

CENTRAL SQUARE SENIOR CENTER SCHEDULE

November 2024

The South St. Paul Senior Center promotes and provides opportunities in the area of socialization, recreation, education, and health to residents age 55 and up. Become a member for only \$12/year.

S	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S
<i>Schedules and fees are subject to change</i>					1 500 Cards 11:30 am-2:00 pm <i>Registration deadline for Christmas in Duluth</i>	2
3	4 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	5 Woodcarvers 9:00-11:00 am Line Dancing 10:30-11:30 am Craft time 1:00-3:00 pm	6 500 Cards 11:30 am-2:00 pm	7 Hand & Foot Card Games 1:00-3:00 pm	8 500 Cards 11:30 am-2:00 pm	9
10	11 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	12 Happy Feet 9:00 am-4:00 pm Woodcarvers 9:00-11:00 am Line Dancing 10:30-11:30 am Craft time 1:00-3:00 pm	13 Sr Board Meeting 9:30 am Out and About Lunch- Mallards 11:00 am 500 Cards 11:30 am-2:00 pm	14 Trip to American Swedish Institute Bus leaves 9:00 am Hand & Foot Card Games 1:00-3:00 pm	15 500 Cards 11:30 am-2:00 pm	16
17	18 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	19 Woodcarvers 9:00-11:00 am Line Dancing 10:30-11:30 am Craft time 1:00-3:00 pm Fair for All 4:00-6:00 pm	20 500 Cards 11:30 am-2:00 pm	21 Senior Social-Turkey and Gravy 11:30 am-1:00 pm Hand & Foot Card Games 1:00-3:00 pm	22 500 Cards 11:30 am-2:00 pm	23
24	25 Cribbage 12:00-2:30 pm Penny Bingo 1:00-2:30 pm	26 Woodcarvers 9:00-11:00 am Line Dancing 10:30-11:30 am Craft time 1:00-3:00 pm Everything You Want to Know about Medicare 6:30-8:00 pm	27 500 Cards 11:30 am-2:00 pm	28 CLOSED- DISTRICT HOLIDAY	29 CLOSED- DISTRICT HOLIDAY	30

ONGOING ACTIVITIES

WALK THE SQUARE

Come walk the Square – we're not big, but we are temperature controlled.

Monday - Friday (daily) 7:30 am - 3:00 pm

SSP BUZZ

Join your neighbors for a cup or two of joe and get your local buzz of what's happening around the community.

Monday - Friday (daily) 8:30 - 11:00 am

CRIBBAGE

The classic card/board game.

Mondays from 12:00 - 2:30 pm

PENNY BINGO

Be the first to turn all your cards face down.

Mondays from 1:00 - 2:30 pm

WOODCARVERS

Woodcarvers Group at Central Square is a social group, without formal instruction. Get together with others who share your hobby and learn from each other! Please bring your own tools and supplies.

Tuesdays from 9:00 - 11:00 am

LINE DANCING

Dance to a variety of music genres. It's fun, good for the soul, and no partner is needed. Instructor Margaret Christians.

Tuesdays from 10:30 - 11:30 am

HAPPY FEET

Happy Feet is scheduled the second Tuesday of the month. A qualified nurse will soak and treat foot ailments from trimming, corns, calluses and walk away with a soothing foot massage.

9:00 am - 4:00 pm, \$45 - call for appointment 763-346-3390

CRAFT DAY

Grab your craft and come on over. Whether you knit, crochet, color, draw, stamp, make cards, etc. We have room for you. You can socialize with other crafters, pick up a pointer or two, and maybe even start a new hobby.

Tuesdays from 1:00 - 3:00 pm

500 CARDS

Beginners 500 is for new players to learn the game. 500 is a trick-taking game with some ideas from Bridge. The game described here is for four players. The game is played over a series of hands. You win the game by earning 500 points or forcing your opponents to reach - 500 points.

Wednesdays and Fridays from 11:30 am - 2:00 pm

HAND & FOOT CARD GAMES

Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards - the hand, which is played first, and the foot, which is played when the hand has been used up. There are numerous variations of this game and no standard rules.

Thursdays from 1:00 - 3:00 pm

UPCOMING TRIPS

Register for social trips at the Central Square front desk, by phone 651-306-3632, or at communityed.sspps.org.

A SWEDISH CHRISTMAS

A trip to the American Swedish Institute, includes a traditional Swedish lunch, and tour of the Turnblad Mansion. Register by October 11.

Thursday, November 14

Bus departs Central Square at 9:00 am

\$98/person includes lunch, transportation, and tour

CHRISTMAS IN DULUTH

A trip to Duluth to tour the Glensheen Mansion and Bentleyville Tour of Lights. Lunch at Blackwoods Restaurant. Register by November 1.

Wednesday, December 4

Bus departs Central Square at 10:30 am

\$110/person includes lunch, transportation, and tours

WHITE CHRISTMAS

A trip to the Chanhassen Dinner Theater for lunch and a matinee performance of Irving Berlin's White Christmas. Register by December 13.

Wednesday, January 22

Bus departs Central Square at 10:15 am

\$110/person includes transportation and lunch/show