems. Marketing a home and attracting prospective buyers is only half the challenge. Getting under-contract and getting the house to close is the other. Learn about the real estate market, pricing and appraisals, what to know about inspections, prepping a home to sell and find out what the seller obligations and responsibilities are. Leslie has been a licensed REALTOR and real estate consultant for over 17 years. She is associated with Coldwell Banker Residential-Brokerage-Sugarhouse.

INTRODUCTION TO QUICKBOOKS ONLINE

DATE:	Ongoing	\frown
PLACE:	Online	
COST:	\$139 (fee paid via	\smile
	ed2go.com/highlan	
		,

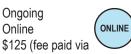
INSTRUCTOR: Scott Paxton This QuickBooks course will teach you how to manage your business finances with QuickBooks Online. This powerful accounting software has helped millions of small business owners oversee their finances. Now that the cloud-based version is outpacing the desktop version, there's no better time to refresh your QuickBooks knowledge.

To learn more and register for this class, visit www.ed2go.com/highlandce

> Ongoing Online

KEYS TO SUCCESSFUL MONEY MANAGEMENT

DATE: PLACE: COST:



ed2qo.com/highlandce)

INSTRUCTOR:

Kirsten Iseminger Let a certified financial planner show you how most wealthy people build their fortunes. This course will introduce you to a broad array of investment choices, help you discover the best ways to accumulate cash and property, and demonstrate how to best protect your investments.

To learn more and register for this class, visit www.ed2go.com/highlandce

JOB TRAINING/CAREERS

START YOUR OWN SMALL BUSINESS

DATE: Ongoing PLACE: Online \$129 (fee paid via COST: ed2qo.com/highlandce)

INSTRUCTOR: Kris Solie-Johnson Learn how to take your dream of starting a business and put it into action. In this class, you will learn everything you need to know about starting a business. You will begin by discovering the tricks to picking the right opportunity for you. Next, you will learn how to develop proven marketing techniques to easily build sales. Since every business needs money, this course discusses traditional and nontraditional financing options.

To learn more and register for this class, visit www.ed2go.com/highlandce

HIGHLAND COMMUNITY EDUCATION

USING SOCIAL MEDIA IN BUSINESS

Ongoing

\$135 (fee paid via

Online

DATE:	
PLACE:	
COST:	

ed2go.com/highlandce) INSTRUCTOR: Brad Semp

One of the biggest challenges for business owners is finding new customers. Over the past decade, some business owners have leveraged social media to do just that. Whether you're a social media novice or a seasoned veteran, this course will give you a solid foundation in social media marketing and using it to grow your business.

To learn more and register for this class, visit www.ed2go.com/highlandce

LANGUAGES

BEGINNING CONVERSATIONAL FRENCH

DATE: PLACE: COST:

Ongoing Online ONLINE \$115 (fee paid via ed2qo.com/highlandce)

INSTRUCTOR: Sara Hardin The Beginning Conversational French course makes pronunciation simple, with phonetic spellings for every word and phrase you need to learn French. You will also learn cultural tips in each lesson that will make you more comfortable in a foreign setting. The skills you obtain will not only allow you to carry on a French conversation with ease but become prepared to speak French in a wide variety of settings and situations.

To learn more and register for this class, visit www.ed2go.com/highlandce

CONVERSATIONAL JAPANESE

DATE:	
PLACE:	
COST:	

ONLINE

Ongoing Online \$115 (fee paid via ed2go.com/highlandce)

INSTRUCTOR:

Ririko Hayashi Throughout this course, you'll gain cultural knowledge and learn useful conversational phrases and vocabulary words particular to a specific area of travel. You'll practice these

in drills, interactive exercises, and dialogues. In each lesson, you'll find helpful audio aids and Japanese words written in the English alphabet. This technique will allow you to bypass one of the biggest obstacles for most beginners of Japanese: the letter system. To learn more and register for this class, visit www.ed2go.com/highlandce

DISCOVER SIGN LANGUAGE

DATE:	
PLACE:	
COST:	

ONLINE

Ongoing Online ONLINE \$115 (fee paid via ed2go.com/highlandce)

Erin Trimble INSTRUCTOR:

Discover Sign Language will teach you how to sign basic phrases and complete sentences and how to put it all together, allowing you to introduce yourself and start a conversation. Along the way, you will learn signs for colors, numbers, locations, family, and the activities you like to do.

To learn more and register for this class, visit www.ed2go.com/highlandce

KOREAN (ALL LEVELS)

DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	07:00 PM - 08:00 PM
PLACE:	Highland
COST:	\$89
AGE:	18 and up
	Fundin Chung

INSTRUCTOR: Eunbin Chung Join our comprehensive Korean language class, open to learners of all levels! Whether you're a complete beginner or looking to refine advanced skills, this class welcomes everyone interested in learning Korean. With a flexible approach, we tailor lessons to meet individual needs, including additional written assignments and customized activities for advanced students. Dive into Korean language and culture with personalized support that makes learning both effective and enjoyable.

SPEED SPANISH

DATE:	Ongoing	\frown
PLACE:	Online	
COST:	\$125 (fee paid via	\smile
	ed2go.com/highlan	dce)

INSTRUCTOR: Dan Mikels

With the Speed Spanish course, you will immediately start creating sentences and conversations in Spanish. Each lesson will introduce new techniques to increase your fluency quickly and allow you to start speaking Spanish right away.

To learn more and register for this class, visit www.ed2go.com/highlandce



MARTIAL ARTS

TAF	KWON	DO	(BEGINNING)

DATE:	Jan. 13 to Mar. 05	
DAY:	M/W	
TIME:	05:15 PM - 06:15 PM	
PLACE:	Highland	
COST:	\$80 (1/2 off second family	
	member)	
AGE:	6 and up	
INSTRUCTOR:	Bill Dubbeld	
Class focuses on basic self-defense and		
fundamental exercises		

TAE KWON DO (INTERMEDIATE-ADVANCED)

DATE:	Jan. 13 to Mar. 05	
DAY:	M/W	
TIME:	05:15 PM - 06:45 PM	
PLACE:	Highland	
COST:	\$80 (1/2 off second family	
	member)	
AGE:	6 and up	
INSTRUCTOR:	Bill Dubbeld	
Interropedicte and educerced cleases for us		

Intermediate and advanced classes focus on traditional Tae-Kwon Do as taught by the founder, General Choi Hong Hi. All instructors certified by the USTF.

TAE KWON DO (ADVANCED) DATE: Jan. 13 to Mar. 05 DAY: M/W 06:15 PM - 07:45 PM TIME: Highland PLACE: \$80 (1/2 off second family COST: member)

AGE: 6 and up INSTRUCTOR: Bill Dubbeld Intermediate and advanced classes focus on traditional Tae-Kwon Do as taught by the

founder, General Choi Hong Hi. All instructors certified by the USTF.

MUSIC

SALT LAKE CHILDREN'S CHOIR

DATE: Jan. 14 to May 7 DAY: T/W 04:15 PM - 06:15 PM TIME: Highland PLACE: COST: \$25 AGE: 8-15 years SLCC Staff INSTRUCTOR: Audition required. Questions? Contact Ralph at info@childrensing.org

YOUNG ARTIST CHAMBER PLAYERS

DATE:	Jan. 13 to May 5
DAY:	M
TIME:	04:00 PM - 07:30 PM
PLACE:	Highland
COST:	\$25
AGE:	12-18 years
INSTRUCTOR:	YACP Staff
Audition required. C	Questions? Contact Stepha
nie at manager@va	cporchestras.org

RECREATION/SPORTS

BODY CONDITIONING/WEIGHT TRAINING (WOMEN) DATE: 05

DAIE:	Jan. 13 to Mar. 05
DAY:	M/W
TIME:	06:00 PM - 07:00 PM
PLACE:	Highland
COST:	\$85
AGE:	18 and up
INSTRUCTOR:	Ashley Henry

Strength training and body conditioning in a friendly environment. Increase your flexibility, strengthen and tone muscles in the shoulders, back, arms, belly, and legs.

ZUMBA

-	
DATE:	Jan. 14 to Mar. 06
DAY:	T/Th
TIME:	05:30 PM - 06:30 PM
PLACE:	Highland
COST:	\$120
AGE:	18 and up
INSTRUCTOR:	Jennifer Heighton

Zumba takes the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disquise. Super effective? Check. Super fun? Check and check. A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

ed2go ONLINE CLASSES

Visit www.ed2go.com/highlandce for more online class choices and to register for online courses.

- ACHIEVING SUCCESS WITH DIFFICULT PEOPLE
- BLOGGING AND PODCASTING FOR BEGINNERS
- **GENEALOGY BASICS**
- **GET FUNNY!**
- HOW TO GET STARTED IN GAME DEVELOPMENT •
- INTRODUCTION TO DIGITAL SCRAP-BOOKING •
- INTRODUCTION TO NATURAL HEALTH AND HEALING
- LEARNING HOW TO BUY AND SELL ON EBAY

- MARRIAGE AND RELATIONSHIPS: KEYS TO SUCCESS
- SPEED READING: MERRILL REAM-APPROACH
- START A PET SITTING BUSINESS
- TRAVEL PHOTOGRAPHY FOR THE DIGITAL PHOTOGRAPHER
- TRAVEL WRITING
- UNDERSTANDING THE CLOUD
- AND MANY MORE!

Contact Highland Community School with any questions. highlandce@slcschools.org

WEST COMMUNITY SCHOOL

OFFICE HOURS: 2:00 - 8:00, M-Th PHONE: 801-578-8377 EMAIL: westce@slcschools.org ADDRESS: 241 N. 300 W. Salt Lake City, UT 84103

NO CLASSES: Jan. 20 & Feb. 17

REGISTER ONLINE:

https://commedclassesapp. slcschools.org

ART

MEDIUM MASH UP

DATE:	Jan. 14 to Feb. 04
DAY:	Т
TIME:	06:00 PM - 08:00 PM
PLACE:	West
COST:	\$125 (Materials not incl.)
AGE:	18 and up
INSTRUCTOR:	Heather Olsen

Open to all levels of drawing and painting mediums from traditional mediums such as pencils, watercolor, or acrylic to new media like digital, collage, or airbrush, this class celebrates the vast spectrum of artistic possibilities. Explore various techniques, experiment with different mediums, and unleash your imagination in a supportive and inclusive environment. Whether you prefer the precision of pencils or the fluidity of oils, you will learn the fundamentals of drawing and painting and use various mediums and tools to create a beautiful work of art. Plan on spending about \$35 for materials, a list will be provided before the first class.

OIL PAINTING FOR BEGINNERSDATE:Feb. 11 to Mar. 04DAY:TTIME:06:00 PM - 08:00 PMPLACE:WestCOST:\$125 (Materials not incl.)AGE:18 and upINSTRUCTOR:Heather Olsen

Welcome to the exciting world of oil painting! In this introductory class, we will learn about the foundations of oil painting including tools, color mixing, paint application, etc. This class is designed for both beginners with no prior painting experience and those looking to enhance their skills. Throughout the course, emphasis will be placed on cultivating your individual style in a supportive and collaborative learning environment. By the end of the class, you will have gained a solid foundation in the basics of oil painting, allowing you to continue your creativity with confidence!

DANCE

CONTEMPORARY	DANCE	
DATE:	Jan. 14 to Feb. 25	
DAY:	Т	
TIME:	07:05 PM - 08:20 PM	
PLACE:	West	
COST:	\$91	
AGE:	18 and up	
INSTRUCTOR:	Zhenya Ragulin	
	genre of dance performance	
	ne mid 20th century. It is an	
	mphasizes self-expression	
(if it feels good, it looks good!) and emotional-		
	lraws from ballet, modern,	
jazz, hip-hop. We are going to use Horton		
	strength and flexibility, learn	
improvisational techniques to discover freedom		
and kinesthetic joy of movement, and learn		
dance routines. Let's kick, hop, stomp, roll,		
contract, release, wave, slide, wiggle, shake,		
	up and do it all over again!	
•	will be adjusted based on	
class's preferences	5)	

HIP HOP DATE: Jan. 14 to Feb. 25 DAY: T TIME: 06:00 PM - 07:00 PM PLACE: West COST: \$84 AGE: 18 and up INSTRUCTOR: Zhenya Ragulin

The Hip Hop dance style is a culture all by itself. Whether you are an experienced dancer or trying out this style for the first time, this is a pumping class for you. Open to all levels of experience, just bring your A-Game and love for dance, music, and moving. Wear comfortable clothing that is easy to move around in.

SCOTTISH COUNTRY DANCING

DATE:	Jan. 13 to Mar. 03	
DAY:	Μ	
TIME:	06:00 PM - 08:00 PM	
PLACE:	West	
COST:	\$60	
AGE:	18 and up	
INSTRUCTOR:	Alice Drake	
Come learn Scottis	h jigs, reels, and	
strathspeys to grea	t Scottish music. Open to	
singles, couples, and family groups. All levels		
welcome. Wear con	mfortable clothing and soft,	
ballet-type shoes.		

ENRICHMENT

EMBROIDERY FOR BEGINNERS

DATE:	Jan. 15 to Feb. 05
DAY:	W
TIME:	06:00 PM - 07:30 PM
PLACE:	West
COST:	\$85 (+\$10 material fee)
AGE:	18 and up
INSTRUCTOR:	Rachel Erickson

Have you ever wanted to start embroidering but didn't know where to begin? This class is perfect for you! This beginner embroidery class is awesome for anyone who wants to learn the basics of embroidery and master the satin stitch. We will be working on an embroidery project based on The Narrows of Zion National Park. In this National Park embroidery class, you will receive everything you need to start stitching and finish a project.

SILVERSMITHING FOR FINE JEWELRY

DATE:	Jan. 16 to Feb. 20
DAY:	Th
TIME:	06:00 PM - 08:30 PM
PLACE:	West
COST:	\$165 (+\$30 material fee)
AGE:	18 and up
INSTRUCTOR:	Aude Hamlet

Class focuses on technique for sterling silver fabrication of jewelry. This includes sawing, soldering, piercing, and bezel setting stones. All tools for one project will be provided. No experience needed. All levels welcome and will be challenged. Students will be expected to buy silver for a ring project prior to the second class.

YOUR ASTROLOGICAL PERSONALITY & CHART

DATE:	Jan. 14 to Feb. 11
DAY:	Т
TIME:	06:00 PM - 07:30 PM
PLACE:	West
COST:	\$80
AGE:	18 and up
INSTRUCTOR:	Larissa Jones

Is there truth in astrology? What can astrology really tell you? Looking beyond carbon copy horoscopes, each person's chart is unique and offers insight into your life's path and purpose. Learn about the most important aspects of your horoscope, and find a new depth of meaning in your chart not possible online or in a magazine! Basic principles of chart interpretation will be explored, including ruling planets, signs, and houses with a brief introduction to Kabbalistic astrology. Class format includes a group review of participants' charts. Students who provide the instructor with date, place, and time of birth one (1) full week prior to class will be given specific information on their chart in class.

FINANCIAL

HOW TO BUY YOUR FIRST HOME

DATE:	Jan. 16
DAY:	Th
TIME:	06:30 PM - 08:30 PM
PLACE:	Wesr
COST:	\$10 (\$15 per couple)
AGE:	18 and up
INSTRUCTOR:	Spencer Stott

The perfect guide to buying your first home! Learn about FHA, VA, conventional loans and down payment options! Learn the step-by-step process on how to purchase your first home all the way to the closing table!

REAL ESTATE INVESTING 101		
DATE:	Jan. 28	
DAY:	Т	
TIME:	06:30 PM - 07:30 PM	
PLACE:	ZOOM	
COST:	\$10 (\$15 per couple)	
AGE:	18 and up	
INSTRUCTOR:	Spencer Stott	
How to get started, tips and tricks, common		
mistakes to avoid, gain wealth and a steady		
stream of income. A step by step quide to		

stream of income. A step by step guide to becoming a real estate investor in any market!

LANGUAGES

SPANISH 1	
DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	06:00 PM - 08:00 PM
PLACE:	West
COST:	\$95
AGE:	18 and up
INSTRUCTOR:	Jaime Perez
This class is dosig	nod for students with no

This class is designed for students with no previous exposure to the Spanish language. Students will learn vowels and their sounds, cognates, the alphabet, numbers, adjectives, and greetings. Students will learn to pronounce, read and spell properly and will learn the simple present tense. No prerequisite required

SPANISH 2

DATE:	Jan. 14 to Mar. 04
DAY:	Т
TIME:	06:00 PM - 08:00 PM
PLACE:	West
COST:	\$95
AGE:	18 and up
INSTRUCTOR:	Jaime Perez

This class is designed for students with some knowledge or previous exposure to the Spanish language and desire to expand their skills. Students will learn the progressive present tense, regular and irregular verbs including Tener que (to have to), necesitar (to need to), querer (to want to), poder (to be able, can, may), and ir a (to go to). Prerequisite: Spanish 1 or its equivalent.

SPANISH 3	
DATE:	Jan. 16 to Mar. 06
DAY:	Th
TIME:	06:00 PM - 08:00 PM
PLACE:	West
COST:	\$95
AGE:	18 and up
INSTRUCTOR:	Jaime Perez

This class is designed to help students understand and speak the Spanish language correctly. Students will review the present tense as they learn the four past (preterite, progressive past, used to, and imperfect) and future tenses. Prerequisite: Spanish 2 or its equivalent.

SPANISH 4

DATE:	Jan. 13 to Mar. 03
DAY:	Μ
TIME:	06:00 PM - 08:00 PM
PLACE:	West
COST:	\$75
AGE:	18 and up
INSTRUCTOR:	Jaime Perez

This class will focus on reflexive verbs and their pronouns and direct and indirect objects and their pronouns. Students will review all conjugations and vocabulary. This is not a conversational class. Prerequisite: Spanish 3 or equivalent.

MUSIC

BLUEGRASS BANJO 1

BLUEGRASS BAN	IJU 1	
DATE:	Jan. 15 to Feb. 26	
DAY:	W	
TIME:	06:00 PM - 07:00 PM	
PLACE:	West	
COST:	\$70 (+\$30 material fee)	
AGE:	18 and up	
INSTRUCTOR:	Tim Morrison	
	is a beginning 5-String	
banjo class and no previous experience is		
required. We will learn basic "Earl Scruggs"		
picking styles in a bluegrass setting. Lessons		
include tuning, roll-patterns, chords and chord		
progressions, and accompaniment techniques.		
A 5-String banjo is required for this course.		
Bring your banjo, notebook, and a pen to the		
first class.		

BLUEGRASS BANJO 2

DATE:	Jan. 15 to Feb. 26
DAY:	W
TIME:	07:00 PM - 08:00 PM
PLACE:	West
COST:	\$70 (+\$30 material fee)
AGE:	18 and up
INSTRUCTOR:	Tim Morrison

Bluegrass Banjo 2 is a continuation of the Bluegrass Banjo I class but is open to all levels. Lessons include movable chords, partial fingering techniques, intermediate roll-patterns, string tricks, backup techniques, and an indepth exploration of the fingerboard. A 5-String banjo is required for this course. Bring your banjo, notebook, and a pen to the first class.

BLUEGRASS GUITAR 1

DATE:	Jan. 16 to Feb. 27
DAY:	Th
TIME:	07:00 PM - 08:00 PM
PLACE:	West
COST:	\$70 (+\$30 material fee)
AGE:	18 and up
INSTRUCTOR:	Tim Morrison

In Bluegrass Guitar 1 you will study lead and rhythm guitar in a bluegrass music setting, strumming and picking popular old time and contemporary bluegrass tunes. We cover basic to intermediate rhythms and explore flatpicking melodies and various lead techniques. Please bring guitar, tuner, notebook, and a pen to class. Supplemental class materials are offered. Previous experience is helpful and preferred.

GUITAR 1

DATE:	Jan. 16 to Feb. 27
DAY:	Th
TIME:	06:00 PM - 07:00 PM
PLACE:	West
COST:	\$70 (+\$30 material fee)
AGE:	18 and up
INSTRUCTOR:	Tim Morrison

Learn tuning, chords, chord progressions, strumming, picking and fingering. Build a foundation for beginning and intermediate guitar techniques while learning one, two, and three (or more) chord songs. No previous experience necessary or expected. Please bring your guitar, tuner, notebook, and a pen to class. Supplemental materials included.

MANDOLIN 1

Jan. 14 to Feb. 25		
Т		
06:00 PM - 07:00 PM		
West		
\$70 (+\$30 material fee)		
18 and up		
Tim Morrison		
Mandolin 1 is a beginning class with a folk and		
bluegrass emphasis, no previous experience is		
required. Lessons include tuning, basic chords		
& progressions, strumming, picking, tremolo,		
and fingering techniques. Build a foundation		
for more advanced playing while learning one		
to three chord songs. An eight string acoustic		
mandolin is required for this course. Please		
bring your mandolin, notebook, and a pen to		

MANDOLIN 2

DATE:	Jan. 14 to Feb. 25
DAY:	Т
TIME:	07:00 PM - 08:00 PM
PLACE:	West
COST:	\$70 (+\$30 material fee)
AGE:	18 and up
INSTRUCTOR:	Tim Morrison

Mandolin 2 is not a beginning class, previous Mandolin experience is required. Lessons include tuning, basic chords & progressions, strumming, picking, tremolo, and fingering techniques. Build a foundation for more advanced playing while learning one to three chord songs.An eight string acoustic mandolin is required for this course. Please bring your mandolin, notebook, and a pen to the first class.

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No district employee or student shall be subjected to discrimination in employment or any district program or activity on the basis of age, color, disability, gender, gender identity, genetic information, national origin, pregnancy, race, religion, sexual orientation, or veteran status. The district is committed to providing equal access and equal opportunity in its programs, services and employment including its policies, complaint processes, program accessibility, district facility use, accommodations and other Equal Employment Opportunity matters. The district also provides equal access to district facilities for all youth groups listed in Title 36 of the United States Code, including scouting groups. The following person has been designated to handle inquiries and complaints regarding unlawful discrimination, harassment, and retaliation: Tina Hatch, Compliance and Investigations, 440 East 100 South, Salt Lake City, Utah 84111, (801) 578-8388. You may also contact the Office for Civil Rights, Denver, CO, (303) 844-5695.

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