Lloyd Harbor School Is Sponsoring Our Second Annual

# "Unplugged Day"

# on Friday, March 15

## TAKE A BREAK FROM TECHNOLOGY!





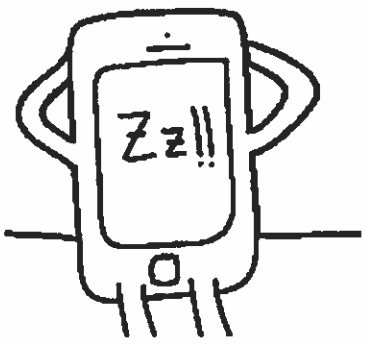

In support of the *National Day of Unplugging*...
**we are asking families to take a break from technology and "unplug" to have an electronic-free evening.**

We are increasingly connected to the world around us. This offers endless possibilities. However, there are certain times when there are benefits to setting aside our digital devices and other electronics. Use this evening to have an uninterrupted meal as a family, play a board game, do a jig-saw puzzle, or discuss a book you may be reading.

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**We would like students to share how they unplugged!**

**Please share your experience with the rest of our school by completing the attached certificate.**




## Have fun!



**Student's Name** _____

**Date: March 15, 2019**

We took a break from technology to unplug



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