

Students receive 1 free meal each serving period

Monday**Tuesday****Wednesday****Thursday****Friday****Oct 1**

Cereal
Bagel Breakfast Sandwich
Hashbrowns
French Toast Sticks
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 2

Cereal
ham & egg scramble
Hashbrowns
Waffles
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 3

Cereal
Sausage Muffin/Cheese
Hashbrowns
Breakfast Bun
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 4

Cereal
Breakfast Pizza
Hashbrowns
Banana bread slice
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 7

Cereal
Breakfast Pizza
Hashbrowns
Pancakes
Sausage Links
Bagel
Yogurt Parfait
fruit, fresh
Fruit Juice
Milk-Variety

Oct 8

Cereal
Bagel Breakfast Sandwich
Hashbrowns
French Toast Sticks
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 9

Cereal
ham & egg scramble
Hashbrowns
Waffles
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 10

Cereal
Sausage Muffin/Cheese
Hashbrowns
Muffin choc/chip
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 11

Cereal
Breakfast Pizza
Hashbrowns
Pan Dulce
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 14

Cereal
Breakfast Pizza
Hashbrowns
Pancakes
Sausage Links
Bagel
Yogurt Parfait
fruit, fresh
Fruit Juice
Milk-Variety

Oct 15

Cereal
Bagel Breakfast Sandwich
Hashbrowns
French Toast Sticks
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 16

Cereal
Breakfast Burrito
Hashbrowns
Waffles
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 17

Cereal
Sausage Muffin/Cheese
Hashbrowns
Breakfast Bun
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 18

Cereal
Muffin choc/chip
Sausage Links
Yogurt Parfait
Bagel
Hashbrowns
fruit, fresh
Juice
Milk-Variety

Oct 21

NO SCHOOL

Oct 22

Cereal
French Toast Sticks
Sausage Links
Breakfast Pizza
Hashbrowns
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 23

Cereal
ham & egg scramble
Hashbrowns
Waffles
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 24

Cereal
Sausage Muffin/Cheese
Hashbrowns
Breakfast Bun
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 25

Cereal
Breakfast Pizza
Hashbrowns
Banana bread slice
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 28

Cereal
Breakfast Pizza
Hashbrowns
Pancakes
Sausage Links
Bagel
Yogurt Parfait
fruit, fresh
Fruit Juice
Milk-Variety

Oct 29

Cereal
Bagel Breakfast Sandwich
Hashbrowns
French Toast Sticks
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 30

Cereal
Breakfast Burrito
Hashbrowns
Waffles
Sausage Links
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Oct 31

Cereal
Breakfast Bun
Sausage Links
Sausage Muffin/Cheese
Hashbrowns
Yogurt Parfait
fruit, fresh
Juice
Milk-Variety

Menu options are subject to change, depending on availability

Nutritional values could be viewed on our district webpage