

# *Mental Health Resources*



## **Child Priority Response: 1-800-969-4357**

Available 24/7 to serve children and teens (ages 2-18) who may be at risk of harm to themselves or others, are experiencing mental health symptoms, and/or are seeking help for managing emotional and/or behavioral health problems.

## **Rockford Center: 302-996-5480**

100 Rockford Drive, Newark, DE 19713

<https://rockfordcenter.com>

This is a private behavioral health hospital that accepts walk-ins 24/7 to provide a no-cost mental health and/or substance use assessment.

## **MeadowWood Hospital: 1-855-900-9109**

575 S Dupont Hwy, New Castle, DE 19720

<https://www.meadowwoodhospital.com>

This is a private behavioral health hospital that accepts walk-ins 24/7 to provide a no-cost mental health and/or substance use assessment.

## **National Suicide Prevention Lifeline: 1-800-273-8255**

<https://suicidepreventionlifeline.org>

This is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

## **Crisis Text Line: Text DE to 741741**

<https://www.crisistextline.org>

The Crisis Text Line provides free, 24/7, confidential support to people in crisis. Every texter is connected with a crisis counselor, a real-life human being trained to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving.

## **Delaware 2-1-1: 1-800-560-3372, or Text: 898-211**

[www.delaware211.org](http://www.delaware211.org)

Provides one central resource for access to health and human service organizations that serve Delawareans. The phone line is available only Monday through Friday from 8 AM–9 PM.