

Fuel Up with Lunch for the Day

HHS Lunch

HHFKA 9-12 (age 14-18)

Hamilton High School

students receive 1 free meal each serving period

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct 1 Crunchy Taco Refried Beans Corn Spicy Chicken Burger Seasoned Potato Wedge Pepperoni Pizza Chef Salad Salad Bar Milk-Variety	Oct 2 Orange Chicken cooked broccoli chow mein noodles Cheese Burger Potato Wedge Pepperoni Pizza Taco Salad Salad Bar Milk-Variety	Oct 3 Oven Baked Chicken Mac&Cheese Hot Dog w/Bun Tator Tots Pepperoni Pizza Chef Salad Salad Bar Milk-Variety	Oct 4 Spicy Chicken Burger Pepperoni Pizza Uncrustable fruit, fresh Baby Carrots Milk-Variety
Oct 7 Chicken Tenders Grilled Ham&Cheese Sand Crispy chicken salad Potato Wedge Corn Mashed Potatoes Salad Bar Milk-Variety	Oct 8 Chicken Fajitas Spanish Rice Tortilla w/w Spicy Chicken Burger Seasoned Potato Wedge Pepperoni Pizza Chef Salad Salad Bar Milk-Variety	Oct 9 Barbecued Pork on a Bun Cole Slaw Cheese Burger Potato Wedge Pepperoni Pizza Chicken Salad Wrap Salad Bar Milk-Variety	Oct 10 Spaghetti Max Stix Deli Ham Sandwich Tator Tots Pepperoni Pizza Chef Salad Salad Bar Milk-Variety	Oct 11 Spicy Chicken Burger Pepperoni Pizza Uncrustable fruit, fresh Baby Carrots Milk-Variety
Oct 14 Chicken Tenders Grilled Ham&Cheese Sand Crispy chicken salad Potato Wedge Green Beans Mashed Potatoes Salad Bar Milk-Variety	Oct 15 Chicken Quesadilla Corn Refried Beans Cheese Burger Seasoned Potato Wedge Taco Salad Salad Bar Milk-Variety	Oct 16 Pepperoni Pizza Orange Chicken Turkey Deli Sandwich Chow Mien Noodles cooked broccoli Salad Bar Milk-Variety	Oct 17 Chicken and Rice Burrito Pepperoni Pizza Chef Salad Corn Salad Bar Milk-Variety	Oct 18 Spicy Chicken Burger Pepperoni Pizza Uncrustable fruit, fresh Baby Carrots Milk-Variety
Oct 21 NO LUNCH	Oct 22 Spicy Chicken Burger Chile Verde Pozole Taco Salad Seasoned Potato Wedge Salad Bar Milk-Variety	Oct 23 Teriyaki Beef Dunkers cooked broccoli cooked brown rice Cheese Burger Potato Wedge Pepperoni Pizza Taco Salad Salad Bar Milk-Variety	Oct 24 Turkey & Cheese Deli Chicken Alfredo Pepperoni Pizza Dinner Roll Green Beans cooked broccoli Seasoned Potato Wedge Salad Bar Milk-Variety	Oct 25 Spicy Chicken Burger Pepperoni Pizza Uncrustable fruit, fresh Baby Carrots Milk-Variety
Oct 28 Chicken Tenders Grilled Ham&Cheese Sand Crispy chicken salad Potato Wedge Corn Mashed Potatoes Salad Bar Milk-Variety	Oct 29 Crunchy Taco Refried Beans Corn Spicy Chicken Burger Seasoned Potato Wedge Pepperoni Pizza Chef Salad Salad Bar Milk-Variety	Oct 30 Orange Chicken cooked broccoli chow mein noodles Cheese Burger Potato Wedge Pepperoni Pizza Taco Salad Salad Bar Milk-Variety	Oct 31 Oven Baked Chicken Mac&Cheese Hot Dog w/Bun Tator Tots Pepperoni Pizza Chef Salad Salad Bar Milk-Variety	

Menu options are subject to change, depending on availability

Nutritional Values could be viewed on our district webpage