#### Base Menu Spreadsheet

#### Portion Values - Detailed

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### Dec 1, 2024 thru Dec 31, 2024

Lunch K-8

Generated on: 11/7/2024 2:51:34 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 12/02/2024			
Lunch K-8	Total	100	
Pizza, Variety	slice	75	32.25
Italian Dunkers #1101	2 breadsticks	25	28.0
California Vegetables M5785	1/2 cup	50	5.15
Whole Kernel Corn, FRZ M6015	1/2 cup	50	16.24
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Fruit Cocktail M6735	1/2 cup	50	14.91
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Sauce, Marinara PC M8195	1 packet	25	3.71
Weighted Daily Average			76.13
% of Calories			54.2%
Nutrient Guideline			

Tue - 12/03/2024			
Lunch K-8	Total	100	
Chicken & Sausage Gumbo M4610	2/3 cup w/rice	75	34.79
Grilled Cheese & String Cheese	portions	25	30.96
Tossed Salad with Drsg M5660	1/2 cup	50	6.36
Green Peas, Canned M6035	1/2 cup	25	14.34
Orange Smiles M6770	1/2 cup	50	19.19
Applesauce, M6555	1/2 cup	50	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			72.99
% of Calories			53.1%
Nutrient Guideline			

Wed - 12/04/2024			
Lunch K-8	Total	100	
Spicy Chicken BreastSand M4160	1 each	50	44.15
Steak Fingers, Baked M1045	4 each	50	17.9
Cheesy Macaroni M5135	2/3 cup	75	32.12
Green Beans, Cut, CND M5750	1/2 cup	75	4.86
Carrots Baby w/dip RCSD	3 oz. bag	25	8.93
Chilled Peach Slices M6815	1/2 cup	50	17.49
Blueberries w/ WhipTop M6610.1	1/2 cup	50	15.47
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Weighted Daily Average			105.98
% of Calories			45.7%
Nutrient Guideline			

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### Dec 1, 2024 thru Dec 31, 2024

Lunch K-8

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	Portion Size	Reimb Qty	Carb (g)
Thu - 12/05/2024		·	
Lunch K-8	Total	100	
Beef Taco w/Soft Shell M1155.1	1 taco	85	20.85
Ham and Cheese Wrap Mer MS772	2 halves	15	32.08
Pinto Beans Legumes M5550	1/2 cup	25	26.44
Broccoli Florets, FRZ M5610	1/2 cup	50	3.61
Chilled Blushing Pears M6845	1/2 cup	50	18.91
Fresh Grapes M6665	1/2 cup	50	14.97
Saltine Crackers, ENR,CR M7020	2 4-count packs	25	18.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			67.39
% of Calories			51.2%
Nutrient Guideline			

Fri - 12/06/2024			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Hot Dog WG M4230	1 each	50	28.0
Glazed Carrots M5865	1/2 cup	25	8.91
Crinkle Cut Fries Baked M6110	1/2 cup	85	12.12
Applesauce, M6555	1/2 cup	50	15.62
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	50	0.61
Mustard, PC M8015	1 packet	50	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			79.24
% of Calories			53.5%
Nutrient Guideline			

Mon - 12/09/2024			
Lunch K-8	Total	100	
Mexican Pizza M2010	1 slice	75	30.0
Beef and Broccoli Rice Bowl	Servings	25	42.93
Cabbage, Seasoned M5700	1/2 cup	15	5.95
Carrots Baby w/dip RCSD	3 oz. bag	50	8.93
Fruit Cocktail M6735	1/2 cup	50	14.91
Fresh Bananas M6590	1 each	50	26.95
Cornbread 1 ENR M7050	1 piece	25	18.07
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			79.04
% of Calories			56.6%
Nutrient Guideline			

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### Base Menu Spreadsheet

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### Dec 1, 2024 thru Dec 31, 2024

Lunch K-8

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	Portion Size	Reimb Qty	Carb (g)
Tue - 12/10/2024			
Lunch K-8	Total	100	
Chicken Nuggets, Baked M 3170	5 nuggets	80	14.0
Shepherd's Pie RCSD	2/3 cup	20	18.76
Glazed Carrots M5865	1/2 cup	50	8.91
Tossed Salad with Drsg M5660	1/2 cup	50	6.36
Applesauce, M6555	1/2 cup	50	15.62
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	75	27.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Ketchup PC M8000	1 each	80	3.0
Weighted Daily Average			78.91
% of Calories			56.7%
Nutrient Guideline			

Wed - 12/11/2024			
Lunch K-8	Total	100	
BBQ Pork Sandwich Pur M4210	1 each	75	31.02
White Chicken Chili M4600	1 cup	25	6.11
Potato Salad RCSD	1/2 cup	50	24.72
Baked Beans RCSD	1/2 cup	50	38.23
Apple and Orange Wedges M6545	1/2 cup	50	13.98
Chilled Pear Halves M6855	1/2 cup	50	18.23
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	1	27.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			87.65
% of Calories			62.3%
Nutrient Guideline			

Thu - 12/12/2024			
Lunch K-8	Total	100	
Baked Ham M2500	2 ounces	75	15.49
Turkey & Dressing Supreme M3325	1Piece	75	36.62
Cranberry Sauce Portion M6630	1 ounce	50	13.45
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	25	31.0
Southern Chicken Sandwich	1	25	45.0
Potato Casserole	1/2 cup	50	48.17
Green Beans, Savory, CND M5745	1/2 cup	50	4.45
Chilled Peach Slices M6815	1/2 cup	50	17.49
Waldorf Fruit Salad RCSD	1/2 cup	50	16.53
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Thanksgiving Dessert	1	75	*N/A*
Weighted Daily Average			123.13
% of Calories			55.4%
Nutrient Guideline			

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### Base Menu Spreadsheet

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### Dec 1, 2024 thru Dec 31, 2024

Lunch K-8

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	Portion Size	Reimb Qty	Carb (g)
Fri - 12/13/2024			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Fish Sticks, Baked M1540.1	4 nuggets	50	22.0
Season BKD Potato Wedges M6145	1/2 cup	80	17.0
California Vegetables M5785	1/2 cup	20	5.15
Blueberries w/ WhipTop M6610.1	1/2 cup	50	15.47
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			78.04
% of Calories			51.7%
Nutrient Guideline			

Mon - 12/16/2024			
Lunch K-8	Total	1800	
Pizza, Variety	slice	900	32.25
Corn Dog Nuggets M3165	6 nuggets	900	29.46
Crinkle Cut Fries Baked M6110	1/2 cup	900	12.12
Black-Eyed Peas Dry M5515	1/2 cup	900	23.77
Applesauce, M6555	1/2 cup	900	15.62
Orange Smiles M6770	1/2 cup	900	19.19
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Ketchup PC	1 packet	1350	3.0
Mayonnaise PC Reduce Fat M8010	PC Packet	500	0.61
Mustard, PC M8015	1 pouch	500	0.29
Weighted Daily Average			83.70
% of Calories			55.9%
Nutrient Guideline			

Tue - 12/17/2024			
Lunch K-8	Total	1800	
Quesadillas Beef	1 each	900	24.07
Guacamole, 1/4 Cup M5675	2 oz.	900	5.93
Chips and Salsa	1 serving	900	24.05
Chicken Nuggets, Baked M 3170	5 nuggets	900	14.0
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	900	27.0
Carrots Baby w/dip RCSD	3 oz. bag	900	8.93
Pinto Beans Legumes M5550	1/2 cup	900	26.44
Chilled Blushing Pears M6845	1/2 cup	900	18.91
Blueberries w/ WhipTop M6610.1	1/2 cup	900	15.47
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Weighted Daily Average			97.41
% of Calories			48.6%
Nutrient Guideline			

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# Dec 1, 2024 thru Dec 31, 2024

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Lunch K-8

	Portion Size	Reimb Qty	Carb (g)
Wed - 12/18/2024		_	
Lunch K-8	Total	1800	
Chicken and Waffle (1) RCSD	3 tenders	1350	27.0
Southern Cheese Grits	1/2 cup	1350	15.56
All American Sub Sandwich RCSD	1 sandwich	450	37.3
Cucumber Slices w/Ra Dip M5725	1/2 cup	900	4.72
Broccoli Florets, FRZ M5610	1/2 cup	900	3.61
Chilled Peach Slices M6815	1/2 cup	900	17.49
Fresh Apple M6510	1 each	900	25.13
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Ketchup PC M8000	1 each	1000	3.0
Mayonnaise PC Reduce Fat M8010	PC Packet	450	0.61
Mustard, PC M8015	1 pouch	450	0.29
Syrup, Pancake, PC RCSD	1 packet	1350	30.2
Weighted Daily Average			106.26
% of Calories			55.9%
Nutrient Guideline			

Thu - 12/19/2024			
Lunch K-8	Total	1800	
Cheesy Chicken Over/RiceCMS516	1 serving	1350	30.13
BBQ Rib Sandwich Brush M4205	1 each	450	41.67
Green Beans, Savory, CND M5745	1/2 cup	900	4.45
Glazed Carrots M5865	1/2 cup	900	8.91
Toast, Garlic WW M7115	1 slice	900	15.0
Fresh Fruit Bowl Variety M6715	1 each	900	21.72
Mandarin Oranges	1/2 cup	900	21.45
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Weighted Daily Average			83.78
% of Calories			52.2%
Nutrient Guideline			

Fri - 12/20/2024			
Lunch K-8	Total	1800	
Brunch 1/2 Day	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Mon - 12/23/2024			
Lunch K-8	Total	1	
HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

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# Dec 1, 2024 thru Dec 31, 2024

#### Base Menu Spreadsheet

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Lunch K-8

	Portion Size	Reimb Qty	Carb (g)
Tue - 12/24/2024			
Lunch K-8	Total	1	
HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Total	1	
1	1	*N/A*
		*N/A*
		*N/A%*
	Total 1	Total 1 1 1

Thu - 12/26/2024			
Lunch K-8	Total	1	
HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Fri - 12/27/2024			
Lunch K-8	Total	1	
HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Mon - 12/30/2024			
Lunch K-8	Total	1	
HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Tue - 12/31/2024			
Lunch K-8	Total	1	
HOLIDAY	1	1	*N/A*
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# Dec 1, 2024 thru Dec 31, 2024

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Lunch K-8

Weighted Daily Average % of Calories Nutrient Guideline	Portion Size	Reimb Qty	Carb (g) *N/A* *N/A%*
Weighted Average			55.07 53.1%

Nutrient	lenu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	55.07	53.10%						

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