

# OAKMONT WEEKLY STUDENT BULLETIN

November 12th, 2024 - November 15th, 2024

## THIS WEEK AT OAKMONT



MINGA



Headline News: Plan ahead! Kindness Week will affect the Spirit point competition. Can the Sophomore Class be dethroned?!

...

Stay informed!

- **11/12 Canned Food Drive Starts**
  - Dominican University of California Presentation @ 11:24
  - Create Club Meeting, Robotics Club Meeting, and Crow Club Meeting @ 3:30
- **11/13 Minga Points Reward day @ 1unch**
  - Campus Life Club Meeting, GSA Club Meeting, Robotics Club Meeting, OZone Club Meeting, Mock Trial Club Meeting, D&D Club Meeting @ 1unch

## Just a Heads up!

- **11/14 IB English Oral Exams @ 8:30**
  - Coding Club Meeting, Thrift Club Meeting, and Women's Empowerment Club Meeting @ 3:30
- **11/15 Canned Food Drive Competition Continues until Thursday 11/21. First period class with the most donations wins donuts on Friday 11/22**
  - Know the Spirit Days for Kindness Week
    - Mon = PJ Day, Tue = Twin Day, Wed = Red Ribbon Day, Thurs = Jersey Day and Fri = Class Shirt/Oakmont gear
- **11/18 Kindness week - check Minga for Spirit Days and Activities**

**Check Minga for all event and club meeting details!**

<https://www.rjuhsd.us/oakmont>

# CLUBS

## BEST BUDDIES

NOVEMBER 20TH@ LUNCH  
 LOCATION: TOP OF THE QUAD BY THE GYM  
 COME FOR FUN, GAMES AND FRIENDSHIP!

## Latino Student Union is back!

Come to room 404 during one lunch on Wednesdays for fun, games, and culture!  
 ¡Vamos!  
 All are welcome!

# PE

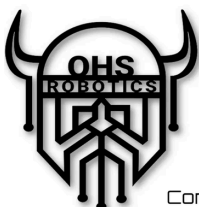
There are two new PE Electives to help keep students active and healthy year round.

1. Elective PE ~ Perfect for students who like to play! 1-2 week units that are student choice!

What do you want to play? Badminton, Team Handball, or Basketball? Let's play! How about Tennis, Floor Hockey, Kan Jam, or Corn Hole? Let's play!

2. Group Fitness ~ Perfect for athletes conditioning for their sport AND anyone else who wants to be fit. Want to get into better shape and have fun doing it? Do you get bored doing the same old thing? Do you have personal fitness goals but not enough motivation, time or knowledge to achieve them? If you answered yes to any of those questions we have just the class for you!

The GROUP FITNESS class features yoga, Pilates, weight training, Zumba, cross-fit, Tabata, kickboxing, mindfulness and more. Group Fitness will set you up for success and lifelong fitness.



Beginners welcome.  
 Show up to P-1 to join!  
 • Wed. before school  
 • Wed. one-lunch  
 • Tues. after school  
 • Any 2<sup>nd</sup> lunch

Build  
Code  
Compete

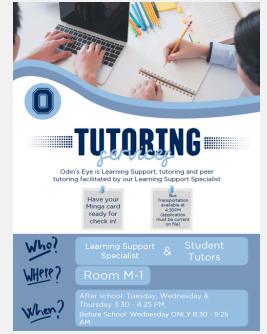


## Join Oakmont Robotics!

Robotics meets in P-1 before school on Wednesday, one lunch on Wednesday, after school on Tuesday, and any 2<sup>nd</sup> lunch.

# ODIN'S EYE

ODIN'S EYE  
 ROOM M-1



AFTERSCHOOL - TUESDAY, WEDNESDAYS  
 & THURSDAYS 3:30PM-4:45PM  
 WEDNESDAYS ONLY 8:30AM-9:25AM



## OPC

Parent Lead, Students First, Community Driven  
 \$35 to join, Help up make a difference learn more at:

[www.oakmontparentsclub.com](http://www.oakmontparentsclub.com)



## Oakmont HS

PROGRAM AND PATHWAYS INFORMATION NIGHT

November 20, 2024

6:00 PM

Oakmont High School Theater

Come learn about our CTE Pathways (Media, Graphic Design, Construction, Culinary, Health Academy), Performing Arts, IB Program and AP Classes



Our Programs and Pathways night is coming up on November 20th @ 6:00 PM. This gives students and their families an opportunity to learn about the programs and pathways that Oakmont offers. It is for current 9th and 10th graders. See the attached flyer for more information.

## Athletes of the Week!

**Seth Starkey**-Had a long touchdown in Friday's championship game and was just selected all league.

**Sosina McHale-Hall**- Sosi was the only Varsity Girl who earned 1st Team All-League in Cross Country this year.



# College & Career Center



**Location:** near the Library  
Mrs. Headrick - [kheadrick@rjuhsd.us](mailto:kheadrick@rjuhsd.us)  
**Hours:** 7:30 a.m. - 4:00 p.m.

## ALL CCC EVENTS IN ONE PLACE!

If you want to plug in to all CCC events, then stay in the know with this CCC Event Schedule. Go to this schedule often to get updated information and to sign up for college/career presentations. Now there's no excuse why you missed your favorite college presentation or job/college fair!

Go to <https://www.rjuhsd.us/Page/11892> and "bookmark" it or scan the QR code for quick access.

### 24/25 College & Career Events

\*\*Click on the 'Sign Up' Link below to access the sign up form for presentations\*\*

Day	Date	Time	Event	Info Link / Sign Up	Type	Location
Mon.	11/4	Intervention - 9:53 AM	College Application Help	<a href="#">Sign Up</a>	Office Help	OHS College & Career Cen...
Mon.	11/4	Intervention - 9:53 AM	Univ. of West England, Bristol	<a href="#">Sign Up</a>	Presentation	OHS Library
Tues.	11/5	Intervention - 11:24 AM	Montana State University	<a href="#">Sign Up</a>	Presentation	OHS College & Career Cen...
Wed.	11/6	11:00 AM to 12:15 PM	Sierra College Office Hours	<a href="#">Sign Up</a>	Office Help	OHS College & Career Cen...
Wed.	11/6	One Lunch - 12:08 PM	Warrior Wednesday (Military)	<a href="#">Info Link</a>	Information Table	OHS Quad
Fri.	11/8	8:00 AM to 11:30 AM	ASVAB Assessment	<a href="#">Sign Up</a>		OHS Library
Fri.	11/8	7:00 AM to 5:00 PM	University of Nevada, Reno	<a href="#">Register here</a>	Bus Trip	Maidu Skate Park (pickup)
Tues.	11/12	Intervention - 11:24 AM	College Application Help	<a href="#">Sign Up</a>	Office Help	OHS College & Career Cen...
Tues.	11/12	Intervention - 11:24 AM	Dominican Univ. of Calif.	<a href="#">Sign Up</a>	Presentation	OHS Library
Thurs.	11/14	Intervention - 1:23 PM	College Application Help	<a href="#">Sign Up</a>	Office Help	OHS College & Career Cen...
Thurs.	11/14	3:00 PM to 5:00 PM	College & Career Fair	<a href="#">Info Link</a>	Fair	Maidu Community Center
Wed.	11/20	12:45 PM to 2:00 PM	Sierra College Office Hours	<a href="#">Sign Up</a>	Office Help	OHS College & Career Cen...
Wed.	12/4	One Lunch - 12:08 PM	Warrior Wednesday (Military)	<a href="#">Info Link</a>	Information Table	OHS Quad
Wed.	12/4	12:45 PM to 2:00 PM	Sierra College Office Hours	<a href="#">Sign Up</a>	Office Help	OHS College & Career Cen...
Wed.	1/29	6:00 PM to 8:00 PM	Financial Aid Night	<a href="#">Sign Up</a>	Workshop	OHS Library



## THIS WEEK

Monday

**Veterans Day  
No School**



Tuesday

**COLLEGE  
APP HELP**

DOMINICAN  
UNIVERSITY  
of CALIFORNIA

Wednesday

**COLLEGE  
APP HELP**

SIERRA COLLEGE

Thursday

**COLLEGE  
APP HELP**

Friday

**CCC CLOSED**

# College & Career Center



**Location:** near the Library  
Mrs. Headrick - [kheadrick@rjuhsd.us](mailto:kheadrick@rjuhsd.us)  
**Hours:** 7:30 a.m. - 4:00 p.m.

## LOCAL COLLEGE AND CAREER FAIR

**Open to the public, all ages**

### Fall 2024 College & Career Fair by Horizon Charter Schools

Maidu Community Center  
1550 Maidu Drive  
Roseville

# Thurs. November 14, 3pm - 5pm

American River College  
American River College  
Army ROTC  
Butte College  
CA Department of Corrections  
 -Office of Peace Officer Selection  
 -Recruitment Careers Services  
Ca State Careers  
CAL FIRE  
California Air National Guard  
California Army National Guard  
California Franchise Tax Board  
California Northstate University  
Cal Poly Humboldt  
California Northstate University

Cal Poly Humboldt  
Caltrans  
Campus  
California Student Aid Commission  
Cosumnes River College  
CSU Sacramento  
CSU San Marcos  
Dominican University of California  
Folsom Lake College  
Folsom Lake College Career Ed  
Grand Canyon University  
Hope International University  
Hoss Lee Academy  
Jessup University  
National College of Technical Instruction

Northeastern University  
Roseville Fire Department  
Sacramento City College  
Sacramento Police Department  
Sac State EMT / Paramedic  
Sierra College  
University of San Francisco  
University of Silicon Valley  
University of the Pacific  
U.S. Air Force  
U.S. Army  
Whittier College  
Yuba College



### Sierra College Office Hours at OHS

Sierra College is coming to Oakmont to answer your questions and help you register for college. If you would like to receive a pass to attend one of these office visits, please sign up.

Wed. 11/13 10:30 AM to 12:00 PM  
 Wed. 11/20 12:45 PM to 02:00 PM  
 Wed. 12/04 12:45 PM to 02:00 PM

Sign up at  
<https://www.rjuhsd.us/Page/11892>

### COLLEGE APP HELP

If you need help applying to a college, or have questions, join the Counselors in the CCC during one or more of the dates below.

#### During Intervention:

Tue. 11/12  
 Thu. 11/14  
 Mon. 11/18  
 Tue. 11/19  
 Thu. 11/21  
 Fri. 11/22



#### Before School (8:30 - 9:30 AM):

Wed. 11/13  
 Wed. 11/20