

THE PARENT PLAYBOOK: SUPPORTING YOUR CHILD IN ATHLETICS



Event Details

Where: Interactive Virtual Zoom Session

Speaker: Daniella Burns & Amy West

Date: Thursday, February 13th, 2025

Time: 12:00 PM – 1:00 PM

Session Focus:

- Nurturing a positive mindset
- Balancing athletics with academics and well-being
- Open communication and collaboration
- The parent's role on and off the field

To Register, please click the link or scan the QR code:
[Click here to register](#)



Questions? Please email:

SchoolMentalHealth@northwell.edu

Frequently Asked Questions:

Is registration required for this program?

Yes. Registration is required for this webinar. Please use the link or QR code to complete registration.

When will I receive the webinar information for this program?

The webinar information will be sent to you after you register. Please do not share this information with others.

Will this session be recorded?

Due to the interactivity that we encourage during these lunch and learn sessions, to protect our participants privacy, we do not record these sessions. For recorded sessions, please visit our YouTube channel [here](#).