

Cross Country at MVL Meet at Butte College @3:30pm, depart @11:30am.

Mandatory Softball meeting for all ladies looking to play softball in the Spring, today in the library @12:10pm.

MEChA will be selling Halloween Grams starting on the 16th through 30th during break and lunch outside in the quad. They will be delivered on October 31st. They are \$3 or \$5.

## **Community Service Hours Opportunities:**

Capay School needs volunteers for their Carnival. If you are interested come to the office. This is a good opportunity to get community service hours, don't pass it up!!

appy Wednesday **"BELIEVE IN YOURSELF AND** ALL THAT YOU ARE. KNOW THAT THERE IS SOMETHING **Sports Results: INSIDE YOU THAT IS GREATER THAN ANY 1st Playoff Volleyball Game OBSTACLE."** vs. Modoc Hamilton Braves WIN Christian D. Larson Round 2 will be on Nov 5th opponent TBD **October Birthdays** Dylan J Jessica N Elizabeth G **Daily Menu** Kevin R Valeria A Chase C Jonathan V Adam M Austin G **Breakfast** Lunch Mia P Sophia B Jaime M Cereal, breakfast pizza, Chicken and rice burrito, Emedel S Emma L Austin S hash browns Pancakes, pepperoni pizza, chef salad, Damien C Stephanie V Caden S sausage links, yogurt parfait, corn, salad bar, Milk-Variety Juice, Fresh Fruit, Milk-Variety Ricardo R Luis A Adriana M Chevy S