EDUCATION COMMUNITY



X

Connections • Opportunities

January- May 2025

Registration begins December 2





Embrace Lifelong Learning











REGISTRATION

3 Easy Ways to Register

Payment methods include: AMEX, Visa, MasterCard, Discover, & cash or check if registering in person. Refund deadline is 2 weeks prior to class start unless otherwise listed.

Online wm.ce.eleyo.com Convenient registration available 24/7.

By Phone 952-955-0280

Registration by phone when you charge your class to your credit card.

In Person 313 Angel Ave NW, Watertown MN 55388 Door 4.

Stop by our Community Ed Office Mon-Fri, 8 am-4 pm

Email Notifications & Announcements

Fill out your email and cell phone on your online user profile so we can send a confirmation, instructor or weather cancellation messages. We will never give your information to any other agency, it is strictly for the use by ISD 111 Community Education.

Sign Up Today! Many classes fill quickly

If classes have insufficient enrollment, the class will be canceled, so please sign up early.



Winter Fun for Everyone... Just look inside!

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Watertown Christmas, Senior Holiday Dinner, Santastravaganza, Holiday Tree Lighting, Easter Eggstravaganza, Watertown Library offerings

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Tech Academy online STEM classes, Dungeons & Dragons Club, RC Racing, Parent/Child cookie baking & Snowshoe Nature Hike, Coding Championship, Kidcreate & other art classes, Babysitting, Summer Youth Theater & Camp, Safe Kids, Blast Off Paint Bombs, Tae Kwon Do, Gymnastics, Party Packages Teen Activities, Special Olympics, ACT Prep, Driver Ed page 17-19, ABE page 24

Aquatics page 20-23

Lessons for Infants through Adults, WSI, Lifeguard Training & Certification, Lap Swim, Open Swim, Water Exercise, Intense Aqua Workout, Party Packages Elementary Swim Camp, Swim Into Excellence Offseason Camp

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ABE, New online cooking classes with Chef Tess Georgakopoulos, Online couponing, pet sitting & ChatGPT, Book Club, Paint Your Pet, Barn Quilts, Welding, Woodworking, Essential Oils, Wedding Dance Rescue, Piano, Guitar, Yoga, CPR, Nutrition Series, Nutrition & Health with Janice Novak, Recreation, Family Snowshoe Hike, Parent Child Cookie Baking SAIL free senior exercise program, Defensive Driving page 37 Trips page 38-39 Elementary Parent Support Group page 40, Magnifying Abilities page 45

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Watertown-Mayer Community Education Brochure - Published 3 times per year in March, August & December by Watertown-Mayer Public Schools, 1001 Highway 25 NW,

Watertown, MN 55388 - Volume 3, Issue 1

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Warm Winter Greetings!

As the season of winter settles in, we are reminded of the beauty and peace that comes with these colder months. It's a time for reflection, togetherness, and finding warmth in the connections we share. Whether through moments with loved ones, cozy evenings at home, or simply embracing the quiet serenity of the season, winter gives us a chance to pause and appreciate the simple joys around us.

As we journey through these shorter days and longer nights, let's take the time to extend kindness and warmth to those around us. Let's celebrate the spirit of community, supporting each other and spreading cheer wherever we go.

Wishing you all a safe, joyful, and peaceful winter season. May the months ahead bring you comfort, happiness, and a renewed sense of hope.

Stay safe, stay warm, and let's embrace the magic of winter together.

Amy Dimmler, Director of Community Education WM Public Schools





WM Community Education receives the top national award from NSPRA

The National School Public Relations Assoc Publications and Digital Media Awards recognize outstanding education publications and informational materials.

Our Spring Community Education Brochure received their top honor The Award of Excellence!

Watertown-Mayer Community Education Staff

Director- Amy Dimmler amy.dimmler@wm.k12.mn.us 952-955-0282

Secretary- Janine Knutson jknutson@wm.k12.mn.us 952-955-0280

Early Childhood Coordinator- Susie Retterath sretterath@wm.k12.mn.us 952-955-0290

Screening Coordinator- Kristy Phipps kristy.phipps@wm.k12.mn.us 952-955-0280

Child Care Coordinator- Michelle Hess michelle.hess@wm.k12.mn.us 952-955-0283

Aquatics Coordinator- Krisztina Artim-Platzer krisztina.platzer@wm.k12.mn.us 952-955-0280

Facility Coordinator- Tracey Taylor tracey.taylor@wm.k12.mn.us 952-955-0289



Community Education staff, pictured left to right Krisztina Artim-Platzer, Michelle Hess, Kristy Phipps, Amy Dimmler, Susie Retterath, Tracey Taylor, Janine Knutson

Community Education Office

313 Angel Ave NW, Watertown MN 55388

Office Hours: 8 am-4 pm, Mon-Fri 952-955-0280 / wmcommunityed@wm.k12.mn.us

Door 4 Community Education Office, Youth Classes,Young Royals Preschool, ECFE, Kids' Company & Caring Hands Child Care

Door 3 Evening ECFE Classes

Door 1 Adult Community Wing All Community Opportunities, Adult Enrichment, Fitness Classes & Community Lounge

WM Elementary School

500 Paul Ave, Watertown MN 55388 952-955-0300

WM High School 952-955-0600 **& Middle School** 952-955-0400 1001 MN 25 NW, Watertown MN 55388

District Office 952-955-0480 1001 MN 25 NW, Watertown MN 55388



Santa-stravaganza Sat, December 7, 9 am-Noon, Watertown City Hall

Ceremony

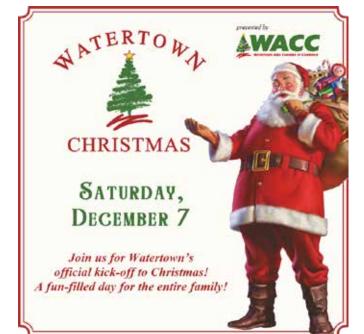
Sat. Dec 7

4:30-5:30 pm

Events

Bring the kids down to see Santa Claus and get their picture taken for free! There will be Reindeer Games Letters to Santa, Christmas Crafts and a chance to win a ride with Santa in his fire truck!

This is a free event and all kids are welcome!



Join us for Christmas music, hot chocolate and the arrival of Santa Claus on his Fire Engine Sleigh! There will be a holiday greeting and the lighting of the tree at 5 pm. This is a free event and all are welcome! Sponsored by the Watertown Area Fine Arts Council (WAFAC)

Watertown Library Events & Activities

See page 49 for a list of all program offerings. To register for classes, please visit www.carverlib.org or call 952-955-2939.



ECFE Holiday Trim the Tree Age 2 1/2-5

We will begin this event with a short circle time with holiday songs and a story. Next, you will choose a spruce tip from the ECFE tree lot and start creating special ornaments to decorate your mini tree. Please bring an empty container for your tree, the size of a 3 lb coffee can. We provide all the materials needed for the decorations. Registration deadline November 21.

Early Childhood Teacher

Thu, Dec 5 \$15 per child 6-7:30 pm WM Comm Learning Ctr Door # 3

👂 Easter Eggstravaganza

Sat, April 19 9 am-12 pm

A Fun FREE event for all ages at the Watertown **Community Center!**

Pictures with the Easter Bunny, Cookie Decorating, Coloring Contest, Crafts and More!

Early Childhood Events

Registration requested for all events to assist with preparation and planning All activities are held at Watertown Mayer Community Learning Center



Join us for these Free Activities Sponsored by WM Early Childhood Advisory Council

Winter Sledding On the Hill Sat, Jan 25

Join us on "the hill" at the Community Learning Center for a morning of sledding! Bring your family, along with your own sled. We will provide the hot chocolate and a treat! It is a great time to connect with your friends and embrace the cold!

FREE 10-11 am

Storybook Lane Sat, Feb 22

Back by popular demand! Take a stroll down storybook lane dressed in your favorite storybook character! The ECFE and Young Royals classrooms will be prepped with literacy activities and projects. There will be a book exchange held in room 210, we welcome you to bring a book and exchange it for a different book. 9:30-11 am Door # 3

Kids' Stuff Sale Sat, April 12 8-11 am

Time for the Spring Sale! Located at the WM Community Learning Center (WM CLC)! Come check out the clothing, toys, books, games and equipment! Mark your calendars!

Kick Off to Summer! Wed, May 21

Join us for the annual end-of-school-year celebration and kick-off to the summer party. There will be games, laughter, music, and ice cream treats! Fun for the whole family.

6-7:30 pm Door #7

Family Activities for All Ages

Thursdays, 4:30-5:30 pm & 6-7 pm

\$15 per family per session

Snow Much Fun Jan 9

This mini-session is all about Minnesota winters! Snowflakes, snowmen, and snowglobes are all part of the fun!

Hearts All Around Feb 13

During this class, families will share their love for each other and for friends by creating special Valentine's projects together.

Obstacle Course in the Gym March 13

Run, jump, crawl, skip, and march through this fun family event! Get ready to move your muscles.

Colors of the Rainbow April 3

We will use the colored parachute, sing songs about colors, play color bingo and search for the pot of gold at the end of the rainbow!





Early Childhood Family Education-ECFE

A unique parent-child education program for all families with children ages birth to kindergarten

Classes are fun and affordable for families offering both daytime and evening classes. ECFE is a great place to meet other families with children the same age. Spend quality time with your children and receive parent support and information.



WHY TAKE AN ECFE CLASS?

Learning Together

In the children's classroom, parents and children have time to play and learn together. You can choose from many planned activities designed just for you and your child. Learn new ideas for activities to do at home. This time together is planned by a licensed early childhood teacher.

Purposeful Play for Children

Children enjoy learning activities planned by a licensed early childhood teacher. Activities are designed for children to learn through play with their peers. The goal is to help children develop a healthy self-concept and a love for learning.

Connecting With Others

While children are learning with their teachers, parents join together in an informal group setting for a discussion time led by a parent educator. The group discusses current family topics, share ideas, learn more about their child's development, and benefit from feeling connected to parents.

ECFE OFFERS...

- Fun, affordable classes for families with children birth to five years old
- Daytime and evening classes
- Quality time with your child
- A great place to meet other families with children the same age
- Parent support and information
- Fun learning activities for your child
- Lasting friendships

Classes are held at the Community Learning Center in Room 203 Parent Ed & Room 204 ECFE Classroom Enter door 4 for daytime & door 3 for evening classes

6 Register online at wm.ce.eleyo.com

ECFE Parent/Child Sliding Class Fees

Please use the table below to determine your fee category for ECFE classes.

ECFE Class Fees based on vearly total family income

,, ·, ·	
Under \$20,000	Fee Waived
\$20,000 - \$49,999	Fee A
\$50,000 - \$74,999	Fee B
\$75,000 and above	Fee C

No one will be denied participation due to an inability to pay. Please call our office at 952-955-0280 to inquire.

Sibling Care Fees

See Sliding Fee income guidelines above for ECFE Parent/child Classes. Sibling care is per class fee. If your children attend different classes a fee will be assessed for each class period.

Under \$20,000 - Fee Waived

Sib Fee A

1st child \$30 / each additional child \$20

Sib Fee B

1st child \$40 / each additional child \$30

Sib Fee C

1st child \$50 / each additional child \$40



REGISTRATION Register at ce.eleyo.com

See page 2 for registration procedures. Refund deadlines are 2 weeks prior to class start date unless noted otherwise.

A \$5 processing fee per participant will be withheld from all refunds.





Coffee Chat Connections

Whether you choose a Thursday afternoon pick me up or a Friday morning perk, this hour is an opportunity for you to learn more about your child/ren while at the same time taking care of you! Take time to relax, talk, and enjoy coffee with other parents/caregivers. A licensed Parent Educator will assist with leading discussions. Child care is free, however, for staffing purposes, preregistration is required the Wednesday before the date you wish to attend. This FREE class is made possible through a grant from the United Way.

Thu, 4:30-5:30 pm Fri, 8:30-9:30 am Free

Screen Time What are the experts saying? Thu, Feb 27 Fri, Feb 28

Emotional Regulation for Caregivers/Parents

Gain insight on regulating emotions that pop-up in our everyday lives while raising children. Thu, Mar 20 Fri, Mar 21

Supporting Risky Play Hear the benefits of allowing children to experience risky play. Thu, Apr 24 Fri, Apr 25

Gear Up for Summer

We will share ideas to help make summer fun! Thu, May 15 Fri, May 16

Early Childhood

Help Me Grow Early Intervention Services

Help Me Grow connects Minnesota children with developmental delays and disabilities and their families to early intervention services. If you are concerned about a child's development, you can refer the child through Help Me Grow for a free screening or evaluation. Services are free to eligible children ages birth-5, regardless of income or immigrant status.

To refer a child, visit *helpmegrowm.org* or call 866-693-GROW (4769). Interpretation services are available for referrals by phone.

ECFE/Young Royals Advisory Council

Help us plan and organize events and make decisions for improvement of both the ECFE and Young Royals Preschool program. Meetings are held the second Monday of the month, 6:30-8 pm. FREE childcare is available. You can have a direct impact on your child's early childhood experience. The current council members represent the working parents, stay at home parents, school board and the business community. For more information call 952-955-0280 or wmcommunityed@wm.k12.mn.us.



ECFE Classes

All classes are held at WM Community Learning Center in rooms 203 & 204, Enter Door #4. Fees are per child unless otherwise listed. Registration is required for sibling care. See fee scale on page 6.



Baby & Me 0-12 months Free Class

Play together while learning more about your baby. Parents and babies stay together the entire class time.

Parent Educator

 Wed, Jan 8- Mar 12
 8:30-9:30 am
 10 Sessions

 Wed, Apr 9-May 7
 8:30-9:30 am
 5 Sessions

Bring along any "security" item for the following classes to make your child feel more comfortable during separation time.

Busy Ones 12 months

Mon, Jan 6-Mar 10 8:30-9:45 am No Class Jan 20, Feb 17 8 Sessions Fee per child A \$112 B \$128 C \$144

Mon, Apr 7-May 5 8:30-9:45 am 5 Session Fee per child A \$70 B \$80 C \$90

Busy Ones & Twos 12-24 months

Mon, Jan 6-Mar 10 10-11:15 am No Class Jan 20, Feb 17 8 Sessions Fee per child A \$112 B \$128 C \$144

Mon, Apr 7-May 5 10-11:15 am 5 Session Fee per child A \$70 B \$80 C \$90

Terrific Twos 24 months

Tu, Jan 7-Mar 11 8:15-9:30 am 10 Sessions Fee per child A \$140 B \$160 C \$180

 Tu, Apr 1-May 6
 8:15-9:30 am
 6 Sessions

 Fee per child
 A \$84
 B \$96
 C \$108

Discovery Time 1-5 years

Tu, Jan 7- Mar 11 4:30-6 pm 10 Sessions Fee per family A \$140 B \$160 C \$180

Tu, Apr 11-May 6 4:30-6 pm 6 Sessions Fee per family A \$84 B \$96 C \$108

Mini-Royals 2¹/2-4 years

Mini-Royals a unique blend of parent-child time and peer group interaction offering an introductory preschool experience. Tuesdays is a child-only day and Thursdays is a parent/ child day. Sibling Care Available Thursday only

Jan 7-May 8 No class Mar 25, 27, Apr 10 33 Sessions Fee per child A \$300 B \$350 C \$400 Tu 9:45-11:45 am Child Only Day Th 9:45-11:15 am Parent/Child Day



Early Childhood Screening

All children should be screened before kindergarten See page 47 for details & screening dates





For more information, visit wm.ce.eleyo.com or call 952-955-0280 9



KIDS' COMPANY & CARING HANDS CHILD CARE



Providing a safe, caring, enriching and recreational environment.



INFANT/TODDLER 6 weeks-32 months



PRESCHOOL AGE 33 months through 1st day of kindergarten



SCHOOL AGE CARE **Entering Kindergarten** through 6th Grade





Registration Summer 2025 & School 25-26 **Opens March 3, 2025**

Michelle Hess, Coordinator

 952-955-0283
 🖄 michelle.hess@wm.k12.mn.us



Youth

Academics & STEM

Home Technical Requirements Tech Academy:

- 1. Computer: PC (Windows 7 or later) or Mac (OSX) with at least a 2GHz processor & 4GB of RAM
- Chromebooks, tablets & phones typically DO NOT Work 2.
- 3. Internet: Broadband Internet
- 4. Webcam, Microphone and Speakers
- 5. Zoom Installed on Computer
- Should be comfortable using PC, mouse & keyboard 6.
- Video instructions will be sent prior to class 7.

Minecraft Mod Development Custom Sword Grade 2-6



For Minecraft enthusiasts that want to learn how to create their own custom sword. Learn how to make mods! Students will need to have Minecraft and mod creation software (free download) installed prior to class.

585TA-W1 10-11:30 am Sat, lan 4 \$32

Multiplayer Minecraft Theme Park Builder Grade 1-5

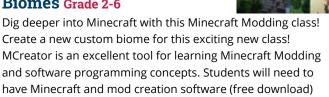


Work as a team to create a custom theme

park in Minecraft. Use creative and Redstone to create this world! Projects include roller coasters, water rides, a trampoline park, an obstacle course, a boat race, bumper boats, a dunk tank, and many more rides and attractions! Students will get a copy of the world map to take home and expand on.

585TA-W2 Thu, Jan 9 \$37 6-8 pm

Minecraft Mod Development Biomes Grade 2-6



585TA-W3 Wed, Jan 22 \$37

installed prior to class.

6-8 pm



Survival Challenge in Minecraft: Team up & Survive in our multiplayer world. Explore the unknown and join other Survival enthusiasts to overcome challenges, complete quests on our server.

Tech Academy Virtual Classes

Intro to Video Game Design with Nintendo Characters Grade 2-6



Create YOUR OWN VIDEO GAME! Love video games? Choose your storyline with popular Nintendo characters as your stars. Add challenges and difficulty levels.

585TA-W5 Tue, Feb 18 \$37 6-8 pm

Extreme Coding **Artificial Intelligence Grade 3-6**



Dive into more advanced computer science topics, including augmented reality, artificial intelligence, and machine learning. Computers are getting smarter every day due to advances in machine learning algorithms. Coders can teach computers to recognize faces, play games, and find patterns. In our class, we will create a chatbot, Rock Paper Scissors game, and more.

585TA-W6 Sat, Mar 1 \$37 9-11 am

Game Coding Grade 1-4

Don't Just PLAY games. CREATE them! All new games and characters! Create and learn to modify our arcade-style games using Scratch. Scratch is a programming language, developed by MIT.

585TA-W7 Wed, Mar 5 \$32 6-7:30 pm

Game Coding: Mario Kart Grade 3-6

In this class, we introduce students' programming concepts using Scratch. Scratch is a drag-and-drop creative coding platform developed by MIT. Students will be instructed to make a Mario Kart - style game. Then pick custom characters, track to customize their games.

585TA-W8 Tue, Mar 11 \$37 6-8 pm



Engineering in Minecraft Grade 3-7

This course introduces students to Minecraft circuit-building and engineering concepts using Redstone. We will build 2-3 electrical contraptions in this course.

585TA-W9 Thu, Mar 20 \$37 6-8 pm

Dungeons & Dragons 101 with Character Creation Grade 1-6



What's it like to play Dungeons and Dragon? Dungeons and Dragons, a timeless game of fantastical elements such as magic, mythical creatures, and fairies, offers great opportunities to develop problem-solving skills, team-building abilities, and creative thinking that cannot be replicated elsewhere. Start by learning its basics, creating your own character, and embarking on an amazing role playing game.

585TA-W10 Wed, Apr 2 \$39 6-8 pm





Code Championship Tournament Series | Virtual Computer Coding Competition for Grade 3-9

Build a computer bot to play head-to-head against other coders! Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to explore the competitive coding world of Code Championship. No previous coding experience necessary. The Code Championship Series is a series of four tournaments in four weeks (it's OK to miss one or two). These tournaments will be hosted online using Google Meet and the Code Championship website. If you have a modern browser like Chrome or Firefox, no additional download is required. Please come knowing how to navigate the internet (basic typing and mouse control). The link to the Google Meet event will be emailed two days before the tournament. Promotional Videos/Pictures: https://www.codechampionship.com/gallery/

Code Championship Staff

585Code – Sp1 4 Sessions \$70 Apr 19, 26, May 3, 10 9-11 am Virtual Class (Google Meets)



Blast Off Paint Bombs 4-9 years

Get ready for an explosive and colorful good time in this popular class! Kids will create paint bombs that make a messy, exciting explosion. Count down from three, two, one, and watch your artwork come to life with a burst of color and fun. Please pack a nut free snack and drink for your child.

KidScientfic

585KCS-W1 Mon, Mar 24 \$45 9 am-12 pm WM Comm Learning Ctr

HEALTH & SAFETY

Participants must be able to follow a series of directions, verbally communicate with peers and instructors, and be able to collaborate with their peers.

Safe Kids 101 Age 8-12

Does your child want to stay home alone after school? Get them trained with Safe Kids 101 and both of you will feel more confident about their safety at home and in the community. This is a fun way of learning important safety principles for emergencies your children could come across while home alone. Please indicate any food allergies while registering. Topics include: answering the door or the telephone, basic first aid, burns, wounds and bandaging, poisonings, choking emergencies, storm and fire emergency training, dog emergencies, stranger danger, as well as fun, safe activities to do while home alone. Create fun, healthy – safe snacks!

Shelly Nahn, RN, BSN, PHN

585SK Sat, Apr 12 11:15 am-1:15 pm \$40 WM Comm Learning Ctr



Babysitting Safety Instruction & Certification Age 11+

Boys and girls will get skill training and information necessary in caring for infants and children in the American Health and Safety Institute accredited program. This program will teach the importance of responsibility, recognizing emergency, emergency action steps, personal safety, fire and water safety, infant/child basic care, responding to an unconscious victim, CPR, choking management, and basic first aid. Upon successful completion, participants will earn a babysitting safety certification card. Please bring a pen, paper, snack and beverage.

Shelly Nahn, RN, BSN, PHN 585Baby Sat, Apr 12 8-11am \$55 WM Comm Learning Ctr

Youth

COOKING, ART & THEATRE



After School Painting Grade 5-8

Calling middle school students interested in free time to explore art materials and creativity. This relaxed and open-ended environment will be perfect for fostering creativity using a variety of available art materials.

Emily Victory

585EV-F1Mon, Jan 27, Feb 3 & 10WM High School Art Room3 Sessions3-4:30 pm\$12 per session or \$30 All 3 sessions

Willy Wonka's Chocolate Room Age 4-9

Are you ready to dive into the sweet and magical world of Willy Wonka? Let's bring Willy Wonka's chocolate factory to life! Each child will have the chance to design and build their very own chocolate room scene using frosting and a wide variety of sweets. From lollipops to gummy bears, the possibilities are endless! Please pack a nut free snack and drink for your child.

Kidcreate Studio classes are designed to improve self-esteem, social skills, artistic abilities and the likelihood of success.

585KC-W1 Mon, Jan 20 \$47 9 am-12 pm WM Comm Learning Ctr

April Fools with Kidcreate Studio Age 4-9

We'll get simply silly as we celebrate April Fool's Day by creating some unbelievably hilarious craft pranks. Please pack a nut free snack and drink for your child.

Kidcreate Studio

585KC-W2 Mon, Mar 31 \$45 9 am-12pm pm

Also check out Blast Off Paint Bombs on page 12

Cookie Monsters Adult & Child age 6+

Kids and their favorite adult and cookies... what a terrific combination! Designed for kids age 6 and up, you will create and take home 6 kinds of cookies. Rolled Sugar Thins will be ready for kids to paint and original designs using food coloring and paint brushes. Kids and adult helper will mix, shape and bake the famous Peanut Butter Balls. Already mixed and ready for shaping will be Chocolate Mint, Pepper nuts, Sugar Drops to be dipped in assorted sprinkles and finally multi-colored Spritz cookies. Bring containers to transport your cookies home to enjoy immediately or freeze them.

509-0301 Sat, Mar 1 9 am-12 pm \$30 + \$16 food fee to be paid to instructor (Adult & Child Pair)



Winter Theatre Camp: Taste of SYT Grade 2-4

Camp is geared towards children grades 2-4 - regardless of whether or not that child has experience on stage. We will play games and practice short scenes and musical numbers to learn about stage presence, projection, diction, choreography, and more! This is a great camp for anyone, but especially those interested in joining Summer Youth Theatre!

Hannah Rosholt is the director of Watertown-Mayer's Summer Youth Theatre and has been working with youth on stage for almost 20 years. She draws on her experiences as a music teacher and mindfulness guide to bring out confidence and enthusiasm from each child.

585SYT-W1Tues, Jan 7, 14, 21, 28, Feb 45 Sessions3-4:15 pmFor more info regarding Summer Youth Theatre, see page 14

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Summer Youth Theatre 2025 presents Pirates

Registration opens March 10 at 6 am Grade 3-8 (2024-25 school year) Spots fill quickly All participants are waitlisted and will be accepted based on availability, priority to previous participants Team of Directors: Hannah Rosholt, Jake Rosholt, Nikki Hunkins



ABOUT SUMMER YOUTH THEATRE

A staple of Summer Youth Theatre (SYT) is original scripts and music. New musicals are written each year to remain timely and relevant, and older participants contribute to the script with ideas and feedback.

This program is an opportunity for young people to experience the many facets of theater. Participants will learn about aspects and techniques of producing a major production, experience performing before an audience, gain an understanding of discipline and responsibility, experience how individual cooperation affects the success of the whole group, and enjoy the rewards of group and personal achievement.

Parts will be assigned after the first two rehearsals, so there is not a traditional audition process and no actors are cut. A commitment to the rehearsal schedule and parental involvement is expected.

Parents are required to donate a minimum of two hours volunteer work to help with the production.

ABOUT THE PLAY This year's play will be all about pirates! Climb aboard and join us in the search for hidden treasure! The official show title and plot will be posted on the Summer Youth Theatre website in February 2024. Please each out to Hannah Rosholt with questions or concerns. hannah.rosholt@wm.k12.mn.us



Rehearsals

All rehearsals are at the Performing Arts Center at W-M High School, unless otherwise announced at rehearsal. Schedule and is subject to change. No rehearsals June 19 (Juneteenth) and June 30-July 4.

Mon-Thu June 9-26 9:30-11:30 am Mon-Fri July 7-24 9 am-12 pm

Family Meeting

All families will be required to attend a kick-off meeting. Families will be able to choose from virtual or in-person. The meeting is typically the Sunday or Tuesday before auditions in the evening. The exact meeting date and time will be sent out upon acceptance into the program.

Part Auditions

Auditions held at the High School Performing Arts Center (PAC) or Cafeteria 9:30-11:30 am. Please watch for signs. Attendance is required at BOTH audition days. Auditions are simply to cast a role. No students are "cut" in our process.

Wed & Thu June 4 & 5 9:30-11:30 am

Attendance Policy

Participants cannot miss more than four rehearsals total and no more than one rehearsal after the 4th of July. Attendance is mandatory the final week of rehearsals and all performances. Parents are required to donate a minimum of two hours volunteer work to help with the production.

Performances

Thu-Sat, July 24-267 pmSun, July 272 pmWatertown-Mayer Performing Arts Center

Fee is \$150 paid at registration time

Registration includes a t-shirt and DVD. All potential participants must complete a schedule survey with conflicts prior to being accepted into the program.

REGISTRATION NOTE

Registration is open to the first 50 participants who meet the age requirement and can commit to the rehearsal schedule. Registration typically fills up within 12-24 hours and may be closed after the first day. When registering you will be placed on a waitlist. Priority given to past participants. You will be moved from the waitlist once you are accepted to the program. Once accepted into the program there are no refunds due to the high number of participants.

Youth

RECREATION & SPORTS



Snowshoe Nature Hike at Lake Waconia Regional Park Open to adults and children ages 8+

Children 12 and under should participate with a registered adult. See nature in a new way by getting out into the woods in the winter! Follow deer paths through the pine trees and learn about winter ecology from our trained instructors. No need to worry about inexperience—we have the equipment and expertise to get you exploring the snowy landscape. This program is offered in partnership with Carver County Parks.

Carver Co Parks Staff 509CC Sun, Jan 19 11 am-12 pm \$12

Tae Kwon Do Age 7-Adult

Participants of all ages can benefit from this traditional Korean martial art. This is a great class for parent and child. No previous athletic experience is required. Our class offers students a well rounded training program to develop mind, body and spirit. Along with the physical and mental benefits of training, students will learn effective self defense techniques, develop self confidence, discipline, fitness and total health. Please wear comfortable clothing. Uniforms and gear can be purchased through the instructor.

The instructor Master Dain Dreska has been training and teaching at Quantum Martial Arts with Grand Master Fred Baker

Mon 6-7 pm WM Comm Learning Ctr Door # 1, Auditorium				
585TKD-W1	Jan 6-27	4 Sessions	\$45	
585TKD-W2	Feb 3-Mar 3	4 Sessions	\$45	No class Feb 17
585TKD-W3	Mar 10-31	4 Sessions	\$45	
585 TKD-Sp1	Apr 7-28	4 Sessions	\$45	
585 TKD Sp2	May 5-19	3 Sessions	\$34	



Held at WM Comm Learning Center. Participants can use RC Cars provided or use their own on approval.

Intro to RC Car Racing Grade K-8

Interested in RC Cars? Want to try racing them on a track? Then come join us as we explore what makes them work and get to try them out. Participants will leave with a better understanding and get some time testing out their driving skills on a few different types of RC Cars.

RC Racing Staff 585Cars-W1 Thu, Mar 20 \$25 6-7 pm

RC Car Racing Grade 8-12

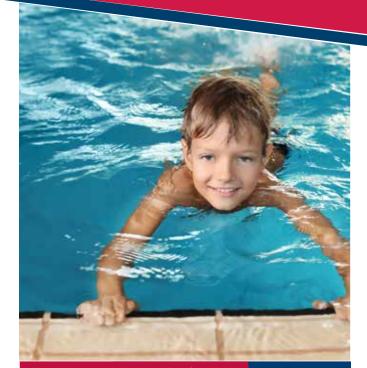
Want to drive RC Cars on a track? Then come join us and you can test your driving skills on a few different types of RC Cars.

 RC Racing Staff

 585Cars-W2
 Thu, Mar 20
 \$25
 7:15-8:15 pm







Watertown-Mayer Community Education Gym & Pool Party Packages 2024-2025

PACKAGE DETAILS

- 2 hour package for up to 15 children and 5 supervising adults.
- Access to the gym or pool and additional space for social time.
- Party Agreement and payment is required at time of booking.
- WM staff available for general supervision.
- Clean up is the responsibility of the group.
- Groups are required to follow guideline in package agreement.

To schedule a tour please contact the WM Comm. Ed Office at 952-955-0280.

- Gym Games available ask about availabilty at time of booking.
- Pool toys, noodles & lifejackets may be brought in.
 - Floaties are not permitted

PACKAGE FEES

Package Information	<u>Gym</u>	<u>Pool</u>
2 hour Package	\$95	\$105
Add up to 15 participants	\$40	\$50
Additional time per hour	\$25	\$30

Failure to sign agreement and pay within 7 days of request will cancel your package.

CONTACT US TODAY

- wmcommunityed@wm.k12.mn.us
- www.ce.eleyo.com
- 💡 313 Angel Ave. NW, Watertown



Party Packages

Looking for a space to host a party or gathering? Use the pool, gym or lounge for a terrific party experience! You bring the cake, ice-cream, and other food/ non-alcoholic drinks and we'll provide the facility. See page 46 for more details.

KIPS Gymnastics

Girls Grades K-6

All activities held in WM High School Auxiliary Gym



Kips Gymnastics has been in existence since 1988. Program Director, Steve Hangartner, is the Watertown-Mayer Mound-Westonka Head Varsity Coach (1987-present). He has led 20 different teams to the state tournament, taking first place in 2021 and 2022.

After School Bus to the High School Available

Students in 3:20 pm classes may take the designated bus from the elementary school to the high school. Make sure to contact KOCH Bus Company prior, to identify the correct bus and ensure space is available. Please provide a note to the bus driver and teacher to ensure your student rides the correct bus on the day of class.

Class Levels

divided according to age and skill level

Rollers beginning level Advanced Rollers advanced beginners Springers intermediate Advanced Springers advanced intermediate Aerials advanced

Rollers and Advanced Rollers

506Roll-W1	Mon, Ma	r 10–Apr 21	No class Mar 24, 31
5 Sessions	\$75	3:20-4:20 pm	
506Roll-W2	Mon, Ma	r 10–Apr 21	No class Mar 24, 31
5 Sessions	\$75	4:20-5:20 pm	
506Roll-W3	Thu, Mar	13–Apr 17	No class Mar 27
5 Sessions	\$75	3:20-4:20 pm	
506Roll-W4	Thu, Mar	13–Apr 17	No class Mar 27
5 Sessions	\$75	4:20-5:20 pm	

Advanced Rollers, Springers, Advanced Springers, Aerials

*Must pass the Roller level to take these classes

 506Adv-W1
 Wed, Mar 12–Apr 16
 No class Mar 26

 5 Sessions
 \$150
 3:20-5:20 pm

 506Adv-W2
 Fri, Mar 14–Apr 25
 No

 5 Sessions
 \$150
 3:20-5:20 pm

No class Mar 28 & Apr 18









Special Olympics Minnesota

Watertown Mighty Rapids Age 8-Adult

All athletes must be registered with Special Olympics MN prior to the first day of practice. For more information email wmightyrapids@gmail.com.

Participants will be divisioned by Special Olympics Minnesota based on ability level and age to give them a competitive experience. These sports offer a Unified option that gives individuals both with and without intellectual disabilities a chance to compete on the same team.



509SOMN-F2Tue, Dec 3-Mar 4No practice Dec 24, 3112 Sessions\$106-7 pmWM Elementary School Gym



Magnifying Abilities Upcoming Activities

Card-Making and Cocoa Celebrate Earth Day!

See page 45 for details



TEEN OPPORTUNITIES



WSI & Lifeguard Certification Get your certification & get a job!

Visit www.redcross.org for available classes. When you obtain a Lifeguard or WSI Certificate apply online at https://www.wm.k12.mn.us See page 22 for more details

Also check out CPR, AED & First Aid Certification on page 36



Swim into Excellence Off-Season Camp Grades 8-12

Enhance your skills and stay sharp after the regular season ends with our High School Swimming Training Camp. This exclusive camp offers four dynamic sessions designed to keep you in top shape and refine your technique. See page 23



Dungeons & Dragons Club Grade 5-12

A club for students of all ages to gather and create stories together using Dungeons and Dragons 5e rule set. Students will have the opportunity to create characters, role play, problem solve, and practice communication skills in a group setting. *Led by Ian Chalmers*

WM Middle School Royals Commons

585DD-W1 Tue, Jan 7-Mar 18 11 Sessions \$110 3-4:30pm

 585DD-Sp1
 Tues, Apr 1-May 20

 8 Sessions
 \$80
 3-4:30 pm

Virtual Code Championship Engineering in Minecraft

See page 11 & 12 for details and additional offerings

Summer Youth Theatre

See page 13 & 14 for details.

RC Car Racing Grade 8-12

Want to drive RC Cars on a track? Then come join us and you can test your driving skills on a few different types of RC Cars. See page 15.

Tae Kwon Do Age 7-Adult

Our class offers students a well rounded training program to develop mind, body and spirit. See page 15 for details.

Get your Diploma!

Earn your GED... If you are 17 or 18 years old and are not currently enrolled in high school, you must apply for an age waiver before testing. An ABE teacher can assist you with the process. See page 24 for details

Youth

ACT Advantage Prep Courses

for Sophomores, Juniors & Seniors

Advantage Educational Programs prepare students for the ACT Exam.

Course options offered at Watertown-Mayer

- Virtual Zoom: The Virtual ACT Prep Course is formatted exactly the same as the In-Person ACT Prep Course, except it takes place in an online classroom. The course includes diagnostic testing, instruction in time management, overcoming test anxiety, science reasoning, English strategies and review, essay writing, reading comprehension, and math strategies and review. Advantage instructors teach and interact with students in a scheduled online class and are available to answer questions if needed. The fee for this course is \$180. Internet connection and access to a computer or laptop is required for this course option.
- Online (Self-Paced): ACT Prep Course for students preferring to prepare for the exam on their own schedule and at their own pace. Once enrolled, students are sent an access code via email and can access the course at any time. The fee for this course is \$80.
 Students may repeat this course at no charge until graduation from high school.

Courses are designed for students who want to maximize their ACT exam score, as well as for those who feel uneasy about their test-taking skills or who have previously taken the exam and aren't satisfied with their results.

For more information visit www.AdvantagePrep.net or call 1-800-521-3177. For test site information for the ACT exam, visit the ACT website at www.ACTstudent.org

Advantage Prep Instructors

Virtual Zoom Session

 4 Sessions
 \$180
 9 am-12pm

 585ACT-929
 Sat, Jan 25, Feb 1, 8 & 22 (No Class Feb 15)

 585ACT-930
 Sat, Mar 8, 15, 22, 29

 585ACT-931
 Sat, Apr 26, May 3, 10,17

Self-Paced Online 585ACT-888 \$80





Driver Education Traffic Safety Education

Westonka Driving has been successfully servicing western Hennepin, Carver and Wright counties for over 30 years. We work closely with four school districts that include Orono, Delano, Watertown Mayer and Mound Westonka. The classroom portion of drivers education is run through the Community Education programs of each individual school. There are links to each of those schools websites on the Services page of this website. Watertown Mayer students can get blue card by contacting Rob Illies at 952.237.5971 or westonkadriving@gmail.com

Classroom Driver Education Traffic Safety Education

Ages 14+ (must be 15 to take written test)

This course will offer instruction in all areas of content needed for the driving task and driving related issues. This program meets the MN State required 30 hours of classroom instruction. A certificate of completion of Classroom Driver Education will be distributed at the end of the class. The Certificate of Completion must be submitted as proof of completion of class when you register for a Behind the Wheel program. Please note each class is 3.25 hours (includes a 15 minute break). A make up day is available by attending a class in a nearby community.

Rob Illies, Westonka Driving School

5073-W1 Mon-Fri March 3-14 10 Sessions \$129 3-6 pm

Behind the Wheel Instruction

After the completion of the classroom instruction, students may register with any Behind the Wheel Driver's Education Program of their choice. There is an additional cost for Behind the Wheel. Students will receive a blue card from the Behind the Wheel instructor, which will enable them to take the written permit test at the state exam station. Registration for Behind the Wheel instruction is required before taking the written permit exam.

Our Aquatics program provides opportunities to learn to swim, swim to stay fit, and engage in family fun.

Watertown-Mayer High School Pool, 1001 Highway 25 NW in Watertown, Enter Door 1

WM Community Education offers a comprehensive, year-round water instruction program to community members 6 months of age to adult. Aquatics opportunities include a wide range of activities including American Red Cross Learn to Swim Lessons, fitness, lifeguard training, and certifications, open swim, private lessons and group rentals.



Open Swim

Students 12 and under must be accompanied by an adult. Swimmers, who have passed Level 2 swim lessons, may swim independently in the water. There are bleachers for non-swimming parents/ guardians to watch. Exact change needed or by a pass by calling 952-955-0280. First come, first serve. Maximum of 25 swimmers.

560OS-W1 Sat, Jan 18-May 24 12-2 pm 17 Sessions No swim Mar 29 & Apr 19 17 Sessions - \$65 / 10 Sessions - \$45 Drop in \$5 per person / \$15 per Family

Parent & Child 6 months-4 years

Enjoy swimming with your child and learn fundamental safety and aquatic skills. Aquatic activities provide experiences to help children become comfortable with the water. Explore with assistance - blowing bubbles, submersion of eyes, nose and/or mouth, floating on front and back, changing body position in the water, arm and leg movements and more. Introduction to life jacket and water safety topics.

Preschool 1 - Introduction to Water Skills Age 4-5

There are no prerequisite skills for this class. Preschool swimmers learn to feel comfortable in the water and enjoy the water safely. Fundamental aquatic skills are taught to develop good swimming habits and safe practices in and around the pool. Water safety, life jacket use, and development of safe practices around the water. Skill development includes: Blow bubbles and submerge face, Float on front and back with support, Basic water safety rules.

Preschool 2 - Fundamental Aquatic Skills Age 4-5

Prerequisite: Students must have completed Preschool Level 1, practice skills independently or have equivalent skills. Children will build upon previous skills learned. Water safety, life jacket use, and development of safe practices around the water. Skill development includes: Submerge the entire head, Float and glide on front and back, Swim on front 3 body lengths, Roll over front to back, back to front.

Preschool 3 - Stroke Development Age 4-5

Prerequisite: Students must have completed Preschool Level 2, ready to learn and practice skills independently or have equivalent skills. Children will build on skills learned in Preschool Level 2 through additional practice with increased emphasis on distance, times and deeper water. Continuation of water safety, life jacket use, and development of safe practices around the water. Skill development includes: Jump into deep water, Submerge and retrieve an object, Swim front crawl and back crawl for 5 body lengths, Tread water, survival float and back float for 15 seconds.



American Red Cross Youth Swim Levels

Students must have completed the previous level or have equivalent skills to move to the next level.

Level 1 Introduction to Water Skills Age 5+

Learn water safety awareness and basic aquatic skills. Skill development includes: Blow bubbles and submerge face, Float on front and back with support, Swim on front and back with support, Basic water safety rules.

Level 2 Fundamental Aquatic Skills Age 6+

This level marks the beginning of locomotion water skills. Students perform skills without assistance and develop arm and leg action to build a foundation for future aquatic stroke development. Skill development includes: Submerge entire head, Swim on front and back 5 body lengths, Roll over front to back, back to front, Float and glide on front and back.

Level 3 Stroke Development Age 7+

Level 3 will build on Level 2 skills by providing additional guided practice in deeper water with increased distance and times. Skill development includes: Jump into deep water & tread water 30 seconds, Diving from a sitting and kneeling position, Rotary breathing, Front crawl, back crawl, elementary backstroke, sidestroke 15 yards, Swim using the dolphin kick for 3-5 body lengths.

J

Aquatics



Level 4 Stroke Improvement Age 8+

Students improve skill level learned in Level 3 Endurance practice for front crawl, back crawl, elementary backstroke, side stroke, and breast stroke. Skill development includes: Swim front crawl and elementary backstroke for 25 yards each, Swim sidestroke, back crawl, breaststroke and butterfly 15 yards, Perform open turns on front and back. Perform a feet-first surface dive and swim underwater.

Level 5 Stroke Refinement Age 9+

Students refine performance of all aquatic strokes and increase endurance. Skill development includes: Perform a long shallow dive, Perform tuck and pick surface dives, Perform flip turns, Swim front crawl and elementary backstroke for 50 yards, Swim butterfly, back crawl, breaststroke, and sidestroke for 25 yards.

Level 6 Swimming & Skill Proficiency Age 10+

Students practice aquatic skills with more ease and efficiency. Improve distance swimming and endurance. Skill development includes: Swim front and back crawl for 100 yards, Swim butterfly, elementary backstroke, breaststroke and sidestroke for 50 yards, Perform flip turns while swimming , How to use lap swimming equipment (pull buoy, fins, pace clock,paddles), Calculate target heart rate and develop individualized workout.

SWIM CLASSES



All classes are 7 Sessions Parent Child \$80, Preschool Levels 1-3 \$82, Levels 1-6 \$84 Missed classes can not be refunded or pro-rated. \$5 processing fee withheld for all canceled classes.

Session 1	Wed, Jan 8-	Feb 19
Parent & Child	d PCW1	5:15-5:45 pm
Preschool 2	PL2W1	5:50-6:25 pm
Preschool 3	PL3W1	5:50-6:25 pm
Level 1	L1W1	6:30-7:10 pm
Level 3	L3W1	6:30-7:10 pm
Level 2	L2W1	7:15-7:55 pm
Level 4	L4W1	7:15-7:55 pm
Session 2	Sat, Jan 18-	-Mar 8 No Class Feb 8
Parent & Child	d PCW2	9:30-10 am
Preschool 3	PL3W2	10:05-10:40 am
Level 2	L2W2	10:50-11:30 am
Session 3	Wed, Mar 5-	Apr 23 No Class Mar 26
Session 3 Parent & Child		Apr 23 No Class Mar 26 5:15-5:45 pm
		-
Parent & Child	d PCW3	5:15-5:45 pm 5:50-6:25 pm
Parent & Chilo Preschool 1	d PCW3 PL1W3	5:15-5:45 pm 5:50-6:25 pm
Parent & Child Preschool 1 Preschool 2	d PCW3 PL1W3 PL2W3	5:15-5:45 pm 5:50-6:25 pm 5:50-6:25 pm
Parent & Child Preschool 1 Preschool 2 Level 2	d PCW3 PL1W3 PL2W3 L2W3	5:15-5:45 pm 5:50-6:25 pm 5:50-6:25 pm 6:30-7:10 pm
Parent & Child Preschool 1 Preschool 2 Level 2 Level 3	d PCW3 PL1W3 PL2W3 L2W3 L3W3	5:15-5:45 pm 5:50-6:25 pm 5:50-6:25 pm 6:30-7:10 pm 6:30-7:10 pm
Parent & Child Preschool 1 Preschool 2 Level 2 Level 3 Level 4 Level 5	d PCW3 PL1W3 PL2W3 L2W3 L3W3 L4W3 L5W3	5:15-5:45 pm 5:50-6:25 pm 5:50-6:25 pm 6:30-7:10 pm 6:30-7:10 pm 7:15-7:55 pm
Parent & Child Preschool 1 Preschool 2 Level 2 Level 3 Level 4 Level 5	d PCW3 PL1W3 PL2W3 L2W3 L3W3 L4W3 L5W3 Sat, Apr 5-M	5:15-5:45 pm 5:50-6:25 pm 6:30-7:10 pm 6:30-7:10 pm 7:15-7:55 pm 7:15-7:55 pm [ay 24 No Class Apr 19
Parent & Child Preschool 1 Preschool 2 Level 2 Level 3 Level 4 Level 5 Session 4	d PCW3 PL1W3 PL2W3 L2W3 L3W3 L4W3 L5W3 Sat, Apr 5-M	5:15-5:45 pm 5:50-6:25 pm 6:30-7:10 pm 6:30-7:10 pm 7:15-7:55 pm 7:15-7:55 pm [ay 24 No Class Apr 19 9:30-10 am

Private Swim Lessons Private lessons are booked individually and times are set based on pool & instructor availability. Contact Community Ed at 952-955-0280 or wmcommunityed@wm.k12.mn.us to schedule an assessment or lessons.

Learn to Swim Private Lessons Individuals looking for one-on-one support with swimming skills. Initial assessments are available to identify skill level and determine goals and objectives for private lessons. Initial Assessment (15 min) \$20 per person Private Lesson (30 min) \$30 per person

Private Stroke Development Swim Lessons

One-on-One stroke development and training for youth grades 3-6 who have completed learn to swim lessons and are interested in learning about competitive swimming. WM High School swim coach will provide customized instruction based on the needs and ability of the athlete. To schedule an assessment or book lesson please contact WM Community Education. Initial Assessment (15 min) \$20 per person. Private Lesson (30 min) \$40 per person.





Water Safety Instructor Course American Red Cross

This class is for all those who love children and enjoy swimming. The American Red Cross Water Safety Instructor class will give you the tools to be able to teach Red Cross swimming lessons and help others to enjoy the aquatic environment in a safe manner. Prerequisites include: at least 16 years of age by the end of class, mature and responsible personality, and at least Level 5 swim skills. Students will need to complete a total of 30 hours to become WSI Certified. Visit www.redcross.org for available classes.

Lifeguard Training & Recertification

This class teaches students the skills and knowledge needed to prevent and respond to aquatic emergencies. Through videos, group discussion and hands-on practice, you'll learn teamwork, rescue and surveillance skills, First Aid, CPR/AED and other skills you need to work as a professional lifeguard. To be eligible for Lifeguard Training, students must be 15 years of age by the last day of class and must pass water skills pretest. There can be no exceptions to the 15-year old age requirement. The water skills pretest includes the following;

- 1. Swim continuously for 300 yards using the front crawl and the breaststroke.
- Swim 20 yards, surface dive to a depth of 10 feet, retrieve a 10 pound object, return to the surface, and swim 20 yards back to the starting point.
- 3. Tread water using legs for 2 minutes

Students will learn the value of being a professional lifeguard and upon completion of the course, receive a two-year certification in Lifeguarding, First Aid, and CPR/AED. The course length is approximately 33 hours and attendance is required at all sessions. Course topics include; injury prevention and facility safety, patron surveillance, emergency preparation, rescue skills, victim assessment, First Aid, CPR/AED, and care for head, neck and spinal injuries. Please Visit www.redcross.org for available classes.

We are Hiring!

When you obtain your Lifeguard or WSI Certificate please apply online at https://www.wm.k12.mn.us.

Adults 18+ Early Bird Adult Lap Swim

Open Monday-Friday 6-7:30 am with the exception of school holidays and closures. Pool is open to adults. Exact change required to purchase at the pool from the lifeguards. If you would like to pay by credit card please call the Community Ed Office to process payment at 952-955-0280.

560EB23-24 Mon–Fri 6-7:30 am Drop In \$5 10 session for \$45 20 session for \$70 Annual (July 2024 – June 2025) \$360 WM High School Pool, Door # 1

Water Exercise Class

This interval based workout combines basic water weights and noodles for strength building, mixed with cardio moves to elevate the heart rate and burn fat. The class fits anyone's fitness level; beginner to advanced. You pick the intensity of the workout that best fits your level. You can tone up and burn fat faster with water exercise, because the water provides a resistance that is up to 12 times that of floor exercise. It's also much easier on the joints because there's very little impact. Join us for some good clean fun and burn up to 525 calories in one class.

Rachel Hoffman found water exercise after she moved to Watertown. She wanted to meet new people while being in an environment she loved. She grew up in the pool and joined a local swim team. After about 10 years of competitive swimming then a small break, she hopped back into the pool with the Watertown Water Exercise class. She filled in as a substitute teacher both in Watertown and Delano, and is now running her own class! Come join her for a fun filled time!

Tues 6-7 pm WM High School Pool, Door 1				
560EX-W1	Jan 7-28	4 sessions	\$40	
	Feb 11-Mar 18	6 sessions	\$60	
560EX-W3		5 sessions	\$50	
560EX-W4	May 13-27	3 sessions	\$30	

Intense Aqua Workout

An intense aqua workout with interval training, plyometrics, and power moves to improve cardiovascular fitness, muscular endurance, strength, and flexibility.

Rachel Hoffman

Thur 6-7 pm WM High School Pool, Door 1

560Aqua-W1	Jan 9-30	4 sessions	\$40
560Aqua-W2	Feb13-Mar 20	6 sessions	\$60
560Aqua-W3	Apr 3-24	4 sessions	\$40
560Aqua-W4	May 8-29	4 sessions	\$40

Aquatics



Youth Swimming Camp Grade 3-6

Join our two weeks after school swimming program for girls and boys in grades 3-6. The swimmers will spend time practicing stroke technique, starts, turns, and other swimming skills. The goal of this camp is to give young boys and girls the opportunity to have fun and discover the competitive sport of swimming. We will be differentiating for different skill levels and will cater to advanced swimmers as well.

Requirements:

Girls and boys will need to bring a swimsuit and goggles. Participants should also feel comfortable swimming independently in the deep end of the pool. There will be a lifeguard on duty, but we would like participants to have a solid swimming foundation -recommendation of successfully completing Level 3 in Red Cross swimming lessons.

Ashley Wise, WM HS Swim Coach has been coaching for 10 years (3 years with WM Royals). She swam collegiately at the University of Minnesota and earned multiple Big Ten championships and NCAA All-American honors. Ashley is also a WM Middle School teacher in addition to coaching the high school girls swim team.

560camp-W1Mon-ThuJ8 Sessions3:15-4:155WM High School Pool, Door #1

Jan 6-16 \$100

Swim Camps

Swim into Excellence Off-Season Camp Grade 8-12

Attention high school swimmers! Enhance your skills and stay sharp after the regular season ends with our High School Swimming Training Camp. This exclusive camp offers four dynamic sessions designed to keep you in top shape and refine your technique. Whether you're aiming to perfect your strokes, boost your endurance, or simply stay in the swim of things, this is the perfect opportunity to continue your aquatic journey.

Led by former HS head coach Kristen Phillips, each session will provide personalized feedback, targeted drills, and a supportive environment to help you reach your swimming goals.

Don't miss out on this chance to make a splash and stay ahead of the competition! Bring a swimsuit, goggles, swim cap, and a positive attitude and be prepared to make waves and finish the season strong! We look forward to seeing you in the pool!

Kristen Phillips former Watertown-Mayer High School head coach is a two time Olympic Trials qualifier and 2019 MSHSL Championship coach.

Four comprehensive sessions focusing on stroke refinement, endurance training, and race strategy. **Save \$20 by signing up for all 4 sessions for \$100**

3:10-4:10 pm	pm WM High School Pool, Door #1		
560HSCamp-W1	Tue-Fri	Dec 10-13	\$20
560HSCamp-W2	Mon-Thu	Jan 6-9 & 13-16	\$40
560HSCamp-W3	Mon-Thu	Feb 3-6 & 10-13	\$40
560HSCamp-W4	Mon-Thu	Mar 3-6	\$20



Party Packages

Looking for a space to host a party or gathering? Use the pool, gym or lounge for a terrific party experience! You bring the cake and ice-cream, and other food/ non-alcoholic drinks and we'll provide the facility. See page 46 for details.

ADULT BASIC EDUCATION

WEST Adult Basic Education programs are supported by regional community education departments including Watertown-Mayer. Programs are to help adults age 17 years or older (who are not enrolled in high school) develop basic skills. Visit www.westabe.org for more information.

ABE Academic Open Labs WM Comm Learning Ctr 313 Angel Ave NW

ABE helps adult learners who want to acquire or improve their math, reading, or writing skills. Some learners might need to brush up on their skills before taking the GED tests or college entrance exam, for example. Others are learning information for the first time. To learn more about class times and availability contact WM ABE Teacher, Michelle at 952.955.0283.



WEST ABE Programs Near You!

Annandale 320.274.3058

Big Lake 763.262.2523

Buffalo/Hanover/Montrose 763.682.8509

Delano 763.972.6210

Howard Lake-Waverly-Winsted 320.543.4670

Lester Prairie 320.395.2521

Maple Lake 320.963.5991

Monticello 763.272.2132

Monticello Work Force Center 763.271.3768

Orono 952.449.8350

Rockford 763.477.4563

St. Michael-Albertville 763.497.6550

Watertown-Mayer 952.955.0280

Visit westabe.org

For help preparing for the GED, come to your local Adult Basic Education class. Questions? Contact Jill at West ABE 763.272.2040

The GED® in Minnesota

To Get Started: Register online at ged.com or contact your local Adult Basic Education (ABE) program. [See box below for a program near you.] Staff at each ABE program will be able to walk you through the registration process and also provide resources and classes to prepare for taking the test.

The Test In Minnesota

Individuals who do not have a high school diploma may be able to earn a state of Minnesota GED® Diploma by passing the GED test. The four tests in the GED battery measure academic competencies similar to many of those required of a Minnesota high school graduate.

Eligibility

If you are 19 years old, do not already have a recognized and documented high school diploma, and are not currently enrolled in high school, you are eligible to take the GED® in Minnesota without an age waiver. If you are 17 or 18 years old and are not currently enrolled in high school, you must apply for an age waiver before testing. An ABE teacher can assist you with the process.

Once You Pass All the Tests in the GED

The Minnesota Department of Education (MDE) will receive your information from GED Testing Service and print you an official diploma and transcript which will be mailed via U.S. Mail to your address that you have listed in ged.com

Warning Regarding Misleading GED® Claims

The state of Minnesota GED® Diploma cannot be earned or obtained on the Internet or through correspondence programs. The Tests of General Educational Development developed by the GED Testing Service® often require extensive preparation. Tests are administered only under the direction of Pearson VUE® and the GED Testing Service. Any other GED diploma not issued by the Minnesota Department of Education may not be accepted by employers, colleges and universities or the military.

Minnesota Adult Literacy Hotline

To find an approved ABE program to help you earn your diploma as an adult, visit literacymn.org/classesforadults or call 1-800-222-1990.



New Online Classes with LeeAnne Krusemark

LeeAnne is an author, speaker, business owner, Chamber of Commerce Past President, and guest instructor at more than 200 colleges and other institutions from Maine to Hawaii, as well as an adjunct online professor of publishing through Ed2Go at more than 2,000 facilities worldwide, including Harvard. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Save Money with Extreme Couponing!

Learn how to save \$\$\$ every day

with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This workshop will teach you where to find all different types of coupons, even for high ticket items, how to find the best coupon apps and websites and how to match coupons with sales for maximum savings. Learn couponing secrets that could save you thousands.

509KRUS-W1 Tue, Feb 25 \$20 3-4 pm

How to Make Extra \$Cash\$ Pet Sitting (after school/work)

Do you love animals...especially dogs? Learn how to make extra money after school or work by watching dogs or other pets, usually in the pet's home. You will learn about feeding, watering, and exercising pets, how to make a good impression as well as what questions to ask when interviewing for a pet sitting job, and what to do when a dog has behavioral issues. You will also discover other services you can offer to make more money, such as dog walking, grooming, puppy training, etc. Informative handouts for future use are included in class fee. LeeAnne is a seasoned professional pet sitter and a longtime entrepreneur.

509KRUS-W3 Fri, Feb 28 \$30 4-6 pm

Beginner's Guide to Using FREE ChatGPT (AI) for Writers

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! No prior AI experience required. Do you want to learn how to incorporate the power of cutting-edge technology to gain ideas and inspiration, write web content, articles, and even novels or scripts? In this beginner-friendly course, you'll learn how to: register for a FREE ChatGPT account input effective writing prompts to avoid nonsense responses build creative content, from stories to marketing copy determine its capabilities and limitations understand ethical/legal considerations using ChatGPT There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI, so start building your expertise in the world of ChatGPT now!

Adult Enrichment

Hearthside Book Club

Hearthside books invites you to discover new tales in our monthly book club. Monthly sessions are \$30 and include the book.

Book selections include:

- January 21- My Next Door Nemesis by Alexa Martin
- February 18- A Novel Disguise by Samantha Larsen
- March 18- The Book That Wouldn't Burn by Mark Lawrence
- April 22- My Favorite Kidnapper by Melanie Moreland
- May 20- Better Than Fiction by Alexia Martin

509BC \$30 per session 6-7 pm Held on Tuesdays at Hearthside Book 229 Lewis Ave S, Watertown





Culinary Creations

All new online live Zoom classes with Chef Tess Georgakopoulos

See website for menus and additional details. Price is per family living in the same home.



Tess Georgakopoulos has been cooking for well over 40 years since she was roughly 6 years old. Born into a Greek family, the art of cooking traditional meals using ones senses rather than recipes and measurements was passed on from one generation to the next. Her father was also a trained chef who brought the magic of food to life in another form on the weekends as they cooked elaborate family meals together.

Food prepared from the heart, with ones own hands and creativity was, and continues to be an expression of love in her home. As a skilled home cook and baker, Tess enjoys creating original recipes for her family and friends. Sweet, savory, or doughy, she enjoys experimenting and creating in the kitchen daily.

Pressure-cooking with a stovetop cooker has been a part of her culinary repertoire for over 25 years. Tess is creating new recipes and reinventing traditional ones using the Instant Pot, which is taking her pressure-cooking to another level! She has been teaching cooking classes through community education for a number of years.

Tess has recently started writing her first cookbook, and her food blog is also in the works! Some of her creations can be seen on her Facebook page @ dishitupgood https://www.facebook. com/dishitupgood/or on her Instagram Feed: Dish it up Good.

Instant Pot/Multi-Cooker

Demystify the electric pressure cooker multi-cooker called the Instant Pot® during a LIVE VIRTUAL class! Learn the foundations of cooking and care, and how to make a few amazingly satisfying dishes in the Instant Pot. In addition to an Instant Pot® Yogurt Tutorial, Breakfast, Lunch / Dinner and Dessert menu items will be demonstrated. Participants can choose to join in a COOK-ALONG for the pasta dish.

509-0110 Fri, Jan 10 5-7:30 pm \$39



Air Fryer Hype Party Central! Copycat KFC®, Air Fryer Doughnuts, & Pizza from Scratch & More!

The POPULAR Air Fryer Hype Copycat KFC® class is being taken to the next level! Are you curious about the Air Fryer craze or looking to expand your recipe repertoire beyond fries and frozen foods? Whether you're a seasoned air fryer user or considering your first purchase, this class is for you! Join Chef Tess for an elevated Air Fryer experience and explore new familyfavorite party dishes, including her mouthwatering Copycat KFC®, and her from-scratch air fryer doughnuts, pizza and burgers! Enjoy a fun and interactive virtual cook-along class with Air Fryer and tips that take the 'Air Fryer Hype' to new heights!" You'll need an Air fryer. A stand-mixer is also recommended for making 2 different types of dough. If stand mixer is not available, dough can be made by hand. More info will be provided in the ingredient list packet.

509-0111 Sat, Jan 11 4-6:30 pm \$45

Soups & Bread Bowls

Creamy Chicken & Wild Rice Soup, Beer Cheese Soup, & Italian Bread BOWLS! (Instant Pot® or Stove Top)

Warm, delicious, soothing, satisfying soups are such a welcome treat for dinner any time of year. All the stresses of the day seem to melt away with the smell of freshly made soup that brings smiles to the entire family. Have some fun participating in this virtual COOK-ALONG class, expand your family's soup rotation and your culinary repertoire as you learn to create two wonderful soups in addition to homemade Italian Bread BOWLS! Choose one soup for your cook-along, and watch a demonstration of the other or choose to make both! It's up to you! Both will pair perfectly served IN the amazing Italian Bread BOWLS we will be making from scratch! You will feel so accomplished!

NO INSTANT POT®? NO PROBLEM!

The instructor will be making one soup in the Instant Pot®, and the other on the stove top using a soup pot. The instructor will provide step-by-step guidance and instruction for both cooking options for each of the soups so everyone will be able to cookalong using whatever appliance and cooking tools / equipment they choose. Experience how flavors are enhanced and infused by making these recipes in your Instant Pot® or enjoy the simple soothing pleasures of making soups the classical way.

509-0125 Sat, Jan 25 4-6:30 pm \$39







Sweethearts' Delights Elegant Éclairs & Paczki (Polish Doughnuts)

Valentine's Day is most celebrated with sweets and chocolates gifted as an expression of love. Learn to make two dreamy mouth watering sweets to share or give to your sweetheart, family, friends or loved ones on Valentine's Day this year - decadent French pastry known as a Chocolate Éclairs filled with pastry cream and covered in chocolate ganache, and another wonderfully rich yeasted dessert known as Paczki (Polish Doughnuts) filled with preserves or pastry cream. You will also learn to cook and build each dessert to a level of excellence. Both deserts will make for a very special and memorable Valentine's Day! Participants can choose to make one or the other, or both sweet treats, or simply watch to be able to make at a later time.

509-0201 Sat, Feb 1 4-6:30 pm \$39

Classic Homemade Pierogi & Sweet Berry Pierogi!

Make your own homemade Classic Pierogi, and wonderful Sweet Berry Pierogi with 2 types of homemade dough and filling that will make your taste buds dance for joy! We will also be learning how to cook, and freeze these little dumplings that you can make ahead and store for a rainy day. No fancy equipment needed. Participants will receive a list of ingredients in advance of the class with enough time for shopping and prep.

Participants will also receive a professionally created PDF packet of the instructor's personal recipes. NOTE: The instructor's recipes are copyrighted and are only shared with those that register for this class.

509-0314 Fri, Mar 14 5-7 pm \$39



Adult Cooking

Dim Sum Dumpling Dynasty Pot Stickers with Homemade Wrappers & Dipping Sauce from SCRATCH!

Dim Sum refers to a Chinese or Cantonese meal consisting of numerous small appetizers or finger foods traditionally enjoyed in restaurants. It is considered a shared dining and social experience that can last for hours. It often includes some sort of dumpling, and one of the most popular dumpling options is Pot Stickers!

Join Tess as she guides you through the step-by-step process of creating the most wonderful pot stickers with homemade wrappers that will take you to culinary heights you never knew you could reach. A wonderful dipping sauce will also be created! Participants will have the option of making a porkbased filling or a chicken-based filling. Participants will also have the option of learning to make homemade wrappers, but of course store bought can be used as well. Freezing tips will also be shared.

509-0322 Sat, Mar 22 4-6:30 pm \$39







More online live Zoom classes with Chef Tess Georgakopoulos



Marry Me Gnocchi with Chicken & Breadsticks Bliss Handcrafted, from SCRATCH

Spring is in the air, and nothing says "I love you" more than a handcrafted from-SCRATCH meal like Chef Tess' Marry Me Gnocchi with Chicken and Breadsticks. Learn to create this lavishly delicious memorable meal for your family then sit back and enjoy the compliments! Or, if you are single and serve this to your significant other, you won't be single for long! It's THAT GOOD!

On the menu: Hand crafted gnocchi bathed in a homemade silky, rich, flavor-packed sauce, paired with perfectly cooked and seasoned chicken breasts, and a side of homemade BREADSTICKS! A Restaurant quality meal that is guaranteed to become a family favorite in your dinner rotation! Make it a date night or family night as you create lasting memories in your kitchen!

509-0328 Fri, Mar 28 5-7:30 pm \$45



Spring Roll Symphony Homemade Wrapper Crispy Spring Rolls & Fresh Spring Rolls Too!

No need to look beyond your own kitchen for RESTAURANT QUALITY spring rolls where everything from the wrapper to the filling and sauce is made from scratch! Whether you are looking to host a memorable Dim Sum get-together or simply want to create something FRESH and BRIGHT to welcome in the spring, this is the class you have been looking for!

Join Chef Tess and dive into the world of spring rolls as she walks you through the process of creating two types of spring rolls bursting with a SYMPHONY of flavors, bold and bright enough to wake up any and all taste buds. Do not be daunted! The step-by-step process makes creating everything simple! Healthier cooking alternatives to frying, in addition to freezing & reheating tips will also be shared!

On the Menu: Crispy Spring Rolls made with handcrafted paper-thin wrappers and filling made with choice of meat and veggies, FRESH Spring Rolls made with Rice Paper Wrappers filled with veggies and precooked protein of choice, and THREE dipping sauces including Sweet Chili, Peanut Butter, and Fresh Tahini Yogurt sauce! 509-0329 Sat, Mar 29 4-6:30 pm \$45

Focaccia, Stromboli, & Calzones! OH MY!

What makes a Focaccia a Focaccia, a Stromboli a Stromboli, and a Calzone a Calzone? How are they different? How are they the same? Discover the answer to these questions as you participate in this fun-filled Cook-Along Class as we dive into the world of unique Rolled & Stuffed Pizzas, and marvelous Focaccia bread! Learn how to make your own homemade Focaccia Bread, a wonderful rolled pizza called a Stromboli, and stuffed Pizzas, known as Calzones with homemade pizza dough! Experience the rave reviews from previous participants of the instructor's pizza classes yourself as you learn how to make your own pizzas with her step-by-step instruction. Take out Pizza may just become a thing of the past!

509-0412 Sat, Apr 12 4-6:30 pm \$39





See website for menus and additional details.





In Person Cooking with Laurel Severson

Food fee payable to instructor in class- Cash only please Classes held at WM HS FACS Room 264 Enter Door #6, Upper Lot

Great Minnesota Hot dishes

The Minnesota hot dish (elsewhere called a casserole) is a one-dish supper or side dish, baked in your oven using a single piece of cookware. Use fresh ingredients (no canned soups) and do easy preparation for a family meal, make impressive elegant company fare for friends, or crowd-pleasing recipes for a potluck. Many can be made ahead, chilled then baked. There is minimal dish-washing! You betcha! Join us to create up to 15 sensational dishes: Beef, Pork & Sauerkraut; Pork Loin with Dried Apricots & Cherries; Beef & Spinach (or Broccoli); Eggplant & Cheese; Chicken Cobbler with Carrots, Mushrooms & Peas; Lentils & Vegetables; and Baked Penne Pasta with Chicken, Broccoli & Mushrooms. Our recipes are enhanced by a blend of diverse ethnic influences to create a sensational food that's easy to prepare, a pleasure to serve and a delight to eat.

509-0127 Mon, Jan 27 6-9 pm \$30 + \$16 food fee paid to instructor

Cookie Monsters Adult & Child Class

Kids and their favorite adult and cookies... what a terrific combination! Designed for kids age 6 and up, you will create and take home 6 kinds of cookies. Rolled Sugar Thins will be ready for kids to paint and original designs using food coloring and paint brushes. Kids and adult helper will mix, shape and bake the famous Peanut Butter Balls. Already mixed and ready for shaping will be Chocolate Mint, Peppermints, Sugar Drops to be dipped in assorted sprinkles and finally multi-colored Spritz cookies. Bring containers to transport your cookies home to enjoy immediately or freeze them. Price is for an adult/child pair.

509-0301 Sat, Mar 1 9 am-12 pm \$30 + \$16 food fee paid to instructor

Adult Cooking

Magnificent Muffins & Popovers

Serve freshly baked bread in less than an hour. Whether for a memorable weekend breakfast, brunch, teatime, to accompany a salad/soup or for another occasion, hot-from-your-oven breads are wonderful. Muffins (and their larger-size quick breads) may be sweet or savory. Adjust the baking time (less than 30 minutes) for muffins and less than an hour for quick breads with a single recipe to yield both! We'll feature remarkable recipes to taste in class and take home. Plus tips, techniques, and equipment to ensure success every time.

Recipes include: Blueberry, Cinnamon Crunch, Bran-corn, Dried Cherry, Fresh Ginger, Golden Raisin, Maple Sour Cream, Sliced Fresh Lemon, plus Flavored Butters and a variety of Glazed /Toppings.

509-0319 Wed, Mar 19 6-9 pm \$30 + \$13 food fee paid to instructor



Festive Spring Salads

Head into spring with a Wild Rice and Breast of Chicken Salad or Wild Rice with Fresh Mushrooms and Cashews. We will also feature a vegetarian main dish using multi-colored peppers and the unique grain, Quinoa. What could be more refreshing than a fruit and salad combination of cantaloupe and strawberries with orange sauce? Equally as pretty in Raspberry-Spinach Salad with Glazed Pecans. Then round out the evening with 3 easy dressings for your favorite combination of assorted garden greens. You will be ready for family and friends and spring.

509-0514 Wed, May 14 6-9 pm \$30 + \$15 food fee paid to instructor





CREATIVE Essential Oils with Bobbi Silijander

Bobbi is mother of 4 girls ages 14 down to 6, Bobbie has been using essential oils since 2010 daily, they work so well! She has a BS degree in Mechanical Engineering but currently works as a Senior Project Engineer. She loves what she does but has also been very interested in natural/holistic health since dealing with several health issues both herself and with her daughter who has JRA (junior rheumatoid arthritis) since 18 months. Taking a holistic approach has put her daughter's JRA in remission and given herself a better bill of health. Attending and listening to many health seminars/documentaries where Bobbi has learned many basic uses of these oils and would like to share what she has learned as well as the many benefits that she and her family have received.

Essential Oil 103

Historical Oils of Bible Times

Essential oils have been an integral part of the daily lives of people for over ten thousand years. They have been used to support the body, mind and spirit since before the time of record keeping as we know it today. In the bible there are over 600 references to essential oils and/or aromatic plants. Incense is mentioned 68 times where 54 of these instances are the oils of Frankincense, Myrrh, and Galbanum. Learn more about the history of these specific oils and how they were used to support emotional and spiritual wellbeing. Re-establish a positive energy flow throughout the body, and bring a sense of balance and harmony that attracts love and joy! It will be an option to use the oils discussed in class so you can experience some of their positive effects. If interested, bring a bible to look up the scriptures but please remember this is an Essential Oil class not a Bible Class. Welcome!

509Oil-W1 Thur, Jan 30 6:30-8:30 pm WM Comm Learning Ctr Rm 220 \$20

Essential Oil 107

Building a Chemical Free Lifestyle in the Home-Essential Oils Make N' Take OR "Spring Cleaning with Essential Oils "Make n Take"

Many people are surprised to learn how many toxins & chemicals are used every day in our homes. These chemical toxins can lead to serious health challenges for both people and animals. Learn how to make your home a safe environment for both people and animals. I will hand out recipes and we will make some products that are organic and toxic free that you can take home with you (3 DIY items). Some examples could be great smelling foaming hand soap, universal cleaning solution (we use for the entire house and it's safe for kids and animals), purifying spray (can be used as perfume, bathroom spray etc). My family and I have been using these products for 14 years now and have experienced their very beneficial properties.

509Oil-W2 Thur, Mar 13 6:30-8:30 pm WM Comm Learning Ctr Rm 220 \$20

Essential Oil 105 Summer uses/needs for Essential Oils

Essential Oils have so many uses! We will discuss ways to use Essential Oils for itchy watery eyes- scratchy throat-sneezing issues, addiction & hangovers, energy & stress, cleaning ideas, weight control, pest control, easy sunscreen recipes, & more. My family and I have been using these products since 2010 & have created a whole new healthy lifestyle that I'd like to share... We have experienced Essential Oil's very beneficial properties.

509Oil-W3 Thur, May 1 6:30-8:30pm \$13 WM Comm Learning Ctr Rm 220



J



Paint Your Pet Night! Age 8-adult

Youth age 8-14 must register with a paid adult No experience or talent necessary!

- 1. Email a picture of your photo to emvictorystudio@gmail.com
- 2. The instructor will sketch out your image for class.
- 3. Gather your friends and come paint!

A print-out of your photo, all the materials needed to paint and some light refreshments will be provided.

Emily Victory

509EV-W1 Thur, Feb 20 6-8:30 pm \$30 adult / \$25 child 8-14 WM High School Art Room, Door #8



Barn Quilts with Bittersweet Barn Quilt Company

Painting barn quilts is a popular, lively, and rewarding experience. Guided instruction will take you through the process as you select a design, draw, tape and choose colors to create a barn quilt painting that looks professional. You'll leave with your own 2' x 2' masterpiece ready for hanging outdoors or in. High quality materials will ensure this conversation piece will last outdoors for many years and bring unequivocal admiration.

\$60 Supply fee, payable to instructor in class, includes a 2' x 2' premium grade material sign, 75+ Behr Marqee paint colors, 3M tape, aprons, hair dryers and a dance off for odd but awesome prizes.

509Barn-Sp1 Tues, Apr 15 5:30-9:30 pm WM High School Art Room \$45 +\$60 supply fee payable to the instructor cash or check

Adult Creative

Welding Adults 16+

Learn the basics of Welding using Stick and MIG welding processes. This class caters to the person that has little or no welding experience. We will also learn how to use the CNC Plasma cutter to cut various letters and images of your choice. Great opportunity to learn a new craft!

Tim Jasczak, WMHS Industrial Tech Teacher

509Tech-W2 Wed, Jan 22, 29, Feb 5 & 12 4 Sessions 6-9 pm \$125 + Materials WM High School Park in Greenhouse/Delivery Entrance & enter classroom back door

Woodworking Adults 16+

All woodworking levels are welcome to take this class as we will be designing and creating a project specifically for you. Come with two or three project ideas and we will explore the opportunities presented by using new state of the art woodworking machines and tools.

Tim Jasczak, WMHS Industrial Tech Teacher has been working at the Watertown Mayer High School for the last 9 years and previously worked in the construction industry for 25 plus years. Tim is an avid fisherman and is enjoying being an empty nester with his wife.

509Tech-W1 Sat, Jan 25, Feb 1, 8, 15 4 Sessions 8-11 am \$125 + Materials WM High School Park in Greenhouse/Delivery Entrance & enter classroom back door





Music & Dance

Wedding Dance Rescue!

Your wedding day is nearing and you don't know how to dance. Not to worry! In this single 2 hour lesson you and your fiancé will be taught everything you need to know to make your first dance much more interesting than shifting awkwardly from side to side.

Learn an entrance onto the dance floor, easy steps and turns that fit with most songs, and an impressive dip to end your dance!

Class is open to bride/groom, father/ daughter, mother/son, parents of the bride/groom, and any other special pairings you plan to include on your wedding day.

To reach the instructor in advance of your lesson to share your song or discuss your needs, visit *www.ConstantineDance.com*. Link provided there for song ideas, too! Private lessons available. Casual dress.

Deanna Constantine

509Dance-Sp1 Mon, May 6 6:30-8:30 pm \$40 per person WM Comm Learning Ctr Door #1

Live Zoom Instrumental Classes

Instant Guitar for Hopelessly Busy People Age 13+

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration.

Tues \$59 6-9:30 pm 509Chords-W2 Jan 21 509Chordes-Sp2 Apr 15

Instant Piano for Hopelessly Busy People Age 13+

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration.

Mon \$59 6-9:30 pm 509Chords-W1 Jan 20 509Chordes-Sp1 Apr 14

How To Play Piano by Ear Age 13+

Learn one of music's deepest mysteries: how to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing-all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone who has a basic understanding of chords on any instrument. Expand your musical horizons, and free yourself from sheet-music dependence, and be the life of the party! Prior experience with chords recommended. Fee includes the online book, online follow-up lessons, a recording of the class and an optional monthly question and answer session.

Sat \$59 10 am-1 pm 509Chords-W3 Feb 15 509Chords-Sp3 May 10



J



Fitness & Recreation

Yoga with Ann Nelson

Each class will begin with a breathing and mindfulness exercise, followed by a longer standing series to strengthen and care for all parts of the body. For the final portion of class, practitioners return to the mat for stretching and rejuvenation. Instructor is at-the-ready to help each participant figure out what works best, taking into consideration any joint concerns or injuries, as well as requests to increase the intensity, as desired. Bring a yoga mat and water. Optional: Bring two yoga blocks, blanket, and yoga strap. **Classes are held at WM Comm Learning Ctr Door # 1**

Ann Nelson is a longtime yoga practitioner and a certified RYT500 and RPYT through Yoga Alliance. She has completed continuing education training programs for meditation, prenatal yoga, baby and me yoga, and yoga for children. Ann has a passion for helping children and adults of all ages develop a sense of calm and mindfulness through breathwork, movement, play, and imagination.

Foundational

This is an all-levels, customizable class that helps strengthen and care for the physical and emotional body. This class moves at a slower pace, allowing students ample time to customize each posture to their individual body.

WM Comm Learning Ctr Door #1

509Yoga-W1		Jan 6–Mar 21	No Class Jan 20, Feb 14, 17
31 Sessions		All \$248	Drop-In-\$15
509Yoga-Sp 1	Mon, Wed, Fri	Apr 2–May 23	No Class Apr 18

509Yoga-Sp	i won, wed, Fri	Apr 2–Iviay 23	No Class Apr 18
22 Sessions	9-10 am	All \$176	Drop-In-\$15

Level 1

Take your yoga practice one step further. This customizable class helps strengthen and care for the physical and emotional body. This class moves at a slightly faster pace, but still allows students ample time to customize each posture to their individual body.

509Yoga-W2 Tues, Jan 7- Mar 18 11 Sessions 9-10 am All \$88 Drop In \$15 509Yoga-Sp2 Tues, Apr 1-May 20 8 Sessions 9-10 am All \$64 Drop In \$15

Morning Yoga Session Cards available

15-\$150. 10-\$110, 5-\$60 Drop In \$15 Cards cannot be transferred between seasons

Adult

Snowshoe Nature Hike Age 8-Adult

at Lake Waconia Regional Park

See nature in a new way by getting out into the woods in the winter! Follow deer paths through the pine trees and learn about winter ecology from our trained instructors. No need to worry about inexperience—we have the equipment and expertise to get you exploring the snowy landscape. Open to adults and children ages 8 and up. This program is offered in partnership with Carver County Parks. All equipment is provided. Children 12 and under should participate with a registered adult.

Carver County Parks Staff 509CC Sun Jan 19 11 am-12 pm \$12

Tae Kwon Do Age 7-Adult

Participants of all ages can benefit from this traditional Korean martial art. This is a great class for parent and child. No previous athletic experience is required. Our class offers students a well rounded training program to develop mind, body and spirit. Along with the physical and mental benefits of training, students will learn effective self defense techniques, develop self confidence, discipline, fitness and total health. Please wear comfortable clothing. Uniforms and gear can be purchased through the instructor. No class Feb 17.

The instructor Master Dain Dreska has been training and teaching at Quantum Martial Arts with Grand Master Fred Baker

Mon 6-7 pm

WM Comm Learning Ctr Door # 1, Auditorium

585TKD-W1	lan 6-27	4 Sessions	\$45
	2	4 Sessions	\$45
585TKD-W3	Mar 10-31	4 Sessions	\$45
585 TKD-Sp1	Apr 7-28	4 Sessions	\$45
585 TKD Sp2	May 5-19	3 Sessions	\$34



NUTRITION & HEALTH

Live Online Classes with Janice Novak, MS

All classes meet 6-7:30 pm \$25 per class

Janice Novak has a Masters Degree in Health Education. She is an internationally acclaimed, best selling author, speaker and wellness consultant who teaches workshops and seminars for hospitals, corporations and professional organizations. She presents up-to-date info on pertinent health/wellness topics that can improve health, productivity, alertness, energy and motivation. Janice empowers people to take action toward attaining better health. Her easy-to-use techniques are informational and motivational and can easily be integrated into daily life. She teaches simple steps that lead to powerful changes in how you look and feel. Janice regularly presents health segments on television and radio, including a guest spot on the Oprah Winfrey Show discussing her best selling book, "Posture, Get It Straight!" Janice Novak, M.S. janice@improveyourposture.com Enter the classroom in two easy clicks. A short video at the link below may be helpful if you need any additional help logging on to a Zoom Meeting. https://support.zoom.us/hc/en-us/articles/201362193-How-Do-I-Join-A-Meeting





Strong Is The New Skinny! Strengthening Exercises to do at Home

Not everyone can be skinny, but EVERYONE can be stronger - even if you don't get to the gym several times/week. Learn how to strengthen your arms, back, shoulders, chest, hips, butt and thighs using resistance bands while watching your favorite TV or radio show. There are many benefits to having stronger muscles – they boost metabolism; maintain/increase bone density, make daily tasks easier and help you age with quality and grace. These multi-tasking exercises can fit easily into even the busiest of schedules. It is a wonderful thing to be strong, fit and functional. You'll learn lots of tips and techniques to improve overall health and wellness. You will need a resistance band for class 509Nutr-W1 Mon, Jan 13

7 Steps To Reverse Or Prevent Diabesity

Diabesity is a condition in which too much belly fat leads a person to symptoms ranging from mild blood sugar imbalance to full blown diabetes. Whether you have a little extra weight around the middle, insulin resistance or type 2 diabetes, the root cause of ALL these conditions are the same - problems with our diet, lifestyle and exposure to environmental toxins. Most treatments focus on the downstream symptoms (elevated levels of glucose, cholesterol, blood pressure, triglycerides) and never get to WHY your levels are too high and how to change it. The good news is all of this can be reversed. Learn how to work with your doctor to help restore your body to health. 509Nutr-W2 Wed, Jan 15

Hips, Thighs & Otherwise

We have become a nation of professional sitters, causing lower body muscles to weaken and sag. In this workshop, you will learn: my famous '10 Minute Miracle Exercise' series to strengthen lower body muscles quickly and, in the process, increase metabolism and bone density; decrease 2 inches off saddlebag area in 2 weeks; trim inches off lower body by getting rid of excess water weight; breathing technique to stimulate fat metabolism; acupressure points for lymph circulation and drainage. If you don't have time, money, or inclination to haul yourself to a gym, you will love these powerful and effective techniques. You will need a resistance band, tied in a loop for some of the exercises. 509Nutr-W3 Wed, Jan 22

Abdominal Strengtheners That Won't Stress Your Back/Neck

Abdominal muscles weaken and lose shape due to past pregnancies, surgeries, sitting at a desk all day, being sedentary and poor posture. Learn a series of extremely effective exercises to quickly strengthen all four layers of abdominal, WITHOUT stressing back or neck joints and WITHOUT getting on the floor. Common abdominal exercises like crunches can place too much stress on back and neck joints. 509Nutr-W4 Tue, Jan 28







Thyroid Things You Need To Know

If you currently take thyroid medication but are still gaining weight and still have a variety of symptoms, there's more you need to know. Fatigue, weight gain, depression, anxiety, rising cholesterol levels, inability to focus, thinning hair, digestive problems, abnormal blood pressure, reduced sex drive, and heart palpitations are only some of the symptoms. We'll discuss the 5 things that need to be measured, but usually aren't; why the #1 thyroid replacement may not be helping you; foods that help or hinder; commonly misunderstood rules of how and when to take thyroid meds; environmental triggers and info you need to discuss with your doctor. This workshop is a source of information only and should by no means be considered a substitute for the advice of a qualified medical professional. 509Nutr-W5 Tue, Feb 4

Metabolism Boosters & Busters

In the past you probably could drop weight by cutting back on calories or exercising a bit more. But then suddenly the scale stops moving, and you just can't seem to lose weight. THE GOOD NEWS - You could lose up to 20 pounds in a year without eating less. Just by revving up your metabolism, you can burn more calories every day, lose fat, boost energy, feel stronger and more fit. In this class, you will learn 20 SIMPLE things you can do every day to boost your metabolism. 509Nutr-W6 Mon, Feb 10

Is Your Waistband Too Tight Today? How To Beat Belly Bloat

Have you ever found that in the a.m. your waistband fits fine but by mid-afternoon, it's squeezing you like a tourniquet? Or, no matter how many crunches you do, your stomach still hangs out? Getting rid of a potbelly is much more than just doing abdominal exercises. In this workshop, you will learn the main causes and 6 strategies for getting rid of belly bloat. We will do a few exercises designed to strengthen the deepest layer of abdominal muscle – the layer that is responsible for flattening your stomach, shaping your waistline, and supporting your lower back. And we will do this without getting on the floor. 509Nutr-W7 Tues, Feb 18

Avoid The Pitfalls Of Perimenopause/Menopause

Perimenopause starts around the age of 35 for most women and can last 10-15 years. Common symptoms include fatigue, migraines, weight gain, water retention, depression, sleep disturbances, joint aches, hot flashes, anger flashes, migraines, fibroids, exaggerated PMS and more. Once you understand exactly what is causing all the troublesome symptoms, they are much easier to correct. We'll discuss how to get hormone levels measured - blood test vs. saliva test and what to do with the results; traditional HRT vs. bio-identical; acupressure points to assist in symptom relief and nutritional musts. You'll leave with multiple tools and techniques for restoring health and well-being. 509Nutr-W8 Mon, Mar 3

Acupressure For Sinus Relief

Acupressure is an ancient, Eastern healing technique that involves pressing or kneading key points on the body to release energy blockages and simulate energy flow through pathways called meridians. Continual sinus problems have become epidemic in both children and adults. You can find relief by stimulating the many points that relieve sinus blockages, headaches and more. 509Nutr-W9 Mon, Mar 10

Techniques To Activate Your Brain's Creativity Center

Learn the many things you can do to tap into your brain's creativity center. We'll discuss and do ancient breathing patterns to activate the right side of your brain where creativity lives. We'll do acupressure points that offer instant clarity and calm. You'll learn the Energy Medicine technique called 'Thumping' to activate creative centers as well as how colors play a role in brain function. You'll leave class with a bunch of new tools to help you be your best before endeavoring on any creative activity. 509Nutr-W10 Tue, Mar 18





NUTRITION & HEALTH

American Heart Association CPR, AED &

1st Aid Certification

Would you know what to do in a cardiac, breathing or first aid emergency? The right action can help save a life!

With an emphasis on hands-on learning, this course gives you the skills to save a life. Training meets OSHA's Best Practices for Workplace First Aid Training for the infant, child and adult. Skills include how to respond to cardiac and breathing emergencies in all ages, use of Automated External Defibrillators and choking.

First Aid will include wounds and bandaging, burns, head, muscle, bone and joint injuries, heat and cold emergencies, poisonings and sudden illnesses. Two-year certification.

Shelly Nahn, RN, BSN, PHN

WM Comm Learning Ctr Door # 1 \$65 6-8 pm

509CPR-W1 Thur, Jan 23 509CPR-W2 Wed, Mar 12 509CPR-Sp1 Mon, May 12



Water Safety Instructor & Lifeguard Certification Get certified & get a job!

Visit *www.redcross.org* for available classes. When you obtain a Lifeguard or WSI Certificate apply online at *https://www.wm.k12.mn.us* See page 22 for more details.

Winter Nutrition Series

Live Google Sessions - Wednesdays 6-7 pm

Join Registered Dietitian Nutritionist, Taylor Cain MS, RDN

Taylor is dedicated to empowering people to build a personalized relationship with food through group education. She is so excited that you are interested in joining in on this health and wellness journey!



New Year, New Nutrition Habits (Nutrition 101)

Kickstart your year with a comprehensive nutrition class designed to help you establish nutritious habits. This class covers the fundamentals of nutrition, including macronutrients, micronutrients, and creating balanced meals so you can make informed food choices throughout 2025!

509Nutr-W11 Wed, Jan 22 \$20

American Heart Month: Heart Smart Nutrition

February is American Heart Month. Join this interactive class designed to empower you with knowledge to support cardiovascular health through label reading and key nutrients.

509Nutr-W12 Wed, Feb 26 \$20

National Nutrition Month: Mindful Bites for Anytime

No matter the scenario, it is essential to fuel with a balanced snack to make it through these busy days. Throughout class we will navigate how to build a balanced snack as well as discuss trendy dietitian approved product recommendations to ensure variety in your routine.

509Nutr-W13 Wed, Mar 26 \$20

Spring Cleaning Your Kitchen

As the season of renewal approaches, it's the perfect time to clear out the clutter and refresh your kitchen! In this hands-on workshop we will identify favorable pantry staples to set your kitchen up for success heading into the warmer months

509Nutr-W14 Wed, Apr 23 \$20

Save \$10 when you sign up for all 4 classes

or sign up for the sessions that interest you most. A Link will be sent prior to day of class.

50Nutr-W25 Wed, 6-7 pm \$70 for all 4 sessions Jan 22, Feb 26, Mar 26, Apr 23 Live Google Meet

Older Adults

J

Sail (Stay Active & Independent for Life) Free daytime exercise program for seniors

Sail is an exercise and education program for older adults meeting twice a week for one hour as an ongoing program. Classes are led by an RSVP (Program through Volunteers of America in Partnership) with Watertown-Mayer Community Ed.

The program includes a combination of aerobic conditioning, strength training, and balance exercises which have been shown to decrease the risk of falling. The program was developed through Washington State Public Health with support from the Center for Disease Control and Prevention.

Participants interested in participating must register online and complete updated paperwork.

Local Volunteers

Mon & Wed Dec- May 10:30-11:30 am No Class Dec 23 , 25, 30, Feb 17, May 26 WM Comm Learning Ctr Door # 1



Lace up your walking shoes and join us

Mon & Wed 6-8 pm on regular school days Eight laps around the building is equivalent to one mile. The building will be closed when school is not in session or days with inclement weather. Call Community Ed for availability 952-955-0280.



55+ DRIVER DISCOUNT PROGRAM

888-234-1294 (toll free) 320-308-1400 (St. Cloud) 55DDP@stcloudstate.edu

Must register with Precision Driving \$24 per person

Classroom Training

Hosted at Watertown-Mayer Comm. Learning Ctr. Enter Door # 1 12-4pm



- Thur, Jan 9
- Thur, Apr 3
- Mon, June 16







PICKLEBALL COURT RENTAL

1.5 hr sessions (4-6 player group) 10 Sessions/ \$150 Drop-In / \$20 Courts are available for groups of 4-6 players to reserve for L5 hours per court. Participants are encouraged to bring their own paddle; limited paddles are available for use.

> WM COMMUNITY LEARNING CENTER 313 Angel Ave NW, Watertown

MAYER COMMUNITY CENTER 413 Bluejay Ave, Mayer

To reserve a court contact WM Community Education) Cancellations and rescheduling accepted up to 48hrs prior to reservation, pending availability. No credit if cancellation is less than 48hrs in advance.

𝔅 952-955-0280
 ∞ wmcommunityed@wm.k12.mn.us



For more information, visit wm.ce.eleyo.com or call 952-955-0280 37

ADULT GETAWAYS

With Jolly Ramblers Tours. Registration deadlines are 2 weeks prior to the trip.

In order to secure tickets for these events, there will be no refunds after registration. Prices are per person. If you need any special accommodations make sure to communicate this at registration so arrangements can be made.

Pick-Up / Drop-Off Locations - Winsted: Security Bank & Trust / Waconia: Mackenthuns

Times are listed for each pickup location. Please make sure to arrive 15 minutes early as the bus departs at the pick-up time.





Sausage, Beer, Pizza Buffet & Lights Tour An annual favorite! This tour has it all... one of the best meat markets in the state, the historic Schell's Brewery, a Pizza Ranch buffet, and a very popular light display... all in one tour... and just in time as we prepare for Christmas! We'll begin with casual shopping at Schmidt's Meat Market in Nicollet. *(I really suggest that you bring coolers or insulated bags with*

your name clearly marked on them.)

After you've had time to buy those Christmas party treats, we'll head to Schell's Brewery in New Ulm for a tour and tasting of their fine products. Not a beer drinker? They also make 1919 root beer. They've added a Bier Halle where we'll relax briefly, shop and visit before we head to the Pizza Ranch for an included late afternoon pizza buffet. (They're even opening their buffet early just for us.) We'll end our day with the beautiful Kiwanis Holiday Lights in Mankato. Thur, Dec 5 \$79 Sat, Dec 7 \$79

Winsted 11:15 am-9 pm -- only location

Bells Will Be Ringin'

Looking for some holiday spirit? We're headed for the Ives Auditorium in Bloomington where we'll begin with an included lunch of Holiday Roast Chicken, Cheesy Potatoes, Green Bean Almondine, Winter Salad, Dinner Rolls, Assorted Dessert, Coffee, Hot Tea. (Special dietary meals available by request ahead of time.) Then we'll celebrate the most wonderful time of the year with Sidekick Theatre's heartwarming, funny holiday show.



Combining some of the Twin Cities best vocalists with a dynamic band headed up by Brian Pierce, this spirited holiday show brings a modern vitality to holiday favorites from the past and present day and promises to leave you feeling merry and bright! Wed, Dec 11 \$99

Winsted 9:30 am-5 pm / Waconia 10:30 am-4 pm

Just the Way You Are



Happy Valentines Day! We're headed for the Ives Auditorium in Bloomington where we'll begin with an included lunch of honey garlic chicken breast, cheesy potatoes, roasted broccoli & cauliflower, salad, dinner roll, assorted desserts, coffee and hot tea. (Special dietary meals available by request ahead of time.) Then we'll head to the theatre for Just the Way You Are, an array of classic romantic songs from the 60s, 70s, and 80s,

featuring hits from Elvis Presley, the Righteous Brothers, the Bee Gees, Carole King, Billy Joel and more. Just the Way You Are showcases your favorite Sidekick Theatre musicians with some of the Twin Cities best vocalists performing such songs as 'Can't Help Falling in Love', 'Wonderful Tonight', 'Can't Take My Eyes off You' and of course 'Just the Way You Are'. Enjoy an atmosphere of fun and romance at Sidekick Theatre this Valentine's Day! Feb 14 \$101 Winsted 9:30 am-5 pm / Waconia 10:30 am-4 pm

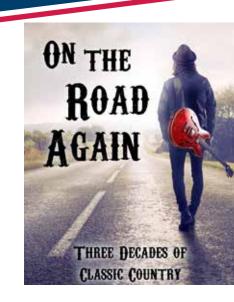
Divas Through the Decades

We'll begin with an included buffet lunch at the Coyote Moon Grille and then head for the St. Cloud Paramount Theatre for Divas Through the Decades, a musical tribute to some of the most influential female vocalists in American pop music, featuring songs from the 40's, through today's current hits! The show features music made famous by various Divas including Tina Turner, Diana Ross and the Supremes, Celine Dion, Aretha Franklin, Gloria Estefan,



Madonna, Beyonce, Shania Twain, Taylor Swift, Carrie Underwood, and many more!Tue, Mar 4\$99Waconia 9 am-5:45 pm / Winsted 10 am-4:45 pm

Adult



On the Road Again

We're on the road again to the lves Auditorium in Bloomington where we'll begin with an included lunch of BBQ chicken breast, beer cheese mac, southern style green beans, homemade coleslaw, buttermilk biscuit w/honey butter, assorted desserts coffee, decaffeinated coffee and hot tea. (Special dietary meals available by request ahead of time.) Then we'll head to the theatre for On the Road Again: Three Decades of Classic Country Music. On the Road Again returns to the Sidekick stage with another memorable concert filled with your favorite country music from decades past. Get ready for some fantastic fiddling and even more lush harmonies. Featuring the music of Hank Williams, Patsy Cline, Johnny Cash, Willie Nelson and Waylon Jennings, this is one Sidekick concert you won't want

\$101

to miss! Thur, Mar 20 Winsted 9:30 am-5 pm Waconia 10:30 am-4 pm

Killer Country

We'll begin with an included buffet lunch at the Coyote Moon Grille and then head for the St. Cloud Paramount Theatre for Killer Country. The Vees grew up on the road and in the business and have spent the better part of the last 40 years wowing audiences across the world! They have performed, recorded and/or toured with a virtual who's who of Rock And Roll. In 2008 Jeff and Tommy joined forces with their cousin Matt Vee and his talented wife Iulie Velline to form "The Killer Vees." Tommy's 17 year old son Bennett Vee will be joining the Killer Vees playing lead guitar. Bennett is the grandson of the late Bobby Vee and the third generation of the Vee family to take the stage! The Killer Country band is rounded out by Brian C. Peters from the Mary Jane Alm band on pedal steel and other assorted guitars along with Kale Reed of Johnny Holm Band fame on fiddle, mandolin and vocals and Alexandra Green sharing female lead vocal responsibilities. Tues, Apr 1 \$99 Waconia 9 am-5:45 pm Winsted 10 am-4:45 pm





37 Postcards Tour

Day Trippers Dinner Theatre is at it again at the Plymouth Playhouse! Get ready to laugh! After an included quarter savory roast chicken, baked lasagna, Tuscan vegetable medley, garden salad with assorted dressings, assorted rolls, mashed potatoes, specialty dessert and coffee or tea, we'll head for the theatre for 37 Postcards, written like a 1930's screwball comedy! Young Avery Sutton and his fiancé return from an eight year stint in Europe only to find his already eccentric family has gone certifiably insane! Things have changed. The house is on a tilt, the dog is feral, his grandmother (presumed dead) is alive and kicking! Oh, the Suttons are just a quirky, funny, loving family. So Avery and his bride-tobe have to either accept their oddities or leave them behind. Well, the couple discovers that you can in fact go home again. You just never know what you'll find! \$100 Thur, Apr 24

 Thur, Apr 24
 \$100

 Wed, May 14
 \$100

 Winsted 10 am-5 pm

 Waconia 11 am-4 pm



Perfect Wedding We're headed to the lves Auditorium in Bloomington where we'll begin with an included lunch of creamy chicken breast with roasted red potatoes, glazed carrots, coleslaw, dinner rolls, assorted desserts, coffee or hot tea. (Special dietary meals available by request ahead of time.) Then we'll head to the theatre for Perfect Wedding: A Riotous Comedy and Touching Love Story About The Big Day That Goes Hilariously Wrong! A groom wakes up on the morning of his wedding day with a hangover and a strange woman in his bed. Mix in the bride, her mother, the best man, and a maid that knows too much, and you have a recipe for disaster. Wedding bells or running for the hills? Their big day will be far from a piece of cake! Wed, May 7 \$101 Winsted 9:30 am-5 pm / Waconia 10:30 am-4 pm



Elementary Parent Support Group

For parents of Kindergarten through 4th grade students

Join parent coach and mental health specialist Lindsey Weber for a parent support group. Topics will be determined by participants and the needs of the group. Group time will include sharing of research-based information and parent discussion time. Sign up for the series and save \$15 or sign up for each session individually based on your availability.

60 minutes sessions topics may include:

- 1. Navigating friendships
- 2. Developmentally appropriate behaviors
- 3. Regulating emotions
- 4. Increasing connections
- 5. Screen time
- 6. Sibling relationships.

Individual Sessions

\$15 each 7-8:30pm

Jan 14, Feb 11, March 11 April 8, May 6

Attend all 5 Sessions for \$60 - save \$15







Facilities & Programs

Connections • Opportunities



Promoting Lifelong Learning Experiences from Birth through Adulthood at the

Watertown-Mayer **Community Learning Center**

- Offering a wide variety of engaging, collaborative enrichment and recreation opportunities for all ages including Early Childhood Family Education.
- · Instruction focused on individual strengths, interests and needs at Young Royals Preschool.
- · Safe, caring and enriching childcare for children 6 weeks - 12 years of age.

91% of parents state that they are proud to have their child in the WM Public Schools.

We Genuinely Care About Each Student as if They are Our Own at

Watertown-Mayer **Elementary School**

- · Building strong relationships ensuring each child feels connected.
- Creating a welcoming and friendly environment.
- Authentic learning experiences for each student partnered with a focus on social-emotional development.

94% of elementary students believe that their teacher challenges them and sets high expectations of them.



Building Strong Connections and Partnerships with Our Students at Watertown-Mayer Middle School

- · Empowering our students to become self-reliant learners.
- Providing students with flexible learning pathways and options.
- Offering a variety of engaging exploratory experiences for all students.

94% of MS students say that they are proud to be a WM Royal.

Preparing Students for Their Future at Watertown-Mayer High School

- · Offering over 60 College in the Schools credits across various departments.
- Multiple career-based learning opportunities through Work Experience, Mentorship, and Internship programs.
- Variety of sports and extracurricular activities throughout each season of the school year.

94% of graduating seniors felt prepared to take on their next steps after graduation.

Come Experience the Royal Difference at Watertown Mayer!

952-955-0480 | www.wm.k12.mn.us





Our Schools

High School

9-12 Grade Band Concert
7-12 Grade Choir Concert
8-12 Gr Band Concert
9-12 Grade Band Concert
7-12 Grade Choir Concert
Graduation (Stadium)

 Dec 9
 7:30 pm

 Feb 24
 7 pm

 Mar 3
 7 pm

 May 5
 7:30 pm

 May 12
 7:30 pm

 May 23
 7 pm

6 pm

6 pm

7 pm

7 pm

7:30 pm

7:30 pm

7:30 pm 7 pm 7 pm 7:30 pm 7:30 pm

Middle School

7 & 8 Grade Band ConcertDec 95 & 6 Grade Choir ConcertDec 167-12 Grade Choir ConcertDec 165 & 6 Grade Band ConcertJan 306 & 7 Grade Band ConcertMay 15 & 8 Grade Band ConcertMay 65-6 Grade Choir ConcertMay 19

Elementary School

Kindergarten Royal Round Up Jan 16, 4:30-6 pm

Have you registered your child for kindergarten? Sign up today! All enrollment forms are handled digitally.

4th Grade Concert- March 6 watch for details

Strides for Students Sat, May 3, 2025

WMES-PTO's annual fundraiser held the first Saturday in May. Students raise money through pledges from family and friends to earn prizes through drawings throughout the month of April. All money raised goes back to the elementary school.

Kindergarten Royal Roundup Jan 16, 4:30-6 pm

Have you registered your child for kindergarten? Sign up today! All enrollment forms are handled digitally

Performing Arts Center Events

1001 Highway 25 NW, Watertown

Fall High School Musical: Mean Girls Nov 21-24

 Nov 21 & 22
 7 pm

 Nov 23
 2 pm & 7 pm

Spring High School Play April 10-12

Spring AuditionsFeb 3April 10 & 117 pmApril 122 pm & 7 pm

Prom/Grand March Apr 26 4:30 pm

Memorial Day Ceremony May 26 10 am



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WM Parent Teacher Organization WMECAC & WMPTO

WM SEAC provides parents a community and forum to communicate with the district's special education administration and staff. This parent group also collaborates with district staff to improve special education services and quality of life for children. Parents provide feedback and share their unique perspective with special education services.

Currently we are seeking parent members from each building in our district. The membership of the council can include parents, students with disabilities, community agencies, and school staff. For more details contact Rande Peyton, Director of Special Education, at 952-955-0207 or rande.peyton@wm.k12.mn.us.

The WMECAC & WMPTO strive to extend students' learning through enriched educational experiences, offering opportunities for community and parental involvement, acting as a forum for families to stay connected to school. For more information about:

- Early Childhood Advisory Council email wmecac@wmecac111.org
- Elementary PTO email PTO@wm.k12.mn.us
- Middle School PTO email PTOWMS@gmail.com

WM Special Education Advisory Council WMSEAC

WM SEAC provides parents a community and forum to communicate with the district's special education administration and staff. This parent group also collaborates with district staff to improve special education services and quality of life for children. Parents provide feedback and share their unique perspective with special education services.

Currently we are seeking parent members from each building in our district. The membership of the council can include parents, students with disabilities, community agencies, and school staff. Come join our next meeting.

For more details contact Rande Peyton, Director of Special Education, at rande.peyton@wm.k12.mn.us or 952-955-0207

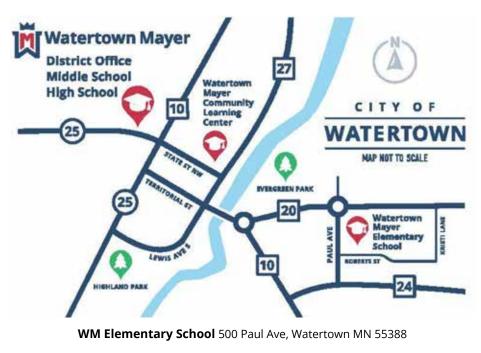




WATERTOWN MAYER

Watertown-Mayer Public Schools





WM High School, Middle School & District Office 1001 MN 25 NW, Watertown MN 55388

WM Community Learning Center & Community Ed Office 313 Angel Ave NW, Watertown MN 55388

Facility Use

The School Board of District 111 recognizes that all school district facilities, both indoor and outdoor, belong to the school district residents and further encourages the responsible use of those facilities by individuals or programs. Community organizations, associations and groups are welcome to use district facilities for appropriate activities that do not interfere with operations and interests of the school district. See page 44 for details regarding Facility Use & Rentals.

The school board authorizes the Community Education Department to schedule and supervise the community's use of school district buildings, grounds and equipment as outlined in School District 111 Facility Use Policy #902.







Facility Use & Rentals

Watertown-Mayer Schools facilities are available to rent by community members, groups or businesses to use within the guidelines established by the school board. These facilities include classrooms, cafeterias, gymnasiums, pools, auditoriums, and the stadium. Users must comply with district policies and procedures. School district facilities are tobacco, alcohol, drug and weapons-free areas.

The Community Education Office serves as the service center for all community use of school facilities in the areas of scheduling, billing and supervision, and coordinates requests for use of school equipment related to the on-site activity. Tracey Taylor, Facilities Coordinator, can be reached via email at tracey.taylor@wm.k12.mn.us or by calling 952.955.0289.

WM Facilities rental process

- 1. Submit Facility Application and Certificate of Liability
- 2. WM Community Education will follow up confirming dates and provide a quote
- 3. Once the application contract has ended an invoice will be sent out for payment

Available for Rental

WM High School Performing Arts Center

WM Comm Learning Center Auditorium, Community Lounge & Enrichment Room WM Fields & Stadium, Gyms, Pool, Cafeteria, and Commons Areas and Classroom

Watertown-Mayer Community Learning Center WM CLC

Providing Early Childhood Family Education (ECFE), Preschool (School Readiness) and year round Child Care programming. The WM CLC also offers space for both daytime and evening youth, adult and senior programming. Recreational and social activities are important part of the independent living.

Parking is available on State Street, Enter Door 1

Community Lounge

Free community use on the following days:Public Use: Mon & Wed11 am to 2 pmSenior Card Group: Tues12 to 2 pmFor rentals, contact WM Comm Ed at 952-955-0280.



Rec Sunday Night Basketball Age 14+

Participants interested in Sunday Night Basketball games can sign up for an individual drop in session or pay for multiple sessions. Location may vary, check with WM Community for location or reference the FACEBOOK SITE: Watertown Open Gym

509SunBB24/25 Sunday 6-8 pm \$3- Drop In \$25- 10 Sessions \$50- 25 Sessions

October 6, 2024 - March 23, 2025 WM Elementary School Gym

March 30, 2025 - June 29, 2025 WM High School Auxiliary Gym

Pickleball Court Rental

Courts are available for groups of 4-6 players to reserve for 1.5 hours per court. Participants are encouraged to bring their own paddle; limited paddles are available for use. Courts must be reserved in advance (Cancellations and rescheduling accepted up to 48 hrs prior to reservation, pending availability. No credit if cancellation is less than 48hrs in advance.) Contact Community Ed at 952-955-0280 to purchase sessions and reserve courts.

1.5 hour court rental

\$20 - Drop-In \$150 - 10 Sessions WM Comm Learning Ctr Mayer Community Ctr

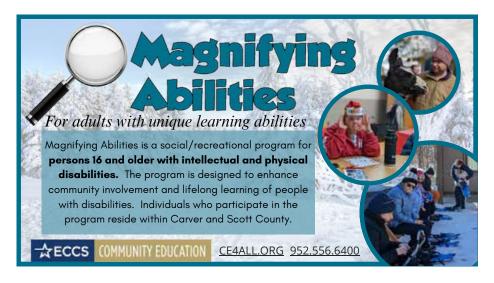
Walk this Way

Free walking WM CLC Mon & Wed 6-8 pm on regular school days

Lace up your walking shoes and join us, eight laps around the building are equivalent to one mile. The building will be closed when school is not in session or days with inclement weather. Schedule may vary. Call Community Ed for availability 952-955-0280.

FREE Activity WM Comm Learning Ctr, Door # 1-State St





Card-Making and Cocoa

Let's spread the warmth of the season! Get creative and join in crafting unique winter greeting cards to share joy with friends and family during this cozy time of year. All card-making materials provided! Enjoy hot cocoa and cookies with friends! Registration Opens Nov 1. Registration Deadline is Nov. 25

Thur, Dec 5 6-7 pm \$8 per person WM Comm Learning Ctr, Door # 1 (State Street)

Celebrate Earth Day!

Celebrate Earth day and have fun with your MA Friends. Meet at the WM Community Learning Center to make Seed Bombs! This craft project uses wildflower seeds and paper to make a seed packed ball for planting. Plant them in your yard or give as a gift to a friend to transform any outdoor space into a lovely flowery landscape and nature friendly habitat. Earth Day themed snack at the end of class.

Thur Apr 22 6-7 pm WM Comm. Learning Ctr. Door #1 (State Street) Register/Cancel Before April 15

Facilities & Programs

Magnifying Abilities Registration & Payment

All participants must be registered for Magnifying Abilities events.

We are not able to accommodate drop-ins. Payment for each activity is required at the time of registration. The easiest way to register is to visit our website: ce4all.org/programs/adults/ magnifying-abilities You may also Mail or

Drop Off (check payment)

Office hours: Mon-Fri, 8 am-3 pm 110600 Village Road Chaska, MN 55318



Check out Watertown Mighty Rapids Special Olympics Programs More details on page 17





For more information, visit wm.ce.eleyo.com or call 952-955-0280 45



WM Party Packages

Come use the gym, pool or lounge for a terrific party experience!

Looking for a space to host a party or gathering? WM Community Education has party packages available. You bring the cake and ice-cream, food and nonalcoholic drinks and we'll provide the facility.



WM CLC Gym & WM HS Pool Package Details

2 hour package for up 15 children & 5 additional supervising adults High School Pool Package \$105 for 2 hours / CLC Gym Package \$95 for 2 hours Additional Participants (up to 15) \$50 Pool / \$40 Gym Additional Time \$30 per hour Pool / \$25 per hour Gym

- Up to 1½ hour of gym or pool time and ½ hour of time in our gathering space with tables and chairs.
- 15 minutes before and after scheduled time is available for set up and clean up
- WM Staff onsite for general supervision
- Additional participants and/or time can be added to the package
- Gym equipment available for use
 List of available equipment provided when reserving space

WM Community Lounge Package Details 3 or 6 hours packages for up to 30 participants

Lounge includes: Tables & Chairs, Smart TV, and Counter with Sink, Small Beverage Fridge, Limited plastic cups and water pitchers available. WM Staff are onsite for general supervision. 3 Hours: \$50 / 6 Hours: \$100

Booking Procedures and Policies

To request a party package rental contact WM Community Education at 952-955-0280. Once the request is approved, a confirmation email will be sent to you. Do NOT consider the party confirmed until you have received your confirmation email.

Payment and Party Package Agreement must be received within 7 days or rental request. Once payment and agreement have been submitted, you will receive a confirmation with additional details regarding your party package. Payment can be made by calling 952-955-0280 with credit card information or it can be brought into the WM Community Ed Office at 313 Angel Ave NW, Watertown. The Party Package Agreement can be brought in, emailed to wmcommunityed@wm.k12.mn.us or faxed at 952-955-0201. Failure to pay in full or not return the Party Package Agreement within 7 days may forfeit your reservation. Cancellations: Prior to 7 days of the party - 50% refund will be issued. 7 days or less - NO refund

Policies

Drug, **Alcohol and Tobacco Use:** The use, consumption or possession of tobacco, alcohol or any controlled substances is prohibited on all District property, including parking lots and athletic fields.

All District buildings are peanut and latex free.

Discrimination: No group which limits memberships or attendance in its activities on the basis of sex, race, religion, color, national origin, economic status, age or disability shall be allowed to use District building or grounds.

Firearms: Firearms on District property are prohibited except when in the possession of legally authorized officials.

Supervision: All groups are required to provide adequate adult supervision. The adult supervisors are required to remain with the group at all times and are responsible for the group's conduct and compliance with all rules.

Liability: The applicant and/or organization agrees to assume all responsibility for damage or liability of any kind and further agrees to hold the district harmless from any expense or costs in connection with the use of district facilities.

Schedule your Party Today!

You bring the refreshments & we'll provide the facilities





Facilities & Programs

Oppo.

SCREEN AT 3!

FREE and simple check of how your child is growing, developing and learning.

WATERTOWN MAYER ROYALS

Ms. Kristy

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Con

All children should be screened before kindergarten.





WM.CE.ELEYO.COM

For more Information Kristy Phipps- Screening Coordinator kristy.phipps@wm.k12.mn.us 952-955-0280 UPCOMING SCREENING DATES Dec 13 Jan 10 Feb 7 & 8 MAr 14 Apr 4 & 5 May 9

Connections · Opportunities

For more information, visit wm.ce.eleyo.com or call 952-955-0280 47

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CARVER COUNTY PARKS & RECREATION

2025 Winter Programs



SKI • SNOWSHOE • ADVENTURE CAMP

Register for all winter programs at bit.ly/CCPwinterrec

SPECIAL EVENTS

Candlelit Nights at Baylor - February 15 & 22, 2025 Maple Syrup Festival - March 22, 2025

Find event details and registration at bit.ly/carvercountyevents



(952) 466 5255 CARVERCOUNTYMN.GOV/PARKS





Community Partners

Watertown-Mayer partnerships are groups and/or organizations that have a shared responsibility and are committed to supporting the needs of all community members. Partnerships have a shared goal and vision with WM Community Education to support lifelong learning and provide opportunities that engage the community as a whole. WM partnerships are aligned with the district's strategic plan.

Watertown Chamber The Watertown Area Chamber of Commerce is a member driven, non-profit organization dedicated to supporting the business community and enhancing the visitor experience. The chamber fosters strong partnerships between local businesses, governments entities and community organizations. These partnerships make our community a great place to work, live and visit. WatertownAreaChamber.com 952-955-5175 WatertownChamber@gmail.com

Watertown Library

For a list of all program offerings, and to register for classes, please visit www.carverlib.org or call the library at 952-955-2939.

FAMILIES

Family Storytime Wed & Thu at 10:30 am For all ages, with a focus on children age 2+

Children, parents and their caregivers are invited to come and share 30 minutes of stories, music and movement that encourages the development of early literacy skills. Also watch for announcements about Super Storytimes that will have craft projects to go along with the storytime session.

Building Together For Ages 5+

Thu, 3:30-4:30 pm (12/12, 1/9, 2/13)

Join us for self-guided building with LEGOs, building bricks or Picasso tiles! Bring your imagination, we supply the materials.

Read, Stay, Play For All Ages Once a Month on the 2nd Sat, 9:30-11:30 am

Make the library your Saturday destination! Drop in for some library fun -- family reading activities, crafts and toys provided for this special experience. Each month is a different theme!

ADULTS

Winter Reads Jan 1-Feb 28

Register with us to win prizes and other giveaways and programs that celebrate winter reading for adults.

CARVER

LIBRAR

Watertown Library Book Club

3rd Monday of every month from 6-7 pm

Join us at the Watertown library branch for our 'Check it Out!' Book Club. The group reads all different types of books.

ALL AGES

Crafty Thursdays

11 am-4:30 pm at Watertown Library

Crafting fun. All ages are welcome.



Amy Dimmler, Community Ed. Director

📵 amy.dimmler@wm.k12.mn.us

S 952-955-0282

CROW RIVER SOCCER

Rec and Travel Soccer Club Serving Watertown-Mayer and Surrounding Communities

YOUTH AGES 5-18

Visit our website to learn more about registration!

LEARN MORE:

www.crowriversoccersportngin.com IG: @crowriversoccer Facebook: Crow River Soccer Club Email: crowriversoccer@gmail.com



Community Partners

Watertown-Mayer Youth Sports Associations

Community-based youth sport associations that serve the Watertown-Mayer district 111 areas. They are an integral part of serving the recreation and social needs of our families as well as developing skills of our youth for a lifetime. The WM Youth Sports Associations are separate from the WM School District and Community Education and run by parent volunteers or offseason coaches. Website: wmyouthsports.org



WM Youth Basketball

The WMYBA provides opportunities for boys and girls from Kindergarten through 8th grade to learn and play basketball. Registration opens in August. Email wmyba111@gmail.com

WM Youth Wrestling

We are excited to introduce young athletes to the world of wrestling. Our program is designed to provide a safe and supportive environment where kids can learn valuable life skills while developing their strength, agility, and discipline through the sport of wrestling. Mike Hanna / Mike.Hanna@michaelfoods.com / 612-987-1299

WM JO Volleyball

JO Volleyball is for students grades 4-8 that helps develop and acquire skills essential on the volleyball court and in life through teamwork, goal setting and physical fitness. Email: watertownjoclub@gmail.com

WM Youth Baseball & Softball

The WM Youth Baseball and Softball program, with the help of our volunteers, tries to provide a positive experience to the young people of Watertown and Mayer who participate in our baseball and softball programs. Our goal is provide programs that will allow our participants to have a positive learning experience, and help each player improve individual abilities, while participating in a team atmosphere.

Baseball opens March & Softball registration opens February Baseball: Ryan Trucke / 952-237-8413 Softball: Liz Gerads / lizgerads@gmail.com / 612-501-5837

Crow River Soccer Club

Rec and travel soccer club serving Watertown-Mayer and surrounding communities for ages 5-18. crowriversoccer.sportngin.com / crowriversoccer@gmail.com



ACADEMY TRAINING REGISTRATION DEADLINE

Future Stars (U4-U7) & Skills Academy (U7-U15). Play and train all winter long in Delano! Multiple More Info Here: days and times available. Sessions Available Nov-Apr





DEC 31

SPRING REC REGISTRATION OPENS

(

Community-Based Recreational Soccer for U4-U8 in Delano! 1x/week on Wednesdays or Thursdays. More Info Here: Season is May-June



FEB 15

COMPETITIVE SOCCER REGISTRATION DEADLINE (TRAVEL SOCCER)

Competitive Traveling Soccer with home games in Delano & Rockford and Away games in the west metro communities of Minnetonka. Plymouth, Edina, Waconia and others. More Info Here: Season is Feb-Early July





FOR MORE INFORMATION VISIT VW.LEGACYFC.ORG

Dance the Winten Away

Scan to visit our nebsite

New Classes Starting in January!

Fun Themed Short Session Classes
 Tumbling Classes By Certified Instructors
 Spring Recital Classes (Ages 3 & Up)

We subscribe to a higher standard of dance and tumbling instruction so you can be confident your child is learning and growing in a positive and nurturing environment. Classes are taught by caring and skilled teachers who delight in your child's progress.

Rising Star dance academy

www.rising-star-dance.com (952) 442-1350

RIDGEVIEW

MORE CHOICES FOR LIFE'S URGENT NEEDS

Urgent Care to open on Ridgeview's Waconia Campus

Opening December 2024

2012-2024

Walk-in urgent care is for non-life-threatening conditions that require immediate attention. No appointment needed. The new Waconia site will open in the Ridgeview Professional Building on the Waconia Campus — making a total of six Ridgeview urgent care locations, plus its new virtual care option.

Scan the QR code to learn more about Ridgeview's urgent care services or start a virtual visit.





Community Education Registration opens December 2







Scan the QR Code or visit wm.ce.eleyo.com



Watertown-Mayer Community Education





Watertown Mayer Community Education Connections • Opportunities

WM Community Education is looking for dedicated individuals to join us in our mission support lifelong learning opportunities. Volunteer opportunities include but are not limited too;

- Early Childhood Screening Greeter
- Early Childhood Program / Projects
- Childcare Program / Projects
- Reading with Individual or Groups of Children
- Community Education Advisory Committee
- Early Childhood Advisory Council
- Community Education Greeter





All volunteers must complete a WM Volunteer Form that includes a Confidenitailty Agreement The volunteer form and agreement can be found online at <u>wm.ce.eleyo.com</u>. For additional information or questions please contact the WM Comm. Ed office.

() 952-955-0280

wmcommunityed@wm.k12.mn.us



POLICIES & INFORMATION

Photos in Classes

ISD 111 Community Education periodically takes pictures of participants in classes and during sponsored activities for use in promotional materials. If you do not wish to have your picture taken or published, you must provide written notice. WM Photo Opt Out Form is available at *wm.ce.eleyo.com*

Cancellations

You will be notified via text and/or email using the User Account Profile. Please make sure your profile info is current.

Community Ed Cancellations

Community Education reserves the right to cancel any activity, and will make every effort to contact participants via text and/or email.

Emergency Cancellations

When severe weather or other emergencies affect the regular school day, daytime Community Ed activities, or ones that meet in the evening are also canceled.

UCare Discount

UCare members may get up to a \$15 discount on most Community Education classes. Members must have UCare insurance at the time of registration and throughout the duration of the class. Provide your UCare ID number when registering.

Refunds

If you wish to cancel your registration for a class, you must call and request a refund prior to the **refund deadline or at least 2 weeks prior** if no deadline is stated. Refunds or credits will not be issued for missed classes. A \$5 processing fee per participant will be withheld from all refunds.

Delinquent Account & Non Sufficient Funds

ISD 111 charges a fee for returned payments due to non sufficient funds (NSF). All Community accounts must be in good standing and paid in a timely manor to continue to participate in Community Ed Activities and Programs.



The American with Disabilities Act (ADA)

The ADA guarantees equal access and nondiscrimination in employment, public services, public accommodations, transportation, and telecommunications. ISD #111 support the intent and provisions of the ADA. Let us know how we can better serve you.

Registration



Sign Up Today! Many classes fill quickly

For registration procedures and information, see page 2

Community Education Advisory Council

Join us and make a difference! Members provide valuable input and feedback from the community perspective to advise staff on the development of activities, programs and services. Of interest would be adding members whose perspectives would enrich the Advisory Council as they strive to be representative of the entire School District.

The purpose of the Community Education Advisory Council is to serve in an advisory capacity to the Community Education Department and the Director of Community Education in the fulfillment of the Department Mission: "To Provide Lifelong Learning through Opportunities".

The Advisory Council meets four times per year on the third Tuesday in Sept, Nov, Mar & May from 6-7 pm. Meeting dates and times are subject to change based on the needs of the group.

For more information to join the meetings please contact Amy Dimmler, Director of WM Community Education at amy.dimmler@wm.k12.mn.us



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ECR **POSTAL PATRONS** in School District 111

Embrace the Magic of Winter with Community Education



Online Cooking

with Chef Tess Georgakopoulon See page 26-28 for nine all new classes featuring Chef Tess' exclusive techniques and culinary creations!.



Just for Kids

Tech Academy See page 11 Minecraft, Dungeons & Dragons, Coding, Video Game Design & more!

Creative See page 12-14 Willie Wonka's Chocolate Room, April Fools Art, Paint Bombs, Theatre



Preschool Open House Thursday, Jan 23 4:30-6 pm Visit the Young Royals Preschool classrooms and meet the teachers. See page 5 for details.



Family Fun

Snowshoe Nature Hike-page 15 Cookie Monsters-page 13 Special Events- page 4 & 5 Party Packages -page 46 Paint Your Pet Night-page 31 Open Swim-page 20

And don't forget our swim classes, camps, Aqua Exercise, Open & Lap Swim Join the Community Education Advisory Council- see page 50.