

WELCOME TO COFFEE WITH THE COUNSELORS!



POLSON COUNSELING TEAM

School Counselors

6th grade: Claire Golebiewski

7th grade: Charlene Doane

8th grade: Maryssa Susi

School Psychologist

Ivana Šain

School Social Worker

Missy Hartmann

School Based Clinician (Madison Youth and Family Services)

Taylor Pisano

Missy Hartmann, LCSW - School Social Worker

- Madison resident, both of my children attended school here, K-12.
- Adolescents are my favorite people to work with.

At Polson, my primary role is giving counseling support to students to:

- develop coping skills
- social skills
- develop feelings expression and emotional regulation.

Consult with teachers to support students within classrooms.

Co-advisor to Polson's Impact Club and Advisor of Game Changers

My door is always open!



Taylor Pisano, LMFT- MYFS





I am a Licensed Marriage and Family Therapist employed at Madison Youth and Family Services. I primarily work with general education and 504 students.

My Role at Polson:

- Provide individual counseling once a week and facilitate lunch groups when needed
- Who's Got the Power bullying prevention lessons in 6th grade Health each trimester
- I co-facilitate the Rainbow Lounge with Jack Hughes (MYFS) which occurs during all lunch waves every Thursday.
- I assist with crisis intervention and provide support to students and parents when navigating a higher level of care.
- I collaborate with MYFS coworkers for after school leadership groups such as:
 Peer Helpers



Ivana Šain, MSE, NCSP - School Psychologist

This is my 3rd year at Polson. I was trained at Fordham University's Graduate School of Education, spent 9 years as a school psych in Hawaii, and 1 year in New Haven. I have worked with pre-K through high school students.

School Psychologists have 3 major roles:

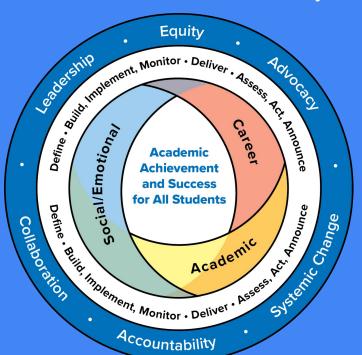
- 1) Special Education: Assessing, Placement decisions & Developing IEPs
- **2)** <u>Counseling:</u> For IEP students Working on emotion/behavior regulation, problem solving/coping skills, social skills, anxiety, etc.
- **3)** Consultation: Schoolwide PBIS/all students With teachers, administration, related service providers and paraprofessionals

sain.ivana@madisonps.org



POLSON SCHOOL COUNSELORS

Grade 6: Claire Golebiewski Grade 7: Charlene Doane Grade 8: Maryssa Susi golebiewski.claire@madisonps.org doane.charlene@madisonps.org susi.maryssa@madisonps.org



- Have Master's degrees in School
 Counseling from accredited universities
- Loop with students so students have the same School Counselor all 3 years
- Focus on 3 main areas for student development and success; academic, social-emotional & college/career

SCHOOL COUNSELOR ROLES AND RESPONSIBILITIES

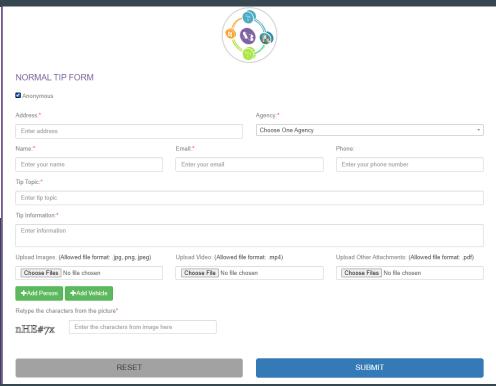
- Support all students in the building
- Classroom Delivery Lessons include:
 - Student Success Plans
 - Goal setting
 - Stress management
 - Friendships and Boundaries
 - Social Media/Digital Footprint
 - Sexual Harassment
 - Executive functioning/Polson Academy
 - Personal safety and awareness
 - Career Day (8th grade)

- Individual and group counseling
- Case Managers for 504 Plans
- Implement School Climate initiatives
- Meet weekly with teachers
- Collaborate with community resources
- Scheduling
- Transition new students and provide orientation support
- Student and family advocate



What to do if your child sees a post or comment by a friend or peer that's offensive, inappropriate, or feels "off":

Can access it on Madison Public Schools website under district tab and then under district safety and security enhancements



Use the See It, Say
It, Send It app and
fill out the form (can
find QR code
outside Mr. Potter's
office or outside the
school counselors
doors)



EXECUTIVE FUNCTIONING SUPPORTS

- Binder & locker clean outs
- Facilitate use of planner
- Check-ins and support regarding grades and missing assignments
- Communication with parents/guardians
- Team meetings and communication
- Support emotional regulation and stress management
- Fidgets and sensory tools
- Goal Setting and Student Success Plans
- Develop and refine executive functioning skills like organization and time management
- Polson Academy to reinforce expectations, executive function, and "student skill" development
- Reminders and encouragement of planner use or other tool to record assignments daily
- Study guides, graphic organizers, templates and other tools provided to support organization, idea generation, and study skills
- Encourage homework completion and studying during PRIDE





WHAT CAN BE DONE AT HOME

- Check Infinite Campus- grade and assignment status posted by teacher
- Check google classroom
- Contact individual teacher or reach out to counselor to schedule team meeting





- Use checklists and visual schedules
- Reinforce prioritization of homework & long term assignments
- Set a designated study space
- Help maintain an organized backpack and binder
- Schedule a weekly clean-out of backpack, binder and email
- Consistent HW routine
- Prepare for the day ahead
- Limit absences and late arrivals



Cell Phones

The rule - Phones in lockers at all times

- lunch
- Pride
- outdoor breaks
- ♦ HR
- and of course, class!
- If a staff member asks for student's phone, it goes to office for the day. Pick up at 2:30. If continues, picked up by adult.

Phones may be used by students in the cafe from 7:30-7:45 before their dismissal to HR. 8th graders must be in cafe to use phones, not in common area.





Polson School Initiatives

- World Mental Health Awareness Week
- Gratitude Challenge
- Start with Hello Week
- Halloween Costume Contest
- Black History Month art contest
- Kindness week
- Backpack Program
- And more....

Questions?