



# ORRHS Guidance Newsletter

## Current Guidance Happenings

### **Report Cards**

Report cards for Term 1 will be sent home with students this Wednesday, 11/13/2024.

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### **Seniors - Term 1 Grades and College**

If you have already applied to college and want to have your Term 1 grades sent, please email your guidance counselor to let them know

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### **College Access Resources**

As high school seniors prepare to attend college next year, there are resources available to help them afford their degree:

- [MassEducate](#) provides free tuition and fees at the state's community colleges for all eligible Massachusetts students.
  - [MASSGrant Plus](#) provides free tuition and fees at the state's four-year universities for students whose families make up to \$85,000 a year before taxes. Tuition and fees are reduced by up to half for students whose families earn between \$85,000 and \$100,000 a year before taxes.
  - Applying for financial aid at any college starts with completing the [Free Application for Federal Student Aid](#). While that application is not available yet, students and families can apply now for the [Federal Student Aid ID \(FSA ID\)](#) so that they will be ready when the application opens.
  - Eligible, non-U.S. citizens can apply for state financial aid through the [Massachusetts Application for State Financial Aid \(MASFA\)](#).
  - [Information about applying for financial aid](#), including [links to information](#) and [one-on-one help](#), is available online.
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### **Freshmen Meetings**

Attention Freshman - Beginning the week of November 4th, the guidance counselors will be meeting with small freshmen groups to discuss the transition to the high school and making the most of the high school experience. Meetings will last approximately 30 minutes during directed study halls in the Guidance conference room. Please check EHall Pass for meeting times.

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### **THIS WEEK - MEFA College Financing Seminar for Junior/Senior Families - 11/13**

**Attention Junior and Senior Parents/Guardians:** Join us as our ORRHS Guidance Department hosts a College Financing Seminar on **Wednesday, November 13th with Kevin Fudge from MEFA at 6 pm in the high school cafeteria**. This seminar will provide information and clarity on the entire financial aid application process. You will learn about financial aid applications and types of financial aid, the factors that determine your aid eligibility, how colleges determine the amount of aid to offer, and the details of the financial aid award letters. *Seniors are able to start applying for financial aid as early as December 1st.* (Massachusetts Educational Financing Authority; [www.mefa.org](http://www.mefa.org)) [Please RSVP here](#)

## **MASS CPAs - Accounting Opportunities Experience**

We're excited to share that David A Vespia from KLR with his extensive expertise in the field, will be presenting at ORRHS in November! His insights offer a valuable opportunity to learn from a seasoned professional. Students, please [RSVP](#) if you are interested in learning more about marketing, finances, and accounting.

About KLR: KLR is a New England Regional Public Accounting Firm that is ranked among the Top 100 firms in the United States. From locations in Boston, Bradenton, Geneva, Lausanne, Newport, Providence & Waltham, the 280+ person firm provides assurance, tax, and business advisory services to private and publicly-held companies throughout the United States and abroad.

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## **Community Service Learning Day - November 27th**

We are excited to announce our first annual Community Service Learning Day to be held on November 27th. After attending classes in the morning, students will have a choice of community service activity to participate in to wrap up the day. Activities range from learning CPR/First Aid, Campus Art Projects, Community Gardening, Creating Cards for Hospitalized Kids, Writing Letters to Soldiers, Gratitude Projects, Participating in a Walk/Runathon, Volunteering at Damien's pantry, Baking Pies for Thanksgiving Donations, Making Blankets for seniors/local shelters, and more!

*Parents, if you have any service learning needs, please let us know in case we can help to accommodate them!*

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## **Scholarship Information - SouthCoast Community Foundation**

SouthCoast Community Foundation: Over 100 scholarships totaling over \$700,000 are available for students on the South Coast and South Shore! Applications are being accepted November 1<sup>st</sup> through January 21<sup>st</sup>. [List of scholarships available](#). You can register and attend an info session via Zoom to learn more about how to apply, what scholarships you could be eligible for, and how the SouthCoast Community Foundation evaluates applications.

[Thursday, November 14<sup>th</sup> Info Session](#) (click to register) – 4:30 – 5:30 pm

[Tuesday, December 10<sup>th</sup> Info Session](#) (click to register) – 6:30 – 7:30 pm

[Tuesday, January 14<sup>th</sup> – Q&A Drop-In Session](#) for Scholarship Applications (click to register) – 5:00 – 6:30 pm  
(Drop into the Zoom for any amount of time)

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## **SAT Information**

Are you planning on taking the SAT? Here are some important deadlines to remember:

- **Nov 22nd** is the deadline to register for the Dec 7th test

Students register using their College Board accounts at [SAT College Board Registration](#). Reminder: **Fee waivers are available in guidance for eligible students** - please see your counselor to learn more! Students, do you want study resources? Check out these [College Board Practice Resources](#)


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## **College Info Sessions in November**

- November 20 - [Suffolk University](#)
- November 20 - [Iona University](#)
- November 21 - [UMass Dartmouth - College of Visual and Performing Arts](#)

**Juniors and Seniors**, sign up with your Bulldog Block mentor for College Info sessions this month!

## Career of the Week

CAREER OF THE WEEK		MICROBIOLOGIST
		 <a href="https://www.bls.gov/ooH/">HTTPS://WWW.BLS.GOV/OOH/</a>
WHAT DO THEY DO?	HOW TO BECOME ONE	JOB OUTLOOK & SALARY
<ul style="list-style-type: none"><li>• PLAN AND CONDUCT RESEARCH PROJECTS, SUCH AS IMPROVING STERILIZATION PROCEDURES OR DEVELOPING DRUGS TO COMBAT INFECTIOUS DISEASES</li><li>• PERFORM LABORATORY EXPERIMENTS FOR A VARIETY OF PURPOSES, SUCH AS TO INFORM THE DIAGNOSIS AND TREATMENT OF ILLNESSES</li><li>• ISOLATE AND MAINTAIN CULTURES OF MICROORGANISMS FOR STUDY</li><li>• IDENTIFY AND CLASSIFY MICROORGANISMS FOUND IN SPECIMENS COLLECTED FROM HUMANS, PLANTS, ANIMALS, OR THE ENVIRONMENT</li><li>• MONITOR THE EFFECT OF MICROORGANISMS ON PLANTS, ANIMALS, OTHER MICROORGANISMS, OR THE ENVIRONMENT</li><li>• PREPARE TECHNICAL REPORTS AND MAKE RECOMMENDATIONS BASED ON RESEARCH FINDINGS</li><li>• SUPERVISE BIOLOGICAL TECHNICIANS AND EVALUATE THE ACCURACY OF THEIR RESULTS</li></ul>	<p><b>MICROBIOLOGISTS TYPICALLY NEED A BACHELOR'S DEGREE IN MICROBIOLOGY OR A RELATED FIELD TO ENTER THE OCCUPATION.</b></p> <p><b>SOME EMPLOYERS PREFER TO HIRE CANDIDATES WHO HAVE A MASTER'S DEGREE OR PH.D.</b></p>	<p><b>PROJECTED JOB GROWTH 7% BETWEEN 2023-2033</b></p> <p><b>MEDIAN SALARY \$85,470</b></p>

## SEL Tip of the Week

**Be Kind:** With Kindness Day coming up on November 13th, it's a great reminder that kindness can be super simple but make a huge difference. Try doing something small each day, like sharing a genuine compliment, checking in on a friend, or helping someone out. These little things can lift someone's mood and yours too! When we put kindness out there, it builds a better vibe for everyone. So, challenge yourself to spread a little kindness and see how it comes back to you in positive ways!