

# 2024-2025 Early Childhood Family Education (ECFE)

ECFE offers daytime and evening classes for families with infants, toddlers and preschoolers. Classes are also offered for expecting families. Families have time to play and learn with their child, other families, and licensed staff. Parents also have the opportunity to connect with other caregivers, and a parent educator, to discuss a variety of parenting topics. All classes are held at the New Hope Learning Center, unless noted otherwise.

## Incredible Infants

### One Time Infant Classes

The following classes are offered at no cost, though registration is required. Child care for siblings is available at no cost, as space allows.

#### Babies & Books

##### Parents and their infants, birth - 12 months

Join us for this literacy focused class. A light snack will be served and families will go home with a free book for their home library! Co-sponsored with HUG (Helping Us Grow).



#### Baby Massage

##### Parents and their infants, 1 month to crawling

Enhance baby's development, digestion, sleep, and ability to relax through loving touch, sight, sound and movement.

#### Making the First Months Matter

##### Parents and their infants, prenatal - 12 months

Learn more about the important role you play in building your baby's brain, and leave with brain building activities for you and your baby.



**early learning**

Robbinsdale Area Schools

**ECFE, New Hope Learning Center  
8301 47th Ave N  
New Hope, MN 55428**

MONDAY	THURSDAY
<b>Making the First Months Matter</b> Sep 9 12:30-1:30 pm EF-F116	<b>Baby Massage</b> Oct 24 6-7:15 pm EF-F107
<b>Babies &amp; Books</b> Oct 7 1-2 pm EF-F101	<b>Babies &amp; Books</b> Feb 13 6-7 pm EW-F103
<b>Baby Massage</b> Dec 2 12:30-1:45 pm EF-F109	<b>Making the First Months Matter</b> Mar 20 6-7 pm EW-F117
<b>Babies &amp; Books</b> Dec 9 1-2 pm EF-F102	<b>Baby Massage</b> Apr 10 6-7:15 pm EW-F111
<b>Baby Massage</b> Jan 27 12:30-1:45 pm EW-F110	<b>Baby Massage</b> May 22 12:30-1:45 pm EW-F112
<b>Babies &amp; Books</b> May 12 1-2 pm EW-F104	

## One-to-One Visits (For parents with children, birth through 3rd grade)



ECFE offers free home visits with a licensed parent educator. A parent educator can come to your home or meet with you virtually to answer your parenting questions and provide information on child development and community resources. Scan the QR code or call 763-504-4170 to request an appointment.



For more information or to register, visit [earlychildhood.rdale.org](http://earlychildhood.rdale.org) or call the ECFE office at 763-504-4170.



## Weekly Infant Classes

Our weekly classes are designed to be your time to enjoy your child and connect with others. Children will explore and learn through music, movement, and play. With support from our licensed parent educators, families also get to discuss and learn more about infant sleep, ways to support growth and development, managing parenting stress and so much more. Child care for siblings is available for all weekly infant classes unless otherwise noted.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>12-20 months</b> 9:30-11 am Sep 9-Jun 2 EF-B119	<b>Baby Talk &amp; Play</b> 6-20 months 10:30 am-12 pm Sep 10-May 27 Drop-in	<b>6-12 months</b> 8:30-10 am Sep 11-May 28 EF-B117	<b>Birth-6 months</b> 8:30-10 am Sep 12-Oct 31 EF-D102	<b>12-20 months</b> 8:30-10 am Sep 13-May 30 EF-B123
<b>Birth-14 months</b> 6-7:30 pm (virtual) Oct 21-Dec 16 EF-D103	<b>12-20 months</b> 6-7:30 pm Sep 10-May 27 EF-B122	<b>12-20 months</b> 10:30 am-12 pm Sep 11-May 28 EF-B121	<b>Birth-6 months</b> 8:30-10 am Nov 7-Dec 19 EF-D202	<b>Birth-6 months</b> 10:30 am-12 pm Apr 11-May 30 EW-D105
<b>Birth-6 months</b> 6-7:15 pm Nov 11-Dec 16 EF-D206		<b>Birth-6 months</b> 6-7:15 pm Sep 11-Oct 30 EF-D101	<b>6-12 months</b> 10:30 am-12 pm Sep 12-May 29 EF-B118	
<b>3-17 months</b> 6-7:30 pm (virtual) Jan 6-Jun 2 EF-D303		<b>Birth-6 months</b> 6-7:15 pm Nov 6-Dec 18 EF-D201	<b>6-12 months</b> 8:30-10 am Jan 9-May 29 EW-D302	
		<b>6-12 months</b> 6-7:30 pm Jan 8-May 28 EW-D301	<b>Birth-6 months</b> 5:30-6:45 pm Apr 10-May 29 EW-D104	
		<b>Preparing for Baby</b> 4-5 pm Feb 9-Mar 25 EW-D107		

### Baby Talk & Play

Interested in exploring a new play space? Caregivers can drop-in to play and learn with their children as they explore a classroom especially designed for infants. A Parent Educator will be available to answer questions and provide resource information. There is no fee for this activity. Registration is not required.

### Preparing for Baby - **New**

Expecting a baby? Join us to connect with other expectant parents, ask questions and learn more about what to expect when your new baby arrives. Classes are led by a licensed Parent and Family Educator. Topics include: Perinatal mood and anxiety disorder (PMADS), newborn development, sleep, feeding, and ways to support bonding and attachment. Child care is not available

**6-12 and 12-20 month classes** are offered on a sliding fee scale based on family size and income. For fees and other information, scan the QR code or call the ECFE office at 763-504-4170.



Register online at  
[rdale.ce.eleyo.com](http://rdale.ce.eleyo.com) >  
ECFE

