Students receive 1 free meal each serving period

Monday **Tuesday** Wednesday **Thursday Friday** Nov 1 Cereal Breakfast Pizza Hashbrowns Banana Muffin Sausage Links Yogurt Parfait fruit, fresh Juice Milk-Variety Nov 4 Nov 5 Nov 6 Nov 7 Nov 8 Cereal Cereal Cereal Cereal Cereal Breakfast Pizza Sausage Muffin/Cheese Scrambled Eggs w/cheese Bagel Breakfast Sandwhich Breakfast Pizza Hashbrowns Hashbrowns Hashbrowns Hashbrowns Hashbrowns Waffles French Toast Sticks Pancakes Muffin choc/chip Pan Dulce Sausage Links Sausage Links Sausage Links Sausage Links Sausage Links Bagel Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait fruit, fresh fruit, fresh fruit, fresh fruit, fresh fruit, fresh Juice Juice Juice Juice Milk-Variety Milk-Variety Milk-Variety Milk-Variety Fruit Juice Milk-Variety Nov 11 Nov 12 Nov 13 Nov 14 Nov 15 **HOLIDAY** Cereal Cereal Cereal Cereal Biscuits & Gravy Bagel Breakfast Sandwhich Breakfast Pizza Muffin choc/chip Hashbrowns Hashbrowns Hashbrowns Sausage Links French Toast Sticks Waffles Breakfast Bun Yogurt Parfait Sausage Links Sausage Links Sausage Links Sausage Muffin/Cheese Yogurt Parfait Yogurt Parfait Yogurt Parfait Hashbrowns fruit, fresh fruit, fresh fruit, fresh fruit, fresh Juice Juice Juice Juice Milk-Variety Milk-Variety Milk-Variety Milk-Variety Nov 18 Nov 19 Nov 20 Nov 21 Nov 22 NO SCHOOL Cereal Cereal Cereal Cereal French Toast Sticks ham & egg scramble Sausage Muffin/Cheese Bagel Hashbrowns Hashbrowns Sausage Links Hashbrowns Breakfast Pizza Waffles Breakfast Bun Banana Muffin Hashbrowns Sausage Links Sausage Links Sausage Links Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait fruit, fresh fruit, fresh fruit, fresh fruit, fresh Juice Juice Juice Juice Milk-Variety Milk-Variety Milk-Variety Milk-Variety Nov 25 Nov 26 Nov 27 Nov 28 Nov 29 NO SCHOOL NO SCHOOL NO SCHOOL **HOLIDAY** NO SCHOOL

Menu options are subject to change, depending on availability

Nutritional values could be viewed on our district webpage