

HMSA

Volunteer Service in your Community



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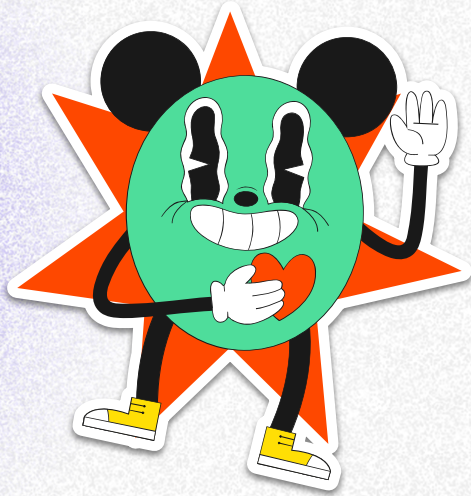
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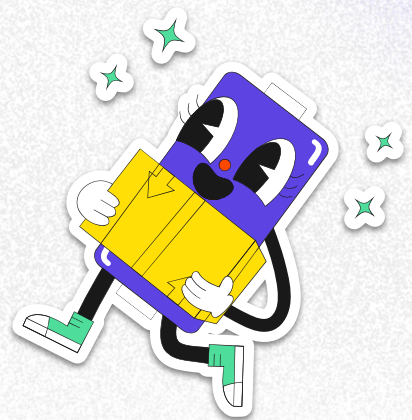
The Team

Counselors: Ms. Villa, Ms. Maral, Mr. Gutierrez

Support Staff: Ms. Kratz & front office

O1 Introduction

Why do students need to complete volunteer hours for graduation?



Benefits of volunteering



- Support community programs
- Meet new people
- Build confidence in your skills
- Have fun
- Gain experience for future plans (college/career)



Hours Requirement

Class of 2025: 100 hours by end of senior year

Class of 2025: 100 hours by end of senior year

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Class of 2025: 100 hours by end of senior year

Love volunteering?

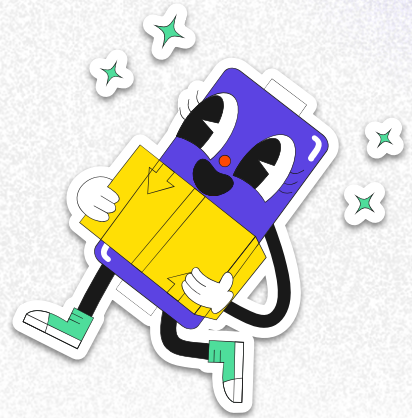
Complete 200+ hours to earn a Volunteer Service medal that you can wear at graduation.



02

The Volunteer

Who are organizations looking for?



Volunteer Characteristics Needed

- Motivation**
- Be ready to help the organization accomplish their goal & have a successful event

- Respect**
- Be willing to learn & listen to instructions
 - Conduct yourself professionally

- Accountability**
- Communicate in advance if you have questions
 - Dress according to the guidelines given
 - Arrive on time
 - Take any necessary paperwork with you (permission slips, volunteer forms, etc.)

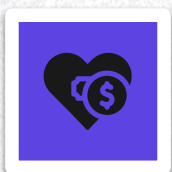
- Kindness**
- Be courteous, say please and thank you
 - Acknowledge others with a smile, handshake, or warm greeting

03 Community

What types of volunteer service can you do?
When can you complete your service?
Where can you volunteer?



Types of volunteering



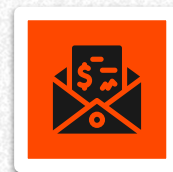
What

- Something you already enjoy doing.
- Something new you want to try.
- A cause that is important to you.



When

- After school
- On weekends
- During vacations
- Occasionally, during lunch at HMSA for pre-approved activities

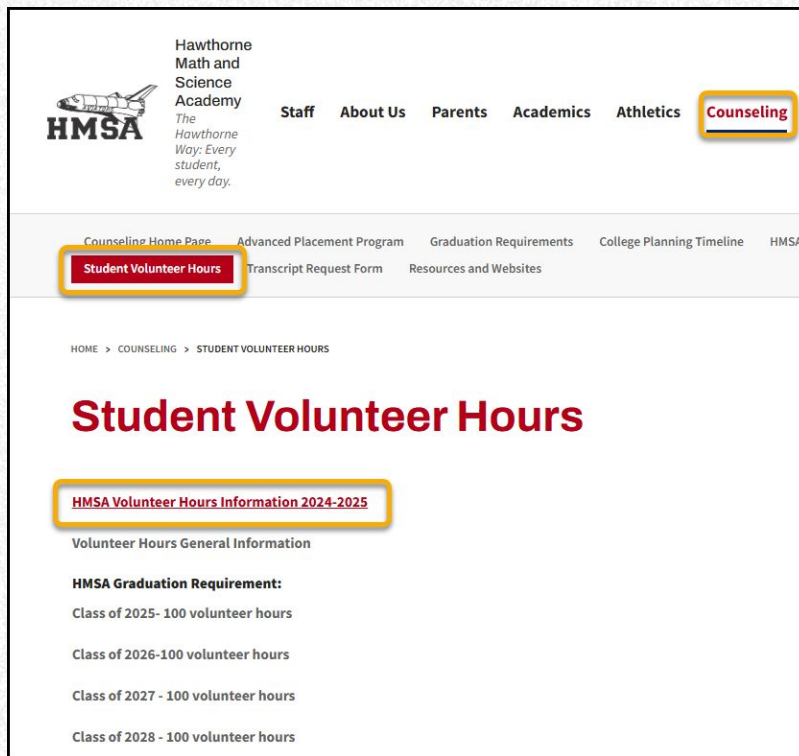


Where

- **Any NON-profit organization****
- Opportunities shared by Key Club
- Opportunities shared by Ms. Kratz or HMSA administration

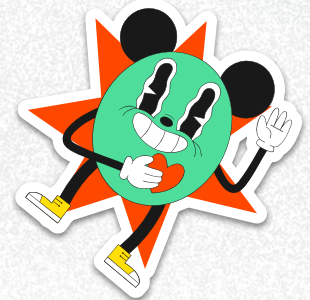
****Not sure if an organization qualifies?
Check with your counselor before volunteering!**

Resources



The screenshot shows the HMSA website with the following elements:

- Header:** HMSA logo, tagline "The Hawthorne Way: Every student, every day.", and navigation links: Staff, About Us, Parents, Academics, Athletics, and Counseling (highlighted).
- Sub-header:** Counseling Home Page, Advanced Placement Program, Graduation Requirements, College Planning Timeline, HMSA, Student Volunteer Hours (highlighted), Transcript Request Form, and Resources and Websites.
- Breadcrumbs:** HOME > COUNSELING > STUDENT VOLUNTEER HOURS
- Section Header:** Student Volunteer Hours
- Link:** HMSA Volunteer Hours Information 2024-2025 (highlighted)
- Section:** Volunteer Hours General Information
- Section:** HMSA Graduation Requirement:
- Text:** Class of 2025- 100 volunteer hours
- Text:** Class of 2026-100 volunteer hours
- Text:** Class of 2027 - 100 volunteer hours
- Text:** Class of 2028 - 100 volunteer hours



<https://hmsa.hawthorne.sd.org/>

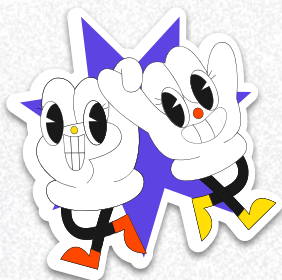
04 Service Credit

How to get credit for your service?



Getting Credit for your Service

**1. Complete
your service
opportunity**



**2. Get
Volunteer
Verification
Sheet signed**

Single Event /
Continuous Service

**3. Submit hours
via Google form
on Counseling's
website page**

https://docs.google.com/forms/d/e/1FAIpQLScrloy_ZlkTNCasnya6IDSZzACDuzGxeX25zQL9uXReWXFIWw/viewform

Resources

Counseling Home Page Advanced Placement Program Graduation Requirements College Planning Timeline HMSA Dual Enrollment Program

Student Volunteer Hours Transcript Request Form Resources and Websites

HOME > COUNSELING > STUDENT VOLUNTEER HOURS

Student Volunteer Hours

[HMSA Volunteer Hours Information 2024-2025](#)

Volunteer Hours General Information

HMSA Graduation Requirement:

Class of 2025- 100 volunteer hours

Class of 2026-100 volunteer hours

Class of 2027 - 100 volunteer hours

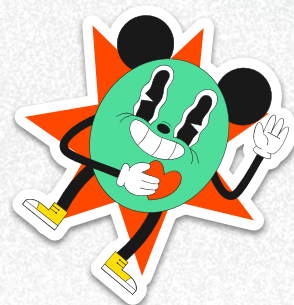
Class of 2028 - 100 volunteer hours

1. Fill out the Volunteer Hours Verification Sheet for each volunteer program you participate in or each event you participate in.

- Single Event [HMSA Student Volunteer Hours Verification Sheet \(single event\)](#)
- Continuous Volunteering: [HMSA Student Volunteer Hours Verification Sheet \(Continuous Volunteering\)](#)


1. Submit the Volunteer Hours Verification Sheet online to

[HMSA Volunteer Hours Form](#) (Attach the Volunteer Hours Verification Sheet to the online form)




<https://hmsa.hawthornesd.org/>

Volunteer Verification Sheets



HMSA Student Volunteer Hours Verification Sheet (Single Service)

Student Name	
Student ID	
Graduating Class of...	
Name of Organization	
Name of Event	
Day & Date of Event	
Below section to be completed ONLY by the event supervisor AFTER the student completes service.	
Event Supervisor's Name	
Event Supervisor's email	
Event Supervisor's phone #	
Time student started service	
Time student ended service	
Total service time	
Event supervisor's signature	



HMSA Student Volunteer Hours Verification Sheet (Continuous Service)

Student Name			
Student ID			
Graduating Class of...			
Name of Organization			
Date Service started			
Date Service ended			

Date	Time In	Time Out	Total Time

Date	Time In	Time Out	Total Time

Below section to be completed ONLY by the event supervisor AFTER the student completes service.

Event Supervisor's Name	
Event Supervisor's email	
Event Supervisor's phone #	
Total service time	
Event supervisor's signature	

[Counseling Home Page](#)
[Advanced Placement Program](#)
[Graduation Requirements](#)
[College Planning Timeline](#)
[HMSA Dual Enrollment Program](#)

[Student Volunteer Hours](#)
[Transcript Request Form](#)
[Resources and Websites](#)

HOME > COUNSELING > STUDENT VOLUNTEER HOURS

Student Volunteer Hours

HMSA Volunteer Hours Information 2024-2025

Volunteer Hours General Information

HMSA Graduation Requirement:

Class of 2025- 100 volunteer hours

Class of 2026-100 volunteer hours

Class of 2027 - 100 volunteer hours

Class of 2028 - 100 volunteer hours

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1. Submit the Volunteer Hours Verification Sheet online to

[HMSA Volunteer Hours Form](#) (Attach the Volunteer Hours Verification Sheet to the online form)

HMSA Volunteer Hours Form 2024-2025

Please use this form to submit your volunteer hours.
Please submit this form once for each separate activity.

Class of 2025-100 volunteer hours for diploma clearance.
Class of 2026-100 volunteer hours for diploma clearance.
Class of 2027-100 volunteer hours for diploma clearance.
Class of 2028-100 volunteer hours for diploma clearance.

[vkratz@hawthorne.k12.ca.us](#) [Switch account](#)

The name, email, and photo associated with your Google account will be recorded when you upload files and submit this form.

* Indicates required question

Email *

☐ Record vkratz@hawthorne.k12.ca.us as the email to be included with my response

First Name *

Your answer

Last Name *

Your answer

Student ID # *

Your answer

Grade *

☐ 9th
☐ 10th
☐ 11th
☐ 12th

Activity *

☐ Tutoring
☐ College Exploration
☐ Scholarships
☐ Career Exploration
☐ Building Community
☐ Counseling
☐ Environmental Club
☐ Other:

How many hours are you submitting in this form? *

Your answer

Write a reflection on your experience completing your volunteer hours. What did you learn? How are you using your experience volunteering in your own personal life? Etc (150-250 words) *

Your answer

Please submit proof of your volunteer hours. If you volunteered in person, submit the HMSA Student Verification Form signed by the supervisor. If you completed a research opportunity, please submit a screenshot of what you did.

Upload up to 5 supported files. Max 100 MB per file.

[Add file](#)

A copy of your responses will be emailed to vkratz@hawthorne.k12.ca.us.

[Submit](#)

[Clear form](#)

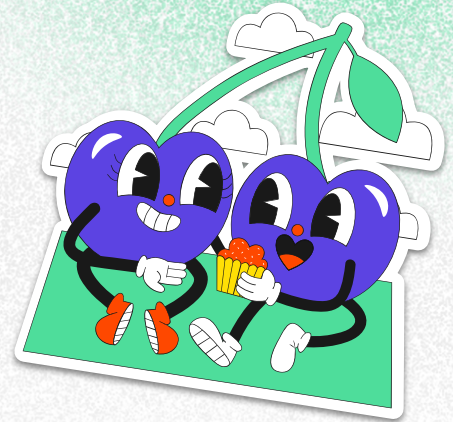
<https://hmsa.hawthornesd.org/>

Reports

Periodically you will receive email updates with the volunteer hours you have been credited towards your graduation requirement.

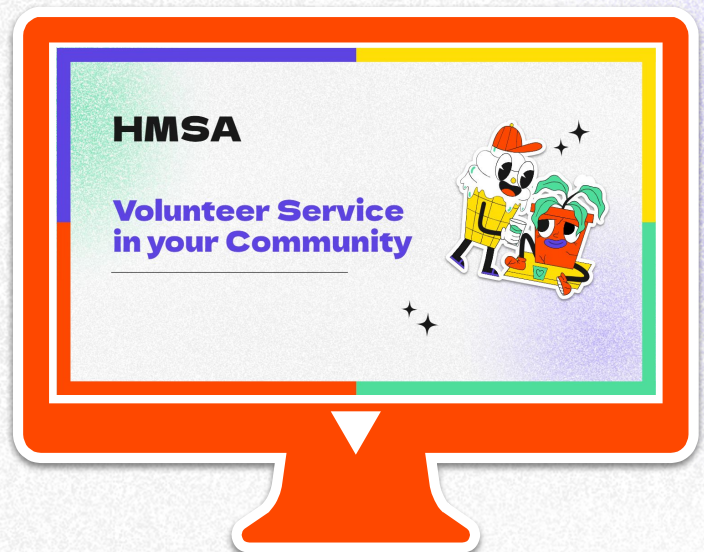
Submit your hours as quickly as possible after completing them.

Keep your original, signed, verification sheets as backup in case your counselor has any questions.

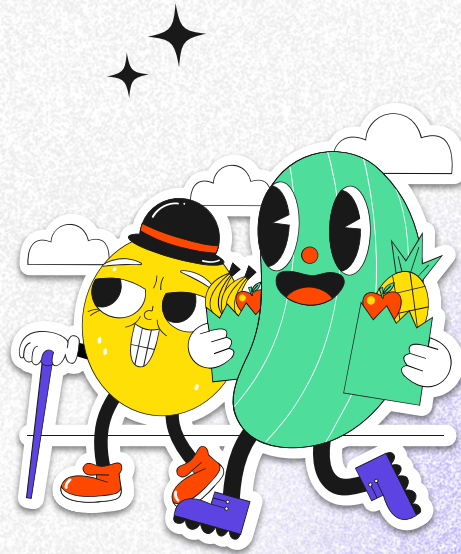


Let's Practice

- Earn 1 volunteer hour by completing a practice volunteer submission by the end of the school day.
- Take a screenshot of your google form (before submitting it) to upload as “proof” of service.



You've Got This!



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