

WELCOME!

*PLEASE SIGN-IN BY TYPING YOUR NAME &
SCHOOL/DEPARTMENT IN THE CHAT BOX.*

NUTRITION & WELLNESS SERVICES DEPARTMENT

DISTRICT WELLNESS MEETING

NOVEMBER 4TH, 2024, 3:30-4:30PM

REMINDERS



Sign-In:

Please type your name & school/department in the Zoom chat box.



Time Sheet Due Dates:

Pay Period 10/16/24-11/15/24 - Due 11/15/24

Pay Period 11/18/24-12/13/24 - Due 12/10/24

Submit to Alice Garcia - Food Service Rm #18

AGENDA



SMART Goals



SLAQ Results

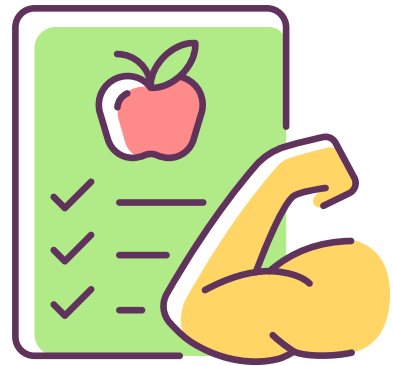


Feedback & Open Forum



SMART GOALS

SMART Goals are set by Wellness Liaisons and school staff to improve site level wellness. Goals align with the district wellness policy and promote a healthy school environment.



- ✓ **Billy Mitchell**
Natasha Gogin-Moses
- ✓ **FDR**
Saundra Martinez
- ✓ **Lucile Smith**
Lynn Pacino
- ✓ **Mark Twain**
Wendy Gonzalez & Amada Grimm
- ✓ **William Green**
Irene Cervantes & Marlene Sandoval
- ✓ **William Anderson**
Anne Schmitt & Sandra Pace
- ✓ **Jane Addams**
Leslie Hauser & Kellie Duffy
- ✓ **Will Rogers**
Shannon Davis

Billy Mitchell Wellness Goals 2024-25
Natasha Gogin Moses

- Implement Parent education around smart snacks and drinks
- Support nutrition awareness and parent nutrition workshops
- Increase awareness of a clean campus and implement the Green Team
- Increase parent involvement in our school garden

SITE-LEVEL ASSESSMENT QUESTIONNAIRE

The Site-Level Assessment Questionnaire (SLAQ) provides a comprehensive annual assessment, evaluating school nutrition and physical activity related programming.

Results vary based on site specific activity.



SLAQ DISTRICT RESULTS



- ✓ **Billy Mitchell - 81.74%**
High - Physical Education, Low - Gardens
- ✓ **FDR - 75.33%**
High - Food & Drink Around School, Low - Nutrition Education
- ✓ **Lucile Smith- 62.85%**
High - Physical Education, Low - Gardens
- ✓ **Mark Twain - 79.98%**
High - Physical Education, Low - Gardens
- ✓ **William Anderson - 85.83%**
High - Physical Education, Parent/Family Involvement
Low - Wellness Policies & Meal Program Participation
- ✓ **William Green- 80.08%**
High - Physical Education, Low - Nutrition Education
- ✓ **Jane Addams - 72.65%**
High - Physical Activity, Low - Gardens
- ✓ **Will Rogers - 69.46%**
High - Physical Education, Low - Nutrition Education

FEEDBACK & OPEN FORUM



- **Brainstorm Wellness Event Ideas:** Share ideas for wellness events, such as fitness challenges, mental health awareness days, or healthy cooking demonstrations.
- **Identify Barriers to Wellness Participation:** Discuss any obstacles that might prevent staff or students from engaging in wellness activities (e.g., time constraints, lack of resources) and brainstorm solutions.
- **Success Stories and Positive Feedback:** Share any positive outcomes or personal success stories related to existing wellness initiatives, which can highlight impact and build enthusiasm.

**QUESTIONS
COMMENTS
SUGGESTIONS**

NEXT MEETING

*DECEMBER 9TH, 2024
3:30-4:30PM
VIA ZOOM*