



Welcome Parent Ambassadors

October 7, 2024



Made in Hayward

Meeting Agenda

TIME	TOPIC	PRESENTER
6:00 PM - 6:10 PM	Welcome	Yelitza Pena
6:10 PM - 6:15 PM	Introductions	Parent Ambassador Team
6:15 PM - 6:20 PM	Land Acknowledgement	Yoana Guerra
6:20 PM - 6:25 PM	Announcements	Brenda Gonzalez
6:25 PM - 6:30 PM	Introduction of Leads	Leads
6:30 PM - 6:40 PM	Ice Breaker activity	Yelitza
6:40 PM - 7:00 PM	With Us Project	Vidal Gonzalez
7:00 PM - 7:10 PM	FES vs. Parent Ambassador	Brenda
7:10 PM - 7:20 PM	Group Project	Brenda
7:20 PM - 7:50 PM	Think and Share	Brenda
7:50 PM - 8:00 PM	Closing Q&A Reminders	Brenda

Parent Ambassador Support Staff

**General Phone Line:
510-723-3857 x 34198**



Yoana Guerra

Parent Ambassador Coordinator
(510) 305-8100
Email:



Yelitza Peña

Coordinator, Student and Parent Support
Programs
Email: ypena@husd.k12.ca.us



Sabrina Aranda

Director, Student and Parent Support
Programs



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Land Acknowledgement

The HUSD School Board respectfully acknowledges the original peoples of the lands on which our campuses are built. For thousands of years and hundreds of generations the Chochenyo (**Cho-ken-yio**) people actively stewarded these lands to ensure they provided for all living things.

This land on which our district was established was, and continues to be, of significance to the Muwekma (**Mew-weck-mah**) Ohlone tribe. Today we acknowledge the impact that colonization had on the Chochenyo/Muwekma Nation, and recognize our responsibility to help them heal from this history and secure a sustainable future.



Painting of three Ohlone people crossing the waters in San Francisco Bay by Louis Choris. (Google Images)




**PARENT
UNIVERSITY**
HAYWARD UNIFIED SCHOOL DISTRICT




RESILIENT DADS: BUILDING STRENGTH FOR FAMILY SUCCESS

Fathers and father figures, join us for a discussion on parental resilience, self-care, and responding to stressful parenting situations.

OCTOBER 10, 2024

 **6:00 P.M. - 7:30 P.M.**

 **The HUB (24823 Soto Rd.,
Hayward)**

REGISTER NOW

husd.us/fathers



**PARENT
UNIVERSITY**
HAYWARD UNIFIED SCHOOL DISTRICT




PAPÁS RESILIENTES: FORTALECIENDOSE PARA EL EXITO FAMILIAR

Padres y figuras paternas, únanse a nosotros para una discusión sobre la resiliencia parental, el cuidado personal y la respuesta a situaciones estresantes de crianza.

10 DE OCTUBRE, 2024

 **6:00 P.M. - 7:30 P.M.**

 **The HUB (24823 Soto Rd.,
Hayward)**

REGISTRARSE AHORA

husd.us/fathers





APICI GATHERING

Asian and Pacific Islander Community Initiative (APICI)



November 6, 2024



COLLEGE & CAREER READINESS



Join us to learn about resources and support available to Asian American, Native Hawaiian, and Pacific Islander students & families as they start applying for Financial Aid, Schools, and Vocational Programs for the Fall of 2025. We will have representatives from Chabot College, CSU East Bay, UC Berkeley, and Eden Area ROP. See you there!

5:00 PM-6:30 PM

PARENT RESOURCE CENTER- THE HUB

MULTI PURPOSE ROOM

(24823 SOTO RD. HAYWARD)

Dinner and childcare will be provided!

Questions? Email Jennifer Rivera:

jr529@husd.k12.ca.us





BE DISASTER-READY

Register for the Community Emergency Response Team Course!

The Hayward fire department is hosting its free semi-annual Community Emergency response Team (CERT) training for members of the public and has opened registration beginning October 16

<https://www.hayward-ca.gov/discover/news/sep24/be-disaster-ready>

Están invitados!

PROGRAMA DE EDUCACION

**PARA FAMILIAS Y JOVENES
SOBRE EL USO DE DROGAS
ILÍCITAS Y RECETADAS Y
LA PREVENCIÓN DEL USO
DE SUSTANCIAS**

FECHA : OCTUBRE 15, 2024

HORARIO : 5:00PM-6:30PM

LUGAR: EL CENTRO DE HAYWARD

BIBLIOTECA DE HAYWARD, CUARTO

FREMONT BANK, PISO 2

**DIRECCION: 888 C STREET, HAYWARD,
CA, 94541**



**ESCANEA EL
CÓDIGO QR PARA
REGISTRARTE**



APRENDE SOBRE:

- Estado del uso y acceso a sustancias entre jóvenes en Hayward.
- Programas de prevención del uso de sustancias disponibles para las escuelas, los jóvenes y los padres de Hayward.
- Principios para elevar la voz de los jóvenes por un futuro saludable.
- Participación de la comunidad y los jóvenes en cambios de políticas basados en sistemas relacionados con la prevención y la despenalización del uso de sustancias.



YOU'RE INVITED!

YOUTH & FAMILIES EDUCATION PROGRAM ON ILLICIT & PRESCRIPTION DRUG USE & SUBSTANCE USE PREVENTION

DATE : OCTOBER 15, 2024

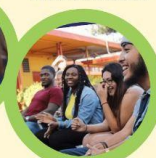
TIME : 5:00PM-6:30PM

**PLACE: DOWNTOWN HAYWARD
PUBLIC LIBRARY, FREMONT BANK
ROOM, 2ND FLOOR**

**ADDRESS : 888 C STREET,
HAYWARD, CA, 94541**



**SCAN THE QR
CODE TO
REGISTER**



LEARN ABOUT:

- Status of Youth Substance Use and Access in Hayward.
- Substance use prevention programs available to Hayward schools, youth, and parents.
- Principles for elevating youth voice for healthy futures.
- Community and youth engagement in systems based policy change related to substance use prevention and decriminalization.

LA FAMILIA COMMUNITY HEALTH SERVICES



Calaroga Clinic

Wellness Services

- Blood Pressure Screening
- Blood Sugar Screening
- A1C Screening

Testing Services

- Rapid Antigen Testing
- OTC Test kits

Vaccines

- Covid 19+
- MPX 12y+
- Flu (Seasonal)



Vaccines for Children

Qualifying Criteria

- Between ages 7-18 years old
- Has Medi-Cal, No Insurance, or underinsured
- Is American Indian, or Alaska Native

Vaccines

- Hep A
- Hep B
- Polio
- Tdap
- MMR
- Varicella
- HPV
- Men B
- Men ACWY
- Covid
- Flu
- (seasonal)



Please contact us for
eligibility and availability



Tuesday - Thursday
9AM - 3PM



27171 Calaroga Ave
Hayward, CA 94545
Second floor, suite #4/5



(510) 954-0560



LiveLaFamilia.org

[https://my.primary.health//
lafamiliavaccine-skywest](https://my.primary.health//lafamiliavaccine-skywest)



Rev 7/10/24

LA FAMILIA COMMUNITY HEALTH SERVICES



Clínica Calaroga

Servicios de bienestar

- Revisión de presión arterial
- Revisión de azúcar en sangre
- Revisión de A1C

Pruebas de Covid-19

- Prueba rápida de antígenos
- Pruebas Caseras

Vacunas contra :

- Covid-19
- MPX 12 años+
- Gripe (estacional)



Vacunas para Niños/Jovenes

Criterios de calificación

- Entre 7 y 18 años de edad
- Tiene Medi-Cal
- Sin seguro médico
- Es Indio Nativo Americano o Nativo de Alaska

Vacunas contra enfermedades de:

- Hepatitis A
- Hepatitis B
- Polio
- Tdap
- MMR
- Varicela
- VPH
- Meningococo B
- Meningococo ACWY
- COVID-19
- Gripe (estacional)



Por favor pregunte sobre
elegibilidad y disponibilidad.



Martes - Jueves
9AM - 3PM



27171 Calaroga Ave
Hayward, CA 94545
Segundo piso, suite #4/5



(510) 954-0560



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[https://my.primary.health//
lafamiliavaccine-skywest](https://my.primary.health//lafamiliavaccine-skywest)



Rev 7/10/24

LA FAMILIA COMMUNITY HEALTH SERVICES

COVID-19 TESTING

Free! Rapid Antigen Testing
No ID required
No Insurance required

TUESDAY - THURSDAY



TIME
9:30 AM - 3PM



**27171 CALAROGA AVE
HAYWARD CA 94545
SECOND FLOOR, SUITE 4**

FOR MORE INFORMATION:



510-954-0560



<https://livelafamilia.org/>



Testing made possible by the COVID-19 Mitigation Project

THE CENTER
at Sierra Health Foundation

LA FAMILIA COMMUNITY HEALTH SERVICES

COVID-19 PRUEBAS

¡Gratis! Prueba rápida de antígenos
No se requiere identificación
No se requiere seguro

MARTES - JUEVES



TIEMPO
9:30 AM - 3PM



**27171 CALAROGA AVE
HAYWARD CA 94545
SECOND FLOOR, SUITE 4**

PARA MÁS INFORMACIÓN:



510-954-0560



<https://livelafamilia.org/>



Pruebas posibles gracias al Proyecto de Mitigación de COVID-19

THE CENTER
at Sierra Health Foundation

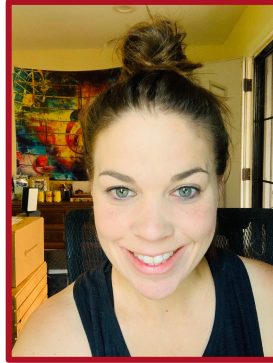
2024-2025 Lead Ambassadors



Ciara Eashman
Bret Harte Middle
School & Hayward
High School



Rahsaan Bakari Lewis
Mt. Eden High
School



Rochelle Balthazar
MLK Middle
School



Michelle Fernelius
Eldridge
Elementary School



Yesenia Lopez
Mt. Eden High
School



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Getting to Know Each Other

Find 2 other parents that belong to a different school from you, so if you are at a elementary school, find a parent of a high schooler or/and middle school.

- 1. Find out their name**
- 2. What school they represent**
- 3. Why they chose to be a parent ambassador**



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With Us

Campaign Program

A program of La Familia funded by the
California Youth Behavioral Health Initiative
(CYBHI)



October 7,
2024





What is CYBHI?

The California Youth Behavioral Health Initiative (CYBHI) is part of the Master Plan for Kids' Mental Health, a historic investment by the State of California that takes a "whole child" approach to address the factors that contribute to the mental health and well-being of our children and youth.

La Familia's WITH US Campaign

- Mental health campaign aimed at reducing fear and stigma and increase behavioral health literacy
 - Special focus on African American, BIPOC, Latinx/Hispanic, LGBTQ+, Foster, Immigrant youth and youth from mixed immigration status families
 - Focus on South Hayward and the communities of Alameda County.



Comunity Ambassadors

We are currently are seeking Parents/Caregivers and Community Leaders to become Community Ambassadors.

- Will receive mental health education and leadership training
- Will play a crucial role in shaping our campaign and recruiting youth (for our Leadership Academy, launching in Winter 2025.





How can YOU support?

Our call to Action

Let us join you at your community events

Invite us to present

Post materials at your site

Become a Community Amabassadors

Refer Caregivers and Community members to become
Community Amabassadors

Email Vidal at VGonzalez@livelafamilia.org to coordinate
tabling opportunities or presentations



Questions & Answers



Thank You



Family Engagement Specialist vs. Parent Ambassador

FES	Parent Ambassador
Promote parent education and involvement in various District and school programs and other activities	Help the FES Promote parent education and involvement in various District and school programs and other activities
Ensure that equity of opportunity and access to programs and services are attainable by all students and families	Help connect the FES with outside organizations that may be beneficial for families
Perform liaison duties among staff, community resources, agencies and parents	Help recruit parents to attend parent workshops and school site activities
make home visits to engage or re-engage students and families to enhance student achievement	Volunteer at school events and functions (Open House, Back to School Night, field trips, etc.)
Unite outside organizations, schools and families	Help work with school staff such as the Family Engagement Specialist and the school site principal
Facilitate family participation in various activities that result in family empowerment and advocacy;	Promote health access activities at the school sites that link families to services
Conduct and/or coordinate parent training, activities and associated committees	Share parent engagement experiences, including successes and recommendations for improvement
Assist in compiling data for program evaluation, program design, and continuous program improvement	

Today's Activity

Purpose: To focus on a topic or challenge of your choice as a cluster (i.e. improving literacy, promoting mathematics, healthy eating habits). Project must be linked to the academic or social-emotional well-being of students.

Address topic or challenge via:

- Special Event
- Workshop
- Informational Campaign

Budget: \$1500 per cluster (To be used on materials or staff costs for your project. Budget/Project must be approved). No giveaway items through the budget.

Please be prepared to share your clusters idea(s).

Timeline: Completed by end of May 2025



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Think and Share

- What projects ideas do you have?
- What is your focus/goal?
- Who would you want to invite?
- How can you FES help you?



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Closing

Please think of 1 thing you learned today that you could take back to your school to share with others.



Questions and Reminders

Next monthly meeting:

11/4/2024 6:00 P.M. - 8:00 P.M. @ the Parent Hub

12/2/2024 6:00 P.M. - 8:00 P.M. @ the Parent Hub

Parent Ambassador Induction

11/13/24 7:00pm-9:00pm @ the district office



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