Lunch Menu

Ardsley Middle School

November 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



SCHOOL CLOSED TODAY

Nat'l Sandwich Day

4 Homemade Chicken & Broccoli Alfredo & Whole Wheat Dinner Roll Beet and Onion Salad Steamed Carrots Fresh Apple

Greek Chicken
Flatbread
Cilantro Garlic Rice
Halal
Spinach Salad
Fresh Strawberries

6 Cheesy Stuffed Bread
Sticks
Marinara Sauce
Steamed Peas
Carrot Dippers
Blueberries

Soft Tacos (2)
Spicy Beef (2)
Black Beans
Chilled Red Pepper
Strips
Fresh Banana

B Wing Shack Classic
Buffalo Chicken Wings
Wing Shack Chicken
Wings
Wing Shack Honey
Dipped Chicken
Wings
Steamed Broccoli
Cucumber Coins



12 Nachos with Cheese

Yellow Rice Black Beans Fresh Pear Mild Salsa Watermelon 13 Chicken Parm "Poppers" Over Pasta

> Sauteed Zucchini Sliced Tomatoes Fresh Melon Cup

SCHOOL CLOSED TODAY 15 Bun Appetit Hot
Honey Crispy Chicken
Sandwich
Steamed Broccoli
Side Salad
Fresh Orange



18 Herb Roasted Chicken Whole Wheat Dinner Roll Pasta with Butter Sweet Corn Fresh Apple 19 Cinnamon French
Toast

Sausage Patty
Roasted Squash
Crispy Potato Puffs
Butternut Squash
Grapes

20 Roasted Turkey with
Gravy
Mashed Potatoes
Green Bean
Casserole
Whole Wheat Dinner
Roll
Cranberry Sauce
Happy Turkey Day!

21 Chicken & Cheese Quesadilla Refried Beans Chilled Red Pepper Strips Fresh Banana Sour Cream

Mild Salsa

22 Wing Shack Classic
Buffalo Chicken Wings
Wing Shack Chicken
Wings
Wing Shack Honey
Dipped Chicken

Wings 🦻 Steamed Broccoli Cucumber Coins

25 Homemade Mac & Cheese & ②
Whole Wheat Dinner Roll
Steamed Peas
Carrot Dippers
Fresh Apple

26 Buffalo Chicken
Tenders 🤣
Side Salad
Steamed Broccoli
Fresh Melon Cup
Fresh Pineapple
Tidbits

27 Breaded Fish Sticks
Cheeseburger
Oven Baked Fries
Fresh Orange
Fresh Banana
Cantaloupe



SCHOOL CLOSED TODAY



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orienta-



Student: \$3.25 Adult: 5.05 + tax

Those who qualify for free or reduced-priced meals

enjoy breakfast and lunch at no cost

If you have any questions or would like more

information please Contact Food Service Director

Nina Ambriz @ foodservices@a



unch Daily Offerings: Romaine, Spinach, Spring Mix or Kale Side Salad W/Dressing

Grab and Go Sandwiches: Boar's Head Turkey or Ham with/without Cheese, Peanut/Sunflower Seed Butter,

Cheese Sandwiches and All-fruit Spread (low fructose), all on WG breads

Bagel Meal with WG bagel, Cheese Stick, and/or yogurt. and carrot sticks, fruit and milk. Entree Salads with

variety of dressings.

Fruit Parfait W/ All-Natural Yogurt and Granola.

Variety of Fruit and Vegetables. Apples, Oranges and Bananas

Choice of 1% White Milk, Skim Milk or Fat Free Chocolate Milk







tion), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.