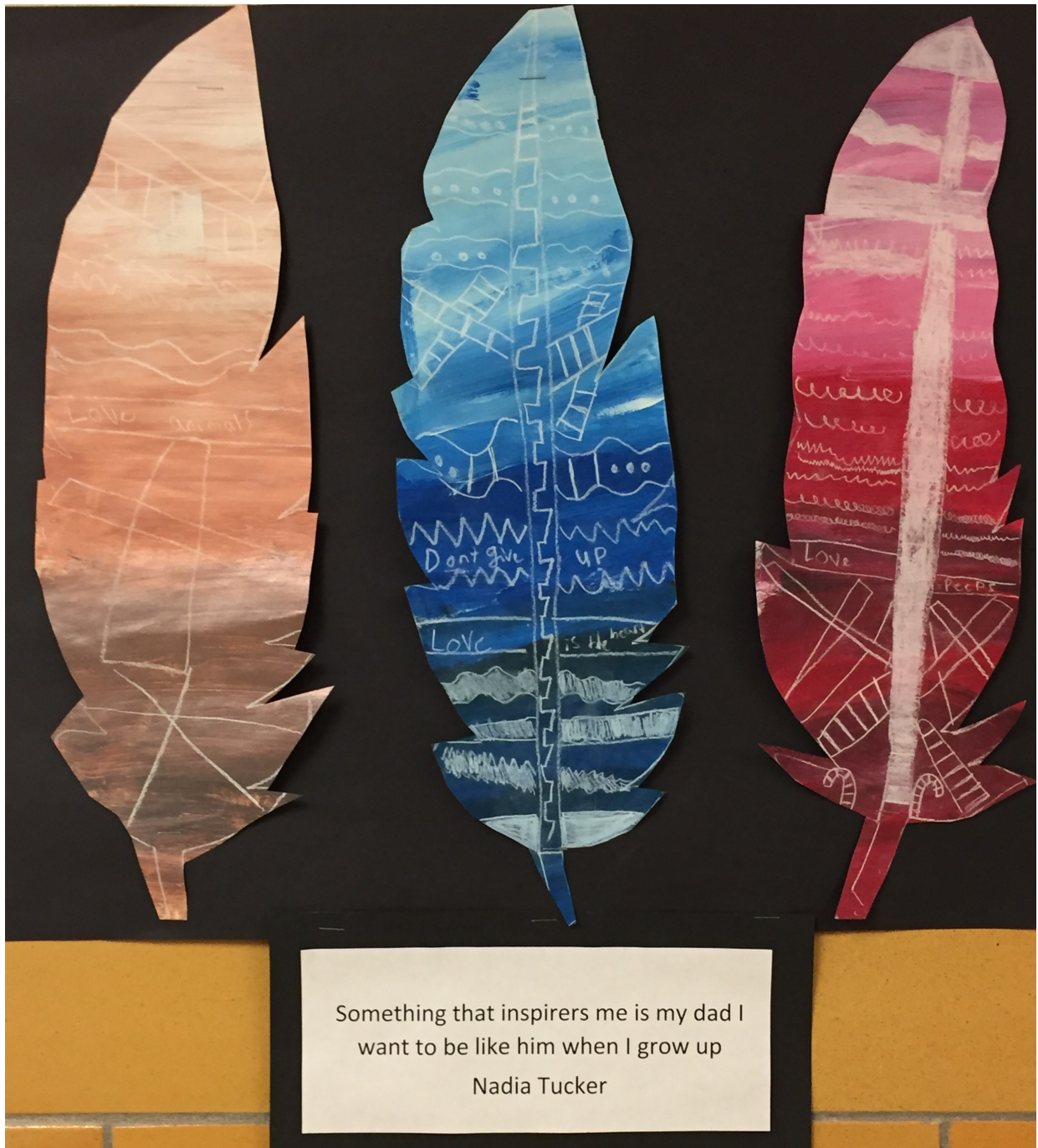


West Valley

VOL. 24 No. 4
DECEMBER 2018

Central School





Superintendent's Corner

December 2018

Mr. Eric Lawton

We wrapped up November with an awesome Veteran's Day breakfast where our Veterans were treated to a great meal and a song from our elementary students. As they came into the building, they checked out the Veteran's Honor Wall. There is a picture of it in this newsletter. The following week our elementary students had their Thanksgiving Feast and we had parent conferences on the Monday and Tuesday of Thanksgiving week. That leads us into December which is a time of giving and we are in the giving spirit here at school. Our students are collecting canned goods and clothing for the food pantry and the West Valley Community Closet.

We are working with Springville Griffith Institute on an athletic merger for the future. For the 2019-2020 school year, we are going to bring some athletic programs back to West Valley. We have enough athletes to run some of our own teams and will share many of the other programs with Springville. One nice feature of the athletic program there is that every season they have sports teams that make no cuts. This will also offer some new opportunities for our student athletes.

We are well into the second quarter of the school year and our students are having success in their studies. I see great representation in our honors programs at the elementary, middle and high school programs. Our free lunch and breakfast program allows every student to have a warm breakfast and lunch so they can focus on their school work. I anticipate some awesome music at the holiday concerts and the holiday show.

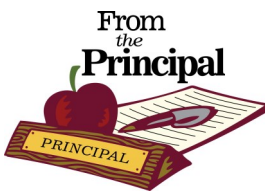
I wish you all a happy holiday season and a healthy and prosperous new year.

TOPS in Education



At TOPS Friendly Markets, we are committed to helping the communities we serve. Schools are a big part of those communities. That's why we are excited to bring you TOPS in Education, a program that makes it easier to get additional money for school improvements and programs. TOPS contributes up to 5% of your purchase to the school(s) you have chosen. The more you shop, the higher percentage we donate!

Here's how it works: Whether you are new to this program or currently participating, ***you need to register your bonus card every new school year*** at TopsMarkets.com/Education and follow the prompts.



***Principal's Corner
December 2018
Mr. Daniel Amodeo***

Congratulations are in order to all of our Merit, Honor Roll, and High Honor Roll achievers from the 1st Quarter. Students in grades 7-12 were acknowledged for their hard work during the 1st Quarter as staff created a Super Hero themed celebration for the students on November 30th. On Wednesday, December 5th students in grades 4th-6th will be honored with a hot breakfast and awards ceremony for their efforts during the 1st quarter. Thank you to the teachers, students, and parents for laying the foundations for a successful school year.

I would like to congratulate our fall athletes on a successful season. These students have dedicated a significant amount of time and energy to be student-athletes at West Valley Central School. West Valley student athletes attended their fall Sports Banquet on November 19th. I would also like to recognize our boys and girls in grades 3-6 who completed 5K races for Boys on the Right Track and Girls on The Run. Additional recognition is required for our First Lego League Team that competed at Houghton College on Saturday, November 17th.

As we enter the month of December, we look forward to opportunities that display our students' achievements. Our Winter Band concert will be held on Wednesday, December 12th followed by our Winter Chorus Concert on December 18th. West Valley will perform our musical, Disney Camp Rock on Thursday, December 13th and Friday, December 14th @ 7pm in our auditorium. To cap off the holiday season the annual Elementary Holiday Show will be held on Thursday, December 20th. We look forward to these many opportunities during the season of joy and wish you and yours a Happy Holidays.

Save The Date!
**Third Annual Town of Ashford
Christmas Tree Lighting**

Friday December 7th, 2018
6:00PM at the Community Center

There will be music, Christmas stories, refreshments, and MAYBE a visitor from the North Pole! Best of all, the lighting of our beautiful town Christmas tree.



BID FORM

Item Labeled	Item	Bid Amount
#1	3-tier metal cart on wheels	
#2	5-tier metal shelf	
#3	valcon convection oven	
#4	wood book case	
#5	blue upholstered chair	
#6	children's plastic playhouse	
#7	white metal table (1)	
#8	maple top adjustable desks (7)	
#9	children's easel	
#10	yellow square table (1)	
#11	yellow trapezoid table (2)	
#12	children metal chairs (13)	
#13	small wood library chairs (20)	
#14	large wood library chairs (3)	
#15	library tables (2)	
#16	large folding table	

Bidder's Name: _____

Bidder's Address: _____

Bidder's Phone Number: _____

Emergency School Closings

West Valley Central School District uses the Blackboard Connect system to send an automated message regarding school closings and cancellations of activities. The message will be sent to your household phone number and to the emergency contacts that you listed at the beginning of this school year. If this information has changed or you would like to verify what is on file, please call Dana Westfall at 942-3100 extension 4111. The District also contacts the following radio and television stations:

Channel 2, 4, 7	WPIG 95.7 FM	WYRK 106.5 FM
	WBEN 930 AM	WSPQ 1330 AM

WEST VALLEY, NY

West Valley Central School Principal, Daniel Amodeo, announced the following students in grades 7-12 have been named to the honor roll for the first quarter.

High Honor Roll

Grade 10: Chloe Chai
Makenze Hurtubise

Honor Roll

Grade 7: Gabriela Chesebro
Ronni DuFrane
Jordan Manaher
Kyree Meppen
Bethany Stanier
Grade 8: Christopher Amodeo
Tristan Ehnes
Benjamin Fisher
Kasper Heitman
Gabrielle Hickey
Nolan Spencer
Grade 9: Lucas Proseus

Grade 11: Caitlyn Cizdziel
Morgan Drake
Sandra Hebdon
Adriana Roblee
Grade 12: Brandon Blackmon
Michael Boberg
Nathan Dash
Madylee Lux
Cassandra Morton
Camryn Phinney
Lillian Shanley
Madison Shanley

Merit Roll

Grade 7: Mara Campanella
Carson Finn
Nicholas Peters
Grade 8: Jacob Coluci
Lauren Frascella
Janay Ghani
Zander Smith
Samantha Stock
Zachary Westfall
Grade 12: Travis Dusterhus
Rachel Frascella
Desiree Gillis
Samuel Klahn
Scott McBurney
Delaney Neuman
Brian Reed
Aaron Schenne
Becca Smith

Grade 9: Nathan Niesyty
Grade 10: Ryan DeKay
Isabella Draine-Soto
Kyle Hickey
Aaron Ignatowski
Yvonne Kneis
Leah Seltzer
Alyssa Smith
Grade 11: Justin Seltzer



Free Community Clothes Closet

St. John the Baptist Church has a *Free Community Clothes Closet* located behind the church in Bingham Hall from 1-4pm every Wednesday or by appointment.

Clothing, shoes, bedding, household items and books are available for Cattaraugus County residents.

Donations of gently worn, clean seasonal items are always welcome.

If you have any questions or would like to make an appointment please call Jacque Conrad at 942-3836.

Thank you very much for the continued support.



West Valley Food Pantry

The pantry is located at the Ashford Town Barns on Fox Valley Road. It services the families of the Town of Ashford and the West Valley School District. If West Valley Central School closes due to inclement weather, the food pantry will close.

It is open Wednesday, December 5th from 1-4pm.

Holiday boxes will be available on Wednesday, December 19th from 3:30pm-6:00pm and Saturday, December 22nd from 10:30am-12:00pm.

For emergency needs, call Kris Aldrow at 942-6690 or Corky Miller at 716-257-3651.

Donations are always welcome. We are always in need the following items; juice, cereal, macaroni, toilet paper and paper towels.

Thank you!



All You Can Eat Breakfast with Santa

Sunday, December 9th 9:00am - Noon
St. John's Hall

Come enjoy a great breakfast with family and friends, get your picture taken with Santa, take your chance in our Theme Basket Raffle, and enjoy items in our Baked Good Sale.

All you can eat: Scrambled Eggs, Sausage, Pancakes, Coffee, Milk, and Juice.

See a member of the **Class of 2019** or
stop by the WVCS main office for tickets.

Adults = \$7.00 Presale

Seniors (60+) and Kids (4-10) = \$5.00 Presale

YEARBOOK SALES

The 2019 Vallian Yearbook is now on sale. Students who purchase a yearbook before December 3, 2018 will be entered into a drawing for a free yearbook. Winner will be announced on December 7, 2018. There will be an elementary winner and a high school winner.

The last day to order a yearbook will be March 1, 2019
There will be only a few extras ordered so please get yours soon.

The cost of this year's FULL COLOR yearbook is \$50.00. A deposit of \$25.00 will hold your yearbook. The final payment of \$25.00 will be due by March 1, 2019.

Name of Student _____

Homeroom _____

Amount paid _____

Date ordered _____

Orders should be given to Mrs. Mumbach or Mrs. Kazmierczak.



When: November 27 - December 7

Location of Bottles: The Main Office

Who: Each class (7-12) has their own jug for collecting money.

RULES:

Gain points by adding ***silver coins and bills*** to your class jug.
Lower other classroom totals by adding ***pennies*** to their jugs.

PRIZE:

Pizza party and a Splat Ball Night for the winners! Winners decide which charitable organization they want to donate to!

Points

	<u>Adding</u>	<u>Subtracting</u>	
Nickels	+5 points	Pennies	-1 Point
Dimes	+10 points		
Quarters	+25 points		
\$ 1 Dollar	+100 points		
\$5 Dollars	+500 points		
\$10 Dollars	+1000 points		

ASVAB Career Exploration Program in December

West Valley Central School will administer for free the ASVAB (Armed Services Vocational Aptitude Battery) assessment instrument, which is part of the ASVAB Career Exploration Program (CEP), to any **interested** students in grades 10-12 on Thursday, December 6th from 8:00 AM to 11:00 AM. Please have your son/daughter sign up in the Guidance Office with Mr. LaBrake. This test is an invaluable tool to help your student with his/her future educational and career plans.

The ASVAB CEP will help your student:

- To learn more about themselves and the world of work
- Explore occupations in line with their interests and skills
- Develop an effective strategy to realize their career and education goals

One of the scores of the ASVAB is the military services' entrance score which may be used by your student to explore career options in the military. Your child's name and ASVAB CEP scores will be released to the military unless you choose not to have their name released. Even if your child's name is released to the military, by no means is your child obligated to the military service.

The ASVAB CEP's website: www.asvabprogram.com offers great information regarding the program and includes a brief video summary explaining the process and benefits of the program. Please call Mr. LaBrake with additional questions, 716-942-3100, extension 4148. Thank you.

If you would rather not have your student's test scores released to the military, please sign and complete the information below and return to the Guidance Office.

I, (Parent/Guardian Name) _____ request that (student's name) _____ name and ASVAB CEP results not be released to the military recruiting services.

Signature of Parent/Guardian _____ Date _____

West Valley Short Story Competition

West Valley recently held its first annual Short Story Writing Competition. It was open to grades 7-12 and we had some amazing entries! Congratulations to the following students for their contributions:

Middle School Winners:

Third Place- Zion Harris
Second Place- Emma Smith
First Place- Zach Westfall

High School Winners:

Honorable Mention- Luke Defoe
Third Place- Abby Proctor
Second Place- Brandon Blackmon
First Place- Adriana Roblee

The following are some excerpts from some of the winning entries:

I remember Lilac's wavy, brown hair that came down a little bit past her shoulders. It was flowing in the wind just as if it were the leaves of the lilac tree. Her green eyes contracted as the sun shone down on her creamy skin tone. I, not knowing anything about what she was laughing at, peered up at the tree's crown. To my amazement, she was not losing her mind. Up at the crown of the tree was an Eastern Grey Squirrel. It looked just like one of the squirrels from a book that I used to read to Lilac...

Terrified and fearful, I nervously raised my rifle, pointing it at the beast until it suddenly turned looking straight at me. It roared once which was very intimidating and quickly began to collapse on my location. I knew my life was on the line and that's when I pulled the trigger. The echoing sound of my rifle through the vast forest was the last thing I heard, as the bullet wound didn't seem to affect the creature at all...

It felt like someone punched me in the chest and took my heart. I grabbed my clothes. My head was pounding. I thought I was going to explode. I try to get up but I felt light headed and I got dressed I was sweating like crazy. I clambered down the stairs my mom yelled my name "Sapphire wait what's wrong Sapphire you forgot your cream cheese bagel" I put my stuff in the back seat of my car and I go back into the house and grab my bagel "LOVE YOU MOM" I yell. My voice cracked so I just grab my keys when I did I saw my fingertips were gold pure gold I got in my car and sped to school...

As I flop on the couch and snuggle in with my mom my feet get under her shirt on her warm stomach. I've grown without her miss her with all my heart but that can't bring back. A life without my mom is like I am a stray puppy I have help but I want help from my wonderful mommy. I know lots of people love me but I only want her love and all of her love. I wish I could bring her back...

At the age of eight, I was diagnosed with Tourette Syndrome, and since then, I've kept to myself in order to keep it under wraps. The less contact I have with others, the more I can control it. I don't speak up in class, I skip school on days I have to present a project, and I don't go out of my way to make friends...



The Fall 2018 Girls on the Run season has ended with many great memories and accomplishments. We had 21 girls participate in a 10 week program that inspires girls to be joyful, healthy and confident while training for a 5k. The goal of the program is to help every girl activate her limitless potential and boldly pursue her dreams. Throughout the season the girls learned to be open-hearted, intentional decision makers who embrace differences and stand up for themselves and others. The last day of the program involved completing a community service project that would give back to the community. The girls chose to create painted stained glass ornaments to give out to the residents of West Valley who received meals on wheels support and place mats for the nursing home. Mrs. Leonard, Mrs. Dix, and Ms. Baren are proud of all who participated in the program and achieved their goals as a team.

Fall 2018 Girls on the Run Athletes:

Gracie Auman	Isabella Mitchell	Elizabeth Winsor
Baylee Bantin	Eve Niesyty	Riley Whitmer
Eva Barnes	Karly Otto	Olivia Harmony
Onnalee Caswell	Victoria Parish	Kara Troutman
Scarlett Clarkson	Desirae Phillips	Samantha Fisher
Payton Ehnes	Annabelle Proseus	Natalie Stanier
Kathryn Ensell	Emily Quinn	Jemma Fisher



Boys on the Right Track

The Boys on the Right Track (BOTRT) Fall 2018 Season wrapped up in early November. Over the course of eight weeks, the boys prepared themselves for a 5k run which they successfully completed along with hundreds of other BOTRT runners across Western New York.

Throughout the season, the boys learned life and leadership skills while training for their 5k run. For the last day of the program, the boys elected to complete a community service project celebrating the dedicated Veterans throughout West Valley and surrounding communities. Mr. Gregor and Mr. Lembke are proud of all of the athletes who showed tenacity, dedication, hard work, and kindness throughout the season. Great job boys!



Fall 2018 Boys on the Right Track Athletes:

Henry Frank	Brendon Ghani
Malachi Hickey	Noah Howe
Justis Kapp	Noah Klahn
Matthew Kneis	Logan Manaher
Ridge Meppen	Jack Niesyty
Johnny Noto	Derik Schoepflin
Gavin Stanier	Aaron Stoops
Jack Tharnish	Dominic Tirado
Tyler Trimm	Kaiden Troutman





Collecting Can Tabs

To benefit Ronald McDonald House Charities

Please send to WVCS
Att: Mrs. Ford

Thank You!

Entertainment Books

The Class of 2020 is selling Entertainment Books from November 13-December 14. Books are only \$25 and they are packed with \$1000s of savings on fine and casual dining, local attractions, travel, shopping and much more! All books include a FREE Mobile app, too! All you have to do is show your phone and SAVE. Entertainment books are also perfect for out-of-town friends and family as they are customized for your hometown. If you would like a book, please find a junior, Mr. Lembke, or Mrs. Mazzuto.



As always, thank you for your continued support.

PTO NEWS

Thank you to everyone who helped to make Fall Fest a success! We are still in need of helping hands and parents of all students at WVCS (grades PreK-12) to attend.

Upcoming Meetings:

December 13 at 2:45 and January 23 at 2:45—both held in the Elementary Library and kids are welcome to stay while you attend the meeting!!

Activities (pending BOE approval)

Middle School and High School Gym Nights and an Elementary Fun Night

We would love to see you there!

Family Reading Night

On October 24th, Halloween was celebrated at our first Family Reading Night of the year. Students and their families enjoyed a snack while listening to spooky stories and made some spooktacular Halloween crafts. Everyone went home with a new book from the book raffle. Thanks to Mrs. Vacanti for reading to the students and a special thanks to the families for coming out and having some reading fun! All families of students in Pre-K through 5th grade are invited to attend Family Reading Night. It is a free and all children must be accompanied by an adult.

Watch for flyers for our next event!



Thanksgiving Feast!

Once again, our primary classes enjoyed a Thanksgiving Feast. This year our Pre-K joined in on the fun. Students from Pre-K, Kindergarten, First Grade and Ms. Casey's class enjoyed a fun filled day that included a variety of centers, projects, and games. Then they dressed in costumes: Pre-K were turkeys, Kindergarten were Pilgrims, and First Graders were Native Americans.

After they got into their costumes they all went to the auditorium to enjoy the feast. Before eating every child took a moment to tell us what they were thankful for. A great time was had by all! We would like to thank our parent volunteers. Without their help we would not have been able to have this wonderful day! Thank you, one and all!

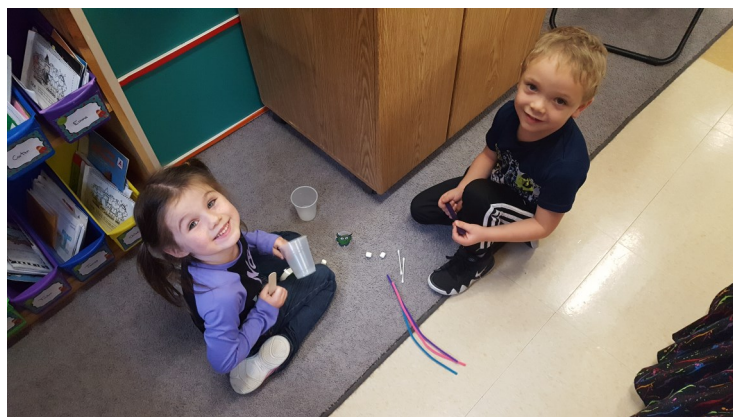
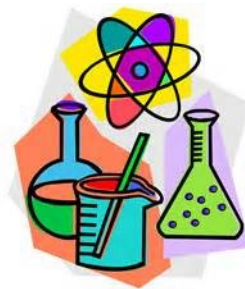
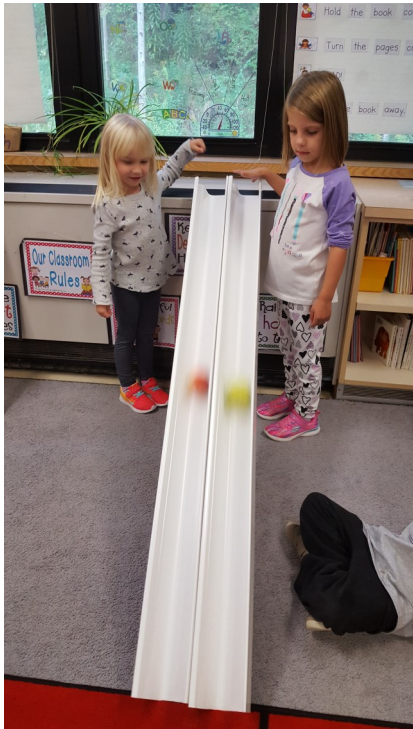


STEM in Kindergarten

You may be asking yourself what is STEM? STEM stands for Science, Technology, Engineering, and Math. Kindergarteners have been completing STEM challenges throughout the first quarter of this year. STEM challenges require creativity and cooperation along with a whole lot of supplies and patience. We began the year creating a perch for Harry (a pink puff ball) so he can see more easily around our classroom.

Our next challenge involved apple rolling and stacking. We continued on to learning about the inside and outside of a pumpkin which led to an experiment with candy corn. In addition, we did an experiment with Skittles that they will lose their color in a color path? Another fun challenge required us to create a monster trap.

Thank you to Mrs. Thiel for her help and great ideas and we look forward to many more challenges this year.





Once again, our elementary students had the opportunity to learn about an animal. This month Mr. Morton brought a turkey, named Norman, for us to learn about. We learned what a turkey eats, where it lives, how high and how fast it can fly and many other interesting facts about turkeys. Norman is around four years old, weighs about 40 pounds and is a permanent resident of the Sun Dance Kids Farm. The children had a great time learning all about him!

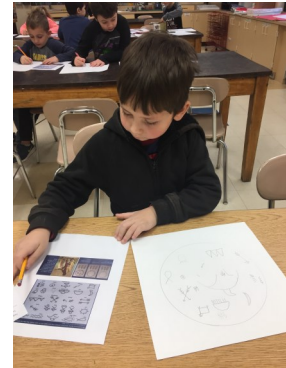


Buffalo Animal Adventures presented an Animal Adaptation Unit that taught our students about evolution and natural selection. The unit included a hands-on activity where students attempted to pick up seeds with certain utensils that were related to the beaks of birds. After the activity, the students learned about three specific animals who have unique adaptations to their ecosystems. The animals were the Von der Decken's hornbill, the Blue Tongue Skink, and the Crested Gecko.



Welcome to the HeARTbeat of West Valley

Fall has been breezing by this school year and our artists have been very busy diving into their projects. Elementary students are learning a bit about Native American culture as the fourth graders are making shields and the 5th graders are working on totem poles. Our studio in art students have just finished their lesson on color theory and are now working on value. They each have chosen a word of something they value, and will be drawing their words including tonal value.



Drawing and painting students have taken on the challenge of creating self-portraits in an expressive manner of their choice. Both 6th and 8th graders are experimenting with and developing their watercolor skills, while our 7th graders are working on star sculptures.

Art club has begun their process of helping beautify the school with their positive message posters. When completed, they will be displayed throughout the building.




This month's Celebrity Artist is Gabriela Chesebro. Entering as a new student from Franklinville, Gabi is in the 7th grade. She has one brother and three sisters and wants to be a zoologist. Her favorite subject is math and she enjoys drawing. In her free time, she likes to "just chill." Gabi speaks about her transition to West Valley, "It was difficult at first but now it's easy. I've made a lot of new friends here."





Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ham, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	4 Cinni- Minis Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	5 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	6 Breakfast Burrito or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	7 Mini French toast OR Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk
10 Ham, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	11 Apple or Cherry Frudel Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	12 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	13 Breakfast Pizza Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	14 Mini French Toast Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk
17 Ham, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	18 Cinni- Minis Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	19 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	20 Breakfast Burrito or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	21 WINTER BREAK
24  Ham, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit ----- Non or Low Fat Milk	25	26	27	28
<div> <div>WINTER</div> <div>BREAK</div> </div>				
31 WINTER BREAK				

Attention Parents!!!

Breakfast is the most important meal of the day and provides the necessary energy to start a day of learning and achievement. Children who eat breakfast at school:

- Score better on Standardized Tests
- Have Fewer Health Issues
- Behave Better in Class

Take the worry out of paying for Breakfasts:

Prepay for your child with cash, check or money order. Make checks and/or money orders payable to West Valley Central School or pay online at myschoolbucks.com




Students may choose one item from each section. Students must choose at least three items to constitute a full breakfast.

One item must be a Fruit

Menu is subject to change.



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheeseburger Burger Or Ham & Cheese Sub ----- French Fries	4 Buffalo Chicken Taco Seasoned Rice Or Turkey & Cheese Wrap ----- Corn Salsa ¼ cup	5 HOT Chicken & Gravy Sandwich Or Ham & Cheese Sub ----- Broccoli	6 Cheese & Pepperoni Pizza OR Turkey & Cheese Wrap ----- Cucumber & Celery Cup	7 Grilled Cheese W/Tomato Soup Or Ham & Cheese Su b ----- Sweet Carrots ½ cup
10 Chicken Patty Sandwich Or Ham & Cheese Sub ----- Baked Beans	11 Taco In A Bag Made with Nacho Doritos Or Turkey & Cheese Wrap ----- Corn Salsa ¼ cup	12 Italian Dippers W/Pizza sauce Or Ham & Cheese Sub ----- Green Beans	13 Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- 1 Cup Salad = ½ cup	14 Grilled Cheese W/Tomato Soup Or Ham & Cheese Su b ----- Sweet Carrots ½ cup
17 Cheeseburger Or Ham & Cheese Sub ----- Carrots ½ cup	18 Ultimate Nachos W/Tostitos & Rice Or Turkey & Cheese Sandwich ----- Vegetarian Beans	19 Diced Chicken & Gravy over Warm Biscuits Or Ham & Cheese Sub ----- Broccoli Corn	20 Buffalo Chicken Pizza Cheese & Pepperoni Pizza Or Turkey & Cheese Su b ----- 1 Cup Salad = ½ cup Cauliflower	21 WINTER BREAK
24 	25	26	27	28
WINTER BREAK				
31 WINTER BREAK				

Offered daily

With all School Lunches:
Fresh or Prepared Fruit
(Must take ½ cup of Fruit or Vegetable - may take up to 1 cup)

Non or Low Fat White or

In addition to the Entree of the Day, we also serve the following

Items Daily:

Peanut Butter & Jelly Sandwich

Start with a:

- Vegetable
- Fruit (or take both)
- Choose whole grains
- Pick a lean protein
- Add serving of milk

Take at least 3

West Valley Central School
5359 School Street
West Valley, NY 14171
(716) 942-3100

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West Valley, NY

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Mike Harmony, Vice-President
George Kazmierczak
Dawn Samborski
Stephen Kowalski
Kim Cizdziel
Gary Niesyty

POSTAL PATRON LOCAL

Administration

Mr. Eric Lawton, Superintendent
Mr. Daniel Amodeo, Pre-K–12 Principal and
District Curriculum Coordinator

Or Current Resident

WVCS Calendar of Events for December

December 1 st	SAT Exam 8 am
December 3 rd	Sundance Farm Animals 1pm auditorium
December 5 th	Elementary Honor roll breakfast 8:30am cafe
December 6 th	ASVAB testing 8am-noon auditorium
December 8 th	ACT Exam 8am
December 9 th	Class of 2019 Breakfast with Santa Bingham Hall 9am - noon
December 10 th	BOE meeting 7pm library conference room December 11 th Family STEAM night 6:30pm -7:30pm cafe
December 12 th	Winter Band concert 7pm auditorium
December 13 th	PTO meeting 2:45pm elementary library WV Musical Disney's Camp Rock 7pm aud
December 14 th	Sophomore BOCES tour 9-11am Buffalo Animal Adventures 1pm auditorium WV Musical Disney's Camp Rock 7pm aud
December 18 th	Chorus Holiday Concert 7pm auditorium
December 20 th	Elementary Holiday show 1:15pm auditorium
December 21 st – January 1 st 2019	Early Winter Break

Please send all newsletter articles to: aleonard@wvalley.org. Articles should be in MS Word or MS Publisher or saved as a JPEG. The deadline for the December Newsletter is December 15, 2018 at 3 PM.

******PLEASE DO NOT INCLUDE GRAPHICS IN YOUR ARTICLES-THANK YOU!******