

January 2019





## ***Superintendent's Corner***

### ***January 2019***

***Mr. Eric Lawton***

Happy 2019! Hard to believe that we are almost 20 years into Y2K. I remember predictions about the chaos in changing from 1999 to 2000. We really did not see much of a change. As we now move into the new year, we will continue to provide high quality educational experiences and multiple activities for our students.

Winter is in full swing and sometimes it is a battle to get our style conscious children to wear appropriate, winter clothes. The argument that I always get is the short walk to the bus and the school. I readily remind the children that they may find themselves outside in the weather for any number of reasons. Our goal of encouraging happy, healthy, well educated students includes healthy clothing choices. Thanks for your support in keeping our children warm.

As we begin the second semester, remind your children that they must keep their eyes on the prize. Stay diligent in their work and they will be successful. Routines and good work habits will carry them through this year and in the future.

We have entered into an agreement with Springville GI for athletics for next school year. There are many new opportunities for our student athletes. Please take a look at the offerings on their website and see if your child may be interested in trying something new. I once again would like to thank Ellicottville for providing West Valley students with athletics for the past four years.

The beautiful Western New York weather is sometimes unpredictable so be sure to review the early dismissal plan with your child. Reviewing little things like where the extra key is kept or exactly who will be home or where to go can be reassuring to a child. We will do our best to keep you informed with our blackboard connect system. Please know that we are always going to take the very best care of your children.

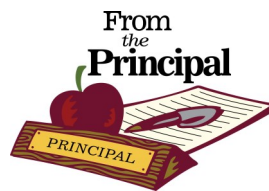
I wish all of you a happy, healthy, and prosperous new year.

### **TOPS in Education**

At TOPS Friendly Markets, we are committed to helping the communities we serve. Schools are a big part of those communities. That's why we are excited to bring you TOPS in Education, a program that makes it easier to get additional money for school improvements and programs. TOPS contributes up to 5% of your purchase to the school(s) you have chosen. The more you shop, the higher percentage we donate!

**Here's how it works:** Whether you are new to this program or currently participating, ***you need to register your bonus card every new school year*** at [TopsMarkets.com/Education](http://TopsMarkets.com/Education) and follow the prompts.





***Principal's Corner***  
***January 2019***  
***Mr. Daniel Amodeo***

I would like to wish the West Valley community a Happy New Year! We are fast approaching the mid-point of the school year as our second quarter marking period will end on Friday, January 25<sup>th</sup>. Many of our students will continue preparing for the administration of January Regents exams. This year we will continue to provide the opportunity for our 11<sup>th</sup> grade students to take the Common Core English Regents exam in January. This provides our students an additional opportunity to meet this graduation requirement. January Regents exams will be administered beginning on January 22<sup>nd</sup> through Friday, January 25<sup>th</sup>.

Last month our 10<sup>th</sup> grade students attended a tour at Ellicottville CTE center on December 14<sup>th</sup>. This experience will help them decide their course selections for next school year. A selected group of 7<sup>th</sup> grade students will be attending an annual Middle School Leadership seminar on January 10<sup>th</sup> at the Dresser Rand Challenger Center. This opportunity is facilitated by the Cattaraugus-Allegany Principal's Association and provides middle school students with experiences to build their leadership skills while collaborating with students from other schools in our region. Students attending have been nominated by their teachers.

Our music students will participate in the Junior High and Senior High Solo Fest on January 19<sup>th</sup> and 26<sup>th</sup> respectively. We will be transitioning our intramural soccer program to basketball for grades 3-6 beginning in January. Our PTO will be sponsoring a Middle School and High School Gym night on two Friday's in January. We are very fortunate to have our PTO creating opportunities for our students. Finally, on January 28<sup>th</sup> we will have our 3<sup>rd</sup> Superintendent Conference day and there will be no school for students.

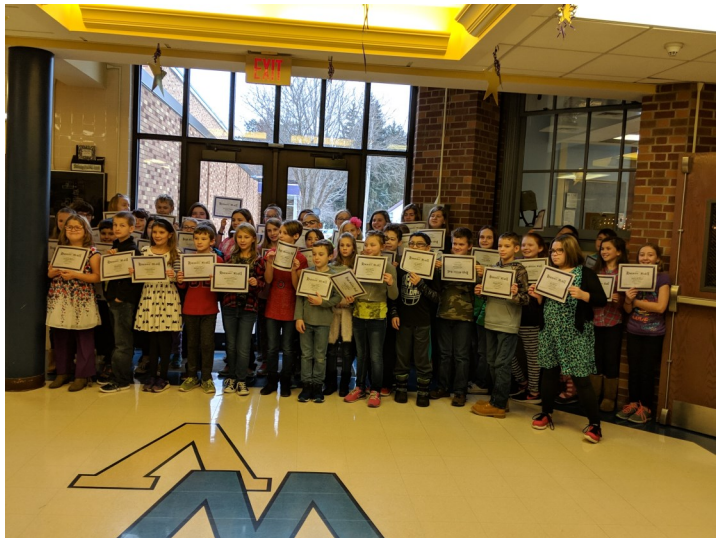
### Emergency School Closings

West Valley Central School District uses the Blackboard Connect system to send an automated message regarding school closings and cancellations of activities. The message will be sent to your household phone number and to the emergency contacts that you listed at the beginning of this school year. If this information has changed or you would like to verify what is on file, please call Dana Westfall at 942-3100 extension 4111. The District also contacts the following radio and television stations:

Channel 2, 4, 7	WPIG 95.7	FM	WYRK 106.5	FM
	WBEN 930	AM	WSPQ 1330	AM

## Academic Excellence!

On Wednesday, December 5<sup>th</sup> students in grades 4 through 6 participated in the Honor/Merit Roll breakfast for their hard work and achievements during the 1<sup>st</sup> quarter of the school year. Congratulations to all of these students. We are looking forward to seeing them at the two remaining ceremonies later in the year.



### West Valley Food Pantry

The pantry is located at the Ashford Town Barns on Fox Valley Road. It services the families of the Town of Ashford and the West Valley School District. If West Valley Central School closes due to inclement weather, the food pantry will close.

It is open the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month from 1-4pm. For emergency needs, call Kris Aldrow at 942-6690 or Corky Miller at 716-257-3651.

Donations are always welcome. We are always in need the following items; juice, cereal, macaroni, toilet paper and paper towels.

Thank you!

### Free Community Clothes Closet

St. John the Baptist Church has a *Free Community Clothes Closet* located behind the church in Bingham Hall from 1-4pm every Wednesday or by appointment.

Clothing, shoes, bedding, household items and books are available for Cattaraugus County residents.

Donations of gently worn, clean seasonal items are always welcome.

If you have any questions or would like to make an appointment please call Jacque Conrad at 942-3836.

Thank you very much for the continued support.

# YEARBOOK SALES

The 2019 Vallian Yearbook is now on sale. The free yearbook winners were:  
Chloe Samborski –Elementary Colleen Keller –Secondary

The last day to order a yearbook will be March 1, 2019  
There will be only a few extras ordered so please get yours soon.

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The cost of this year's FULL COLOR yearbook is \$50.00. A deposit of \$25.00 will hold your yearbook. The final payment of \$25.00 will be due by March 1, 2019.

Name of Student \_\_\_\_\_  
Homeroom \_\_\_\_\_  
Amount paid \_\_\_\_\_  
Date ordered \_\_\_\_\_

Orders should be given to Mrs. Mumbach or Mrs. Kazmierczak.

## **Attention Parents/Guardians of 8<sup>th</sup> Grade Students**

There will be a **mandatory** meeting for 8<sup>th</sup> grade students and their parents/guardians for the upcoming Washington DC trip in May. The meeting will be held on **Wednesday, January 9<sup>th</sup> at 6:30 pm** in the Auditorium. A representative from Close Up Washington will be present to answer any questions your family may have.

Yearbook Personal Ads  
Place a personal ad in the yearbook for one of our seniors!

Deadline: January 15, 2019

Making your ad is simple. Just fill out the form, include any pictures you'd like us to use, and attach payment. Return this form along with your pictures, to the office or to Mrs. Mumbach or Mrs. Kazmierczak.

Prices: ½ page (8 ½" x 5 ½") \$50.00  
Full page (8 ½" x 11") \$100.00

¼ page (4 ¼" x 5 ½") \$35.00  
1/8 page (2" x 3") \$20.00

These ads can include pictures and text or just text. They can be hand-written or emailed. All work will be recreated AS IT WAS WRITTEN. Photos may be digital or actual photos. Photos will be returned. If photo is scanned please make sure the resolution is at least 300 dpi. Ad size may limit space.

Name \_\_\_\_\_ Phone Number \_\_\_\_\_  
Number of Photos included for this Ad \_\_\_\_\_ (please put your name on the back of all photos)  
Text wanted in the ad: (ie, "We love you Suzy!") Write it below or attach a typed version or email to  
jmumbach@wvalley.wnyric.org

Payment options:

Bring your payment with this form to the front office in an envelope with your name on it, send it with your student or mail it to WVCS 5359 School St. West Valley, NY 14171 ATTN: J. Mumbach (checks payable to WVCS Yearbook)

Type of ad (ie, full page ad) \_\_\_\_\_ amount: Price Paid

\$ \_\_\_\_\_

Cash \$ \_\_\_\_\_  
Check \$ \_\_\_\_\_

Check # \_\_\_\_\_

**\*\*Please do not create your own ad-it may not be compatible with our software.**



## **PENN-YORK COLLEGE NIGHT 2019**

Interested in finding the college that best meets your needs? Then all sophomores and juniors and their families should plan on attending the Penn-York College Night at Saint Bonaventure University in the **Richter Center** on Tuesday, March 19, 2019 from 6:00 PM - 8:00 PM. This is an opportunity to speak with admissions representatives from over 100 colleges, and attend financial aid presentations. There will be representation from four-year colleges and universities, community colleges, business schools, technical schools, and military academies. Information will be available in the Guidance Office soon. There is **NO** cost for this event. Transportation for the students will be provided with chaperones.

PENN-YORK COLLEGE NIGHT 2019 AT ST. BONAVENTURE UNIVERSITY

### **Holiday Spirit at Tops!**

We hope you found a little treat when shopping at Tops this holiday season! West Valley's art club, 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> graders, were donated bags from Tops to decorate for the holiday season which were then returned to circulate throughout the community. The students really enjoyed designing the bags and knowing that our own community members were able to receive them. "I hope that this small gesture was able to put a smile on someone's face this Christmas," says 10<sup>th</sup> grader Chloe Chai.

They all turned out wonderful!



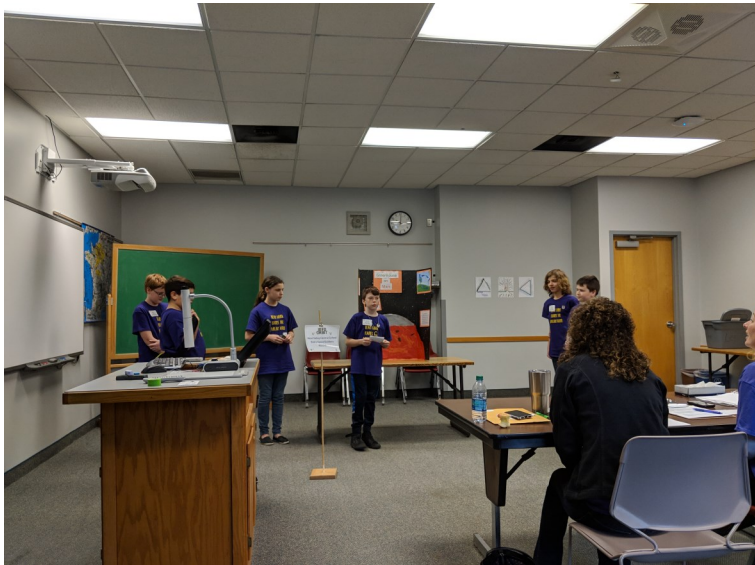
The West Valley Board of Education have approved the following changes to their original meeting schedule as follows:

May 6, 2019 scheduled board of education meeting is now on **May 13, 2019 @ 7pm**

May 14, 2019 scheduled board of education meeting is now on **May 21, 2019 @ 7pm**

## Lego League

This year we took two teams to compete at Houghton College. The theme of this year's competition was Into Orbit. Our teams had to develop a solution to a problem that could occur if you lived in space for over a year. Bob's Builders created a greenhouse that would provide fresh vegetables and protein using an aquaponics system to grow food. The Space Runners developed a Parkour Gym that would make exercising in space more enjoyable while helping astronauts maintain a healthy lifestyle. Both teams did an excellent job on their project presentations. They were also successful at coding their robots to complete missions in the robot competition.





Buffalo Animal Adventures wowed our students with a unit on the rain forest for this month's presentation. The unit included the presentation on 3 different animals from the various parts of the rain forest. The students had the opportunity to see an Asian Forest Scorpion, a Blue and Gold Macaw, and a Red Tail Boa.



Once again, Mr. Mike Morton from Sundance Kids Farm came with an animal for us to learn about. This month he brought Dancer, a reindeer who lives on his farm. He told us all about reindeer – where they live, what they eat, etc. He even let us pet her and have our picture taken with her! Thank you to Mr. Morton for teaching us all about these wonderful animals!



## **Second Grade Map Makers**

During December, the second graders in Mrs. Enser's class learned about landforms and bodies of water. They examined maps of NYS Parks and a relief map of NY State. Using a STEAM kit from BOCES, the students were tasked with creating a new State Park, and then creating a landform relief map of their park.



## **West Valley Alum Still Giving Back**

*By: Meghan George-Baker*

On Saturday, November 24<sup>th</sup>, as many college students are home on break, enjoying a little R&R, several West Valley graduates from the Class of 2018 volunteered several hours of their time at the Pines Healthcare and Rehabilitation Facility in Machias painting the windows. The group of former NHS students enjoyed spending the morning painting holiday scenes and seeing the faces of the elderly as they strolled past.

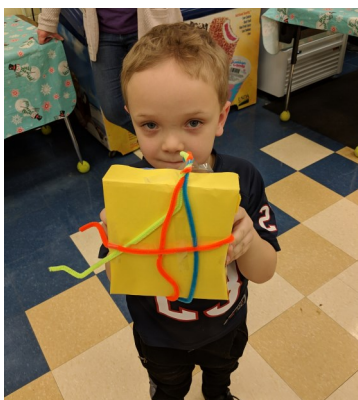
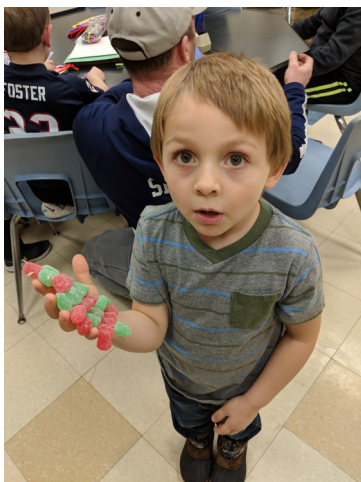
Pictured: Haven Ford, Sarah Sheffield, Julianna Noto, Lauren Olejniczak, and Lily Baker



## ***FAMILY STEAM NIGHT***

Everyone had a great time at our first Family STEAM Night of the Year! During this event, students AKA Santa's secret helpers put on their elf hats to help Santa get ready for Christmas. Students made Santa a new hat and a new sleigh. There were ornaments to make and presents to wrap. Students made trees with gumdrops and built a new barn for Santa's reindeer. The elf was stuck on the shelf, so Santa's helpers had to build a vehicle to help the elf down the zip line. Everyone's designs and creations were amazing!

It was also awesome to see parents designing and creating too! We hope to see everyone at our next Family STEAM Night!





## The West Valley PTO needs YOU!

MEETING : WED JAN 23 2:45 PM  
in the Elementary Library  
(children welcome to stay)

We are looking for volunteers for the following events:

Friday, Jan 11 : Middle School Fun Night  
Friday, Jan 25: High School Fun Night  
Friday, Feb 8: Elementary Fun Night

All events 6—7:30 PM

Contact Michelle Enser at:  
[menser@wvalley.org](mailto:menser@wvalley.org) to volunteer



## January 2019

### Regents Exams and Locations

JANUARY 22 Tuesday	JANUARY 23 Wednesday	JANUARY 24 Thursday	JANUARY 25 Friday
8:00 A.M.	8:00 A.M.	8:00 A.M.	8:00 A.M.
English Language Arts	U.S. History & Government Geometry	Transition Exam in Global History & Geography Physical Setting/Physics	Physical Setting/Earth Science Physical Setting/Chemistry
11:45 P.M.	11:45 P.M.	11:45 P.M.	11:45 P.M.
Living Environment	Algebra 1	Algebra II	Uniform Admission Deadlines  <b>Morning</b> Examinations- 10:00 a.m.  <b>Afternoon</b> Examinations- 2:00 p.m.

**Juniors will not attend A.M. BOCES.**

## **Physics Students Excel at Olympics**

*By: Meghan George-Baker*

On Saturday December 1<sup>st</sup>, physics students across Western NY participated in this year's Physics Olympics event held at Buffalo State College. Students participated in three events – Bowling Ball Crash, Craft Stick Crane, and Egg Drop. Desi Gillis and Aaron Schenne represented West Valley in the Olympics and finished in 8<sup>th</sup> place overall out of 23 teams and tied for 1<sup>st</sup> in the Egg Drop event. As they waited for the results, students were able to enjoy many physics demonstrations put together by area physics teachers, including a homemade theremin (an electronic musical instrument), liquid nitrogen ice cream, and enjoy a ride down the hall on an oversized hovercraft. Congratulations on your accomplishments Aaron and Desi!



## **1, 2, 3, 4 we declare a winner of Coin Wars!**

The 8<sup>th</sup> Grade won Coin Wars with over 30,000 points! All totaled, West Valley raised over \$780 for charity!

The 8<sup>th</sup> Grade will donate one hundred dollars to the 9<sup>th</sup> Grade class' charity who came in second place with over 17,000 points; the West Valley Clothes Closet.

The remainder will be donated to the 8<sup>th</sup> Grade charity, the Cystic Fibrosis Foundation. The 8<sup>th</sup> Grade will also enjoy a Splat Ball and pizza party night on Monday, January 7<sup>th</sup> 2019 from 5:30 to 7:30 in the Gym.

Student Council thanks everyone who got involved, we're so proud of our West Valley Family!



Congratulations to the following students:

Their artwork has been accepted into the Regina A. Quick Center at Saint Bonaventure University for the Arts, Kindergarten through Fifth Grade Juried Art Exhibition:

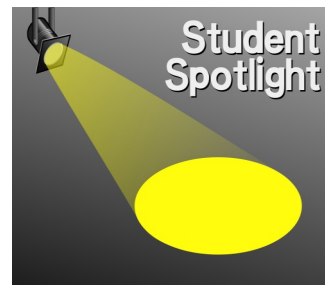
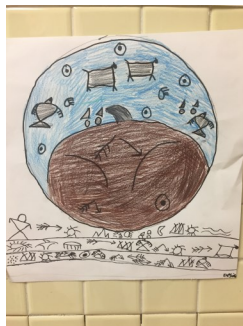
Cole Holstein, Grade: 5th  
Kaiden Troutman, Grade: 5th  
Presley Soderlund, Grade: 5th  
Trinity Diaz, Grade: 5th  
Tucker Fleming, Grade: 5<sup>th</sup>

Desirae Phillips, Grade: 4th  
Eva Barnes, Grade: 4th  
Scarlett Clarkson, Grade: 4th  
Trynyty Osborne, Grade: 2nd  
Hope Niesyty, Grade: 1st

A reception with the University Christmas Tree lighting was held on December 4, 2018.

## **Artist of the Month**

Desirae Phillips has been chosen to be the Artist of the Month. She is in 4<sup>th</sup> grade at West Valley. Her favorite color is blue! Some things Desirae enjoys is running. She is part of the school program called "Girls on the Run." She also enjoys spending time with her brother and sister. Desirae loves animals. When she grows up she wants to be a Veterinarian.



## 2018 National Technical Honor Society

The Ellicottville Career and Technical Center BOCES inducted Power Equipment Technology senior Brian Reed into the National Technical Honor Society. The National Technical Honor Society currently serves approximately 100,000 active global members. It honors the achievements of top Career and Technical Education stu-



dents and cultivates excellence in tomorrow's workforce. Membership is based on academic and technical grades, attendance, leadership and character.

Career and Technical Education prepares individuals to succeed in education and their careers with 70% of National Technical Honor students going on to college.

## Field Sobriety Training

Juniors in the Criminal Justice class at the Ellicottville Career and Technical Center BOCES complete six weeks of Officer Patrol Training as part of their curriculum. This module introduces the principles of Blood Alcohol Content, absorption, probable cause and officer safety along with many other aspects of patrol. The students train with a duty belt that is fully equipped with handcuffs, flashlights and a training sidearm. The patrol unit culminates with a simulated DWI Field Sobriety Check and Felony stop utilizing a Village of Portville patrol car. Adhering to established police protocol is part of their grading. Criminal Justice students find the experience challenging but extremely rewarding. Seen in photo is Sierra Folts.



# AmeriGas Is GOING BACK TO SCHOOL!

**SCHOOL DAYS** from AmeriGas Propane will give our school up to **\$2,000 per school year** for books and computers, sporting equipment, band equipment, art materials, vocational technical supplies ... all the way to travel funds for that important educational trip.

**SAVE** your AmeriGas Propane receipts and bring them to school to deposit in the School Days Receipt Box ...  
**It's just THAT EASY!**



## School Days

**AmeriGas**<sup>®</sup>  
America's Propane Company

West Valley CS Pre K - 12  
Breakfast Menu

MENU IS SUBJECT TO CHANGE

January  
2019

Bring on  
the  
NEW YEAR!

Attention Parents!!!

Breakfast is the most important meal of the day and provides the necessary energy to start a day of learning and achievement. Children who eat breakfast at school:

- Score better on Standardized Tests
- Have Fewer Health Issues
- Behave Better in Class

Take the worry out of paying for Breakfasts:

Prepay for your child with cash, check or money order. Make checks and/or money orders payable to West Valley Central School or pay online at [myschoolbucks.com](http://myschoolbucks.com)



Students may choose one item from each section. Students must choose at least three items to constitute a full breakfast.

**One item must be a Fruit**

Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>WINTER BREAK</b>  <b>NO SCHOOL</b>	2 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	3 Breakfast Burrito Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	4 Mini French Toast Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
7 Ham, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	8 Apple or Cherry Frudel Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	9 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	10 Breakfast Pizza Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	11 Mini French Toast Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
14 Ham, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	15 Cinni- Minis Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	16 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	17 Breakfast Burrito Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	18 Mini French Toast Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
21 <b>MARTIN LUTHER KING JR. DAY</b>  <b>NO SCHOOL</b>	22 Apple or Cherry Frudel Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	23 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	24 Breakfast Pizza Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	25 Mini French Toast Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
28 <b>SUPERINTENDENT'S CONFERENCE DAY</b>  <b>NO SCHOOL</b>	29 Cinni- Minis Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	30 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	31 Breakfast Burrito Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	

# West Valley Central School Grades K-8 Lunch Menu

Menu is subject to change.

## January 2019



# Bring on the NEW YEAR!

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WINTER BREAK NO SCHOOL	2 Sweet & Sour Chicken Over Rice Or Ham & Cheese Sub ----- Broccoli Corn	3 Cheese & Pepperoni Pizza OR Turkey & Cheese Wrap ----- Seasoned Tomatoes Peas	4 Grilled Cheese W/Tomato Soup Or Chicken Salad Sandwich ----- Sweet Carrots $\frac{1}{2}$ cup Baked Beans
7 Chicken Patty Sandwich Or Ham & Cheese Sub ----- Baked Beans	8 Taco In A Bag Made with Nacho Doritos Or Turkey & Cheese Wrap ----- Corn Salsa $\frac{1}{4}$ cup	9 Meatball Sub Or Ham & Cheese Sub ----- Green Beans	10 Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Broccoli	11 Grilled Cheese W/Tomato Soup Or Chicken Salad Sandwich ----- Sweet Carrots $\frac{1}{2}$ cup
14 Cheeseburger OR Hamburger Or Ham & Cheese Sub ----- French Fries	15 Ultimate Nachos W/Tostitos & Rice Or Turkey & Cheese Sandwich ----- Baked Beans Salsa $\frac{1}{4}$ cup	16 Pasta & Meatballs W/Warm Dinner Roll Or Ham & Cheese Sub ----- Green Beans	17 Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Broccoli	18 Grilled Cheese W/Tomato Soup Or Chicken Salad Sandwich ----- Sweet Carrots $\frac{1}{2}$ cup
21 MARTIN LUTHER KING JR. DAY NO SCHOOL	22 Buffalo Chicken Taco Seasoned Rice Or Turkey & Cheese Wrap ----- Corn Salsa $\frac{1}{4}$ cup	23 Diced Chicken & Gravy W/Dinner Roll Or Ham & Cheese Sub ----- Green Beans Sweet Carrots $\frac{1}{2}$ cup	24 Meatball Pizza Cheese & Pepperoni Pizza Or Turkey & Cheese Sandwich ----- Broccoli Cauliflower	25 Grilled Cheese W/Tomato Soup Or Chicken Salad Sandwich ----- Baked Beans
28 SUPERINTENDENT'S CONFERENCE DAY NO SCHOOL	29 Soft Shelled Tacos Seasoned Rice Or Turkey & Cheese Wrap ----- Corn Salsa $\frac{1}{4}$ cup Baked Beans	30 Oven Roasted Chicken W/Dinner Roll Or Ham & Cheese Sub ----- Mashed Potatoes & Gravy Sweet Carrots $\frac{1}{2}$ cup	31 Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Broccoli Cauliflower	

Offered daily  
With all School Lunches:  
Fresh or Prepared Fruit  
(Must take  $\frac{1}{2}$  cup of Fruit or Vegetable -  
may take up to 1 cup)  
  
Non or Low Fat White or  
Non Fat Chocolate Milk  
available daily

In addition to the Entrée  
of the Day, we also serve  
the following Items Daily:

Peanut Butter & Jelly  
Sandwich

Julienne Salad with a Dinner  
Roll

Start with a:

- **Vegetable**
- **Fruit** (or take both)
- **Choose whole grains**
- **Pick a lean protein**
- **Add serving of milk**

*Take at least 3*

**West Valley Central School**  
5359 School Street  
West Valley, NY 14171  
(716) 942-3100

NON-PROFIT ORG.  
US POSTAGE PAID  
PERMIT NO. 5

West Valley, NY

**Board of Education**

Timothy Ploetz, President  
Mike Harmony, Vice-President  
Kim Cizdziel  
George Kazmierczak  
Dawn Samborski  
Stephen Kowalski  
Gary Niesyty

**POSTAL PATRON LOCAL**

*Or Current Resident*

**Administration**

Mr. Eric Lawton, Superintendent  
Mr. Daniel Amodeo, Pre-K–12 Principal and  
District Curriculum Coordinator

*WVCS Calendar of Events for January*

January 2 <sup>nd</sup>	First day back for students and staff
January 3 <sup>rd</sup>	AYI softball 6pm gymnasium
January 7 <sup>th</sup>	5 <sup>th</sup> /6 <sup>th</sup> grade soccer 2:40-3:40pm gymnasium
	Career Workshop 9am library
	Sundance Farm Animals 1-2:30pm auditorium
	8 <sup>th</sup> grade splat ball night 5:30-7:30pm gymnasium
	BOE meeting 7pm library conference room
January 8 <sup>th</sup>	3 <sup>rd</sup> /4 <sup>th</sup> grade soccer 2:40-3:40pm gymnasium
January 9 <sup>th</sup>	Red Cross Blood Drive 9:30-3:30pm auditorium
	AYI softball 6-8pm gymnasium
	Mandatory 8 <sup>th</sup> grade parent meeting 6:30-7:30pm aud
January 10 <sup>th</sup>	5 <sup>th</sup> /6 <sup>th</sup> grade soccer 2:40-3:40pm gymnasium
January 11 <sup>th</sup>	Middle School gym night 6-7:30pm
January 14 <sup>th</sup> – 29 <sup>th</sup>	Senior Class coffee sale
January 15 <sup>th</sup>	MGR Playhouse 3 <sup>rd</sup> – 5 <sup>th</sup> grades in classrooms
January 16 <sup>th</sup>	AYI softball 6-8pm gymnasium
January 19 <sup>th</sup>	Jr. High Solo Festival in Orchard Park
January 21 <sup>st</sup>	Martin Luther King Day – no school
January 23 <sup>rd</sup>	PTO meeting 2:45-3:45pm elementary library
	AYI softball 6-8pm gymnasium
January 25 <sup>th</sup>	Buffalo Animal Adventures 1-2:30pm auditorium
	High School gym night 6-7:30pm
January 26 <sup>th</sup>	Senior High Solo Festival @ BAVPA
January 28 <sup>th</sup>	Superintendent Conf. Day – no school for students
January 29 <sup>th</sup>	Spanish club 2:45-3:45pm Rm A211
January 30 <sup>th</sup>	MGR Playhouse K-2 <sup>nd</sup> grade 1:30-2:30pm auditorium
	AYI softball 6-8pm gymnasium

Please send all newsletter articles to: [aleonard@wvalley.org](mailto:aleonard@wvalley.org). Articles should be in MS Word or MS Publisher or saved as a JPEG. The deadline for the February Newsletter is January 15, 2019 at 3 PM.

**\*\*\*\*PLEASE DO NOT INCLUDE GRAPHICS IN YOUR ARTICLES-THANK YOU!\*\*\*\***