

Fuel Up with Lunch for the Day
HUES K-8 LUNCH MENU
 HHFKA K-8 (age 5-13)

Hamilton Union Elementary School

students receive 1 free meal each serving period

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct 1 Soft Taco Lettuce/Cheese Cup Corn Apple Milk-Variety	Oct 2 Grilled Cheese Sandwich Broccoli Salad Rosy Applesauce Sunflower Seeds Milk-Variety	Oct 3 Orange Chicken cooked broccoli cooked brown rice Pineapple cup Milk-Variety	Oct 4 Pizza Peperoni Fritos Cucumber Slices Watermelon Milk-Variety
Oct 7 Hot Dog w/Bun Tator Tots Veggies w/Ranch Fruit Cocktail Milk-Variety	Oct 8 Beef Enchilada Refried Beans Garden Salad w/Dressing Apple Milk-Variety	Oct 9 Turkey Deli Sandwich Fritos Baby Carrots Grapes, fresh Milk-Variety	Oct 10 Chicken Alfredo Corn Dinner Roll Fruit Cocktail Milk-Variety	Oct 11 Pizza Peperoni Cucumber Slices Fritos fruit, fresh Milk-Variety
Oct 14 Crispy Chicken Burger French Fries Lettuce/Pickle Cup Pears Milk-Variety	Oct 15 Chile Verde Pozole Tortilla Chips shredded cabbage Apple Milk-Variety	Oct 16 Teriyaki Beef Dunkers cooked brown rice cooked broccoli Pineapple cup Milk-Variety	Oct 17 Spaghetti Max Stix Garden Salad w/dressing Apple Milk-Variety	Oct 18 Pizza Peperoni Cucumber Slices Grapes, fresh Fritos Milk-Variety
Oct 21 NO LUNCH	Oct 22 Crunchy Taco Refried Beans Lettuce/Cheese Cup Tortilla Chips Apple Milk-Variety	Oct 23 Turkey Casserole cooked broccoli Dinner Roll honeydew slices Milk-Variety	Oct 24 Chili Beans Cornbread Apple Garden Salad w/Dressing Milk-Variety	Oct 25 Pizza Peperoni Cucumber Slices Grapes, fresh Fritos Milk-Variety
Oct 28 Chicken Nuggets mashed potatoes Dinner Roll Corn Grapes, fresh Milk-Variety	Oct 29 Chicken Fajitas Spanish Rice Tortilla w/w Corn fresh peaches Milk-Variety	Oct 30 Hamburger w/Bun French Fries Lettuce/Pickle Cup Pears Milk-Variety	Oct 31 Los Cabos Burrito Spanish Rice Veggies w/Ranch Diced Pears Milk-Variety	

Menu options are subject to change, depending on availability

Nutritional Values could be viewed on our district webpage