



PRINCIPAL'S MESSAGE

As the Thanksgiving Holidays draw near, we are thankful for the continued support from our school community. Our parents and community members contribute in many ways to the success of our school. Thank you to the parents who attended Parent/Teacher Conferences. The conferences were very informative and beneficial to those who attended. Research overwhelmingly shares that parental involvement in children's learning is positively related to achievement. When parents are involved in their children's education, children do better in school. Thanks to the parents who supported our Book Fair. As a result, our library will receive much needed funding to continue to update books and support reading. As always, we appreciate the volunteers who assisted on Volunteer Day. We were able to get important tasks accomplished. Thank you to the Fire Department to teach our students about fire safety this month. Countless parents participated in our Trunk-or-Treat. Our students enjoyed every minute of it! The Stakeholder Group is meeting each month to discuss events and safety in our school. We would love to have you join our group. We appreciate everyone who contributed to the AES United Way campaign.

Lisa Perrin
Principal

MISSION

We are committed to ensuring high levels of learning for all students to build a strong foundation to become productive citizens.

VISION

Our students are engaged, well-rounded learners who accept others and work as a team.

Allemands Elementary School, we believe...

all students can learn to their utmost potential.
all students will engage in quality experiences.
a student's success is a collaborative effort among school, students, family, and community.
a physically and psychologically safe environment is essential to promote student learning.
excellence is worth the cost

UPCOMING EVENTS

November

1st	Purple and Gold Day; Battle on the River
4th	2nd Grade Artsperience
5th	Election Day; NO school
6th	Literacy Night @ 6:00; Playgroup @ 10 in the Family Center; Santa pictures; PTA Board Meeting @ 1:00
7th	Stakeholder Mtg. 9:00; Volunteer Day 10:00; Fall Fest Work Day 4:00-6:00; First grade field trip
8th	Saints Shirt Day
11th	Veterans Day; Red, White, Blue, or Patriotic Shirt Day; Fall Fest Work Day 4:00-6:00
12th	Family Center Spanish-speaking family check-in 9:00
13th	Playgroup@10:00 in Family Center
14th	2nd grade FACT Session 9:00-10:00; Progress Reports go home;
15th	Fall Fest or fall colors shirt or Saints Shirt Day Fall Fest 12:30-2:30 (4 wristbands per student)
19th	Teddy Cares Dress down \$1
20th	Playgroup 10:00 in Family Center;
21st	PK Thanksgiving Feast Day; 1st grade FACT Session 9-10
22nd	Community Morning Meeting 9:15
25th-29th	Holiday Break; NO school



OUR LEARNING



pre-k

In the month of November, Pre K is thankful. Each morning as children meet in the Greeting Circle, they connect as a school family. Fernando the Frog, a friendly puppet, leads the children in wishing absent friends well and welcoming back returning friends. Every day, children commit to keeping the classroom safe by using walking feet, listening ears, gentle hands, helping hands, a big voice, and sharing. When children are spotted keeping one of these commitments, the example is written on a heart and posted on the class Kindness Tree.



kindergarten

Kindergarteners are having a great Fall! We had a great time learning and playing outside in the beautiful weather. In math, we will be learning all about shapes. We will describe and identify flat and solid shapes. We will continue to review counting and writing numbers to 10. Next, we will begin measurement by comparing objects. We are learning phonemic awareness by blending sounds into words and segmenting sounds in words. Blending means the teacher says the sounds (/m/.../a/.../t/) and the students say the word (mat). Segmenting means the teacher says a word (mat) and the students say each sound in the word (/m/.../a/.../t/...). We are also working on phonics by learning letter sounds and practicing reading consonant vowel consonant words. We are learning lots of nursery rhymes and answering questions about what we heard. Next, we will learn all about our 5 senses! We are so excited to continue learning and growing.





OUR LEARNING



first grade

Happy Fall, first grade families! Your student has started the year learning about CARES and classroom rules. We discuss the importance of taking care of ourselves, taking care of others, and taking care of Allemands. Your child has been working hard learning long vowel sounds in words and stories. We will start learning about vowel teams soon. We will also be starting a new reader, *Fables*. Have your child discuss the story read in class with you. You can help by asking your child about the characters, setting, and major events. In Knowledge, we have enjoyed learning all about the human body and will start *Different Lands, Similar Stories*. Your student is learning more about solving problems in math. We are focusing on understanding the equal sign, solving addition and subtraction word problems, and addition and subtraction strategies. Please complete nightly homework to support your child with these skills we are learning.

Happy Fall Y'all!

second grade

Second grade teachers would like to thank family members for attending parent/teacher conferences. We are thankful for the opportunity to teach and learn with our second graders and their families. Your support is essential to your child's success. In welcoming this fall season of giving thanks, it's a great time to read a good fall or Thanksgiving book! Check out a second grade favorite like Turkey Trouble by Wendi Salvano, The Ugly Pumpkin by Dave Horowitz, From Seed to Pumpkin by Wendy Pfeffer, or Counting Fall by Lizann Flatt. After reading, have a discussion about the text. In math, students are adding and subtracting within 200. Knowing basic facts to 20. will help your child solve problems with larger numbers efficiently. We're most grateful for your continued interest and support in your child's education. Enjoy your Thanksgiving!



Fall Fest is Fun!

Fall Fest will be held on November 15 from 12:30 to 2:30.

All students will receive four wristbands for this event. All guests must wear their wristband on this day and show their photo ID when they enter school.

All visitors must follow the safety protocols for bags at events.


- Allowed bags include bags smaller than 4 x 6 1/2 inches.
- Allowed bags include clear bags between 4 x 6 1/2 inches and 12 x 12 inches.
- Any bag larger than 12 x 12 inches is not allowed.
- Exceptions may be allowed for diaper and/or medical bags.
- All bags are subject to search.

If a parent wants to check-out their child at the end of this event, a letter will be sent home to check-out the student. The parent will need to provide information stating that they would like to check-out the student early and the full name of the person checking out the student. The person listed on the form, must also be a person listed on the emergency contact and be allowed to check-out the student. When family members report on the day of Fall Fest they will be directed to the child's classroom. At this time, if they are signed up to check-out their student they will show their ID to the teacher to verify they are on the sign-out sheet. Once Fall Fest is over there will be a quick recheck that the students has be pre checked-out and will be allowed to leave. If you do not complete the form before Fall Fest you will need to wait until the end of the event and visit the front office to check out with Mrs. Sandra.

Outerwear Reminders

Outerwear must open the length of the front by snapping, buttoning, or zipping. No hooded sweatshirts may be worn on any school campus during the school day. In addition, please make sure that all of your child's outerwear is labelled with their first and last name. We have a lost and found area for lost/forgotten items. If your child is missing a jacket, please make sure to have them come to the lost and found.

Newsletter Delivery



Don't
Forget!

As part of our efforts to embrace technology, take care of our environment, and monitor spending, we will have an electronic newsletter delivery. Allemands Elementary will deliver the monthly school newsletters via email. Additionally, the school newsletter will be posted to the school's web page. If you would like a printed copy of the school newsletter, please notify Lakia Butler at lbutler@wearescpps.org and a copy will be sent home each month with your child. Thank you.

Early Dismissal

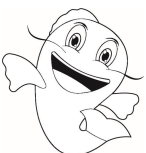
When our school has an Early Dismissal schedule, it is imperative to talk to your child about what will be different for that day. If you need to have a child picked up from carpool instead of riding the bus, a note or email must be written and submitted to the office by 10:30. Emails must be sent to aesbus@wearescpps.org. Please call school if you have any questions about our Early Dismissal procedures. Our next early dismissal will be on December 20.

SSP Stakeholder Advisory Group

We are looking for parents, grandparents, and community members to work with us! Our School Success Team wants to hear your voice in regards to making improvements to our school. Each month we will hold a meeting with the group of stakeholders to talk about activities and initiatives. These meetings will be in-person and will last 30-45 minutes. If you are interested in being a part of this group, please contact Valerie Chiasson at vchiasson@wearescpps.org. Our next meeting is November 7, 2024 at 9:00 in the Family Center.

Thank you for your support of our Book Fair! It was a huge success.

We are so excited with the participation at Parent Teacher Conferences. If you missed your child's conference, please call the teacher!



Trunk or Treat

Thank you for taking part in our Trunk or Treat. Our students had a great time!

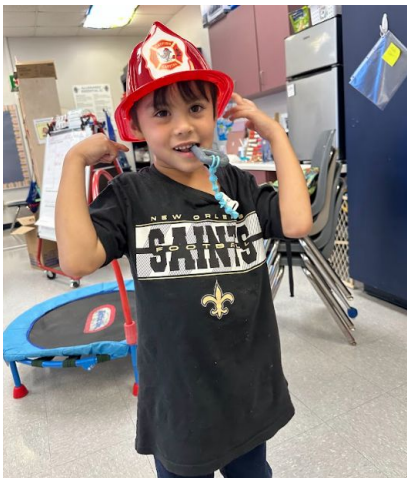
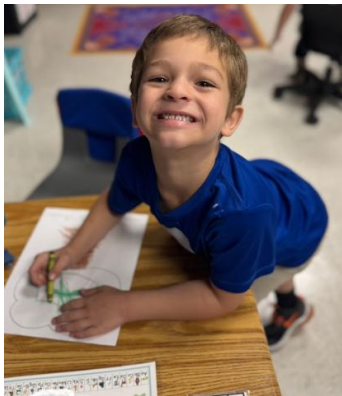
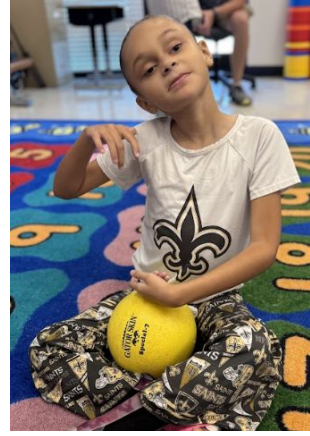
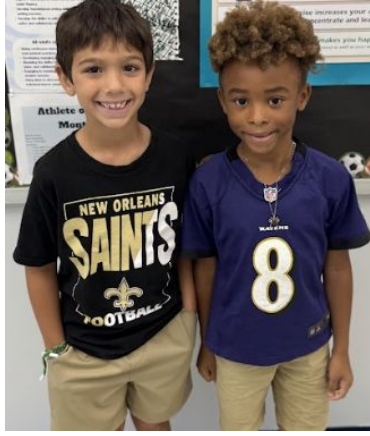


Visit from our local Fire Department

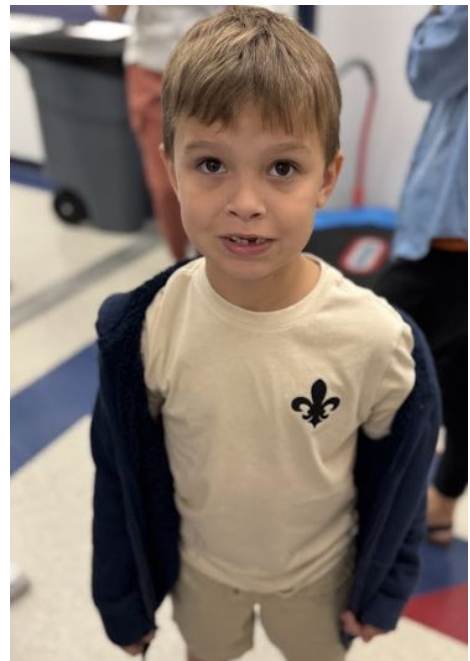
Our students loved having a visit from our local firemen. Thank you so much for spending the day with our students!



Red Ribbon Week



Red Ribbon Week





Five Simple Steps for a Healthy Family Media Diet

Find balance. Instead of counting daily screen-time minutes, aim for a balance throughout the week. Get your kids to help plan a week that includes stuff they have to do and stuff they like to do, such as schoolwork, activities, chores, reading, family time, and TV or gaming.

Walk the walk. Put your devices away while driving, at mealtimes, and during important conversations. *Kids will learn habits from you.*

Talk about it. Ask questions about kids' favorite games, shows, and characters. Discuss ideas and issues they read about or learn about through a TV show or a game. This is an opportunity for bonding, learning, and sharing your values.

Create tech-free zones. *Set rules that fit your family*, such as "no devices during dinner," "no social media during homework," or "all screens off before bedtime."

Check ratings. Choose age-appropriate, high-quality media and tech for your kids.

5 pasos simples para tener una dieta saludable de medios de comunicación y pasar más tiempo en familia

Encuentra el equilibrio: en vez de contar los minutos diarios del uso de los aparatos electrónicos, enfócate en que haya un equilibrio toda la semana. Motiva a tus hijos a ayudar a planificar una semana que incluya las cosas que tienen que hacer y cosas que les gusta hacer, como por ejemplo, el trabajo escolar, actividades, tareas, lectura, tiempo familiar, y la televisión o los videojuegos.

Pon el buen ejemplo: guarda los aparatos electrónicos mientras manejas, durante las comidas y en conversaciones importantes. Los niños aprenden sus hábitos de ti.

Habla del tema: hazle preguntas a tus hijos sobre sus juegos, programas y personajes favoritos. Habla de las ideas y temas que ellos han leído o visto en programas de televisión o en un juego. Esta es una oportunidad para aumentar el vínculo afectivo, aprender y compartir tus valores.

Crea áreas en donde no se deben de usar los aparatos electrónicos: establece reglas apropiadas para tu familia como "no se deben usar los aparatos durante la cena," "no deben usar las redes sociales durante las tareas," o "apaguen todos los aparatos antes de acostarse."

Verifica las clasificaciones: selecciona tecnologías y medios de comunicación de alta calidad y apropiados para tus hijos.

Dates to remember:

Nov. 5- No school

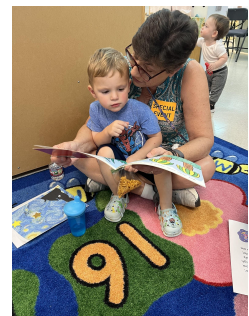
Nov. 6- 6:00 pm Literacy Night

Nov. 7- 9:00 am Stakeholder meeting 10:00 Volunteer Day

Nov. 14- 9:00 am 2nd gr FACT session (Family and Child Together)

Nov. 15- 12:30 FALL FEST

Nov. 21- 1st gr FACT session 9:00 am (Family and Child Together)



Thank You

In our next newsletter, we will share the final AES monies raised for United Way. Thank you for all of your support!



LIVE UNITED

FALL FEST T-SHIRT WINNER

Congratulations to Evelyn. She won the Fall Fest t-shirt design contest.



United Way Read-a-thon Participants

Thank you for your hard work. We were able to raise
\$437.00 from the read a thon.

Davyn Ross



Mary Catherine Dufrene

Avary Hotard

Elliot Petit

Charles Cancienne

Austin Madere

Adelaide Hymel





ALLEMANDS ELEMENTARY PRESENTS

A Cajun Holiday



*Thursday December 12, 2024
at the Dr. Rodney Lafon
Performing Arts Center
6:00 pm*

2nd graders will participate in the production.



MERRY CHRISTMAS AND HAPPY
HOLIDAYS TO ALL!

PTA News

Dear Catfish Families,

Our Trunk or Treat was spooktacular this year!! Thank you to all of the families who participated. These types of events are not possible without your help.!

Next up is Fall Fest! Please keep your eyes on your child's folder as lots of information will be coming your way soon. All important information on Fall Fest or if you would like to volunteer your time with setup or teardown of the event, please visit our "Get Involved" page on our website!

www.allemandspta.org

While there, please take a moment to visit and look around. On our website you can sign up for PTA and PTA hosted events, order spiritwear, find volunteer opportunities, learn more about PTA, our Board Members and available positions, find our faculty/staff information sheets and so much more!



Scan QR Code for:
PTA Membership,
Spirit Shirts, Magnets
and/or Winter Wear

Congratulations to Ms. Vanessa's class for having the highest percentage of participation in PTA membership! They won a ice cream party.



Our goal is to reach 100% of PTA membership. Currently we are at 74%. Please consider joining if you have not done so already. We cannot do this alone. We need YOU!

Our PTA Board meets once a month and would love to have you join us! Our next meeting is Nov. 6th at 1:00PM in the Family Center.

Thank you for your continued support. Should you have any questions or concerns please feel free to reach out directly to me at president@allemandspta.org. We have had an amazing start this year. PTA looks forward making this school year a memorable one for faculty, staff and students.

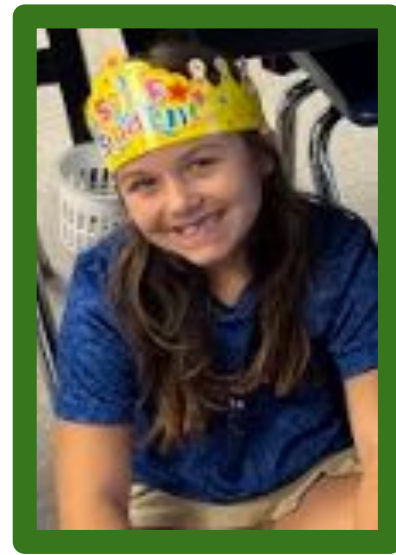
Kindly yours- Laura Brown

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Election Day	6 PTA Meeting 1PM	7 Stakeholder Mtg - 9 Vol Day - 10 Fall Fest Workday 4PM-6PM	8	9
10	11 Fall Fest Workday 4PM-6PM	12	13 SchBd Mtg - 6:30	14 Santa Pictures	15 Fall Fest 12:30 - 2:30	16
17	18	19	20	21	22	23
24	25	26 Thanksgiving Break	27	28	29	30



I can show CARES by raising my hand to speak!



I can earn "Star Student" by showing CARES to my classmates and my teachers every day!

Catfish Character Traits

Our School Improvement team has designated a character trait each month to teach the Essential 11 Traits each week. In addition, the PTA will support our school by sending home a family activity to practice this trait. In November, we will focus on **honesty**. Our teachers will read a grade-specific book and review the trait during the month. Please help us to reinforce these character traits at home and in the community.

Week of 11/4- Veterans Day

Week of 11/11 -Honesty

Week of 11/18- Hurt or Harm

Let us know if your child shows this character trait at home or the community by returning the information below. We will read it during the announcements to celebrate your child!

Student Name: _____

What did he/she do to show responsibility in your home or the community?



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STEAM

Science-Technology-Engineering-Art-Math



Keeping us Safe

Officer Bourgeois is going to classes to read a book to us about being safe. He answered all of our questions and told us the importance of calling 911 when there is an emergency! Thank you Officer Bourgeois!



November 2024 Elementary Menu

St. Charles Parish Public Schools

This institution is an equal opportunity provider.
Menus are subject to change.

With all meals

*Low Fat White Milk
Fat Free Flavored Milk
Cold Lunch Choice*

*Monday: Sunbutter Sandwich
Tuesday: Charley Box
Weds.: Deli Sandwich
Thursday: Entrée Salad
Friday: Sunbutter Sandwich*

PLAY TOGETHER.

Think it's tough to get that 30 minutes of exercise most days that experts recommend for good health? It's a lot easier to do with a partner, and it's easier still with an entire family—YOURS!



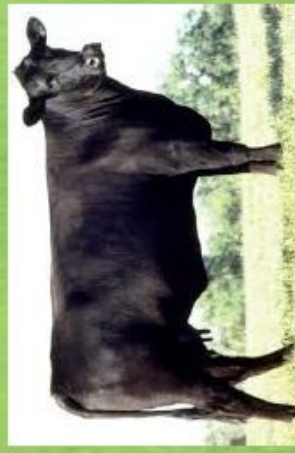
EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Mr. Sammy Puglise, a local farmer, will provide satsumas for our students during the month of November. These satsumas were grown right here in Boutte!

Farm-to-School Initiatives

The Child Nutrition Department is excited to announce
2 Farm-to-School initiatives for the month of November!



We have also purchased fresh ground beef from the Harris Cattle Company, located in Ville Platte, LA. This beef will be used for our homemade Chili being served district wide on Wednesday, Nov. 13th.



Friday, November 1

Breakfast

Waffle
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken Filet Sandwich
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Fresh Orange Wedges

Friday, November 8

Breakfast

Fresh Donut
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Fresh Hot Pizza
Marinara Sauce
Garden Salad
Fresh Orange Wedges

Thursday, November 7

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Spaghetti & Meat Sauce
Italian Salad
Broccoli Florets
Garlic Bread
Pineapple Tidbits
Jell-O w/Topping

Wednesday, November 6

Breakfast

Pop tarts
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Salisbury Steak w/Gravy
Mashed Potatoes
Green Beans
Dinner Roll
Banana

Tuesday, November 5



NO SCHOOL TODAY

Make sure your family votes!

Monday, November 4

Breakfast

Confetti Pancakes
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Red Beans w/Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Sliced Peaches

Monday, November 11

Breakfast

Pancake on a Stick
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Popcorn Chicken
Mashed Potatoes & Gravy
Cal Blend Veggies
Cinnamon Apple Slices

Tuesday, November 12

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Fish Sticks
Macaroni & Cheese
Green Beans
Cucumber & Tomato Salad
Pears

Wednesday, November 13

Breakfast

Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chili, Fritos
Shredded Cheese
Garden Salad
Steamed Corn
Banana
Cake or Fruit Crisp

Thursday, November 14

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Turkey & Sausage Gumbo
Steamed Rice
Potato Salad
Cucumber/Tomato Salad
Banana

Friday, November 15

Breakfast

Scrambled Eggs w/Toast
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Hamburger/Cheeseburger
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Baked Beans
Orange Wedges

Monday, November 18

Breakfast

Breakfast Pizza
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken Tenders
Waffles w/Syrup
Green Beans
Steamed Carrots
Sliced Peaches

Tuesday, November 19

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Orange Chicken
Fried Rice
Asian Chopped Salad
Edamame Beans
Tropical Fruit

Wednesday, November 20

Breakfast

Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Jambalaya
Broccoli Florets
Steamed Carrots
Pineapple Tidbits
Dinner Roll

Thursday, November 21

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Thanksgiving Lunch

Sliced Turkey Roast & Gravy
Cornbread Dressing
Sweet Potato Souffle
Green Beans, Dinner Roll
Strawberries with Topping

Friday, November 22

Breakfast

French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Mini Corndogs
Tater Tots
Baby Carrots w/Ranch Dip
Orange Wedges

Louisiana HARVEST of the MONTH

Hot Roasted Sweet Potato Wedges

Home Recipe

Serves: 6
Prep Time: 10 minutes
Cook Time: 20 Minutes

Cooking Instructions

- 1) Preheat oven to 400°F.
- 2) Cut potatoes lengthwise into 3/4-in-thick wedges.
- 3) In a large skillet, toss with oil (or a mixture of both) and seasonings. Add potatoes, tossing to coat. Sprinkle salt and pepper to taste.
- 4) Roast potatoes in middle of oven, gently tossing with a metal spatula halfway through roasting time, 20 minutes total, or until tender. Heat before serving. Serve with ketchup or large spoon.

Nutrients Per 1/2 Cup Serving

• Calories	80
• Total Fat	4.5 g
• Saturated Fat	0.5 g
• Cholesterol	0 mg
• Sodium	115 mg
• Carbohydrates	10 g
• Dietary Fiber	2 g
• Protein	1 g
• Calcium	18 mg
• Iron	0 mg
• Potassium	221 mg
• Vitamin A	444 mcg
• Vitamin C	9 mg



For More Information
louisiana4h@lsuagcenter.lsu.edu
www.seeds4success.com



This institution is an equal opportunity provider.

Only 15 more
school days 'til
Christmas Break!



Thanksgiving

**NO SCHOOL NOVEMBER 25-29
SEE YOU MONDAY, DECEMBER 2ND!**