

Issue No. 8 | March , 2024



Skyline ECHS Counselor, Faculty, and Staff

Celebrating Women's Month

Celebrating Women's Month at Skyline ECHS is vital as it provides an opportunity to acknowledge and honor the countless contributions of women to society, history, and culture. It serves as a platform to raise awareness about the challenges women face, including gender inequality, discrimination, and lack of representation in various spheres. By highlighting the achievements and accomplishments of women, Women's Month inspires future generations to break barriers and strive for gender parity. Moreover, it fosters a sense of unity and empowerment among women, promoting solidarity and support for one another. Recognizing Women's Month not only honors the past struggles and achievements of women but also serves as a catalyst for ongoing efforts towards gender equality and empowerment in all aspects of life.



Principal's Playbook: Ms. Johnson



Welcome Back!

<u>Celebrations for Fall 23 College Courses</u> We had 92% Success in course and 96% completion.

- 276 A's, 173 B's, 133 C's
- 27 D's, 21 F's

Progress Monitoring happening daily! Parents your help is needed. Please check weekly your scholars progress in college courses.

Classroom Expectations

- Group Collaborations and Classroom Talk
- student Led Conversations
- TSIA Prep in all classes daily.
- QUESTIONING
- Student Engagement.

Important Upcoming Dates:

- Honorary Celebration March 22, 2024
- TSIA BootCamps 3/23/24
- 2nd 8 weeks College Courses Begin 3/18/.24
- STAAR EOC Begins April 11th



Self care tips

- Talk a walk
- Stay Hydrated
- Stay active at least 30 minutes a day



*Dress Code Enforced Daily. Mon: Black Polo, TUE: Professional Dress, WED- FRI Collegiate Uniform. The uniform includes a Blue, White, Black or Red Early College Polo and on khakis, tan , blue or black.

ECHS the loop...

MONTHLY HIGHLIGHTS

Students attempting TSIA for ELAR or MATH may schedule testing at a Dallas Colleges Testing Center . Login to econnect.dcccd.edu or go to

https://www.dallascollege.edu/admis sions/tsi/pages/faq-tsiassessment.aspx for FAQ's about TSIA test taking at the Dallas College Campuses.





ANNOUNCEMENTS

TSIA testing at Skyline is ongoing this Spring semester. Please sign up for a Saturday Boot Camp. Look for postings in the ECHS office and classrooms.



Ms. Sims COUNSELOR'S CORNER...

MENTAL HEALTH CHECKLIST:

Everyday:

- move my body
- take a break from screens
- say 3 things I am grateful for
- eat healthy
- sleep for 7-9 hours

Once a week:

- connect with a friend/family member
- plan an outdoor activity
- set a new goal (school, home, or activity)
- claim and celebrate a win

Once a month:

- try a creative activity or new hobby
- finish a book
- take a 1 day break from social media
- help someone

As a high school counselor, I often emphasize the importance of being our own advocate to my students. Advocacy is a powerful tool that empowers individuals to speak up for their needs, rights, and aspirations. By learning to advocate for themselves, students cultivate selfconfidence, resilience, and independence, crucial attributes for success in both academic and personal endeavors. I encourage my students to identify their strengths, passions, and goals, and to assertively communicate their needs and concerns. Whether it's seeking academic support, advocating for equal opportunities, or pursuing their dreams, being their own advocate equips students with the skills to navigate challenges and strive for their desired outcomes. As they transition to higher education and beyond, the ability to advocate for themselves becomes an invaluable asset, enabling them to navigate complexities, advocate for change, and shape their own futures.



Mr. MEJIA COORDINATOR'S CORNER...

HAPPENING THIS MONTH!

Focus on studying skills:

Remember that effective study skills take time to develop and refine. Experiment with different strategies and techniques to discover what works best for you, and don't get discouraged if you face challenges along the way.

- 1. **Set Clear Goals**: Define what you want to achieve with your study session. Having clear objectives will help you stay focused.
- 2. **Create a Study Schedule**: Establish a regular study routine to build consistency. Allocate specific time slots for studying.
- 3. **Organize Your Space**: Choose a quiet, clutter-free, and comfortable place to study. Ensure you have all necessary materials nearby.
- 4. **Take Breaks**: Don't cram for hours on end. Take short, frequent breaks to recharge your mind and maintain concentration.
- 5. **Use Active Learning**: Engage with the material actively. Take notes, ask questions, and discuss topics to deepen your understanding.
- 6. **Prioritize Tasks**: Identify the most important and challenging tasks, and tackle them first when your energy and focus are at their peak.
- 7. **Stay Organized**: Use tools like planners, calendars, or digital apps to keep track of assignments, deadlines, and study plans.



8. **Practice Time Management:** Estimate how much time you need for each task and stick to your schedule. Avoid procrastination.

9. **Review Regularly:** Periodically review your notes and materials to reinforce your memory and understanding.

10. **Stay Healthy:** Get enough sleep, eat well, and exercise regularly. A healthy body supports a healthy mind.

11. **Minimize Distractions**: Turn off notifications on your devices, and use website blockers if necessary to limit distractions.

12. **Seek Help:** Don't hesitate to ask for help from teachers, tutors, or classmates if you're struggling with a particular topic.

13. **Test Yourself:** Use practice quizzes or self-assessment to gauge your understanding and identify areas that need more attention.

14. **Stay Positive:** Maintain a positive attitude towards your studies. Believing in your ability to learn and improve is essential.

15. **Adapt and Adjust:** Be willing to adapt your study techniques if something isn't working. Everyone learns differently, so find what works best for you.



Parent Portal

Parent University -

Academic GPA (Grade Point Average) is a numerical representation of a student's overall academic performance. It is commonly used in educational institutions to assess a student's level of achievement and to determine eligibility for various academic honors, scholarships, and admission to higher education programs. Here are some key points to help you understand academic GPA:

- Grading Scale: GPA is typically calculated on a scale of 0 to 4.0, although some institutions may use a different scale. The specific values assigned to letter grades may vary, but a common scale is as follows:
 - A: 4.0 (Excellent)
 - B: 3.0 (Good)
 - C: 2.0 (Average)
 - D: 1.0 (Below Average)
 - F: 0.0 (Fail)



- Some institutions may also use "+" and "-" modifiers (e.g., A+, B-) that slightly adjust the numerical values.
- Course Credits: Each course you take is typically assigned a specific credit value that represents the amount of instructional time or workload associated with the course. A standard course may be worth 3 credits, but it can vary depending on the institution and the level of the course.
- Grade Calculation: To calculate your GPA, each course grade is multiplied by the number of credits for that course. The resulting value, called the grade points, is then added together for all courses taken in a specific period (e.g., semester or academic year). Finally, the total grade points are divided by the total number of credits taken to obtain the GPA.



- Weighted and Unweighted GPA: In some educational systems, a weighted GPA is used to account for the difficulty level of certain courses. Weighted GPAs assign higher values to grades earned in advanced or honors courses, reflecting the additional challenge and rigor. Unweighted GPAs, on the other hand, treat all courses equally.
- Cumulative GPA: A cumulative GPA represents the overall average of all courses taken throughout a student's academic career or a specific period, such as a semester, year, or entire program. It provides a comprehensive evaluation of academic performance.
- GPA Scale Interpretation: GPA scales provide a standardized way to interpret academic performance. Generally, higher GPAs indicate better performance and academic excellence, while lower GPAs may indicate room for improvement or challenges in certain subjects.
- Importance and Use: Academic GPA is used by educational institutions to evaluate student performance, determine class rankings, make decisions about academic honors and awards, assess eligibility for scholarships or grants, and in some cases, for admission to higher education programs.
- Transcripts: GPA is often reported on academic transcripts, which provide a comprehensive record of a student's grades and courses taken during their academic journey. Transcripts are frequently requested by colleges, universities, employers, and other institutions as part of the application or evaluation process.
 Remember that GPA is just one measure of academic achievement, and it is important to consider other factors like extracurricular activities, personal achievements, and personal growth when evaluating an individual's overall capabilities and potential.

We Love Learning

by Skyline ECHS Teachers

TUTORING HOURS

ENGLISH:

Mr.Stewart Tue 8:30 - 9 and 5-5:45 pm

Mr. Phillips Tue/Wed 4:30-5:30 pm Thursday by appt only

MATH:

Ms.Anthony Mon/Wed 4:30-5:30 pm Fri 8:00-8:45

Ms. Ga<mark>ius- Obaseki</mark> Tuesday 4:30-5:30 pm Mon/Fri 8:00-8:45

Dr. Neal Mon/Tue 4:30-5:30 pm Fri 8:40 - 9:05 am

SCIENCE:

Ms. Donkor Mon 8-8:45 am Tue 4:30-5:30 pm 8-8:45 am

Dr Tirrey Mon/Wed 8.00-8:30am Other by appointment

Mr Kotapati(Physics) Mon,Wed,Fri:- 8:15 A.<mark>M - 9:00</mark> A.M

SOCIAL STUDIES:

Mr. Coleman Tue 8-8:30 Thu 4:45-5:45 Other by appointment

COLLEGE COURSES / TSIA EXAMS:

Student taking courses at Eastfield campus have tutoring available everyday in the Library.

TSIA TUESDAY: Tutoring from 4:45-6:30 all March

We Love Learning

by ECHS Teachers

SCIENCE

Chemistry - Dr. Tirrey

Doing the Project for Solutions Figuring the difference between Homogenous and Heterogenous solutions by many examples.

The students differentiated and Recorded the difference between Saturated,unsaturated and Supersaturated solutions



Biology Honors - Ms. Donkor

Happy Spring! As we are entering our last 9 weeks scholars are preparing for STAAR. We kicked off our countdown to STAAR (April 16th). Scholars engaged in an ecological scavenger hunt. We hand an amazing opportunity to explore nature and apply all of our knowledge involving the ecosystem.





Physics - Mr. Kotapati

The students in Physics classroom learn through hands on experience with various materials. The students are observing and comparing Transverse and Longitudinal waves.

