



24-25 Girls' Weightlifting



Date	Meet/Location	Time
10/23	Preseason Classic @ Matanzas HS	4:30
11/6	Home vs. Taylor	3:30
11/13	@Pine Ridge HS	4:30
11/20	@ University HS	3:30
12/11	Home vs. Deltona (Senior Night)	4:00
12/17	Five Star at Creek (JV)	
12/18	Five Star at Creek (Varsity)	
1/15	@Matanzas	4:30
1/20	Districts	TBD
1/29-2/1	Regionals	TBD
2/14-2/15	States in Lakeland	TBD

Principal: Mr. Tucker Harris **Assistant Principals:**

Head Coach: Tarisa Craig-Craggy

Athletic Director: Anthony Campanella

Assistant Coaches:

Activities: Janet Savary

Trainers: Kelly Lemon

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