



November 2024

A Message from Mrs. Anderson

As November unfolds, I want to take a heartfelt moment to express my deep gratitude and send my warmest Thanksgiving wishes to each member of our incredible community. Thanksgiving is a special time for us to pause and reflect on the many blessings in our lives, and to truly appreciate the relationships we've nurtured together. It's a moment for all of us to unite in celebrating the spirit of gratitude.

I am genuinely thankful for the chance to collaborate with such talented individuals who are wholeheartedly dedicated to the growth and success of our students. Your passion and commitment inspire me every day.

I also want to thank you for the trust and support you've shown our school. Your active involvement and engagement make a remarkable difference in the lives of our students, and I truly appreciate it.

I want to take a moment to express my gratitude for those of you who have already completed a tax credit donation and to explain how deeply tax credits have impacted us at Mirada.

These credits are more than just numbers; they represent vital funding that fuels our educational programs, resources, and initiatives. With this support, we can enhance our curriculum, invest in the latest technology, and enrich both the learning and extracurricular experiences for our students.

I am truly grateful for the unwavering support from our community. It's this partnership that allows us to fully harness the benefits of these tax credits. Together, we are not just working towards a better future for our students; we're ensuring that Mirada remains a place of excellence and inspiration for everyone involved.

As we gather with our loved ones this Thanksgiving, let's cherish those moments of togetherness and express our gratitude for all the blessings we've received. I hope this holiday season fills your hearts with joy, peace, and happiness.

Thank you once again for being such an essential part of our school community. I wish you a happy and memorable Thanksgiving!

Kindly,
Michelle Anderson

Upcoming Events

November 7	MML Awards 7:40am Kindergarten, 3rd, 4th Grades 8:30am 1st, 2nd, 5th Grades
November 8	3rd Grade Field Trip to Phoenix Zoo
November 11	No School-Veteran's Day
November 14	Monarch Night Out at SomeBurros-near mall-All Day
November 15	Fifth Grade Field Trip to BizTown Fall Festival-5:30-8pm
November 19	Governing Board Meeting 6-8pm
November 21	PTO Meeting 5:30pm Media Center
November 22	4th Grade Poetry Jam 1-2pm 3rd Grade Performance 6-7pm
November 26	Turkey Trot
November 27-29	Thanksgiving Break

December 10	Governing Board Meeting 6-8pm at DO
December 12	MML Awards 7:40am Kindergarten, 3rd, 4th Grades 8:30am 1st, 2nd, 5th Grades Ugly Sweater Party at Skateland 5:30-8pm
December 13	Lunch on the Lawn Melody Makers Caroling and Performance 6-8pm
December 21-January 6	No School for students
January 7	Students return

[View Full Calendar](#)

Click Below for Important School Calendars

[District Calendar](#)

[November Calendar](#)

[PTO Calendar](#)

Zones of Regulation

“At Mirada Leadership Academy, we are dedicated to nurturing not just the academic, but also the social and emotional well-being of our students. This school year, we are excited to introduce the Zones of Regulation curriculum across all grades. This evidenced-based and comprehensive program is designed to equip our students with essential skills and strategies to manage their emotions, improve self-regulation, and enhance their overall social interactions. By integrating the Zones of Regulation

into our daily routines, we aim to create a supportive environment where every student feels empowered to navigate their emotional landscape and thrive both in and out of the classroom.

We also invite our parents to join us in this important journey. Look out for upcoming information on how you can use the Zones of Regulation strategies at home to support and strengthen your child's emotional regulation skills. Together, we can create a consistent and nurturing approach that benefits our students both in school and at home."

Supplementary Reproducible E for Elementary Ages



The ZONES of Regulation

<p>Blue Zone</p> <p>Sad Bored Tired Sick</p>	<p>Green Zone</p> <p>Happy Focused Calm Proud</p>	<p>Yellow Zone</p> <p>Worried Frustrated Silly Excited</p>	<p>Red Zone</p> <p>overjoyed/Elated Panicked Angry Terrified</p>

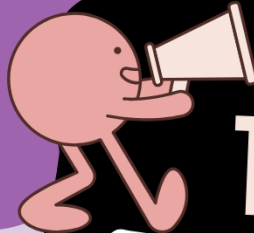
Copyright © 2021 Think Social Publishing, Inc. All rights reserved.
Adapted from *The Zones of Regulation 2-Storybook Set* | Available at www.socialthinking.com

Attention Parents and Guardians:

We invite you to join us for our evening PTO meeting on November 21st, where Principal Anderson and Mrs. Casillas will share some exciting insights! They will provide a brief overview of the Zones of Regulation and explore how it connects with the 8 Habits of Happy, Healthy Kids and PAX.

This is a wonderful opportunity for you to gain valuable knowledge and learn practical strategies to support our children's emotional regulation. Together, we can help our kids find healthy ways to manage their feelings and thrive. We look forward to seeing you there!

The
LeaderinMe™
great happens here



HABIT OF THE MONTH

HABIT 3: PUT FIRST THINGS FIRST

READ BELOW FOR PARENT TIPS ABOUT HABIT 3!

WHAT IS HABIT 3?

HABIT 3: PUT FIRST THINGS FIRST FOCUSES ON WORKING FIRST, THEN PLAYING. IT IS IMPORTANT TO IDENTIFY AND PRIORITIZE WHAT MATTERS MOST- YOUR "BIG ROCKS."

- **BIG ROCKS:** ESSENTIAL TASKS (E.G., SCHOOL WORK, FAMILY TIME, CHORES).
- **LITTLE ROCKS:** LESS IMPORTANT ACTIVITIES (E.G., WATCHING TV, GAMING).

HELPING YOUR CHILD

- ASK ABOUT THEIR KEY RESPONSIBILITIES
- ENCOURAGE DIFFICULT TASKS FIRST
- DISCUSS PROCRASTINATION AND ITS EFFECTS

PRIORITIZING FAMILY TIME

- CREATE A FAMILY MISSION STATEMENT
- SCHEDULE ONE-ON-ONE TIME AND REGULAR FAMILY MEALS
- ESTABLISH FAMILY TRADITIONS TO STAY CONNECTED

STEPS TO PRIORITIZE BIG ROCKS

- FOCUS ON IMPORTANT TASKS
- SAY "NO" TO DISTRACTIONS
- SET PRIORITIES AND CREATE A SCHEDULE
- STAY DISCIPLINED AND ORGANIZED



FAMILY ACTIVITIES

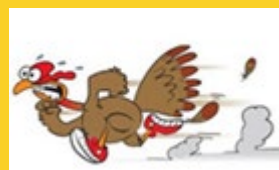
- READ TOGETHER
- LEARN A NEW SKILL
- PLAY GAMES OR COOK A MEAL
- VISIT LOCAL ATTRACTIONS
- DISCUSS FAMILY MATTERS OR PLAN TRADITIONS

VIDEO LINKS:

ADULTS: [LINK](#)
K-2: [LINK](#)

Adults Link

K-2 Link



Mirada's Annual Turkey Trot Tuesday, November 26th, 2024

Dear Mirada Families,

On Tuesday, November 26th, please join Mirada students and staff at our annual Turkey Trot! At this time of thankfulness, we come together for this wonderful and healthy activity, which culminates our jogging, pacing, and pedometer units in Physical Education. Each grade level will participate in a noncompetitive, self-paced run around the school campus. You are welcome to run with your child or participate by cheering along the sidelines. Everyone is encouraged to wear athletic tennis shoes and comfortable clothes.

We will need parent volunteers to stand along the turkey trot course to encourage our trotters, hand out apple snacks and fill water cups. Please follow this link below to sign-up! You could help at your child's turkey trot time or help with a different grade level.

Time	Grade
8:00-8:40	K and 1 st
8:50-9:30	4 th and 5 th
9:40-10:20	2 nd and 3 rd

Turkey Trot Volunteer Sign
Up

Attendance Notification Letters

Please be aware that all absences, whether excused or unexcused, are counted and can impact your child's progress. We understand that family commitments and emergencies arise, but we encourage you to plan vacations during our designated two-week breaks between quarters. This will help ensure that your child does not miss valuable instructional time and can return to school ready to learn. One way our district will keep you informed of your child's attendance is through attendance notification letters that are emailed to your ParentVue account.



Thank you for your support in prioritizing attendance. Together, we can help our students achieve their fullest potential.

From the Family Handbook:

Excused Absences

In cases involving prolonged illnesses, a written excuse from a physician may be requested to verify the absence. A student has an excused absence when one of the following conditions are met:
When a student is not in attendance for any portion of or an entire school day and,

- The parent/guardian called the school's attendance line to report the student's absence within 24 hours and provided an acceptable excuse* for the absence, OR
- The parent/guardian was reached by the attendance office and provided the attendance office with an acceptable excuse* for the absence.

***Please note: we cannot excuse an absence that is reported via email; all absences must be reported to the school's attendance office via a telephone call.**

Unexcused Absences

A student has an unexcused absence under and of the following conditions:

- When a student is not in attendance for any portion of or for an entire day and does not have an acceptable excuse*.
- The parent/guardian has not called the school's attendance office to report the student's absence and provide an acceptable excuse* within 24 hours.
- The parent/guardian cannot be reached by the attendance office to obtain an acceptable excuse* for the absence.

*The District will report all student absences and tardiness to school in accordance with A.R.S. § 15-901 (A)(1) and defined by the Arizona Department of Education.

Clothing Donations



The Health Office is in need of clothing for our students who need a clean, dry outfit change during the school day. We would appreciate packages of **new underwear** in all sizes for boys and girls. We also need **gently used elastic waist band pants and socks** in all sizes for boys and girls. As your children outgrow these items, please consider donating them to us. Thank you!

PTO CORNER

READ-A-THON CELEBRATIONS

Because our Monarchs absolutely crushed their reading and fundraising goals we had to work hard to find fun ways to make sure Mrs. Anderson paid her end of the deal...

We kicked off Fall Break with a 'waterballoon-golf cart-principal-dash-extravaganza'!!! Each student loaded up on two balloons and gave their best shot at Mrs. Anderson and Mrs. Leftwich on a golf cart, being driven by, none other than LEO THE LION himself!! It was WILD and WET!

LAST week Mrs. Anderson forwent her comfy bed at home to camp, in a tent, on the Mirada Fields!!! It was an adventure filled night, and a warm cup of coffee with Leo by the fire the next day! Plus the students were able to play card games, listen to stories, and bring her snacks all day long! The students absolutely loved it and I think we may have made a 'glamper' out of our Pricinpal :)



UPCOMING EVENTS!!!

NOVEMBER

- 11 - No school -- Veteran's Day
- 14 - Monarch Night Out -- Someburros (near mall)
ALL DAY -- 30% comes back
- 15 - Fall Festival 5:30-8:30pm (tickets available now)
- 21 - PTO Meeting 5:30pm in library
(childcare provided please RSVP hello@miradapto.org)
- 26 - Turkey Trot

DECEMBER

- 12 - Monarch Night Out Skateland- Ugly Sweater Party!!!
- 13 - Lunch on the Lawn (mark your calendars)

YEARBOOKS!

Yearbooks are officially on presale for \$20! Prices will go up to \$25 on December 1st... 5th grade tributes are also available for \$5 and due 3/15/25. Don't miss this chance to order and make sure your kiddos share in this year's memories!

order on our website: www.miradapto.org
use code: 722735

THANK YOU MONARCH FAMILIES!

Monarch Night Out
Someburros
Chandler Location (near mall)
3461 W Frye Road
Thursday November 14th
30%
will be given all day!!
just mention Mirada's Fundraiser
We can't wait to see you Monarchs!

FALL
FESTIVAL
FRIDAY NOVEMBER 15
5:30-8:00PM
TICKETS AVAILABLE NOW!
WWW.MIRADAPTO.ORG

Yearbook Prices Increase December 1st!

Yearbooks are on sale now!

Visit the PTO website at miradapto.org

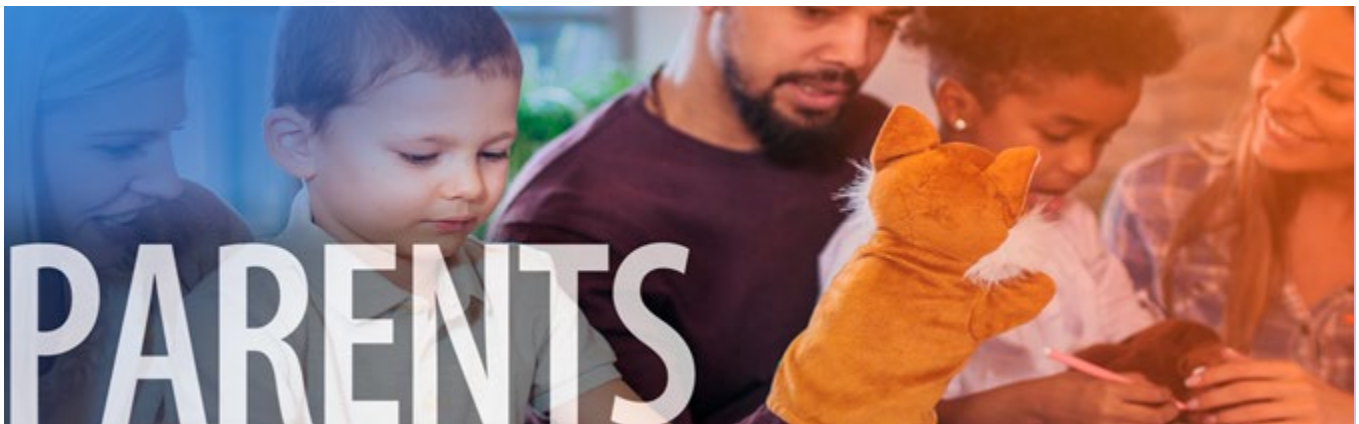
Use our school name or ID 722735 to order your child's 2024-2025 yearbook. For detailed instructions please see the button Yearbook

Purchase Directions.

The price of the yearbook is only \$20 for early-bird ordering.

The price will increase to \$25 on December 1.

Yearbook Purchase
Directions



Parent Reminders

Opt in for text communication

IMPORTANT: In the event of an emergency, text messages are the fastest and most effective way to communicate information to families. You must opt in to receive text communications! Text "Y" or "yes" to 67587 to begin receiving text messages from both your child's school and the Kyrene School District.

Birthday Celebrations

No celebrations of individual student birthdays are to be held in classrooms, on the school campus. We understand that parents and friends like to celebrate various occasions.

However, cakes, cookies, cupcakes, candy, flowers, balloons, etc. cause many distractions and cannot be allowed on campus or on the bus. These items are disruptive in the classroom and are a safety concern on the bus. If they are delivered they will be kept in the office for parents/guardians to pick up. This policy helps to ensure that instructional time is protected and that all students are treated equally. **Party invitations may not be distributed at school.**

Need to Report an Absence?

Call our 24 Hour Attendance Line at **480-541-4201** to report a student absence.

Please leave a message on the attendance line indicating the student's name, grade, date(s) and reason for absence. When your student is absent and we have not received notification, we will contact the parents. If we do not receive a return phone call, the student will be marked truant.

****Note**** Parents **MUST** call the attendance line within 24 hours of an absence, even if you spoke to the Health Office or communicated to the Teacher.

Tardy

If your child is tardy, you must park in the parking lot and walk your child to the office. Sign them in and provide the reason why they are tardy. A tardy is defined as arriving at school or class **after the scheduled start time**. Students should be in their seats and ready to learn when the bell rings at the scheduled start time. **Students are considered tardy if they are not in their seats at the scheduled start time. Mirada students need to arrive with enough time to make it to their classroom by 7:30am.** Students who are tardy must enter through the school's front office and receive a Tardy pass.

Students and Electronic Devices

Many parents choose to have their child carry a cellular telephone or other electronic devices (such as an Apple watch or Fitbit) as a means of before and/or after school communication and for safety purposes. Electronic devices can be disruptive in an educational environment, but may also be used to enhance instruction. If parents have decided that it's necessary for a child to carry a cell phone or electronic device, parents and students must be aware of the following:

Kyrene School District Policy 3-401 states that the District does not assume responsibility for the loss of, or damage to, personal property. If your child has a cell phone on campus or on the bus and it is damaged or stolen, we will not be able to utilize administrative time to investigate the incident, nor will the District be able to take any financial responsibility for the cell phone or cell phone charges.

Cellular phones must be turned off and kept in backpacks at all times on campus, except for prior to the ringing of the first bell for the start of the instructional day and after the ringing of the last bell for the end of the instructional day.

This exception does not apply if the student is on the school bus. When appropriate, cell phones and other electronic devices may be used during the school day under the direct supervision of the teacher. If these rules are not followed, the cell phone may be confiscated and kept in the front office for pick up after school.

Please assist us in keeping our learning environment free from distractions. When it is necessary for a student to contact you during the day, we have telephones available in classrooms and in the office. If it is necessary for you to get an important message to your child during the school day, you may contact the school office and our staff will relay the message to your child.

**KYRENE SPECIAL
EDUCATION SERIES**



Parent Information Nights

Plan to attend the following ESS parent information nights:

All trainings will be held at Waggoner from 6-7:30 p.m.

SEPTEMBER 23

CALM BODIES, READY MINDS

Understanding Sensory Processing and the Functions of Behavior to Promote Home and Classroom Readiness. Join Bri Armijo, Lead Behavior Intervention Teacher and Amy Hecker OTR/L, Lead OT to learn different strategies to support self-regulation and sensory processing to improve your child's readiness for home life and in the classroom.

OCTOBER 29

RELATED SERVICE PROVIDERS OPEN HOUSE

Kyrene Related Service Providers will be hosting informational sessions for families to understand the services they provide. Related Service Providers in attendance will include a Speech Language Pathologist (SLP), Occupational Therapist (OT), Assistive Technology (AT) Specialist, Physical Therapist, and Augmentative and Alternative Communication (ACC) Specialist.

NOVEMBER 20

**OVERVIEW AND Q&A WITH THE DIVISION
OF DEVELOPMENTAL DISABILITIES AND
RAISING SPECIAL KIDS**

Join us for an information session with representatives from the Division of Developmental Disabilities (DDD) and Raising Special Kids (RSK). They will provide an introduction to the supports and services their organizations provide to children with disabilities and their families and be available for questions after the presentation.



REGISTER





Nov. 7 - How to Thrive with Strong-Willed Kids: An Introduction to Parenting the Love and Logic Way

How to Thrive with Strong-Willed Kids: An Introduction to the Parenting the Love and Logic Way

Parents are invited to learn about The Love and Logic approach to parenting, which is built around the science of caring and respectful relationships. An authentic, loving connection between parents and their children forms the foundation of good behavior and healthy decision-making.

Presenter:

Larry Kerby

Date and Time:

November 7, 2024

6:00-7:00pm

Location:

Centennial Middle School

13808 S 36th St.

Phoenix, AZ 85044

[Registration Link](#)

Nov. 13 - The Neurosequential Model of Education: Information for Families on how to support Regulation, Relation, and Reasoning

The Neurosequential Model of Education: Information for Families on how to support Regulation, Relation, and Reasoning

This session will provide information regarding the Neurosequential Model of Education by Dr. Bruce Perry, author of *Boy Raised as a Dog* and co-author of *What Happened to You?* with Oprah Winfrey. The NME model is a developmentally sensitive and biologically respectful approach that supports families and schools in their work with students. Focus of this session will be an understanding of the NME model as it applies to child development, as well as helpful strategies and methods for families to use to regulate, relate, and reason with their children.

Presenter:

Lainie Sgouros

Date and Time:

November 13, 2024

6:00-7:00pm

Location:

Zoom

[Registration Link & Zoom Link](#)



Nominate Staff Member of the Month

Do you know of a staff member who has positively impacted students, making learning engaging or shown dedication to their role? Then nominate them for Staff Member of the Month! All it takes is a few minutes to fill out a four response questionnaire. Nominations may be submitted by school staff, students or parents. Please submit nominations by the last Thursday of the month. Click the button below for link to nomination form.

[Staff Member of the Month Nomination Form](#)



SUPPORT OUR SCHOOL WITH A TAX CREDIT DONATION!

STEP 1

Visit kyrene.org/taxcredit
and click Donate Now



STEP 2

Sign In

Returning Users

Returning Users
Please log in below

User Name

Password

New Users

1st Time Users
(Non-Parent/Guardians
Making Tax Credit Donations)

Non-Parent/Guardian Guest Account
A guest account allows you to easily
make tax credit donations and
access receipts in the future.

STEP 3

Select Items at All Schools

Shop

STEP 4

Select Campus Type

You are here

[DISTRICT](#)

School Type

[DIGITAL ACADEMY](#) [DISTRICT OFFICE](#)

[ELEMENTARY SCHOOL](#) [K-8](#) [MIDDLE SCHOOL](#)

STEP 5

Select School and Tax Credit

You are here [DISTRICT](#) / [ELEMENTARY SCHOOL](#) / [C.I. Waggoner ES](#)

Categories [Meal Payment Account](#) [Tax Credit](#)



Scan to follow us on Instagram!



Scan to follow us on Facebook!



- Students may bring large bills to pay for their meal account - please remember no change is provided back to the student, the entire amount is applied to the student's account.

- If a student does not have enough funds on their account, after two (2) meals (breakfast or lunch) they are provided an alternate meal as per District policy. The student may still get side options and salad bar along with their milk.
- Please remember that dietary restrictions must be accompanied by a Dr's note and will be accommodated to the best of our ability. SFE is unable to honor preferences or requests.
- You may check your student's lunch balance by visiting [linqconnect](#). Linq Connect is our self-service lunch account portal, which makes it possible for Kyrene families to easily manage their student(s) lunch account. **Families may check meal balances, transfer funds, apply for free or reduced-priced meals or create spending limits for their students by visiting [linqconnect](#).** For any additional questions or assistance with your linqconnect account please call 1-844-467-4700 and follow the prompts. **Payments are applied to your student's meal account at 6:50am, 9:35am, 11:05am, 12:05pm and 11:35pm daily to update the meal account balance.**
- Kyrene and SFE want to assure you that when your child chooses to enjoy ala carte snacks from their cafeteria, they are selecting options that meet the strict nutritional standards outlined by the USDA's Smart Snack guidelines. These guidelines prioritize offering snacks that are lower in fat, sugar, and sodium, while also providing essential nutrients to support your child's overall health and well-being. The guidelines require that drinks be either unflavored water or 100% juice, and that snacks contain at least 50% whole grain or list the first ingredient as a fruit, vegetable, dairy food, or protein food.

It's also important to note that while some snack packaging may appear similar to those found in stores outside of school, each product has been carefully reformulated to comply with federal Smart Snack guidelines. Our foodservice management company, SFE, works diligently to ensure that all snacks offered to students are both delicious and nutritious, meeting or exceeding federal standards.

We encourage you to discuss with your child the importance of making mindful choices when it comes to snacking. By reinforcing healthy eating habits both at home and at school, we can collectively support our children in making nutritious choices that contribute to their overall growth and development. If you would like more resources and information about Smart Snack requirements, including activities that can be done at home, we recommend checking out the USDA's website [here](#).

Thank you for partnering with us in promoting a culture of health and wellness for our students. If you have any questions or concerns about the smart snack options available in your child's cafeteria, please don't hesitate to reach out to the foodservice office at 480-541-1660.

Payment & Balance Info Links

Click here for Mirada Menus

MORE THAN JUST A MEAL!
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lingconnect.com



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Discounted Rates on Internet Services

Free or Reduced Prices on School Meals
 Reduced Pricing: \$.30 Breakfast | \$.40 Lunch


QUESTIONS?
 Contact:
 Mariah Bernal
 480-541-1368
kbs@kyrene.org

LEARN MORE:
kyrene.org/foodservices

This institution is an equal-opportunity provider.

MAS QUE UNA COMIDA!
BENEFICIOS DE SOLICITUD DE COMIDAS

ENTREGUE SU SOLICITUD DE COMIDAS!
lingconnect.com



Mantiene fondos para los programas y servicios escolares.

Eligible para tarifas con descuento en servicios de Internet.

Precios gratis o reducidos en comidas deliciosas y nutritivas.
 Precios reducidos: \$.30 Desayuno | \$.40 Almuerzo

PREGUNTAS?
 Llamar:
 Mariah Bernal
 480-541-1368
kbs@kyrene.org

APRENDE MÁS:
kyrene.org/foodservices
 Traduce la página con el menú desplegable en la parte superior de la pantalla.

Esta institución es un proveedor de igualdad de oportunidades.

Apply for Free and Reduced Meals

PORTRAIT OF A KYRENE KID



ADAPTABLE LEARNER • SELF-ADVOCATE • COMMUNITY CONTRIBUTOR
 COMMUNICATOR • CRITICAL THINKER • PROBLEM SOLVER • COLLABORATOR
 READY FOR THE FUTURE. HIGH SCHOOL. COLLEGE. CAREER. LIFE.

Contact Us

Kyrene de la Mirada Leadership Academy
 5500 W. Galveston Street
 Chandler, AZ 85226

School Hours: 7:30 am - 2:15 pm
Early Release Wed: 12:15 pm

Office Hours: 7:00 am - 3:30 pm
Wednesday: 7:00 am - 1:30 pm

Front Office: 480-541-4200
Fax Number: 480-541-4210
Attendance: 480-541-4201
Health Office: 480-541-4220
Cafeteria: 480-541-4226
Kids Club: 480-541-4230

Quicklinks

[Food Services and Menu](#)
[ParentVUE](#)
[StudentVUE](#)
[Technology Assistance](#)
[Family Handbook](#)

A+ School of Excellence™