

December 2024

Rockwood Elementary Menu

Monday

Breakfast Pizza **2**

Golden Corn Dog
Bush's Baked Beans
Tropical Mixed Fruit
Choice of Cold Milk

Cinnamon Glazed French
Toast Sticks **9**

Breaded Mozzarella Sticks
w/ Marinara Sauce
Italian Sweet Peas
Frosty Peach Cup
Choice of Cold Milk

Warm Cinnamon Oatmeal **16**
w/ Toppings


Hot Dog on Bun
Oven Crinkle Fries
Frosty Mixed Berry Cup
Choice of Cold Milk

NO SCHOOL **23**

NO SCHOOL **30**

Tuesday

Egg & Cheese Biscuit **3**

Breakfast for Lunch!
Cinnamon Glazed French Toast
Sticks w/ Sausage Links 
Sweet Potato Fries
Frosty Strawberries
Choice of Cold Milk

Pancake & Sausage Bites **10**

Soft Pretzel w/ Cheese Sauce
Steamed Broccoli
Icy Blueberries
Choice of Cold Milk
Try It Tuesday!
Roasted Sweet Potatoes

Egg & Cheese Biscuit **17**

Wild Mike's Cheese or
Pepperoni Pizza
Parmesan Roasted Broccoli
Chilled Apricots
Choice of Cold Milk

NO SCHOOL **31**

Wednesday

Pancake w/ Sausage Patty **4**
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National Cookie Day!
Spaghetti & Meatballs
w/ Warm Breadstick
Italian Seasoned Green Beans
Vine-Ripened Grapes
Winter Iced Sugar Cookie
Choice of Cold Milk

Banana Split Yogurt Parfait **11**
w/ Graham Crackers

Restaurant Pizza
Sweet Corn
Cinnamon Pears
Choice of Cold Milk

Toasted Bagel w/ Cream
Cheese **18**

Crispy Chicken Sandwich
Bush's Baked Beans
Vine-Ripened Grapes
Choice of Cold Milk

Thursday

Egg Pop w/ Cheddar
Goldfish Crackers **5**

Mandarin Orange Chicken
w/ Fluffy Rice
Steamed Broccoli
Chilled Pineapple
Fortune Cookie
Choice of Cold Milk

Scrambled Eggs
w/ Warm Biscuit **12**

Breaded Chicken Drumstick
or Thigh w/ Warm Dinner Roll
Roasted Sweet Potatoes
Jolly Sidekick Icy
Choice of Cold Milk

Trix Muffin w/ Yogurt **19**

Sack Lunch Day!
Grilled Cheese Sandwich
Fresh Veggies w/ Ranch Dip
Dried Cranberries
Choice of Cold Milk

Friday

Warm Cinnamon Roll **6**

Mini Cheese Pizza Bagels
Sweet Corn
Fresh Clementines
Choice of Cold Milk

National Cocoa Day!
Zee Zee's Cocoa Bar w/ Yogurt
Hot Cocoa **13**

Hamburger or Cheeseburger
BBQ Baked Beans
Fruit Salad Mix Up
Cocoa Brownie Bite
Choice of Cold Milk

NO SCHOOL **20**

Veggie of the Month:
Sweet Potatoes

NO SCHOOL **27**

Winter Break
No School

Did you know?

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.

MEAL PRICES

Milk	\$0.75
Student Breakfast	\$2.10
Student Lunch	\$3.60
Adult Breakfast	\$2.50
Adult Lunch	\$4.45

Prepay your child's meal account online using www.myschoolbucks.com

Helpful hint: Deposit \$50.40 for school lunches in December.

Breakfast includes the menued item; Or 4 oz Yogurt & Graham Cracker; Or Choice of Cereal & Graham Cracker. Each breakfast is served with fruit and/or 100% juice and milk.

Alternate Entrées Available Daily

- * Grilled Cheese Pretzel
- * Deli Turkey Sandwich
- * Sunbutter & Jelly Sandwich
- * Chef Salad w/ Crackers


Snack Pack Options Available Daily

- Monday**—Pillsbury Mini Cream Cheese Bagels
 - Tuesday**—Cereal & Giant Cinnamon Goldfish Crackers
 - Wednesday**—Muffin Variety & Goldfish Pretzels
 - Thursday**—Chocolate Tiger Bites & Goldfish Cheddar Crackers
 - Friday**—Cosmic Confetti Snack 'N Waffle
- Served with choice of Cheese Cubes or Sticks, Yogurt, Sunflower Seeds, Chocolate Chickpea Spread, or Hard Boiled Egg

Daily fruit choices may include: Fresh, frozen, dried, canned (in juice or light syrup) or 100% juice.

Variety of fresh vegetables offered daily.

Rockwood is not peanut free.

 Indicates a pork product.

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.