

# *Fargo South Student Announcements*

## *Wednesday, November 6th, 2024*



### **Announcements:**

- First day of Practice for boys wrestling will be November 12<sup>th</sup>
- Stop by student services and join the Letters of Joy Mission this Thanksgiving season. The mission is to get 4,000 handwritten cards made to give to residents in assisted living and nursing homes in the Fargo/Moorhead area. Help spread joy and hope this holiday season!
- PaY Members – we will be meeting at 7:45 am on Thursday, November 7 in D30 (Cramton’s room). We will be finishing our mission statement and beginning to discuss which nonprofits to visit. Please bring your PLDs.
- Fargo South DECA is collecting mittens and socks to be donated to the Churches United Homeless Shelter. Drop off your items in the school store! Thanks for helping others in our community.
- National Scholarship Month 2024 is a month-long observance dedicated to celebrating the importance of scholarships and financial aid in supporting students’ educational aspirations. Today from 12:30pm – 3:30pm – staff will be available in the Career Center to help Juniors and Seniors with tips and help on writing essays for colleges, scholarships etc. Come during your open period.
- Attention 3 on 3 DECA basketball players, please get your sign-up sheets turned in as soon as possible to Mr. Monsen or Mrs. Smith. Forms need to be turned in by November 13th!
- All Freshmen boys interested in playing basketball this year we will be having a quick meeting on Thursday November 7 at 3:35 in room A-36. If you cannot make it stop and see either coach Hendrickson or coach Monsen and give them your name.
- Next week all 10-12 grade boys interested in playing basketball this year will have a quick meeting on Thursday November 14 at 3:35 in room A-36.
- Girls Wrestling practice will start on Tuesday November 12<sup>th</sup> at Carl Ben Eielson Middle school. Start time will be 4:30 in the wrestling room upstairs. Please have your physical turned into the office ahead of time. Physical must be turned in to participate.
- Did you know listening to music can have powerful mental health benefits? From reducing stress and anxiety to boosting mood and focus, music has a special way of lifting our spirits. Taking time to enjoy your favorite music can help improve emotional well-being and create moments of peace in a busy day.
- Happy Wellness Wednesday! The theme for the month of November is gratitude. Studies have shown that expressing gratitude reduces toxic emotions. Please stop in the library to pick up a note to express gratitude to someone in your life.