

2024

NOVEMBER

Dallas School Elementary Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Though our menu offers popular items that can often be found in grocery stores and restaurants, our meals are very different. The food we serve is formulated to be lower in fat, sodium, and sugar and higher in fiber, in order to comply with federal school meal regulations.

For example, all grain items, such as pasta, breads, and tortillas, are whole-grain rich. Additionally, we do not serve students anything that is fried, all menu items that are typically fried are baked in an oven instead.

1

NO SCHOOL

4

Salchicha Empanizada
Hamburguesas de Carne Molida
Sandwiches de Jamon

5

Pretzel con Queso
Enchiladas
Burrito

6

Waffles
Trozos de Pollo Empanizado
Panecillos Rellenos de Queso/Salsa

7

Donas Glaseadas
Spaghetti
Sandwiches de Pavo

8

Barras de Desayuno
Dia de Pizza!!!

11

NO CLASES!!!
DIA DE LOS VETERANOS

12

Pizza de Desayuno
Martes de Tacos
Sandwiches de Jamon

13

Trozos de Pan Sabor Canela
Hamburguesas
Sandwiches de Pavo

14

Galletas de Avena
Hamburguesas de Pollo Empanizado
Burrito

15

Barras de Desayuno
Dia de Pizza!!!

18

Salchicha Empanizada
Panecillos Rellenos de Queso/Salsa
Sandwiches de Jamon y Queso/Tostado

19

Pretzel con Queso
Quesadillas de Pollo
Yogurt con Galletas de Trigo

20

Waffles
Macarrones con Queso
Perros de Maiz

21

Donas Glaseadas
Pollo Empanizado/Pure de Papa/Pan
Sandwiches de Pavo

22

Barras de Desayuno
Dia de Pizza!!!

25

K-12 DIA DE COMFERENCIAS
NO CLASES

26

K-12 DIA DE COMFERENCIAS
NO CLASES

27

K-12 DIA DE COMFERENCIAS
NO CLASES

28

DIA DE DAR GRACIAS



29

NO CLASES