Lloyd Harbor School

COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT
7 School Lane • Huntington, New York 11743

Valerie R. Massimo, *Principal* (631) 367-8800
Phil Gray, *Assist. to the Principal* (631) 367-8801

April 23, 2018

Dear Fifth Grade Parents,

During the month of May, the fifth grade students of Lloyd Harbor School will be participating in **The Growing-Up Unit** of **The Great Body Shop.** This unit is part of **Maturation** and will take place during Health Education classes.

Our program focuses on the physical, emotional, and social stages of maturation. Teaching and learning will occur in groups of the same gender and allow students to ask questions both anonymously through Google Classroom and in front of their peers. Children will be encouraged to turn to you for further information regarding topics of adolescence and the maturation process. Our in-school classes are a wonderful springboard for family conversation. It is critical that your child know there are adults willing to discuss this material.

The schedule of lessons is as follows:

- **Week of May 15:** Introduction to Maturation
- **Tuesday, May 22:** Lesson on Puberty (students will be split by gender)
- **Week of May 29:** Final Lesson - Personal Hygiene

We will be holding an **informational meeting for fifth grade parents on Wednesday, May 9 at 9:50 am.** We will include excerpts from the video used with the children. This meeting will serve as a great opportunity for you to ask questions about our program.

If you have any questions, feel free to contact us.

Sincerely,

Ms. Incarnato, *Health Teacher*
Ms. Massimo, *Principal*
The Fifth Grade Teachers