

November 2024

High School

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Nov 1
Nov 4 Breakfast Round Cereal Bar Mixed Fruit Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 5 Donut, WG Chocolate Cereal Bar Smokies Pears Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 6 French Toast Sticks Cereal Bar Banana Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 7 Breakfast Pizza-WG Cereal Bar Fresh Grapes Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 8
Nov 11 Breakfast Sandwich Cereal Bar Smokies Strawberry Cup Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 12 Apple Cinnamon Scone Cereal Bar Sausage Patty Pears Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 13 Breakfast Pizza-WG Cereal Bar Applesauce cups Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 14 Donut, WG Chocolate Cereal Bar Peaches Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 15
Nov 18 French Toast Sticks Cereal Bar Pears Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 19 Breakfast Sandwich Cereal Bar Applesauce cups Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 20 Breakfast Pizza-WG Cereal Bar Fresh Grapes Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 21 Donut, WG Chocolate Cereal Bar Sausage Patty Strawberry Cup Juice MILK, 1% Lowfat MILK, FF Chocolate	Nov 22
Nov 25 No School	Nov 26 No School	Nov 27 No School	Nov 28 No School	Nov 29

This institution is an equal opportunity provider

Weiser High School

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Popcorn Chicken Mashed Potato Corn Dog Potato Wedges Fresh Grapes Broccoli Salad Bar Fresh Vegetables SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>5</p> <p>Chicken Fajita TORTILLA, 6" WHOLE GRAIN Chicken Drum Mashed Potato Pears VEGETABLE, BLACK BEAN & CORN Carrot & Celery Salad Bar SALAD BAR DRESSINGS Fresh Vegetables MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>6</p> <p>WG-Waffle Sausage Patty Chicken Nuggets Whole Wheat Roll Potato Wedges Strawberry Cup VEGETABLE CHOICE Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>7</p> <p>BBQ Teriyaki Chicken & Rice bowl Toasted Cheese Tomato Soup APPLESAUCE, CHUNKY Mixed Veggies Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p> <p><i>chicken sandwich</i></p>	<p>1</p>
<p><i>PB&J sandwich</i> 11</p> <p>Chicken Quesadilla WG Rice HAMBURGER PATTY Bun VEGETABLES - OTHER CHOICE* Fresh Apples Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>12</p> <p>TURKEY TURKEY GRAVY Mashed Potato Green Beans Whole Wheat Roll Peaches CRANBERRY SAUCE: canned, swtnd Pumpkin Bars MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>13</p> <p>BBQ Pork Rib Hoagie Mini Calzone Lay's Potato Chips 1oz Broccoli Mixed Fruit Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>14</p> <p>BBQ Teriyaki Chicken & Rice bowl Popcorn Chicken POTATOES, SCALLOPED VEGGIE CUP CEL/BC Fresh Grapes Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>15</p>
<p><i>PIZZA zipper</i> 18</p> <p>Meat Gravy Mashed Potato Whole Wheat Roll Chicken Fajita TORTILLA, 6" WHOLE GRAIN Applesauce cups Broccoli Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>19</p> <p>Chicken Nuggets Whole Wheat Roll WG-Waffle Sausage Patty Mixed Veggies Mixed Fruit Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>20</p> <p>Burrito NACHO CHIPS - WG 11PIECE HAMBURGER PATTY Bun IW-Bean&cheese bowl Fresh Grapes Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>21</p> <p>Chicken Quesadilla WG Rice Popcorn Chicken Mashed Potato Green Beans Fresh Apples Fresh Vegetables Salad Bar SALAD BAR DRESSINGS MILK, 1% Lowfat MILK, FF Chocolate</p>	<p>22</p>
<p>25</p> <p>No School</p>	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>	<p>28</p> <p>No School</p>	<p>29</p>