

## **PATHWAY BENEFITS**

- Built-in academic support systems
- ♣ Preparation for college & career entry
- ♣ College application support
- ♣ Connect with industry professionals
- Industry internships & job shadowing
- Industry recognized certifications
- Preparation for job interviews
- + Earn college credit while in the pathway
- Professional industry guest speakers
- Real-world, hands-on industry training
- Earn a Graduation Sash upon completion of the Pathway

## CONTACT

## INDIAN SPRINGS HIGH SCHOOL

650 N DEL ROSA DR. SAN BERNARDINO, CA 92410

#### **INSTRUCTOR**

#### **Jimmy Rey Gonzales**

jimmyrey.gonzales@sbcusd.com

#### **PROGRAM SPECIALIST**

#### Rebecca Baumann

rebecca.baumann@sbcusd.com 909.383.1360 ext. 445





facebook.com/ishscte

## **JOINING A PATHWAY IS**

# AN INVESTMENT

INTO YOUR FUTURE!

## JOIN THE SPORTS MEDICINE PATHWAY FAMILY TODAY BY:

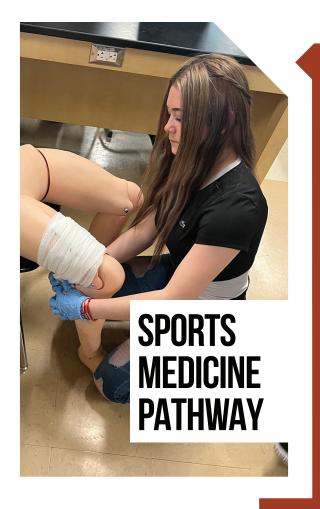
Scanning the QR Code

**OR** going to:

bit.ly/46WR9o7









## **SPORTS MEDICINE**

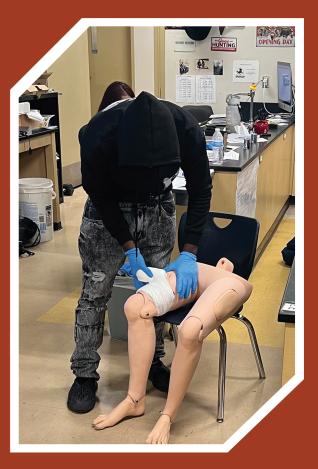
### This is the pathway for you if you...

- Are an athlete
- Want to increase agility and improve balance
- + Are interested in living a healthy lifestyle
- + Are interested in going into the Healthcare field
- Would like to learn how to lift properly
- **★** Would like a career in the fitness industry

# Sports Med

is part of the
ever-growing
fitness industry
and it is a
multi-billion dollar
industry!
Are you ready to
get your piece
of the pie?

WHERE THE MAGIC HAPPENS ... AND CAREERS BEGINI



## **COURSE SEQUENCE**



### MEDICAL TERMINOLOGY

Students will be introduced to Health Sciences and Medical Terminology which will provide students with the key background knowledge to continue onto the next 2 years of their pathway. They will also learn about the different systems of healthcare EMS, hospitals and ancillary facilities.



## **SPORTS MEDICINE**

Students will learn sports injury prevention, sport injury, basic injury evaluation, different typpes of sports therapy including taping, wrapping, equipment fitting, follow-up care and use of equipment and techniques to aid patients in rehabilitation.



## **ADVANCED SPORTS MEDICINE**

Students will learn about traumatic injuries, the prevention, evaluation, treatment, and rehabilitation of illness, disease, and injury. Practical applications, and communication skills are taught through an activity/performance based approach. Participation in laboratory investigations and observations involving human anatomy and physiology are included to further aid in the learning process.