



Mindful Morals

People spend hours after hours sorting out trash into the right piles. People would not have had to do this, if everyone took the responsibility to put them in the right bins in the first place. Litter has a huge impact on earth and taking the responsibility to reduce waste, recycle and compost more by sorting out trash correctly would help the planet.

If we are not responsible then our planet will be filled with trash. The landfills will grow bigger and the ocean will be filled with trash. Some kids in other countries have jobs, to even pick up and sort the trash that we put in the wrong bins! Can you believe

it? Imagine if you were one of those kids going to the dumpyard and sorting through trash. So, a way we can help is to be responsible and put it in the right trash can today.

By taking the time to read the trash labels by our school bins before throwing out trash, we can help our planet. It is a small step that could help everyone. Because if we are not responsible, it will cause more pollution and global warming. Global warming is not only hurting plants and animals and making them extinct, but it is also hurting us by entering into our food chain and polluting the air we breathe. In summary, by taking up a bit of responsibility today, we can help our world to become a much more wonderful place.

Gia Sumanth

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Staff Session with Ms. Brittany Gardner

Q1: Why did you want to become a principal? I always loved watching my students grow and seeing what systems I had to put in place to help students do better. So, I became a teacher leader where I started to teach other teachers how to put systems in place in their classrooms to help kids do better in academics and their behavior. I realized that I could take these systems that worked well and teach and support a lot more teachers and students, if I was a principal.

Q2: What's your favorite childhood memory related to school? My favorite memories at school were the experiences such as the field trips, and the children's theater.

When I was in fourth grade, they did a play about the Pied Piper, a story of a boy who gets paid to lead rats out of the town but doesn't get paid, so, he takes all of the kids out of the town and he won't bring them back until he gets paid. I got cast as the Pied Piper, which was a big surprise to me because I thought it was going to go to a boy and it showed me that anybody can be anything.

Q3: How do you encourage your students to be involved in their community? I encourage them to take part in any outside extracurricular activities and I try to make sure that everybody has access to those things especially on our campus. We have scholarships participate regardless of ability to pay for that kind of thing so anyone can participate regardless of ability to pay for that kind of thing.

Q4: If you could trade places with any famous person for a day, who would it be and why? It would be fun to be a politician in Washington

D.C, so I could really experience how the government is run and how decisions are made. Even though I vote, I feel somewhat removed from that process.

Q5: What is your favorite book or movie and why? My favorite movie is the animated film Spirited Away, by my favorite filmmaker, Hayao Miyazaki. I love its elements of fantasy, but it's also a story about resilience, bravery and love. My favorite book series is Harry Potter because it is about friendship and teaches you to do the right thing even when it's the hard thing.

Q6: What advice would you give to your younger self? Two main things; 1) Don't sweat the small stuff, and 2) Go easy on yourself!

Q7: If you could be any animal what would it be and why? I appreciate sheepdogs, they watch over a flock of sheep so they stay together. I like the idea of being a protector of innocent things.

Ananya Tyagi



Staff Session with Ms. Judy Peng

Q1: Why did you want to become a teacher? Both my parents were teachers so I worked as a teacher right after college and had a lot of fun, so after about fifteen years working in science, I decided to become a teacher. My mother taught kindergarten and my dad taught high school and college.

Q2: What's your most challenging part of being a teacher? How about your favorite part? The hardest part of being a teacher is to make sure that all the students get what they need and every student is very different. My favorite part is the interaction I get with the students when we have lessons, the participation and sometimes the jokes that we hear are fun.

Q3: What are you most scared of? Outside of school as a person, I am scared of the dark.

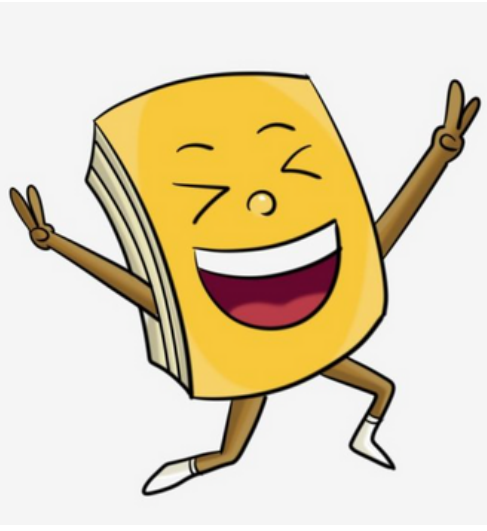
Q4: Who are your role models? Right now, as a teacher, my role models are all the other teachers in this school because they are amazing at what they do. I look to them for advice and I see the great things that they do and I try to incorporate that in my classroom.

Q5: What advice would you give to your younger self? Go with your passion! Do what you like because if you only do things because people want you to, you won't be happy. For example, I went into science and I didn't like or care for it, so I left to become a teacher, which I like.

Q6: If you could be any animal what would it be and why? I would want to be a fox because even though they have a bad reputation, they're cute, clever, and resourceful.

Q7: If you could trade places with any famous person for a day, who would it be and why? I think that all these people that I think are famous have their own problems too and I don't want to deal with their problems. So, I wouldn't choose any specific person. Instead, I would trade places with someone retired.

Ananya Tyagi



Best Of Books

Today's book is "The Magical Reality Of Nadia" by Bassem Yousef and Cathrine R. Daly.

This book's main character is Nadia Yousef, a middle school girl who loves to collect facts. Nadia is an actual person, Bassem Yousef's daughter. Although most of the story is fiction, a lot of Nadia's personality traits and likes are based off of the real Nadia. Bassem Yousef was inspired to write this book to help Nadia get used to life in the US. This book is about Nadia Yousef and how she discovers her amulet has a secret after she is bullied about her Egyptian roots. She is sucked into an adventure full of action and mystery.

Some things I really love about the book is how well paced the storyline is.

The book doesn't suddenly speed up or skip important parts. I also love the author's way of showing what Nadia thinks.

As amazing as this book is, there are some things that could be better. One thing that I personally think could be better is the title. When you think about it, "The Magical Reality Of Nadia" sounds very boring. I mean sure it has some magic stuff in its title, but it doesn't really grab that many people's attention. Or another way of putting it is that the title doesn't do the book justice. This book also has a prequel called Middle School Mischievous. That is also at the Duveneck Library. Want more opinions? Swing by our library and see what Doree has to say about this series! (The library is open on Tuesdays and Thursdays during lunch).

My final opinion on "The Magical Reality Of Nadia" is that it's an awesome book and I recommend reading it if you haven't already. This fiction book is a great find, and a hilarious one, too. Happy reading everybody!!!

Arya Chatterjee

Laughing Lounge

Q1: Why did the math book look sad?

A: Because it had too many problems

Q2: How do you make a tissue dance?

A: You put a little boogie in it!

Q3: Why did the bicycle fall over?

A: Because it was two-tired!

Q4: What do you get when you cross a snowman and a vampire?

A: Frostbite!

Q5: Why don't skeletons fight each other?

A: They don't have the guts!

Q6: Why did the teddy bear say no to dessert?

A: Because he was already stuffed!

Alana Batta



Experimental Exploration – Rainbow in a Jar

Have you been looking for a science corner? Well, you have found the right place! Let's explore the endless joy of science through an experiment about density. To those of you who don't know what density is, it means how heavy something is for its size. This experiment can be done with household items and it's a lot of fun. Go try it out at home!

Materials:

- Clear cups
- Food coloring (Red, Yellow, Blue)
- Straw
- Spoons
- Funnel
- Tape
- See through cup or jar
- Salt

Instructions:

Preparing the cups:

Depending on how many colors you want, get that many clear cups and pour about $\frac{1}{4}$ water in each cup.

Add food coloring in the cups:

Pour food coloring in each of the cups. In this experiment, we will use six colors; 3 primary colors – Red, Yellow, and Blue. You can either make 3 secondary colors – Orange, Purple and Green or you can buy them.

Add Salt To Increase Density:

Once you decide the order of your colors, add no salt to the cup with color that will be on the top layer and 5 spoons of salt in the cup with color that will go at the bottom. Add one spoon of salt incrementally in layers 2, 3, 4 and 5. For example, if your order is Red, Orange, Yellow, Green, Blue, and Purple, then add no salt in the red cup, 1 spoon in orange, 2 spoons in yellow and so forth. Note: Your spoon doesn't have to be a specific size though you need to make sure that every spoon of salt is the same amount.

Stir the salt in the cups:

Make sure to stir the cups till the salt dissolves.

Pour the bottom color water in the jar:

Pour the color you want at the bottom of your tall glass or jar.

Get Out Your Funnel And Straw:

Just like the name says, take out your straw and place it where the funnel lets things out and tape it together.

Pouring Time:

Here you just pour the rest of your colors through the funnel carefully. You will start to see your colors forming.

This is fun and educational because it shows the concept of density and how different materials can have different weights per unit volume.

Ananya Tyagi



Nature Nuggets – 3Rs

Imagine the earth is your bedroom, we want to keep it clean. The 3R's can help us keep our planet clean. But first, what are the 3R's? The 3Rs stand for Reduce, Reuse, and Recycle.

Reduce means buying only the things that you absolutely need, not want! It helps cut down on the amount of trash we generate. For example, Next time you ask for new shoes, ask yourself, do you really need it?

Reuse means using secondhand items from people who do not need them anymore, or repairing broken items instead of replacing them with new ones. For example, you can use paper scraps to make

paper airplanes. Recycle means converting old things into new things that would have otherwise become trash. For example, you can put the cereal box into a recycling bin so it can be recycled into other products.

Why should we do 3R's? 3Rs help prevent stuff from going into landfill, which can help keep Earth clean.

Clara and Alice Philbin

Remarkable Records

Taylor Swift is the youngest artist ever to reach number one hits on Billboard's US Digital Song Sales chart. Her Eras Tour beat the Guinness world record for the most AMC's single-day advance ticket sold in the world.

Stephen Curry has the highest career free-throw percentage in NBA history (91.0%) and has led the league in three-pointers made a record eight times. Google states "Stephen Curry is the greatest shooter of all time. Period. There isn't even a debate anymore. He's broken just about every

record in the book when it comes to shooting 3 pointers."

Michael Jordan holds the all-time record by being the ONLY player in NBA history to never once score under 20 points in a Finals game and he played 35 Finals games!

Olivia Rodrigo has the record of scoring over 385 million global streams. After 3 years, it has been confirmed by Geffen Records that the album became the all-time highest-streaming album by a female artist on Spotify. Since its release, it has streamed over 12.3 billion times on the music platform.

Jeanne Calment is the oldest person ever whose age has been verified (1875–1997) from France, who lived to the age of 122 years and 164 days. The oldest verified man ever is Jiroemon Kimura (1897–2013) of Japan, who lived to the age of 116 years and 54 days.

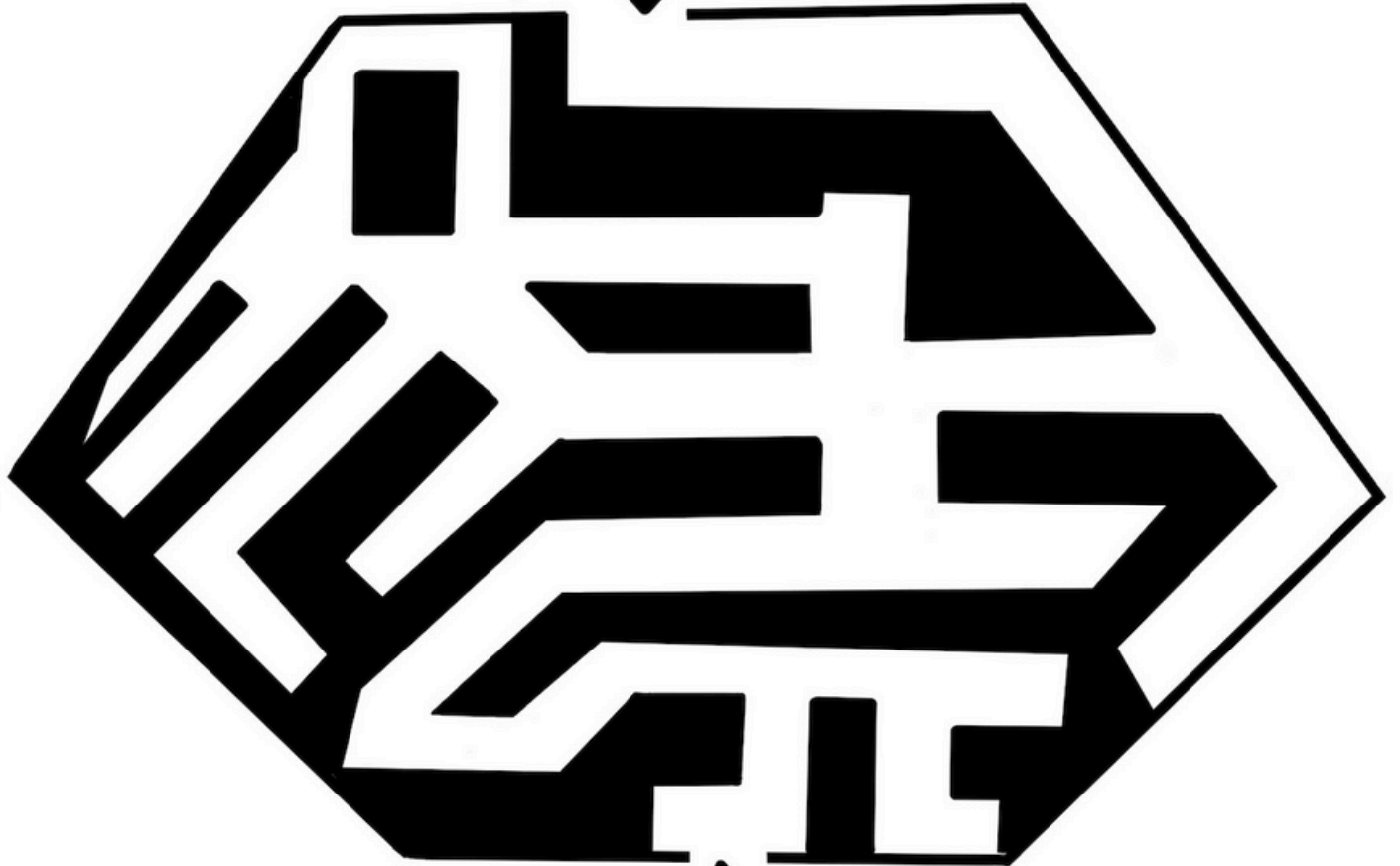
Usain Bolt is the only athlete to ever win the 100 and 200 meter in three consecutive Olympiads. In August 2009 at the World Championships in Berlin, Germany, Bolt ran the 100 meters in 9.58 that still remains intact.

Alana Batta

Follow the Maze

MAZE

START
▼



▲
EXIT

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